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THE EXPERIMENTAL USE OF TELEVISION  
IN A DEVELOPING COUNTRY:

WIDENING SOCIAL RECRUITMENT INTO  
THE NURSING PROFESSION IN BAHRAIN

*Thesis for the Degree of*  
DOCTOR OF PHILOSOPHY (Ph.D)  
*in the*  
LONDON SCHOOL OF ECONOMICS AND POLITICAL SCIENCE

HALA AHMED AL-UMRAN

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## A B S T R A C T

This research is concerned with the effects of mass media campaigns. Specifically it explores the effects of a specially designed persuasive campaign on television in Bahrain, with the object of increasing the number of female recruits into the nursing profession in that country. The research also seeks to make theoretical and more general contributions to the design of effective media campaigns.

The study was done at the instigation of the Ministry of Health in Bahrain. After a preliminary review of the literature, which showed up the many controversies in the field of persuasion, the first stage of the study explored the difficulties and resistances experienced by Bahraini girls who might wish to enrol in the School of Nursing. A series of television programmes was then designed specifically to counteract these resistances. These programmes were broadcast by Bahraini television at peak viewing times on three successive weeks and their effects were assessed among 3,226 pupils between the ages of 13 and 16 years, comprising virtually all the potential candidates for the Nursing School for the following year.

The design used was a before-and-after field experiment in a naturalistic setting comprising:

- (a) two experimental groups who had seen either some or all of the programmes,
- and (b) a control group who did not watch any of the special programmes.

The pupils were all given a number of scales and questionnaires both before and after the programmes were broadcast and a special analysis was carried out between comparable sub-samples.

The results showed, broadly speaking, that the programmes had been successful in overcoming the earlier resistances, more so among the girls who had seen all the programmes. These girls also showed a significant increase in their knowledge about nursing and more favourable attitudes towards nursing as a profession. Information from the School of Nursing indicated a rise in the number of applicants and it was claimed that applicants were of an improved academic standard.

Previous campaigns of this kind in Bahrain have been unsuccessful. The present study shows that if the programmes are carefully planned to counteract audience resistance which had been previously determined, positive results can be obtained. The study also shows that it is feasible even in a developing country, to conduct a naturalistic yet well controlled field experiment.

D E D I C A T I O N

TO MY FATHER AND MOTHER  
WITH  
GRATITUDE FOR EVERYTHING

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## CHAPTER I

### INTRODUCTION

Mass communications have become an important concern of several disciplines, which makes research in this field very broad and diverse. The present study deals with only one aspect of mass communication research: the area of overlap between mass communications and information & persuasion. Whilst most of the research in this field is of an empirical nature, this study also attempts to examine some of the available theories dealing with the effects and effectiveness of mass communication and to discuss the research designs used to measure the effectiveness of particular programmes (campaigns).

Before discussing the objectives of this research, it is essential to explain the setting in which it took place.

Bahrain is an archipelago of islands in the Arabian Gulf. (The basic statistics can be found in Appendix Q). It is a sovereign independent Arab state. Although its major source of income is still petroleum, Bahrain's reserves are extremely small compared to its neighbours, and therefore the government's policy has been working towards diversification of economic sources.

Bahrain's strategic geographical position, its early wealth (flourishing pearl industry before the discovery of oil in the 1930's), and its settled society (no nomads) has made it a centre of trade and influence from the outside world. These influences made Bahraini society as a whole cosmopolitan and sophisticated relative to the area. Moreover, as formal education had started in Bahrain as early as 1919 for men and 1928 for women, the majority of its middle aged and younger generations are literate. Over the last two decades, the government's political, social, economic and

cultural openness has helped create diverse job opportunities for the young and educated people of the country.

Although the percentage of women in the country's workforce is small, the Bahraini women have shown an active interest and participation in the job opportunities available.

Since the beginning of education for women, they have been participating in the teaching and education sphere. In the late 1950's, the Bahraini women joined the medical services and later the secretarial core of the major oil companies. With the move of banks, foreign businesses, large companies, hotels etc., to the Gulf during the past decade, all those avenues have become open opportunities for work for both men and women.

Although expatriates still account for a large percentage of the island's work force in the private sector, the government's planning over the past decade has been to train Bahraini men and women eventually to replace the expatriates in both the private and public sectors.

To achieve future employment stability, a transitional period was allocated to facilitate this gradual replacement process. Although the country was not short of Bahrainis with general education, it was the technical and specialised professional spheres which needed emphasis.

The Ministry of Interior and Social Services installed a Vocational Guidance Department (advised by consultants from the United Nations) to help facilitate this transition. An abstract of some of the points in the directive of the Vocational Guidance Programme, which was being applied in its experimental stages, will help to clarify the setting of the study.

The directive basically called for promoting general awareness of the contributions made by the various sectors of the economy, specifically those which traditionally had enjoyed little prestige. Its aim was to start by drawing the attention of young people to the importance of general education, and more specifically to vocational and technical education, as they reflect the existing employment prospects with respect to on-going economic development. Interest, the right of freedom of choice, fair promotion opportunities and the right to education were stressed. However, emphasis was put on help in personal decision-making, especially to those groups which need assistance in overcoming traditional restrictions in their choice of education and occupation. In this culture, some of the typical traditionally resisted jobs are those involving service or manual work versus, for example, a desk job. Full use was to be made of all available facilities, specifically the mass media, to fulfil these objectives. (Department of Vocational Guidance, Ministry of Work and Social Services, Bahrain, 1975).

The present research started as an off-shoot of this experimental programme. It aimed to study the problems facing the nursing vocation which, at the time, was short of new entrants. Although the Nursing School has been entered by Bahraini pupils since 1959, the number of applicants has always been relatively low, and therefore the number of expatriates working in this sector quite high.

Pilot work indicated that this occupation traditionally enjoyed low prestige when compared to some other jobs, as it was perceived as a service job. Therefore, the objective was to try and modify this image and, if possible, raise the number of recruits wanting to join it. Though the campaign was funded by several government ministries, the procedure was basically planned

according to the directive of the vocational guidance programmes.

More specifically, the study encompassed two aspects: a practical objective and a theoretical one.

#### A. THE PRACTICAL OBJECTIVE

The Kanoo Nursing School, which belongs to the Ministry of Health in Bahrain, instigated the need for this study. They reported that ever since the School opened in 1959, they did have a small number of Bahraini applicants who chose nursing as a vocation and that the increase in this level over the past years has been relatively slow. They also claimed that there was quite a large number of drop-outs each year. Moreover, the majority of those who did apply were, as they put it, "low calibre pupils", that is, of an academic background that was not good enough. As a result of this situation, they wanted thorough research to be undertaken to find out the reasons for the resistances to this job in order to do something to remedy the problem. In short, their objectives were to promote a larger number of recruits for the coming years, fewer drop-outs and, to a certain extent, a better "calibre" of pupils.

The Nursing School has attempted at various intervals during the past few years to get through to the potential candidates and to persuade more of them to join this occupation. They have sent several qualified nurses to different schools to try to inform the pupils of the prospects of this vocation. These role-model attempts have not been very successful. (There were several problems involved regarding those interpersonal communications, which will be carefully examined later in this text.) Moreover, during the last couple of years, the Nursing School, in collaboration with the local television

broadcasting station (which belongs to the Ministry of Information) has gone further in its attempt to draw recruits by putting on the air some documentary programmes and interviews. However, it was claimed that these programmes were not very effective.

In most cases the designing of such television campaigns was done by a producer and some television technicians, without preliminary research into the problems involved. The true effectiveness of those programmes cannot be assessed, as no evaluation study was carried out. However, as will be explained later in detail, a television programme intended to persuade which is preceded by thorough research and planning has a better chance of success than one that has not been based on a thorough examination of the true problem, the predispositions of audiences, and other social psychological factors involved. See for example, Belson (1967) and Mendelson (1973).

It was therefore decided to carry out such research, to find out the reasons for the resistances of the pupils to this vocation and to design a campaign (television was chosen in this case) to counteract those resistances. This time, the communication experts would work in collaboration with the researcher and base the programme on the findings of the study.

### B. THE THEORETICAL OBJECTIVE

One of the most controversial fields in mass media research is the design of specific television information programmes (campaigns) and the evaluation of their effectiveness. The basic question usually asked is:

"Are specifically designed television programmes actually effective in inducing modification of attitude or behaviour?"

Although much research has attempted to answer this question, the findings are not all conclusive. This research explores the problems, limitations - as well as vast possibilities - available for designing and evaluating television campaigns.

One of the main difficulties of this kind of evaluation research is the problem of carrying it out in a naturalistic yet controlled setting. The researcher, in this case, found a perfect opportunity to look back over the work done in this field, to do a critical review of the situation and to apply the findings to the practical side of the problem in designing a framework that would best explain the problems involved, and their possible solutions.

The theoretical aspect of the study thus involved an attempt to review the published research on the effectiveness of campaigns, with specific reference to television, and to analyse the reasons for the failures, or misinterpreted failures, as well as for the successes of a number of those programmes. The subjects looked into were mainly in the applied fields of advertising campaigns, safety research campaigns, election campaigns, health campaigns and recruitment campaigns. All were intended to modify knowledge, attitudes and/or behaviour in some

specific way, but the ones chosen were those with pre-planned specific designs to evaluate the effectiveness of the campaigns or programmes produced.

The research also involved a general review of the psychological and sociological theories of mass communication effectiveness and tried to relate them to the understanding of the reasons for choosing specific information and persuasion techniques, models and strategies.

## CHAPTER II

### THE PROCESS AND EFFECTS OF MASS COMMUNICATIONS

#### A. THE PROCESS OF COMMUNICATION

Mass communications, in general, can be argued to be an extension of the basic communication process, (Francois, 1977; Schramm, 1971).

A brief description of the basic process itself, to start with, will help portray the complexity of the variables involved in designing, measuring and evaluating the effectiveness of television campaigns.

It has to be specified here that the broadness of the topic precludes the examination in detail of all aspects of the process of communication. The purpose of this section is basically to introduce the variables involved, so as to build up towards the forthcoming chapters; therefore, the topic has been dealt with selectively.

#### 1. DEFINITIONS

Agreeing on a working definition is the first step towards improving our understanding of this complex phenomenon.

The word 'communication' itself has very broad implications. There are more than forty disciplines which are directly interested in the study of communication and the number is still growing, (Francois, 1977).

Communication, in a different context, might be referring to a diversity of scientific processes or technological promotions, so it is important to emphasize that we would be referring to "human communication" whenever the term is used. The definitions as such would cover the meaning

reflected in the social sciences, specifically the psychological and sociological literature.

Communication has been broadly defined as the sharing of experience and, to some extent, all living organisms can be said to share experience. What makes human communications unique is man's superior ability to create and use symbols. (Tubbs & Moss, 1977).

Human communication can be verbal or non-verbal, but in all cases it comprises the use of signs and symbols. The meaning existing in a communication situation can be exchanged directly or indirectly (mediated), and the flow has been portrayed as one-way, two-way or multi-directional. However, some researchers have argued that the meaning actually existed in the medium itself - "the medium is the message." (McLuhan, 1967).

The sociologist, C.R. Wright (1959), defined communication as "the process of transmitting meaning between individuals." He added that:

"communication is fundamental so far as all human society - primitive to modern - is founded on man's capacity to transmit his intentions, desires, feelings, knowledge and experience from person to person." (p. 11)

Berelson & Steiner (1964) also referred to communication as:

"the transmission of information, ideas, emotions and skills etc. by the use of symbols - words, pictures, figures, graphs etc." (p. 527)

Both those definitions pointed to the function of communication as that of transmitting meaning. Transmission, it is argued, usually conveys the notion of a one-way process

and communication involves a more complex flow.

Barn lunds' (1962) description of communication attempts to clarify this complex flow.

"Communication as I conceive it, is a word that describes the process of creating a meaning. Two words in this sentence are critical. They are 'create' and 'meaning'. Messages may be generated from the outside - by a speaker, a television screen, a scolding parent - but meanings are generated from within. This position parallels that of Berlo when he writes, 'communication does not consist of the transmission of meaning. Meanings are not transmitted, or transferrable. Only messages are transmittable and meanings are not in the message, they are in the message users.' Communication is a man's attempt to cope with his experience, his current mood, his emerging needs. For every person is a unique act of creation, involving dissimilar materials. But it is, within broad limits, assumed to be predictable, or there could be no theory of communication." (Barn lund, 1962, p. 199).

This definition emphasizes the fact that communication is never a one-way process, but it comprises a more complex flow than the simple uni-dimensional one inferred from the definitions of Wright, Berelson & Steiner. What the receiver brings to a communication situation is as important as what the communicator is trying to put forth. Although 'meaning' as stressed by Berlo (1960) is "not transferrable", messages can be exchanged and interchanged in a communication situation.

Besides the function of exchanging information, knowledge and skills, which is found in the majority of definitions,

such as the Oxford English Dictionary, Webster's New Twentieth Century Dictionary and others, communication is described to have other inherent functions. One other function is persuasion, as it is described by Peterson, Jensen and Rivers.

"Communication is all the ways in which one person influences another and, in turn, is influenced." (Peterson, Jensen & Rivers, 1965, p.14)

However, the detailed definition presented by Schramm (1973)<sup>a</sup> covers every aspect of human communication and best explains what a communication process is about:

"Human communication is something people do. It has no life of its own. There is no magic about it. There is no meaning in the message except what people put in it. When we study communication, therefore, we study people - relating to each other and to their groups, organizations and societies, influencing each other and being influenced, informing and being informed, teaching and being taught, entertaining and being entertained. To understand communication, we have to understand how humans relate to each other." (p.3)

Therefore, the meaning of communication in this context would be used to reflect a process of human relationships. Inference would not be one involving a one-way flow or a two-way flow, but one of multi-directions. Emphasis will not be concentrated on the participants only in their direct relationship, but also on their surroundings and the indirect influences of group membership, social norms and culture. Attention will be directed to the fact that the function of a communication is not only that of transmitting knowledge to inform and teach, but also to entertain and persuade, plus many other things.

## II. CHANNELS

In simplified terms, the channels in the communication process can be described as the distinguishing ingredient between communication and mass communication; however, the communication situation (as it will be explained in this Chapter) is much more complex than this.

The word 'channel' is borrowed from certain scientific and technological spheres. In reference to human communication, Schramm (1973)<sup>1</sup> defined a channel as: "the ways the signs in a message are made available to a receiver", (p. 116). Rogers (1973) added that channels can be thought of as: "the paths or the vehicles that carry messages from an originating point to a destination", (p. 290).

Broadly, communication channels can be categorized as interpersonal communication channels and mass communication channels. Interpersonal communications can be described as a face-to-face interaction between two or more individuals and within visual and auditory presence. Mass communications usually involve the use of a mass media channel in the interaction process, the channel being a "mechanism to reach a wide and usually non-contagious audience", (Rogers, 1973, p. 290).

This channel can cover both the electronic and broadcasting media: the radio, television (motion pictures); and the print media: the newspapers, magazines, books, posters, pamphlets, etc.

Under the above categorization, a church sermon or a theatre play, for example, would be referred to as interpersonal communications, although they reach a large audience. On the other hand, an ordinary telephone conversation - although it involves an interposed channel - cannot be

regarded as a mass communication situation because it usually involves only two individuals at a time.

These two examples portray the complexity of the problem involved in drawing a line between mass and non-mass communications' situations. In the first example, although there was no interposed channel, it involved a large audience. In the second case, an interposed channel was used, but the participants were limited.

Therefore, besides the size of the audience and the use of a channel, other elements have to be clarified in attempting to distinguish between interpersonal and mass communications. Some scholars argued that it is vital to specify the motivation and activity of the parties involved, plus the channel characteristics.

In an attempt to clarify this distinction, Deutschman (1957) and many others suggested several classifications. However, Francois (1977) explained that the vital differences between interpersonal and mass communications lie in their inherent characteristics and functions. He said:

"Interpersonal communication can be contrasted with and distinguished from mass communications on the basis of the following differences: personal vs. impersonal communicator, face-to-face communications compared to unknown audiences, immediate vs. delayed feedback and, in the case of mass communications, the transmission of 'to whom it may concern' messages by various media."

(Francois, 1977, p. 17).

It is important to portray the distinguishing characteristics between interpersonal and mass communication as they play a central role in audience analysis and the designing of effective campaigns.

A comprehensive classification has been suggested by Schramm (1973). He pointed out eight distinguishing characteristics between interpersonal and mass communication channels.

1. The Senses affected:

Face-to-face communication provides the opportunity to stimulate all the senses, if required. When something is interposed in a communication situation, some restriction is put on the use of the senses. For instance, television and movies reach the eye and the ear, while the radio and telephone reach the ear and print reaches the eye (although the tactile sensing of the object may be relevant).

Some would argue that it is more advantageous to reach as many senses as possible, for the more the senses, the more "complex" the information delivered. Therefore, a face-to-face setting would deliver a more complete communication than an audiovisual channel which is in turn better than a radio or print channel.

Against this advantage of face-to-face communication, one must consider the special advantage of skillfully presented mass media programmes, particularly in developing countries where fewer people have efficient personal information resources.

Moreover, is the assumption that the "more the senses" the better the understanding an accepted fact? Many researchers (especially those who worked on human perception) argued that their evidence pointed out that the human perception operates through one channel only and the sense organs to the brain are a one-lane-road, and either audio or visual information can pass but not at the same instant. (Broadbent, 1958; and others).

There is further evidence that interference may occur

between sense channels when two or more channels are stimulated at the same time, and so it may sometimes be more effective to concentrate on a single channel. In addition, there are individual differences in the situation where a single channel is being used, because individuals differ in their responsiveness to the different senses.

## 2. The Opportunity for Feedback

Face-to-face communication makes it possible to exchange information quickly and effectively. As the interpersonal group grows from a two-way setting to a larger one, attention becomes diffused and a smaller proportion of the available feedback is used by any single person. When something is interposed, the feedback is attenuated. Furthermore, when a mass medium is interposed, both the speed and amount of feedback is restricted, and in actual fact, the impersonal characteristics of the media organization discourages it.

## 3. The Amount of Receiver Control

Face-to-face communication makes it possible for the participant to ask questions and steer the conversation in accordance with preferred pace. A person reading print can also set his own pace, repeat a passage, pause to think over a point, etc. However, a listener to radio or a viewer of television or films has no such control except that of avoiding the communication altogether. The control over the pace of a communication for better understanding is almost non-existent in the television, movies and radio channels and is regarded as a drawback. This is why better learning is still associated with a reading text and print advertising is used to supplement electronic advertising.

#### 4. The type of message coding

In a face-to-face communication situation, a high proportion of all the available information is non-verbal. This is only slightly less true of television and movies, still less true of radio and silent movies, and least true of print. Therefore, some communication channels are better transmitters of the silent language of culture, gesture and body movement than others. A user of print can abstract, but with an audiovisual channel, he usually concretizes.

#### 5. The Multiplicative Power

Face-to-face communication can only be multiplied with great effort. Mass media, on the other hand, have the enormous ability to multiply a message and make it available in many places. Mass media can overcome distance and time and in developing regions, the audiovisual media can also overleap the barriers of illiteracy.

This advantage of the media has to be compared to the advantages of feedback of face-to-face communications, and priorities for campaigns have to be set. A large number of campaigners use a combination of both channels to make use of the advantages of each.

#### 6. The Power of Message Preservation

Face-to-face communications are evanescent, they fade in seconds. The electronic media has the same characteristic if the message is not recorded. On the other hand, the print media have the great advantage of being able to preserve facts, ideas, pictures etc.

### 7. The Power to Overcome Selectivity

It is obvious that it is easier to command and monopolize attention through face-to-face communication than through media channels, if all other things are equal. For example, it is easier to change a television channel than to tune out when somebody is in conversation with you. As the interpersonal group grows larger, the ability to be selective (doze off) becomes easier. It is also easier to avoid reading an advertisement or news item in a newspaper than avoid it completely when confronted with it on radio or television, although one can be selective in what one receives from it.

### 8. The Power to Meet Specialized Needs

The media possess the unequalled power to serve "common" needs of society quickly and efficiently, like chief news bulletins, weather broadcasts and sports results, etc.

However, informed individuals, books and magazines, play a more important role in serving "specialized" needs, like house repairs, science, geography, etc. Still, the day when video cassettes will accommodate for those specialized needs is not far off.

Rogers (1973) summarized some of those distinguishing characteristics in the following table:

Characteristics of Communication  
Channels

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Characteristics	Interpersonal Channels	Mass-Media Channels
1. Message flow	tends to be 2-way	tends to be one way
2. Communication content	face-to-face	interposed
3. Amount of feedback readily available	high	low
4. Ability to overcome selective processes (primarily selective exposure)	high	low
5. Speed to large audiences	relatively slow	relatively rapid
6. Possible effects	attitude formation & change	knowledge change

Taken from Rogers (1973) Table 1, p. 291

In discussing the effectiveness of an interpersonal versus mass mediated communication, one has to be cautious not to judge one to be better than the other, as the boundaries between them are not clear cut and their characteristics are, in many cases, complementary. The most important thing to note is that, with the knowledge of those characteristics, and clearly set objectives and priorities of a specific study, one can choose either channel or a combination of channel systems, weighing the advantages, disadvantages and role each can play in shaping a desired effect. Most campaigns aimed at teaching or persuading use a combination of media and personal channels to supplement and reinforce each other. (The theoretical conceptualizations of how those delivery systems work together to produce the final effect is discussed later in the text).

Characteristics of Communication  
Channels

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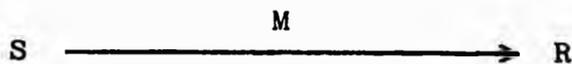
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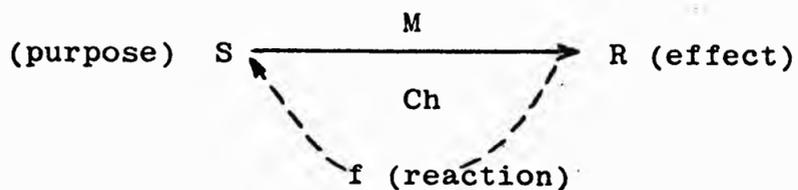
### III. THE PROCESS AND THE COMMUNICATION SITUATION

Whether interpersonal or through the mass media, in its simplest form, the three principal ingredients in a communication process are a source, a message and a receiver. This can be represented as:-



(where S stands for source, M for the message and R for the receiver).

Whitney (1975) added that as a communication act is never really without purpose, the source usually has an intention which, in turn, has an effect on the receiver, who responds or reacts if the communication process actually took place. This response posits another principal ingredient in the communication process called "feedback".



(Here, f stands for feedback and Ch for channel) Figure from Whitney (1975), p. 4.

As explained earlier, in the case of interpersonal communication, feedback is usually direct and sometimes immediate, while in mass communications the feedback is indirect, usually delayed.

Schramm (1971) explained the process further by stating that there is another kind of feedback that goes on in the process and that is the feedback from the message itself to the source, "the kind of information that comes back to the sender from seeing or hearing his own message is one kind

of feedback by means of which he can guide his further communication and try to repair the damage, if any." (p.26)

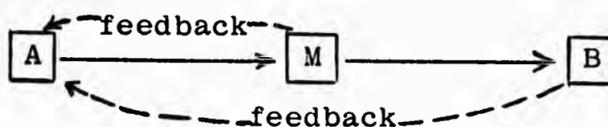


Figure from Schramm (1971), p. 26.

(Here A stands for the source and B for the recipient)

It has to be emphasized that these are extremely simplified models of the communication process. The message in itself is nothing but a set of symbols or signs that both evokes and receives 'meaning' between the source and the receiver. The 'meaning' of the message exists within the participant. "It is both cognitive and emotional, connative as well as denotative." (Schramm, 1971, p. 30). It represents the response of a whole personality, cultural background and resources to a message.

What the source tries to convey in a message may be far different from what the receiver understands it to be. Those differences are known as the "manifest content" of the message; i.e. what the source intended it to be, and the 'latent content' of the message, i.e. what the receiver understood it to be. (Francois, 1977)

The source attempts to encode meaning into the message which is formulated according to his own background, experience and orientation. On the other side, the receiver would select, perceive and comprehend specific aspects of the message according to his own background, experience and orientation. Each participant relies on his own "frame of reference" as put by Schramm, on which he perceives the meaning in the message he is trying to encode or decode. Schramm (1971) described this "frame of reference" as the store of usable experience which the organism has proc-

cessed and organized and is the reality to which it responds.

It has to be further emphasized that the framework within which each participant is responding, is additionally influenced by "relevant" groups, whose beliefs and role patterns are internalized, as well as societal norms and restraints, which in themselves govern the acceptability of a specific response.

Moreover, there is the overall communication situation reflecting the physical surroundings of the communication and its type, i.e. whether it is a face-to-face situation or interposed, and whether it is a loving atmosphere or one of challenge and anger.

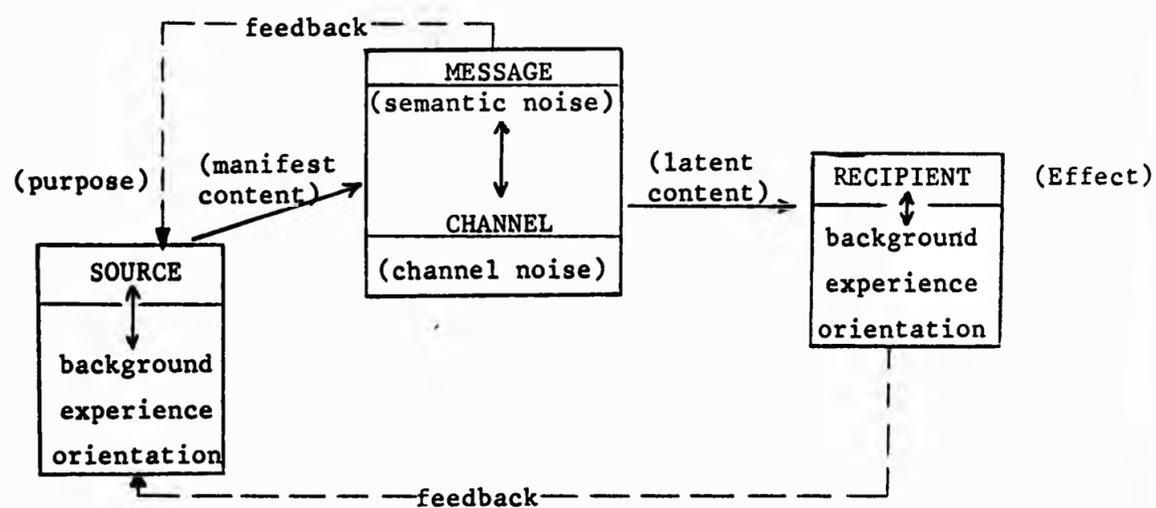
In the process of transmitting the message, there is another kind of obstacle that could occur, which is technically known as "noise". This noise has been categorized as mechanical or channel noise and semantic noise. Channel noise has been defined as any obstruction that occurs outside the message itself, either in the channel or the surroundings. Semantic noise has been regarded as a more serious kind of interference as it usually involves ambiguity in the message itself, which is one of the important ingredients in the communication process. A common example of semantic noise is language - for instance, when a Russian with very little grasp of the English language is trying to communicate with an Englishman. There are other categories of semantic noise, and they usually reflect problems in communication as a result of differences in education, socio-economic status, residency, occupation, age, interest etc. (Whitney, 1975). Another type of semantic noise, as described by Francois (1977), is the one generated by the "emotional charge that may be attached to words or gestures," (p. 42). This might reflect what is known as 'unacceptable' words that cannot be used in any medium. Francois added that over time, noise level may subside. Some words that were immediately excluded from a

message at some time are more tolerated nowadays.

The reason for discussing this noise problem in detail is because it is regarded as one of the reasons why campaigns may fail. Ways of avoiding those obstructions have been developed. Briefly, regarding channel noise, besides applying all the technological experience and facilities to minimize interference in the channel, repetition (with discretion) was generally considered as the most useful solution. As for semantic noise, simplicity and commonality were quoted to be the most effective. (Whitney, 1975).

To overcome channel and semantic noise, the source of the message has to clear up the atmosphere of the communication situation and attempt to convey the message at the level of understanding of the receiver. For example, a common policy of commercial television (in order to hold the largest number of viewers) is to present programmes structured in accordance with "the lowest common denominator" of audience understanding intelligence and common interests. In addition, some researchers further noted that the majority of programmes are designed to be non-controversial and on the neutral side.

To summarize the communication process, a simple model has been developed that covers the ingredients and obstacles discussed.



These four ingredients - source, message, channel and recipient - are present in every communication situation. As the situations become more and more complex, those basic elements remain, although one might encounter more than one source, more than one receiver (the first one not necessarily being the intended target), many messages spread out over time, and different, sometimes multiple, channels being used. As the communication situations become more complex, the models derived to explain those situations become more complex. It is not the intention of this Chapter to go into details regarding those models, more thorough analysis can be found in Berlo (1960); Schramm (1971), Poole (1973), plus others.

Lasswell (1948) best described the communication process in his famous formula:

"Who says what in which channel to whom with what effect." (p. 37).

Widespread research has developed into fields of analyses investigating each of those dimensions. As the emphasis in this text is on "effects", it will become obvious in the forthcoming Chapters how the interaction of all those dimensions is an essential aspect of a communication situation.

Before discussing the elements of mass communication effects, it is of importance to clarify our position regarding the audience in a communication situation whose response determines this effect.

#### IV. THE AUDIENCE

Nowadays, when attempting to design effective mass media campaigns, the greatest amount of concentration is put on the "to whom" category: the audiences of a mass communication process. This is not a long-lived tradition but has developed only within the last thirty years.

Between the two World Wars, the concept of the audience was quite different from that of today. Communication research then was known as "propaganda analysis" (Doob, 1935). The stress was put on the message, more specifically the "tricks of the trade" of the propagandist. The assumption then was that propaganda could be made very persuasive with clever use of "gimmicks" in the context of the communication. Such gimmicks as "name calling", "testimonial", "glittering generality", "plain folks", "card stacking", "band wagon", and others (Sears & Whitney, 1973).

This concept has changed, and as it will be explained, this change weighs heavily on our understanding of the communication process.

"Whereas the relationship between a power source and the filament of a light bulb might be described adequately in terms of a connection channel to a passive receiver, the relationship between sender and receiver has proved to be immensely more complex." (Schramm 1973<sup>1</sup>, p. 117).

This analogy helps explain why only until three decades ago the concept of the "recipient" in a communication process has been an inaccurate one. Social scientists in their attempts to make the study of man more objective by borrowing scientific concepts to explain behaviour, have sometimes overlooked the complexity of human behaviour.

The audience (which would be used here as the recipients of a mass mediated communication) have been regarded as passive "targets" to communication messages. They have been visualized as inactive and defenceless, moulded by the messages from the media that constantly impinged upon them. Schramm (1973)<sup>1</sup> presented another analogy to describe this situation, that of a marksman shooting a bullet from a gun into a target which, if hit, would be knocked out. This theory of communication effect, he claimed, has been called the "bullet theory". This concept of the gullible masses has probably evoked the frantic fears and skepticism of propaganda between the wars.

It was only around the 1940's that this concept has been questioned and the image of a passive audience began to be gradually disproved, while that of an active audience, deciding what to pay attention to and reacting differently to the same communication, materialized. Bauer & Bauer (1960) presented a detailed analysis of this transformation. Moreover, Friedson (1953) criticized the notion of a "mass society" responding to communications as "social atoms" and brought forward the increasing awareness of the concept of the people reacting to communications as members of social groups.

At this point, the limitations of mass communications began to be taken into account. To try and explain the reasons behind the failure of the notion of a passive audience, another hypothesis was developed: the category theory of communication\*. This stated that the audiences could be divided into categories in relation, for instance, to their age, sex, socio-economic status, education, etc. These categories composed clusters of people who held similar attitudes, beliefs etc, and would thus respond to a communication in a certain way, as compared to another category of people.

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\* Schramm (1971)

The limitations of the direct effect of mass communications gave way further to concentration on the effects of interpersonal (informal) communications. A study in Ohio during the 1940's U.S. Presidential Election directed by Lazarsfeld found that people not only reacted according to their category classification, but to a reference group norm which dictated their behaviour. This showed that the influence from the media was not one-way but was mediated by "opinion leaders" and reference groups. The two-step flow of communication came into existence. (Lazarsfeld & Merton, 1948; Berelson, Lazarsfeld & McPhee, 1954; Katz & Lazarsfeld, 1955; Katz, 1957).

The two-step flow further gave way to a more complex multi-step model positing a more extensive interaction process among individuals, some of whom act as opinion leaders at some times, and as information processors at others. Subsequently, the return to the direct effect model of mass communications regained status with respect only to the processing of information. (Rogers, 1973).

Therefore, the role of the audience in the communication process has changed drastically over the last thirty years. No matter what model is adopted, what almost everybody agrees upon is that the audience can no longer be regarded as completely passive, but basically they are seen as "exercising a mediating role in which it can stop, deflect or modify the intent of the communicator." (Bauer, 1973, p. 143).

It is with this concept in mind that the effects of mass communications will be explained.

## B. EFFECTS OF MASS COMMUNICATIONS

The term 'effects', in a general sense, will be used to describe all the possible consequences of a communication process.

The assumption that most communications are produced with the intent to have an effect (of some type) is implicit in most approaches to communication studies. (McGuire, 1973; Robert, 1971; Martin, 1971).

When the question is asked: What are the effects of mass communications? several points have to be re-emphasized before attempting to present an answer.

1. The audiences of a communication process are not passive targets, but are active participants in the communication situation.
2. The communication situation is not one-way, but involves besides what the message brings to the audience, also what the audience bring to a communication situation.
3. The characteristics of a mass communication situation have to be kept in mind, especially when compared to interpersonal communications. In a mass communication situation:
  - (a) the source receives very little feedback, if any, from his recipients;
  - (b) the heterogeneity and size of the mass audience presents the problem of a diversity of frames-of-reference, values, needs, habits, capabilities, etc., which is reflected by the enormous possibilities of reponses and interpretations of the mass communicated message;

- (c) there exists the problem of selection due to the inability to enforce attention when compared to a face-to-face situation.

(For the purposes of this study, the term 'mass communication' will be used to refer to the process of a communication utilizing a mass media channel. These channels will include: the print media of newspapers, magazines and books, the broadcast media of radio and television, plus the movies.)

#### I. DIMENSIONS OF MASS COMMUNICATION EFFECTS

There are a number of ways and approaches in which mass communication effects can be studied. Different scholars use different terminology in categorizing those approaches or perspectives; however, they are all, more or less, the same. It is vital to examine briefly the different approaches so as to clarify where the stress of this study has been placed.

##### a) The Methodological Dimension of Effects

Some mass communication effects are studied on the basis of experimental studies, others reflect non-experimental approaches. In experimental studies, the investigator is able to manipulate some variables which he is studying as mediators of communication effects, while controlling for all other variables. For example, the investigator might manipulate message content by presenting one group of people with a one-sided argued message, and another group with a two-sided argued message. Besides making sure that the groups are selected on a random basis, the investigator would control all the other variables that might affect the communication situation for

both groups. Examples of studies using this approach are Carl Hovland and his colleagues' (1948) work on persuasive communications; Albert Siegel's (1956, 1958) work on child development and television.

In non-experimental studies, the investigator would not be concerned with how a particular variable influences a specific effect, but, given all the possible factors varying freely, how would they - or could they - produce a given effect? Measuring the audiences' characteristics, their response to a particular message and the communication situation in which the message could have been received, the investigator attempts to infer the impact of a communication by relating the various audience and situational characteristics to the effects which occur after the communication. Examples of studies using this approach are information and persuasion campaigns in the different political, advertising and social development spheres, as well as the research on long-range effects of television on children etc.

b) The Source Dimension of Effects

Another important dimension, or approach, in which mass communication effects are studied is related to the source of the stimulus, or - as put by Weiss (1969)- "the agent of the effect". The question that can be asked with respect to this dimension is: What is the source of the effect we are talking about? This source can vary from the global to the very specific. For example, we can talk about the effects of the media in relation to their societal functions or the effects of a specific persuasive message put in a specific medium. It is confusing to discuss the effects of mass communications without specifying the level of analysis one

is concerned with. Diverse theories, formulations, experimental validations, etc., have developed around each level of analysis. Although in some respects, the generalizations from those empirical validations are wholly inclusive, there are variations of effects related to each level. The investigator, by specifying the explicit intention of a communication, makes generalizations and predictions about the effects more clear and useful for other researchers.

In general, the source dimension of effects can cover two categories which, in themselves, involve several levels of analysis:

i) The Medium Category:

Effect here is attributed to the simple existence and availability of the medium as a whole. Basically, the majority of work in this area is carried in some developing countries, where the media are just being introduced. Studies about the relationship of the availability of the media to national development, etc., form the basis of this analysis. (UNESCO, 1970; Schramm 1954, 1964). Research in industrial countries in relation to this dimension is more specific. Some investigators concentrate upon the change of time allocated to other behaviour characteristics as more time is being consumed by media attention. Examples of such work include (Himmelweit, Oppenheim & Vince, 1958; Schramm, Lyle & Parker, 1961). Another type of research revolves around the study of intermedia differences and characteristics, whether in relation to content (Knower, 1935; Lerner, 1958); or trust, (Carter & Sepulveda, 1964; Schramm 1964), or methodological difficulties (Lazarsfeld, 1940).

ii) The Output Category

Those effects are related to a more specific aspect

of the whole agent dimension: the contents. From the general to the particular, levels of effects studies on the content of mass communications may involve:-

1. Effects of the output of all programmes as a whole (including commercials).
2. Effects of a group (set) of programmes (cumulative effect).
3. Effects of a specific designed programme like an information or persuasion campaign or commercial.
4. Effects of a specific ingredient of contents like violence, news, etc.

Although this classification of the output category of the source dimension brings down the study of effects to a more particular and defined state of analysis, it has to be stressed that there are several further constituent factors involved at each level. For instance, researchers might concentrate on content analysis of the output by simply describing what the media are making available to the public. The rules for such a description, in themselves, involve several dimensions (see Lindzey & Aronson, 1968). On the other hand, some researchers might be more concerned with the relationship of the contents to the audiences. Another constituent factor might be the study of the relationship of content to intermedia differences. And so on.....

c) The Audience Dimension of Effects

Specifying the audience unit under study is another necessity in the analysis of mass communication effects.

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This dimension can be found under several other headings in the literature, like "the human organization dimension", (Roberts, 1971), and "the social dimension" (Weiss, 1969). Basically, it involves two aspects:

1. the identification of the size and nature of the unit under study;
2. the specification of the context of reception in relation to the unit under study. (Weiss, 1969).

For instance, the investigator might be interested in the study of the effects of mass communications on individuals as exemplified in some of the experimental studies of the Yale School. On the other hand, the stress might be on groups (Lewin, 1953; Katz, Levin & Hamilton, 1963), or on societal functions.

Frederick T.C. Yu's study of campaigns and communication development in communist China exemplifies the stress on the cultural unit of analysis. (Yu, 1967).

Examples of the effects of the social context of reception include such studies as Friedson (1953), who analysed the different media use contexts of children from the kindergarten to sixth graders.

d) The Time Dimension of Effects

This category is sometimes considered as the most important for almost all types of effects are related in some way to time span.

Some studies in connection with this dimension investigate the difference between specific individual directed response effects, which might require a shorter time to

materialize as compared to societal change responses, which might require longer periods, e.g. Hovland, (1954). Nevertheless, the opposite case can be argued, especially in developing countries where, because of the widespread use of the media, social change can be hoped to take less time to materialize than when the media did not exist, e.g. Schramm (1964).

The study of change as related to low involvement vs. high involvement topics is also dependent on the dimension of time. It has been argued that information increase, and the change of weakly-held attitudes, beliefs and values, take a shorter period of time than that of the change of deeply-held values or those with societal consequences.

Some methodological problems of measuring mass media effects are also related to this time dimension. It is easier to measure direct effects of communications over shorter period of time, as long-term effects get entangled with additional unidentified intervening variables. (Emmett, 1975; Belson, 1967).

Finally, there are several types of mass communication effects that can be studied. Besides the work on long-range cultural and societal effects, an investigator might be interested in how mass communications can influence political behaviour, or economic behaviour, social attitudes, popular tastes, or other behavioural activities. More specifically, the investigator might be interested in how mass communications influence emotions, attitudes, cognitions, ~~connations~~, or some specific overt behaviour.

Therefore, there are several dimensions upon which mass communication effects can be conceptualized. Specifying the perspectives is essential in order to identify the methodologies, formulations and theories related to the category under study.

## II. SPECIFIC COMMUNICATION EFFECTS

The emphasis in this study is not on effects of mass communications as a whole, but on specific effects of specific mass communications. The latter is usually referred to as studies of communication "effectiveness". While the term 'effects of mass communications' is used to point to all the possible consequences of exposure to mass communications (direct or indirect), effectiveness will refer to the study of specific consequences designed and planned for by the investigator. Communications effectiveness covers the situation when there is a specific intention, objective or goal set to be realized as a result of exposure to a communication. (Gerbner, 1967; Roberts, 1971).

The majority of researchers on mass communication effects have stressed that enough research has been carried <sup>out</sup> on the effectiveness of specific communications and that more attention should be directed towards more complex long-range societal effects of mass communications (McGuire, 1969; Schramm, 1973<sup>2</sup>; UNESCO, 1970; Weiss, 1971; Davison, Boylan & Yu, 1977), plus several others.

Still the effectiveness of specific mass communications is dwelt upon as the principal topic of this thesis. Besides the obvious reason for this choice, in that an attempt is made to modify female pupils' attitudes and behaviour towards nursing, there is a deeper theoretical basis involved. The thesis attempts to re-examine the assumption of the negligible ability of mass communications to change attitudes in information and persuasion campaigns. Adding to this is the fact that the research has been carried <sup>out</sup> in a developing country, where the role of the media differs greatly from that of the industrialized nations. It is more vital in an underdeveloped country to direct the research where it is most needed and that

is in national development. The practical application of mass communication research for educating, informing, and modifying behaviour is more compelling.

The report presented by UNESCO (1970) in Paris on mass media and society: the need for research, supports this view. I quote:

"In developing countries the mass media are an integral part of national development, indeed they have a leadership role to play in this field. Therefore, the primary concern of the researcher for some time to come will be to relate communication to nation-building. Subjects to be taken for continuing study will include: the promotion of national unity, the role of communication in developmental campaigns relating to agriculture, health, education, family planning, adult literacy, etc."

(UNESCO, 1970)

In retrospect, a summary is presented of how this research is structured in relation to the dimensions of effects discussed earlier.

1. METHODOLOGICAL DIMENSION: Controlled field study
2. AUDIENCE DIMENSION: Individual adolescent female pupils in a family group context.
3. TIME DIMENSION: Short span programme
4. TYPE OF EFFECT DESIRED: Information/persuasion.

### CHAPTER III

#### COMPONENTS OF EFFECTIVENESS OF COMMUNICATIONS

##### A. PERSUASIVE COMMUNICATIONS AND ATTITUDES

Persuasion always involves a communication process. The difference between a communication situation and a persuasive communication situation depends on the variable of the "intent" of the communicator.

The Random House dictionary (1967) stressed that persuasion always implies "... influencing someone's thoughts or actions", (p. 1076). Andersen (1971) further added that "persuasion is a communication process in which the communicator seeks to elicit a desired response." (p.6).

Bettinghaus (1973) maintained that, for a communication situation to be persuasive, it must involve, as a minimal condition, "a conscious attempt by one individual to change the attitudes, beliefs, or the behaviour of another individual or group of individuals through the transmission of some message." (p. 10).

It has to be emphasized that the source of the persuasive communication does not necessarily have to be one individual but <sup>may be</sup> several, and the flow of the message usually involves all the participants. In fact, all the variables that have been argued to be of significance in a communication process apply to a persuasive communication situation. The only distinction is in the characteristic that a persuasive communication involves a conscious attempt to change (besides other things) beliefs, attitudes or behaviour.

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It is the ability of the mass media to make this change in beliefs, attitudes or behaviour which is the main concern of this study. Before studying the controversy around this problem, it is vital to examine the components of effectiveness we are dealing with. The voluminous literature preclude the examination of all aspects related to the effectiveness of specific communications. The research literature will be studied from the perspective of three components of effectiveness: the cognitive, affective and connative dimensions of attitudes.

Why attitudes? The argument might arise, Why should we consider beliefs and attitudes when it seems more efficient to talk solely in terms of the observable action effects of persuasion? There are basically three reasons for considering attitudes in this text.

First of all, for a social scientist it is both interesting and useful to have a "conceptual bridge" between what an individual does and the cognitive and affective processes that lead him to do so.

Secondly, the assumption that the effects of a persuasive communication are always observable to an onlooker or researcher studying the situation does not, in fact, reflect a real-life persuasive communication situation. Let us consider an example presented by Bettinghaus (1973).

"Imagine an individual listening to a Black Power advocate. Before the speech, the listener declares flatly that he is opposed to the black power movement. After hearing the speech, the listener says that he still cannot support the movement, but that the speaker ...is certainly dynamic, and a good spokesman for his cause. There was an effect, but it was not as positive as the speaker desired. Nevertheless, the change in the listener's statement

is an effect that can be traced to the speech, and is an effect in the direction of the speaker's original intention. Such a change may not result in immediate differences in the way the listener acts toward black power movement, or towards blacks, but this initial effect could lead in future to positive behaviours on the part of the individual".

(p.14 .)

This illustrates the reasons why the effects of a persuasive communication cannot be assessed merely in terms of changes in observable behavioural action only, especially not immediate observable behaviour. Other cognitive processes of change might have occurred and might be more relevant.

Finally, in the evaluation of a communication, it has to be accepted that the availability of data measuring overt behavioural action, although ideal, is not always possible. In a natural field setting, difficulties in collecting this data and the expenses involved, are apparent.

However, although attitudes will be used, we will be very careful not to assume that attitude change can be substituted for, or is the cause of, behaviour change. The whole of this Chapter will be allocated to discussing this reservation.

### Attitudes

Several definitions of the attitude construct exists reflecting diverse, sometimes conflicting, viewpoints about its conceptualization.

Gordon Allport described the concept of attitude as "the primary building stone in the edifice of social psychology", and defined it as "a mental and neural state of readiness, organized through experience, exerting a directive or dynamic

influence upon the individual's response to all objects and situations with which it is related". (Allport, 1954, p.43). Rokeach (1966) added that an attitude is "a relatively enduring organization of beliefs about an object or situation predisposing one to respond in some preferential manner." (p.529)

Whether attitudes are described as mental states or enduring beliefs, it should be emphasized that they have to be inferred from some overt response. They are, as put by Schramm (1973), "hypothetical constructs" devised to clarify what happens in the "black box" between the communication and the response.

As attitudes are inferred, whether from physiological, verbal or behavioural responses, concepts have been developed to explain the existence of those inferred hypothetical constructs. De Fleur & Westie (1963) suggested two of those concepts known as "the probability" and "the latent process" constructs.

The probability construct basically maintained that attitude responses are more or less consistent.

"The attitude is an inferred property of the responses, namely their consistency. Stated in another way, attitude is equated with the probability of recurrence of behaviour forms of a given type or direction." (De Fleur & Westie, 1963, p.21)

Controversy has arisen as the result of describing attitudes as consistent responses in a specific direction. Fishbein (1975) argued that such a definition is ambiguous because the consistency of responses can be interpreted in a number of ways. He stressed that an attitude should be visualised in a more evaluative sense, concentrating on affective

consistency instead of response consistency, as the affective component is the one that best distinguishes between an attitude and another concept.

The second construct referred to by De Fleur & Westie, the latent process construct, postulated "the operation of some hidden or hypothetical variable, functioning within the behaving individual, which shapes, acts upon, or 'mediates' the observable behaviour. That is, the observable organisation of behaviour is said to be 'due to', or can be 'explained by', the action of some mediating latent variable." In this sense, an attitude is regarded not as the response itself, nor the probability of the occurrence of the response, but "an intervening variable operating between the stimulus and response, and inferred from the overt behaviour". (De Fleur & Westie, 1963, p.21 )

While the probability concept makes no assumption regarding the nature of attitude-behaviour consistency, the latent process construct, also known as the 'predispositions' construct, does imply an attitude-behaviour consistency. De Fleur & Westie explained that since both verbal and overt behavioural responses are supposedly mediated by the same underlying latent variable, attitude, responses of a specific kind, like verbal, should both show consistency over time and co-vary with other kinds of responses, like overt behaviour. It is this underlying assumption that brought up the criticism of this construct and added to the controversy around attitude-behaviour consistency. (This will be further discussed later in the text).

Nevertheless, this conceptualization of attitude is the most popular and is regarded as the main form in which attitudes are discussed in communication research.

Despite the diverse views, most investigators would probably accept the conceptualization of attitude as:

"either mental readiness or implicit predispositions which exert some general and consistent influence on a fairly large class of evaluative responses. These responses are usually directed towards some object, person or group. In addition, attitudes are seen as enduring predispositions but ones that are learned, rather than innate. Thus, momentarily transient, they are susceptible to change." (Zimbardo, Ebbesen, 1970, p.6)

To evaluate attitude change, a measurable entity of attitudes has to be identified. Therefore, the practical implications of the definition of attitudes are pointed out by them:

- i Attitudes are learned, therefore all that is known about learning theory can be applied to the understanding of attitude formation and change. Investigations into past experiences, which determine the learning process, are consequentially reflected in the study of attitudes.
- ii Attitudes are enduring predispositions, therefore it may be possible to produce long-lasting, rather than momentary, change in the various behavioural responses from which attitudes are inferred.
- iii Attitudes are highly generalized predispositions, which implies that, by changing attitudes, it is possible to produce 'many' specific changes in overt behaviour.

In a further attempt to produce a practical solution to a highly theoretical concept, attitudes have generally been divided into three components:-

**THE COGNITIVE COMPONENT:** This refers to the intellectual content of the attitude dealing with factual knowledge, information and beliefs about an object, person, group of

persons, or situation. It will be used in this study as the component measuring information acquisition.

**THE AFFECTIVE COMPONENT:** This reflects the aspect of attitude dealing with emotions, likes or dislikes and specifies the evaluative category regarding an object, person, group or situation.

**THE BEHAVIOURAL or CONNATIVE COMPONENT:** This reflects the actual overt action directed towards an object, person, group or situation, or the predisposition to action, ie. the behavioural intentions.

There are several variations to those three components, but whatever the distinctions in terminology, basically they all refer to the same perspectives.

Utilizing this practical approach to the definition, if it is assumed that attitudes are based on the three theoretical components of cognition, affection and conation, then the objective of a persuasive communication would be to modify or change one, two, or all, those components in a predetermined direction by the transmission of a designed message.

However, the situation is not that straightforward. In measuring the effectiveness of persuasive communications, conflicting viewpoints emerged as to the necessity of using all those components in evaluation. Some researchers argued that, as evidence points out that very little association (if any) can be found among those components, evaluation should be directed strictly to overt behavioural measures. McGuire (1973), maintained that those components are basically a sequence of hypothetical mental stages which, it is assumed, a recipient passes through when being exposed to a persuasive communication. They are applied to "facilitate" the understanding of a persuasion model.

Therefore, the question is not whether to use them in evaluating the effectiveness of a persuasive communication, but to find out at what level can the communication be regarded as effective. Further argument revolved around the treatment of those components in a specific hierarchical fashion.

Therefore, if the three components of a persuasive communication: information acquisition, attitude change and behavioural change, are to be employed in the evaluation of a persuasive mass communication, several questions have to be examined.

- a) How are the components related to each other, or more precisely, are they related?
- b) How do the different levels reflecting those components measure the effectiveness of a communication?

Furthermore, when discussing the theoretical basis for persuasive communications, the question of the hierarchy-of-effects in relation to those components will be considered.

B. ASSOCIATION OF THE EFFECTIVENESS OF MASS COMMUNICATIONS

*How are the components of effectiveness of mass communications related to each other?*

I. INFORMATION VS. ATTITUDE AND BEHAVIOUR CONSISTENCY

Information and acquired knowledge, as measured by recall tests, have not always been found related to attitudes or behaviour. A large number of studies question the ability of cognitive measures to predict affect or behaviour towards an object, person or situation.

Haskins (1964), carried out thorough research to examine the problem. He first critically analysed some published advertising campaigns whose research techniques were sufficiently rigorous. For those studies which used sales as their criterion, one proved that awareness was related to increase in sales, but increase in knowledge was not. As for the second one (the well-publicised ANPA-Harvard study, Bureau of Advertising, 1963) Haskins found that:

"product awareness was followed by changes in information and attitudes, but at any specific moment, none of these measures was related to sales." (p.4)

The other campaigns which had either attitudes, brand preference or intended purchase as their criteria, the results showed that awareness was always a necessary condition for effectiveness but learning of facts proved either to have no relationship to attitude changes, brand preference and intention to purchase, or - in one case - it produced a negative relationship to the criteria.

Haskins also searched into 21 communication research studies. This search covered the 1954-1963 editions of Psychological Abstracts and other pertinent sources. Almost all of the related examples were controlled experiments.

Four of those studies dealt with the effectiveness of rational factual appeals vs. emotional affective appeals, and all showed emotional affective appeals to be more persuasive. (Hartman, 1936; Menfee & Gravenberg, 1940; Crockett, 1953; and McLeod, 1958).

The other seventeen studies compared changes in knowledge or factual recall with concurrent changes in attitudes, behaviour or other indicators assumed to be valid criteria of message effectiveness. Of those seventeen, two studies showed a positive relationship between changes in knowledge (recall) and the criterion. (Leslie & Berry, 1953; Green, 1954). Two showed a negative relationship between knowledge (recall) and the criterion. (Cooper & Dinerman, 1951; Belson, 1956).

The other thirteen studies, Haskins quoted, showed little or no relationship. He explained that, although they varied in subject matter, methodology and communication techniques, they all had one thing in common; "they showed no relationship between what a person learned, knew or recalled on one hand, and what he did or how he felt on the other". He concluded that "the teaching and learning of factual information was not related to attitudes or behaviour", (p.6). Some examples of those studies include Hovland (1949); Lawton & Goldman(1961).

These examples can be found in Haskins analysed in detail. Similar conclusions to Haskins have been advocated by Greenwald (1968) and Wright (1972).

However, although research in the majority of cases indicates that factual information is not necessarily related to influence in attitudes or behaviour, the cognitive measure is still used in the evaluation of most persuasive communications.

Some researchers argue that the inconsistency in findings may probably be due to methodological shortcomings. Recall tests, which are usually used by advertisers to measure comprehension, may not necessarily reflect the understanding of the recipients to the message. They concentrate more on specific details than overall conclusions and basic arguments. Other possibilities are that factual information may be relevant depending on familiarity of the recipient with the object of information (facts may be more effective with new concepts.)

There are several other variables related to the persuasive communication process that could account for this inconsistency. For instance, the manner of presentation of the issue has been found to create some difficulties in the understanding and comprehension of the objectives being propagated as exemplified by studies carried by Belson (1956), Lazarsfeld (1948), and Bogart (1957).

Another highly plausible rationale for the apparent contradictory findings could be due to the relationship of the content to peoples pre-existing attitudes and values and their ego defensiveness. People have been found to misunderstand the conclusions of a message if their pre-existing attitudes were unfavourable to it. (Cooper & Jahoda, 1947; Vidmar & Rokeach, 1974). This creates inconcistency between the elements.

Moreover, in rural sociology, Sizer & Porter (1960) and Hobbs (1960) showed that the greater the amount of knowledge about an innovation, the more likely was its adoption. Kivlin & Fliegel (1967) further proved that the way the innovation is perceived, its cost, convenience and risk are directly related to adoption.

Therefore, in conclusion, caution has to be taken not to generalize the results of information change to

attitude and behaviour change. However, this does not mean that the cognitive measure should not be used in its own right as a measure of effectiveness of a communication.

## II. ATTITUDE - BEHAVIOUR CONSISTENCY

To what extent does affect (feelings, emotions, likes and dislikes, towards an object, person or situation) show consistency with how an individual actually behaves?

Research points to a controversy regarding the relationship between attitudes, as they have been traditionally measured, and actual behaviour. The majority of research points towards a non-relationship, or a very weak one.

The widely quoted study of La Pierre (1934) which concluded that no relationship of any kind was observed, could be regarded as the starting basis for this controversy. In the early 1930's, when there existed considerable hostile feelings towards Orientals, La Pierre travelled in a car with a Chinese couple around some of the States in America. They stopped at 66 hotels and motor inns and 184 restaurants, and were refused service only once. Six months later, La Pierre sent letters to each of the hotels, inns and restaurants they visited, as well as to a control group of similar establishments which they have not visited. The question was whether they would provide service for Chinese guests. Only 128 of those he wrote to answered, and of those 92% indicated that they do not and would not accept Chinese as guests (some of them did so only a few months ago).

Other studies found similar results. Kutner, Wilkins & Yarrow (1952) carried their research on negroes as subjects visiting restaurants, while Minard (1952) analysed the relationship of white and black workers in the Pocahontas coalfields.

As early as 1946, the statistician McNemar questioned the validity of attitude measurements. He pointed out that the degree of relationship between overt non-verbal and verbal

behaviour is not known and is of little interest to most investigators.

Festinger (1964) carried out thorough research to investigate this relationship and concluded that he could find only three controlled studies in which attitude change had been shown to predict behaviour.

More recently, Wicker (1969) made a review of studies regarding minority groups and found little correspondence between the variables measuring attitudes and those measuring behaviour; he added that in fact several cases showed reversals of the expected relationships. As a conclusion to his search of the entire literature on attitude change and overt action, he stated:

"the present review provides little evidence of the postulated existence of stable underlying attitudes within the individual which influences both his verbal expression and his actions." (p.6)

In a more applied sphere, Vroom (1964) pointed out that "job attitudes have only a slight and often insignificant relationship" with job performance and absences from work. And in family planning surveys, Schramm (1973)<sup>2</sup> reported that it was found that while 70 percent of the respondents expressed favourable attitudes towards family planning and contraception, just below 15 percent of them eventually did go to the clinics for treatment or materials.

If so much research points to the insignificance of attitudes as predictors of behaviour, what can be said about the validity of the thousands of studies using attitudes as their criteria of effectiveness?

There are several ways of answering this question.

One way is by reviewing the studies that showed inconsistencies and critically analysing them. For instance, Campbell (1963) argued that La Pierre's study involved two different situations with differing "thresholds"; mainly that it is far more difficult to refuse to accommodate, or serve, a well-dressed Chinese couple who speak fluent English in a face-to-face setting than to state a refusal of accommodation or service in a letter for the Chinese as a people. Campbell stressed that La Pierre's study has no relevance as far as the problem of inconsistency is concerned. He pointed out that inconsistency would be a valid observation if those who had refused in a face-to-face setting accepted by questionnaire, or those who accepted by questionnaire refused in a face-to-face setting.

Studies that support Campbell's arguments include Leventhal, Singer & Jones, (1965); Naidoo (1966).

Another way of attempting to explain the problem is by analysing the factors that could be contributing to this inconsistency.

Some researchers argued that there are many attitudes relevant to any given behaviour, and a single attitude may appear inconsistent because other attitudes (maybe more pertinent) have not been considered. (Cook & Sellitz, 1964; Insko & Schopler, 1967).

Insko & Schopler (1967) also added that some attitudes may not show corresponding behaviour because opportunities for the behaviour do not arise.

Moreover, a large number of writers maintained that many instances of inconsistency may have been due to the fact that the stimulus in verbal response situations tends to be general, while the stimulus in overt behavioural response

tends to be specific. (Chein, 1948; Dollard, 1949; Cook & Sellitz, 1964; Fishbein, 1975).

Social pressures in situational contexts have also been quoted as pertinent factors in the explanation of inconsistencies.

Hyman (1949) suggested that the inconsistencies could be due to two factors:

- (1) when the verbal responses are obtained anonymously and the subject does not have to stand up for them;
- (2) when the behavioural responses are taken in a situation where the subject is under the influence of group pressures.

Hovland (1959) seemed to confirm the above suggestion when attempting to explain why it is easier to achieve a communication effect in the laboratory than in the field. He stressed that in the field there are social pressures, competing messages and actions, and other constraints that are not present in the private laboratory. Schramm (1973)<sup>2</sup> also emphasizes the difficulty of constraints on social actions in contrast to private answers to questions.

Kiesler et al (1969) examined the inconsistency by pointing to the problem of norms and expectations in the social context. They explained that, when behaving in a self response manner, some attitudes are salient, but when one is in a different social situation other attitudes might be salient. They wrote:

"normative differences from one environment to another are so large that behaviours are not always correlated with behaviours, and attitudes are not always correlated with attitudes. We will not find a high correlation between attitude and behaviour if situational pressures

substantially contribute to the observed behaviour - and they always do." (pps. 29 - 30)

Another point of relevance is that quite a large number of the studies that show inconsistencies reflect situations where there exists conflicts between the attitude and the consequences of a specific act, like labourer's fear of his employer (Dollard, 1949), or restaurant owners' fear of prosecution for racial discrimination (Kutner et al. 1952). However, when conflicts between attitude and norms are not present, attitudes could be argued to be fair predictors of behaviour. Examples include work on consumer behaviour (NBC Hofstra television study, 1950; Katona 1960).

Gross & Niman (1975) who presented a critical review of the attitude-behaviour consistency problem suggested that the factors contributing to this inconsistency can be categorized under personal, situational and methodological ones. Moreover, most studies indicate that the variance from situations is greater than the variance from individual differences. Knowledge of situational differences tended to produce better predictions of individual's behaviour than knowledge of individual differences. They presented a general postulate regarding situational influences on attitude-behaviour relationships as follows:

"The more similar the situations in which verbal and overt behavioural responses are obtained, the stronger will be the attitude behaviour relationship. Situational factors may be thought of as potentially significant dimensions along which environment can vary from the highly similar to the highly dissimilar." (p. 366).

In addition to the situational factors, obviously, there are a number of methodological factors that may be regarded as

contributors to this inconsistency. Tittle & Hill (1967) found that results of this inconsistency vary on the basis of the attitude measure used, the behaviour criterion chosen, and the circumstances surrounding the behaviour criterion. Upon the review of fifteen studies, they reported that when the attitude measure was a "multi-item instrument" and the behavioural criterion chosen consisted of "patterned behaviour occurring under usual circumstances", the correspondence between attitude and behaviour was relatively high (.60 and above) in three out of four studies. However, when the attitude measure was a single question (hypothetical or stereotyped), and the behavioural criterion was a single act or series of acts, but occurring under unnatural circumstances, the consistency was low (.35 and below). Moderate correspondence (.35 to .59) was reported in two of the studies analysed where the attitude measure was of a multi-dimension type, but the behavioural criterion was that of a single act occurring under unusual circumstances. Tittle & Hill concluded that numerous applications are needed to build up additional evidence for those findings, as measurement instruments are subject to various random errors.

Kiesler et al (1969) also outlined a number of methodological problems related to this problem of inconsistency. They are as follows:

1. Reliability:  
The predictive validity of a measuring instrument will be lowered if it includes ambiguous test items.
2. Item Difficulty:  
Even if the measuring instruments do produce reliable measurements for both attitudes and behaviour, they may fail to correlate because they make discriminations at different extremes of the attitude-behaviour continuum.

3. Category width:

Behavioural measures of attitude usually have few discriminations along the attitude continuum, while on the other hand, most written measures make numerous discriminations along the attitude continuum. A small difference in attitude detected by the written measure would become obscured by the broad categorization of the behavioural measure.

4. Factor Structure of Attitude & Behaviour Syndrome:

Referring to a study carried by Triandis (1964), Kiesler et al maintained that factor analysis of attitudes, personality traits and mental abilities did not succeed in confirming intuitive notions, of which items should "hang together" in a single syndrome. Still, although intuition may be incorrect, this does not necessarily mean that there is a general failure of attitudes to have any relationship to behaviour.

Another way of examining the inconsistency problem is to look at non-attitudinal aspects of response. Triandis (1971), in an attempt to contribute a practical application to the problem, suggested that behaviour is a function of:

- (a) attitudes;
- (b) norms;
- (c) habits, and
- (d) expectancies about reinforcement.

He argued that, when all four factors are consistent, there should be a higher consistency between attitude and behaviour than when they are inconsistent. He maintained:

"behaviour is not only determined by what people would like to do, but also what they think they

should do; that is social norms, by what they usually have done - that is, habits - and by the expected consequences of the behaviour." (p. 14).

This suggestion was tested by Sugar (1967), who found that attitude alone did not predict behaviour (in this case, smoking), but attitudes together with norms and habits did.

Another practical way of going around the problem is to attempt to measure not only the person's attitude towards an object, but also his attitudes towards the situation in which the object is likely to be encountered (Rockeach, 1966; Fishbein, 1969).

Some researchers, who have shown pessimism about the ability of verbal attitude measures to predict behaviour, have argued for the use of unobtrusive measures (Green, 1954).

However, the controversy about attitude behaviour consistency is not yet settled. There are still some analysts who argue that there are several methodological and measurement devices which might present a better predictive ability which have not yet been used and tested (Tittle & Hill, 1967). Gross & Niman (1975) added that all the studies they have reviewed did not utilize repeated measures of an attitude toward a situation, and repeated measures of an overt non-verbal behaviour in that situation. Methodological strategies of this type might aid in a better predictive ability of attitude and behaviour.

Attitudes are still widely used by social scientists as a measure of effectiveness of communication. Perhaps, it is wise to use them, like the social learning theorists, as a class of behaviour on their own - specifying the verbal dimension. This way, one would avoid the problem

of generalizing the verbal to the non-verbal classes of behaviour.

Schramm (1973)<sup>2</sup> word of warning in this context, argued that although attitudes are used and will always be used:

"we must be very cautious about assuming that any given communication effect measured in verbal attitudes is necessarily a predictor of action, or that any attitude changes are necessarily socially significant." (p. 220).

C. LEVELS OF EFFECTIVENESS OF MASS COMMUNICATIONS

*How can the different levels of the components be used to evaluate the effectiveness of a communication?*

Some researchers argue that the most efficient way of evaluating a communication is to measure overt behavioural change only; however, this is not always regarded as the ideal way in all situations. If no overt behavioural change occurred, it cannot be assumed that the communication was not effective.

All communications, no matter how insignificant, will leave some sort of mark on the receiver. Schramm (1973)<sup>2</sup> likened the effect to calcareous water dripping on a stalagmite. Occasionally a drop leaves an especially large deposit, but generally it merely contributes to the imperceptible growth of the spur. Almost all investigators would agree that a large part of the effect of any communication is hidden inside the human brain. Schramm wrote:

"the main effect communication has on us is in the pictures in our head, our cognitive maps of the environment, our images of ourselves, the beliefs and values we have accepted and are prepared to defend, the evaluations we have made of our relationships to individuals and groups - in other words, the translation of experience we have stored away in central nervous system." (p. 194).

Therefore, the approach of simply looking for change in overt behavioural action when evaluating communications is very limited. There are several levels at which effectiveness can be measured, and considering them all gives a more thorough understanding of the process.

McGuire (1973) suggested six behavioural steps that he maintained were necessary in attempting to understand how a persuasive communication could be evaluated. These steps, he contended, were the "dependent variables" of a communication intended to persuade; they were all measurable and represented stages in the development of the message. They are:

presentation, attention, comprehension,  
yielding, retention overt behaviour.

In this section, three main levels of effects will be considered, each involving a number of steps in itself, the attention level, the intermediary level and the action level. A brief description of their importance in relation to the evaluation of the effectiveness of a persuasive communication is presented here.

It is important to stress here that the levels which will be described do not necessarily portray the way influence occurs. Attention does not necessarily precede learning and attitude change. One level is not strictly necessary for the other to occur, and there is no correct number of levels required.

A more thorough analysis, specifically in relation to the theoretical background of each level and the hierarchy of effects is examined in the following Chapters. All this Section does is present an exposition of those levels as to whether they are necessary, sufficient and useful for measuring the effectiveness of mass communications.

## I. THE ATTENTION LEVEL

The most elementary criterion in the evaluation of communications is that of general awareness. This effect refers to cognition in its broadest sense. Although this effect is sometimes regarded as one of the simplest criteria set forth, it is still regarded as important, as is reflected by the considerable emphasis in advertising strategy on fostering brand awareness, and in politics where emphasis is put on the value to a candidate of being familiar as a name and person to the public.

However, presentation and awareness are not always directly related to attention, which some regard as the next logical step in the evaluation of a communication process. Considering the complexity of the principles involved for an individual to turn and sustain his attention to a set of stimuli, this action in itself, if it occurs, has to be regarded as a vital criterion of communication effectiveness.

Cartwright (1949) stressed that the first prerequisite for influencing behaviour is that the message should reach the sense organs of the individual to be persuaded. Schramm (1973)<sup>2</sup> added that, if attention is sustained over a certain period of time, some sort of effect is inevitable. Two of McGuire's six behavioural steps fall under this level: presentation and attention.

### i. Presentation

The first necessary step in any persuasive communication situation. There are a number of scholars who consider this early step as sufficient in itself as a measure of communication effectiveness. Some advertisers allocate large sums of money simply to buy advertising

time or space. Another example are scholars who regard content analysis of programmes as a sufficient means of explaining how the programmes could be effective. Some studies on violence in the media and its relationship to potential aggressive behaviour depend on this type of analysis.

Still, the majority of researchers agree that presentation of a message is a necessary, but not sufficient, means of measuring the effectiveness of a communication. Other measures are necessary.

ii. Attention

Some evaluators argue that, in order to be influenced by a message, the recipient must have attended to it. Other analysts strongly contend that this is not necessarily true. Believers in subception and the effectiveness of subliminal presentation stress that there are marginal cases in which a person might be persuaded by a communication or aspects of it which he is not aware of, or has not carefully attended to. The point is not whether attention is a prerequisite for influence, but whether it is a useful and necessary step for measuring the communication effectiveness.

Some advertisers would go as far as considering this step as sufficient in itself. 'Recognition tests', which are used by them to measure this level, have been regarded by some as effective means of evaluating a communication.

However, not all evaluators would stop at this level. It can be argued that even if a communication is physically available, this does not necessarily mean that the individual involved is aware of its presence. If one assumes that the individual is generally aware

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of the presence of the communication, again this does not necessarily mean that he paid sufficient attention to it.

If the individual did pay considerable attention to the communication, all that the investigator can conclude is that attention has been sustained for a certain period of time.

Therefore, although the attention level is necessary and useful, it is not sufficient in itself. The majority of researchers emphasize the importance of the use of other measures to evaluate the effectiveness of a persuasive communication.

## II. THE INTERMEDIARY LEVEL

The steps related to the attention level cannot be regarded as the sole criteria for evaluating communication effectiveness. The increment in information, the change in attitudes and the retention of this increment and change are also vital elements.

Three behavioural steps can be included in this level: comprehension, acceptance (yielding) and retention.

### i. Comprehension

A cognitive approach would contend that the recipient is more likely to be influenced if he (she) comprehends the contents of the communication put forward, specifically the conclusions being urged and the arguments for those conclusions. However, experimental evidence does not always support this assumption. In fact,

some researchers even stress that attention and comprehension of specific details of the message are counterproductive to the persuasive objective of communication as a whole. (McGuire, 1969). Experiments on fear arousing communications point to this phenomenon as well. (Janis & Terwilleger 1962). Comprehension does not stand only for the understanding of the message (in the literal sense) but also the interpretation of the contents as it fits the recipients frame-of-reference. Therefore, it is not surprising to find conflicting results regarding comprehension and conviction.

To enhance the comprehensibility of a message, Triandis (1971) presented a number of suggestions. He argued, if the source knows the audience he is addressing, and if the message is clear, understandable to that particular audience, fits into their frame-of-reference and doesn't bring up their defences; if the channel allows the audience to proceed at their own pace and obtain further clarification, the effectiveness of the communication will be greatly enhanced.

Comprehension, on its own, is considered as a vital step in the evaluation of effectiveness of communications, but, the only generalization that can be made from this level is that the individual involved understood the message. Comprehension does not necessarily mean conviction, and therefore, for an overall evaluation of a persuasive communication, further steps would be necessary.

ii. Acceptance and conviction - "yielding"

This step is the one at which most evaluations of effectiveness stop. It is usually measured by a self-reported questionnaire about the recipient's verbal

opinion, agreement or disagreement with the message propagated. It is usually conducted directly after exposure and is compared in conjunction with a control group or the recipients' previous position before exposure. The majority of researchers conclude the effectiveness of the programme at this level, as it is the most practical and convenient to measure and obtain.

However, there is still a lot of conflicting viewpoints regarding the use of this level as the measure of effectiveness of a communication.

McGuire (1973) argued that, although this is a very crucial aspect of the persuasion process, it should not be regarded as the final. It is an oversimplification as variables positively correlated to yielding might be negatively correlated to other steps in the persuasion process. He maintained that usually an obvious and blatant message is better for comprehension but might be counterproductive to conviction and acceptance. On the other hand, a subtle and disguised message could be better for yielding while obliterating comprehension.

Most researchers argue that it is vital at this stage to set down the criteria required for effectiveness: comprehension or yielding?

Again, acceptance of a message can only be used in its literal sense. It is very difficult to generalize from this step to overt action without getting into serious problems, as explained in the section on attitude-behaviour consistency, discussed earlier. This is the main reason why evaluators who stop at this level are often criticized.

### iii. Retention

This step reflects the situation where, if increment in knowledge or change in attitude has occurred, it persists over a longer period of time than simply at the point in time directly after exposure. It overcomes the limitation associated to the measure of opinion directly after exposure in relation to the generalization of results. If the objective of a persuasive message is for a lasting increment or change, then the measure of retention over an extended period of time is vital.

Some advertisers employ this step as the final step of evaluation and use it as a measure of connotation. For example, the intention to purchase a product is measured not only directly after an advertisement is exhibited, but in a supermarket situation at a later stage.

The measurement of persistence of change over a period of time has been backed with varied results. Some experimenters have found resistance to decay to range over a period of months, Hall (1938); some as little as one week, McGuire (1969). Of course, temporal decay of change depends very much on the communication situation and the target audience.

Still, it can be argued that, if increment in knowledge and change in attitude lasts over a period of time, this measure of retention is one valid step further in evaluating the effectiveness of the communication.

Before referring to the final level of analysis, it is vital to put the measurement of effects at the attention level and intermediary level into a clearer perspective.

The effects at those levels are not directly observable but inferred from written responses. Roberts (1971)

called them "primary effects" and explained that:

"they occur at the level of the image a receiver has organised inside the 'black box', so to speak, while we make inferences about communication effects based on the receiver's behaviour, the true effect of a message may be more or less subtle, far-reaching and more complex than any observable measure can indicate."

(p. 363)

Therefore the study of effects at the levels of selection, comprehension, inner confirmation and change are vital in that they help the evaluator to comprehend, as clearly as possible, what could have happened as a result of the communication. However, one prerequisite and necessity for measurement at those levels is the use of "multiple indicators", to enhance validity. This, however, should not blind the evaluator from assessing the overall effect or overlooking some other possible effects not measured, and not accounted for. Moreover, caution should be taken when generalizations are made of the effects at those levels.

### III. THE ACTION LEVEL

In any applied research, the effectiveness of a persuasive communication is measured in terms of overt behavioural action. Advertising campaigns, public health campaigns, political campaigns, rural innovation campaigns, social reform campaigns - all have change in overt behaviour as their goal. However, it is not always possible or easy to reach this goal directly after exposure to a communication.

Some responses may not be activated at once, but after the lapse of a considerable period of time from the instance of exposure. This phenomenon of "delayed action effect" has been verified by several experiments. (Hovland, Lumsdaine & Sheffield, 1949; Hovland & Weiss, 1951; McGuire, 1960; Papageorgis, 1963).

Another possibility is that the overt action response may occur in the opposite direction of the one propagated by the communicator.

A further possibility is that the overt action response was imminent, but waiting for the right circumstances to occur, or it has been retarded by a number of temporary obstacles.

Those, and many other possibilities, have to be considered before a "no effect" is branded upon a communication if no overt action response followed it immediately.

#### Conclusion

The most important point to note in the evaluation of the effectiveness of a persuasive communication is the delineation of the objectives. If the sole objective of a persuasive campaign is some specific overt behavioural action, then probably it would not be necessary to study any other element at the preliminary steps of effectiveness.

However, most researches are not only interested in the practical aspect of a campaign but also the theoretical one. This is probably the reason why a large number of campaigns study preliminary steps of effectiveness of a communication.

Still, the limitations of those preliminary steps in predicting the final ones, and the importance of the use of multiple indicators to ensure validity of measurement are widely accepted in the evaluation process.

To emphasize the importance of the setting up of clear objectives, an example is presented from the study of Martin (1971) regarding the effectiveness of international propaganda. Martin maintained that, in the above context, there are two basic processes involved in communications: facilitative and persuasive communication. He explained:

"facilitative communication begins with input and ends with exposure. With exposure, the process has been completed. The line of communication is open and that is its sole purpose." (p. 165)

Effectiveness in this case is achieved once a single contact is made. On the other hand, the second process, which involves persuasive communication BEGINS with awareness. In this context, awareness which is crucial for persuasive communication is not necessary for facilitative communication. Martin emphasized that it has to be realized that the jump from simple exposure to awareness is a big step, because it moves from "the physical plane to the intellectual".

The following Chapters are allocated to analysing the complexity of the psychological factors involved, as this "jump" from the physical availability of a communication to awareness, sustained attention, comprehension, conviction, and behavioural actions takes place. The theoretical conceptualizations are discussed, building up to a model of communication effects.

## CHAPTER IV

### THEORIES AND MODELS OF MASS COMMUNICATION EFFECTS

#### A. THE ATTENTION EFFECT

What are the variables that determine the jump from the physical availability of a communication to exposure and awareness? Why do these variables exist, and what is the motivation behind them? The answer mainly lies in the understanding of the characteristics of the audience of a communication situation.

Selective exposure and attention, selective perception, selective retention and recall are all concepts based on the principle of regarding the role of an audience as active and 'mediating' in a communication process. Sustained attention to a communication is regarded as one of the most important variables in the designing of effective media campaigns (if not 'the' most important).

This chapter will trace the steps of the selectivity aspect of attention, perception and retention, and discuss the motivation behind it. We shall present the evidence supporting the existence of perhaps the foremost 'obstacle' in the way of a successful media campaign: selectivity.

#### 1. SELECTIVITY

##### (a) Selective Exposure (Attention)

Sears & Freedman (1971) defined selective exposure as "any systematic bias in audience composition" (p. 211).

Social science researchers have thoroughly explored the fact that some people pay attention to certain communications and ignore others, and vice versa.

Hyman & Sheatsley (1947) maintained that one of the reasons for the failure of information campaigns is selective exposure. Lazarsfeld, Berelson & Gaudet (1948) reported that the only possible explanations to their findings that a political campaign mainly activates and reinforces the predispositions and pre-existing preferences of the population is the principle of selective exposure. To reduce dissonance, according to Festinger's cognitive dissonance theory, selective exposure is regarded as a prime mechanism and plays a vital role (Festinger, 1957). Schramm and Carter (1959) found that a twenty four hour appeal for votes staged by a Republican Senatorial Candidate drew twice as much Republican viewers as Democrats.

Hovland (1959) stated that experimental psychologists and survey researches alike agree that laboratory and field studies of mass communications often come to quite different conclusions, mostly because of selective exposure. McGuire (1964) based an extensive programme of research on immunization against persuasion on the assumption that people are often unacquainted with counter propaganda because of selective exposure.

Davidson, Boylan & Yu (1976) explained that selective exposure could involve both active information seeking and avoidance of information. This suggestion posits a motivational basis for selective exposure. Several hypotheses and conceptualizations have been brought up to explain the possible motivational

drive behind selective exposure. Those same motivations (which will be examined fully later) have also been referred to when describing the reasons behind the next logical step in the attention process: selective perception.

(b) Selective Perception.

Travers (1964), Hsia (1968) and others have emphasized that the central nervous system can apparently handle only a small part of the information that the sense receptors and the peripheral nervous system are capable of receiving.

Jacobson (1951), Travers & Bosco (1967) and others have measured the human capacity to process sensory information in various ways and produced diverse results. However, they all agreed that this human capacity is much less than the amount of information available to the channel. For example, Jacobson (1951) estimated that the input channel can handle only one percent of the information taken in by the ear. This points to the fact that some mechanism of selection has to exist beyond selective exposure.

After an individual has directed his attention to a set of incoming stimuli, he organizes what appears to him to be the meaning of this communication in accordance to his own background, experience and expectations.

Selective perception has usually been used to mean that "some elements in the available information are emphasized more than others, some are rejected entirely and some or all are reinterpreted to fit into the frame-of-reference of the receiver" (Schramm 1973<sup>1</sup>, P. 122).

The human need to organize information is a characteristic widely studied, whether the individual is trying to see a figure from a pattern of dots, or visualize a picture from an inkblot or classify a person from first impressions, or understand a new idea by referring it to existing knowledge; he is always attempting to interpret the cues impinging upon him in an understandable way.

Some researches would further argue that individuals do not see only what they expect to see, depending on their background, experience, values and expectations, but also what they "want" to see. This claim which argues that selective perception is, in fact, motivated perception, has been supported by a wealth of evidence. What this claim suggests is that perception - in particular, ease of perception, but also the interpretation of ambiguous percepts - may be influenced by needs and values of the perceiver in such a way that perception of related stimuli is enhanced; also, when threatening stimuli are present, their perception may be "warded off" - a phenomenon commonly termed "perceptual defense or closure."

Although this claim does not go without criticism (see Howes & Solomon, 1950), in mass communication research, it is an accepted possible explanation for selective perception. Davison, Bowlan & Yu (1976) defined selective perception as the "ability to avoid perceiving dissonant information while absorbing ideas that we agree with" (p. 135).

Schramm (1973)<sup>1</sup> summarized the selective perception process by his statement: "we select against a background of our needs, we perceive personal characteristics, relevant group relationships, values and beliefs. We interpret cues, once they are selected,

to fit as comfortably and usefully as possible" (p. 122).

The experimental evidence backing those propositions is enormous.

In the famous Mr. Biggot study, Kendall & Wolf (1949) found that prejudiced people completely missed the point of the anti-prejudice cartoons by reporting that the cartoons actually supported "their point of view".

In the political sphere, Berelson, Lazarsfeld & McPhee (1954) found that people who are in disagreement with the stand of their own candidate on an issue are more likely to claim that they do not know what their candidate's position is, as compared to those people who are in actual agreement with the position. Furthermore, they added that although the evidence is not strong, they have found that, when both candidates' views are unclear, people tend to see their preferred candidate's views on an issue as similar, and the nonpreferred one as dissimilar to themselves.

Researchers studying the 1970 gubernatorial races in Wisconsin and Colorado found that most voters saw the televised spots of both candidates, but they gave closer attention to the publicity of the candidate they favoured and, as a result, learned more about this candidate than about the other one. (Atkin et al, 1973).

Many communication theorists have argued that people love redundancy and like to expose themselves to arguments with which they already agree and avoid discrepant information (Allport & Postman, 1954; Cooper & Jahoda, 1947; Hastorf & Cantil 1954; and others). Still, there seems to be an equal amount

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of evidence arguing that people do seek out surprising and discrepant information (McGuire, 1969; Mills, 1968; Sears, 1968). (This controversy will be discussed further when examining the motivations for selection.)

However, the point that has to be stressed here is that selective perception is an intervening variable in the communication process and some regard it as an "obstacle" in the way of effective mass communications (Klapper, 1949).

(c) Selective retention and recall

As time passes, what was originally perceived and learned from a communication may be forgotten in part, or even whole, or undergo change in memory. It is further argued that selectivity in retention and recall may also occur so that information discordant with the receiver's predispositions or needs may be more readily forgotten or eliminated than that which is congruent. (Hovland, Lumsdaine & Sheffield, 1949; Zimmerman & Bauer, 1956).

During the first Kennedy-Nixon debates, Carter (1962), using a true-false test, found that those who have claimed to have been interested in, and attentive to, the debate remembered both candidates' arguments equally well; however, among the less interested and attentive, correct recall was higher for the arguments of their own candidate than of the other. Correct recall was greater for those subjects who stated that both candidates presented effective arguments, next for those who said only their preferred candidate did, and least for those who said neither did. In fact, Carter pointed out that the latter group, not the preceding two,

showed biased recall in favour of their own candidate's arguments.

Sebald (cited in Katz & Feldman, 1962) found that college students were more likely to attribute political statements they disagreed with to the candidate they did not prefer, whereas statements they agreed with were more accurately assigned to the candidate who made them. In addition, when spontaneous recall was asked for, the students tended to remember their own candidate's statements with which they agreed, and the opposing candidate's statements with which they disagreed.

In presenting evidence for the existence of selectivity: whether exposure, perception, retention or recall, the mass media literature does not present clear-cut experimental findings for each exclusively. An experiment which is designed to measure selective perception, for instance, might inherently be measuring selective exposure, retention and recall, as it is the verbal behaviour of the subject under study which determines the final measurement. Of course, there are studies which, being thoroughly controlled, account exclusively for one selectivity process. However, in the majority of cases, all the selectivity processes operate together.

The argument, then, should continue from whether selectivity occurs, to why, and for what reasons.

## II. MOTIVATION FOR SELECTIVITY

Various theories have been advanced to explain the causes behind the selection process. It is assumed that a better understanding of the motivations involved would help in designing more effective campaigns by breaking through the defenses. It is important to express strongly that what will be described henceforth are suggested conceptualizations: much of what happens during a selection process depends very much on the individual involved, the context, the surroundings and several other variables.

A plausible explanation for the selection process could be Freud's "pleasure principle", but a more practical rule-of-thumb was put forth by Schramm (1973)<sup>2</sup>. It is what he called "the fraction of selection":

$$\text{probability of selection} = \frac{\text{expectation of reward}}{\text{effort required}}$$

He explained that, "at the time this was formulated, I was probably influenced by George K. Zipf's 'principle of least effort' which helps explain the wording of the bottom term. I could just as easily have said something about availability. But like Zipf, I was impressed by the tendency of human behaviour, other things being equal, to flow into a path of minimum effort....Consequently, one can raise the probability of selection of a given communication, either by decreasing the lower term (the expected difficulty) or by increasing the upper term (expected reward). These are the individual assessments". (Schramm 1973<sup>2</sup>, p. 107). As Schramm pointed out, this equation depends on individual assessment with differing rewards and effort levels involved. A more comprehensive explanation is necessary.

### (a) Consistency Theories\*

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These theories are dominated by the notion of

\*This title is taken from Davison, Boylan & Yu, 1976.

"homeostasis" developed by Heider (1958). They cover such cognitive psychological aspects as Festinger's dissonance theory, Heider's balance theory, Osgood & Tannenbaum's congruity theory and others. According to this group of theories, people tend to consciously or subconsciously choose and select from the endless amount of information hammered upon them those aspects, ideas and notions that are congruent and in harmony with their existing beliefs, values, attitudes and the way they have mapped the world. For example, Barlett, et al (1974) reported that, during the Presidential campaign of 1972, researchers at the University of California designed an experiment to test whether Republicans and Democrats would each be more likely to open and read mailed material supporting their respective political opinions than to expose themselves to the opinions of the other party. The results strongly supported the "congruity hypothesis". Twice as many people who presumably expected to agree with what they found in the envelopes returned their postcards as those who did not expect to agree.

The theories also contend that people tend to ignore, dismiss and discharge, misunderstand and misinterpret - even forget - the communications that seem to be in conflict, "dissonant", with their existing outlook. Examples include Cooper & Jahoda (1947); Vidmar & Rokeach (1974); Bartlett (1954); Kirkpatrick (1970); and Sherrod (1971-72).

People also tend to seek other alternatives if they happened to be in contact with some communication that was "dissonant" but which did not yet produce change in their outlook. They might seek reassurance by discussing their problem with other people who share their own beliefs and attitudes, or they might argue it out with themselves that the information is incorrect,

insignificant and attach less weight to it. Examples include Lazarsfeld, Berelson & Gaudet (1948); Kriesberg (1949).

Therefore, in summary, "people choose to expose themselves to information which is in accord with their existing ideas; they selectively give their attention to communications with which they expect to agree; and if they learn something which conflicts with their attitudes or values, they forget it, dismiss it as unimportant, or reinterpret it so as to minimize dissonance" (Davison, Boylan & Yu, 1976, p. 138).

There are several experimental studies that validate those theories, a more detailed analysis is found in Zajonc (1960).

However, those groups of theories did not always present sufficient explanation for the selection process. There were instances when the principle of congruity did not hold.

In one laboratory experiment, a group of cigarette smokers were divided into those who believed there was a convincing link between smoking and lung cancer, and those who did not. They were then presented with two articles to read, one supporting smoking-cancer evidence, the other defying it, and were asked to choose to read one of them. It was found that most of them chose the article opposed to their existing standing and thus chose to expose themselves to dissonant information. In another experiment, subjects were asked to put down an evaluation of a candidate (whom they knew about) and who was standing for some overseas assignment. They were presented with two evaluations, one in favour of the candidate and the other against, and were asked to choose one. In most cases, the subjects chose the article conflicting with their own standing (Sears &

Freedman, 1967).

It is obvious that the existence of selectivity was agreed upon, but the explanation of the motivation behind it is still arguable. Sears and Freedman carried out a thorough study questioning the applicability of the congruity principle in explaining selectivity. They reported that the literature on selective exposure has been unsatisfying partly because the term has been used in a confusing way. The correlation between attitudes and exposure have rarely been distinguished from an "active psychological preference for supportive information", although they may be referring to quite different aspects. They argued that, for attitudes to be an important cause of selective exposure, two criteria must be met in correlation studies:-

- "1. The correlation must be well documented. It should hold fairly <sup>un</sup>equivocally in most cases.
2. Attitudes should be better predictors of (i.e. correlate more highly with exposure than other variables." (p. 213).

Depending on those criteria, Sears & Freedman concluded that:-

1. The available evidence fails to indicate the presence of a general preference for supportive information. Five studies showed some preference for supportive information, eight showed no preference and five showed preference for non-supportive information.
2. Cognitive consistency theory, which poses to be the only systematic effort to explain the conditions under which supportive information might be preferred, has failed to specify particular

circumstances under which selectivity would occur.

3. Another approach should be used, choosing other factors that might effect selectivity, like education and social class, utility of information, past history of exposure to the issue.
4. Research has to turn away from questions regarding selective exposure to studying the factors which chiefly determine voluntary exposure to information and resistance to persuasive messages. (Sears & Freedman, 1967).

Therefore, as consistency theories do not present the sole explanation for selectivity, what other causes are involved?

Schramm (1973)<sup>1</sup> suggested that other causes involved might be:-

- a. The availability of the stimulus. Another example that supports this view is Schiller (1973).
- b. The contrast of the stimulus with its background. Another example is Atkin (1971).
- c. The set of the receiver, i.e. his pre-experience when confronted by a communication.
- d. The educational and social status of the receiver. Besides Sears & Freedman (1967), other examples include Steiner (1963) and Wade & Schramm (1969).
- e. The estimated usefulness of the stimulus.

This last category brings forth another set of theories that attempted to explain the selection process. They will be called the uses and gratification theories\* and they reflect the functional approach in communication research.

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\* Taken from Davison, Boylan & Yu (1976.)

(b) Uses and Gratifications Theories

These theories maintain that "we will attend, perceive and remember information that is pleasurable so that it in some way will help to satisfy our needs. This information may or may not be in accord with our existing ideas, but we will attend to it if we expect it to be useful or think that it will give us satisfaction. Conversely, according to utility theory, if we expect a communication to be irrelevant or unpleasant, we will probably not expose ourselves to it. Or, if we are exposed anyway, we will disregard or forget it." (Davison, Boylan & Yu, 1976, p. 139).

Stephenson's pleasure theory of the mass media fits into this category as it maintains that we tend to learn that the act of reading, viewing or listening is pleasant in itself - other things being equal - and to develop habits of satisfying this pleasure.

One of the main problems in the uses and gratifications theories is specifying the needs and uses involved. Different strategies have been attempted to identify the uses and needs that communications help satisfy. They involved personal needs, needs instigated as a result of social situations, social pressures etc. Examples of such studies include Greenberg (1974); Chaffee & McLeod (1973); Katz Gurevitch & Haas (1973); Wiebe (1969-1970); Johnstone (1974); Turow (1974) and others.

Because the media attempted to gratify such a large variety of needs, it was found very difficult to specify them all. Still, two such attempts have been made by McQuail, Blumler & Brown (1972); and Katz, Gurevitch & Hass (1973). In general, the following list covers needs specified in both those attempts:

1. Cognitive needs that involve surveillance of the environment and which require the seeking and accumulation of information, knowledge and facts that might help in decision-making.
2. Affective needs. Ones dealing with emotions, aesthetics and the appreciation of the beautiful and extraordinary.
3. Individual psychological stability needs that cover such factors as confidence, reassurance, the ability to understand oneself and confer status, to feel important and to gain a sense of personal identity.
4. Personal vs. social relationships. The media create substitution for companionship and losing conversation. On the other hand, it might strengthen contact with families, friends and other people and produce topics for conversation.
5. Escapism needs, those that release tension, create a diversion from problems, helps in emotional release and change from routine life.

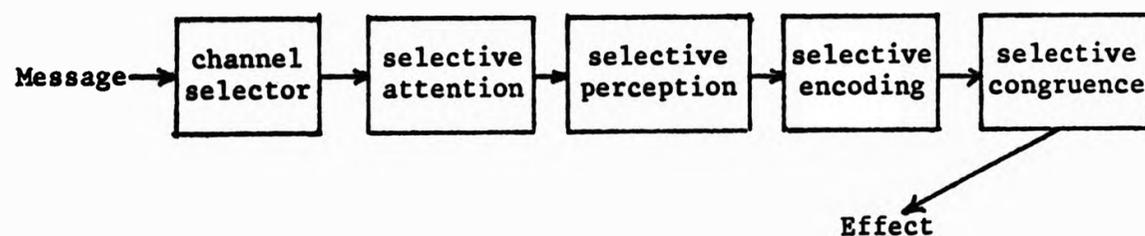
#### Conclusion

Selectivity plays a central role in the attention effect. Understanding the motivations behind it present practical applications for the designing of information and persuasion campaigns.

Research indicates that no single principle can fully explain the process of selectivity but that several aspects are involved at one time or another.

Whether because of availability, habit, consistency or utility attention, (exposure) to a communication is very likely to influence an individual or group in one way or another. Careful consideration of those variables might help create more successful campaigns.

At this point, another diagram might be useful:



### B. THE MAIN EFFECT

The previous Section described how selectivity plays a central role in shaping the final form in which the effect of a mass communication process emerges. Understanding the motivation behind this selectivity process might help investigators to design more effective programmes by carrying a more thorough analysis of the target audience under study.

However, general awareness, attention and perception are not the only dependent variables involved in a persuasive mass communication. A persuasive mass communication aims at modifying attitudes and behaviour. Considering attitudes only, there are the cognitive, affective and connative dimensions involved.

What do we know about the different approaches that attempt to explain the persuasive communication process in relation to attitudes and behaviour change?

Several theoretical formulations can be found in the literature, some under the classification of theories of mass communication. However, the theoretical conceptualizations that have been developed cannot be categorized exclusively under the above title. As the field of mass communications is a borrowing one, the conceptualizations related to it are heavily dependent on the theories of social psychology and sociology, even though some writers have focused on selected lines of theoretical development.

Melvin De Fleur, in his book "<sup>Contemporary</sup> Theories of Mass Communications", presented a very thorough analysis of the theoretical aspects of this field. A large proportion of this work is based on his analysis.

Another point that has to be cleared up is the inter-relationship of the theories explaining the motivation

behind the "Attention Effect" and those explaining the "Main Effect".

Although, at a first glance through the literature, the theories might seem different, a more thorough examination shows that they are all based on the same basic principles. Consistency theories, functional theories are employed to explain selectivity as well as attitude and behaviour change. However, in the latter case, they are usually found grouped under the two schools of learning and group dynamics. The theories, in fact, are employed to complement each other in explaining the total communication process.

This section will examine some of the conceptualizations and theories explaining attitude and behaviour change and their application to the mass communication process and the study of mass communication effects.

#### I. THE CLASSICAL ATTITUDE CHANGE APPROACH

This theoretical orientation can be found in the literature under several other categorizations. Its approach covers the known school of communication and attitude change exemplified by Carl Hovland and his associates of the Yale Institute of Communication Research. Among those who have also brought this conceptualization to bear creatively upon attitude change problems are also Donald Campbell (1963) and Norman Anderson (1959, 1962). This approach has also been called "the individual differences theory" (De Fleur, 1972) and "the learning paradigm theory: (McGuire, 1973).

It is based on the Learning Theory approach, the S-R formulation. Persuasion, here, is treated as a learning process. The substance of this orientation is to predict that any

communication variable will be related to attitude change as it is related to learning. Any communication that enhances learning will also enhance attitude change. The assumptions underlying this approach as explained by Zimbardo & Ebbesen (1970) are:-

- i) Man is a rational information-processing organism who, if motivated, would attend to a communication, learn its content, and if this learning is rewarding, would respond (verbally or otherwise) accordingly.
- ii) The human individual is made up from some inherited mechanisms but mostly from the environment that surrounds him, thus creating differential learning. As a result of these learning environments, he acquires a set of values, beliefs, attitudes, that constitute his personal psychological makeup, which can also be called his personality structure.
- iii) Experimental research in human perception had revealed that these acquired values, attitudes and beliefs, etc., play a very influential role in how the individual selects and perceives stimuli from his environment. They do not only influence what stimuli he attends to, but also how he perceives them, explains them and categorizes them into his own frame-of-reference.

Therefore, individuals with different personality structures, which have been formed on the basis of their learned environmental acquisition of certain values, attitudes, etc., would perceive communications differently. As a result of this, it can be suggested that selective individual attention and perception, which depend on one's psychological makeup, had become intervening psychological mechanisms

that could be entered into the S-R formulation in an attempt to explain differential responses.

It has to be noted here, though briefly, that another conceptualization reflecting the same approach but based on a different explanation to the persuasion process is what has been called the categorizing paradigm (McGuire 1973). This formulation is originally based on the perceptual theory approach to attitude change as exemplified by Asch (1948, 1952).

It basically contends that the persuasion process involves not simply the changing of the recipient's opinion about a given object, but rather his perception of the object that he is giving his opinion about. Therefore, it can be argued that the perceptual approach stresses upon the recipient in a communication process while the learning approach is more involved with the actual "change". However, though the reasons differ, the same predictions are usually made.

Proponents of this approach are social-judgment theorists, such as Muzafa & Carolyn Sherif (1965).

In contrast to the learning theorists who look upon attitude change as a consequence of conditioning a new evaluative response to an old stimulus, theorists of this approach look upon persuasion as involving a shifting of the individual's perception of the stimulus under evaluation.

## II. THE SOCIAL CATEGORIES APPROACH

In attempting to design effective mass persuasive communications, mass media investigators have found it very difficult to take into account all individual psychological variables and all the individual predispositions. It was

necessary to find a simpler way of classifying audiences so that their responses to communication could more easily be predicted. With the development of survey research, it was discovered that college students had different media tastes from non-college people, men from women, poor from well-to-do, children from adolescents and adults, and so forth. In addition to this, researchers found that people who held certain clusters of attitudes, or beliefs would respond differently from others. (Lazarsfeld, 1948).

So another conceptualization regarding the effectiveness of mass communications developed. This conceptualization overlaps with the Individual Differences theory, but stems from a sociological discipline. De Fleur named this formulation "The Social Categories Theory". He explained that its main propositions were as follows:

"There are broad collectivities, aggregates or social categories in urban industrial societies, whose behaviour in the face of a given set of stimuli is more or less uniform. Such characteristics as age, sex, income level, educational attainment, rural-urban residence or religious affiliation." (De Fleur, 1972, p. 122).

Other researchers who examined this conceptualization are Lazarsfeld, (1948) & Schramm (1973)<sup>1</sup>.

The approach is a sociological one. The hypothesis states that, in spite of the heterogeneity of modern society, people who have a number of similar characteristics will have similar "folkways". These similar modes of orientation will relate them in fairly uniform manner, and they will respond in roughly equal ways.

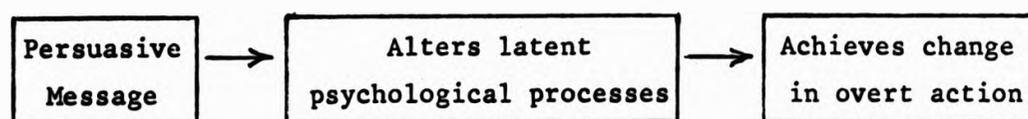
Both approaches, the Individual differences formulation and the Social Categories formulation, represent modifications of the original mechanistic S-R theory, substituting on the

one hand, latent psychological processes, and on the other, uniformities within social categories, as intervening variables between communication stimuli and responses.

#### Persuasion Model I

The crux of these theoretical formulations is that for a persuasive message to be effective, it has to be designed in such a way that it becomes capable of altering the psychological structures of an individual so that he would be induced to respond overtly towards the aspect of persuasion in the direction intended by the communicator (De Fleur, 1972). Put in other words, the basic assumption underlying this process is that, by modifying the internal psychological structure of the individual, the relationship between attitudes, values, motivation etc., and consequent overt behaviour, will be as intended by the persuader.

De Fleur has named this model of persuasion the "psychodynamic model", and has been portrayed by him in simple graphic terms as follows:-



This model has been backed by impressive experimental evidence. (Hovland, Lumsdaine & Sheffield, 1949; Hovland & Weiss, 1951) plus others.

Still, this model does have its weak points:

- (a) The researchers who employed this strategy sometimes make unrealistic assumptions, for example, some experimentalists have been willing to assume that if their communication

was able to demonstrate change in information or attitudes, then patterns of overt behaviour would be correspondingly changed. As discussed earlier, this is not necessarily true.

- (b) There are a number of contradictory findings in experiments using the "fear and threat appeal". The phenomenon has been referred to as the "Boomerang effect", yet this persuasion model cannot present a plausible explanation for it. Other approaches were found necessary.
- (c) It has to be accepted that incidental learning is always going on without the intent of the persuader (attitude change without persuasion.)
- (d) Klapper and several other researchers have always pointed out the importance of using other variables besides individual personality characteristics or social categories in developing theories of effects of the media. They all warned of the danger inherent in constructing simple cause-effect type of theory.

Bernard Berelson best portrayed this model when he attempted to summarize the field of mass communications as it existed in the late 1940's. He explained how the older theory of the "all powerful media", (the human tabula rasa), has been abandoned, and how other factors seemed to focus the research attention at the time.

"Now in the 1940's, a body of research is accumulating which provides some rediffused knowledge on the effect of communication on public opinion, and promises to provide a good deal more in the next year. But what has research contributed to the problem?.....

The proper answer to the problem, the answer that constitutes a useful formulation for research purposes is this: some kinds of communications, on some kinds of issues, brought to the attention of some kinds of people, under some kinds of conditions, have some kinds of effects."

(Berelson, 1954 p.345)

In other words:

Independent variables: messages on a given issue  
under known conditions,  
are Modified in their Impact on the.....

Dependent variable: effects,  
by....

Intervening variables: kinds of people. (ie. their  
individual differences, relevant  
psychological variables or  
social categories)

### III.THE COGNITIVE APPROACH

In contrast to the classical attitude change and social categories approaches, this approach is based on the school of group dynamics. It is exemplified by Kurt Lewin and the research from the Centre for Groups at the University of Michigan. Lewin developed the concepts of field theory and "life space" and is regarded as the pioneer in studies of group communication and group effects.

The basic propositions of this approach as summarized by Zimbardo & Ebbesen (1970) are as follows:

"Man is a social being who needs other people as a basis for:

- (a) self knowledge,
- (b) determining appropriate responses to environmental demands, and
- (c) channeling and regulating his current behaviour through the operation of group norms."

(p. 16 )

Scholars using this approach would be more likely to explain a persuasive process as it is based on an individual's cognitive and ego structure defenses, his images of reality, his learning by "insight" as well as by reinforcement of responses, his affiliation to membership groups and reference groups, his attachment to social norms and the effect of group participation and social role-playing on his final belief, attitude and decision (Schramm, 1973)<sup>2</sup>.

#### (i) Consistency Theories

One of the most influential contributions of the cognitive approach to the study of human communications has been the "consistency theories". Cognitive theorists such as Fritz Heider, Leon Festinger, Charles Osgood and Theodore Newcomb have developed models that explain attitude modifications in terms of a "strain towards balance" in the beliefs and emotions of the individual. It is a homeostatic model in the sense that a person tries to maintain a logical consistency in his cognitive and affective aspects. The concept of "strain toward cognitive balance", or "toward inner consistency" was first developed by Heider (1958). He maintained that an individual attempts to keep his sentiment regarding another individual consistent with their mutual liking or dislike for a third individual,

object or idea. Newcomb's A-B-X theory, illustrated by his diagrams, also calls for "strain toward symmetry" on the basis of Heider's propositions. Cartwright & Harary generalized Newcomb's model of symmetrical relationship to include any number of inter-relationships. (Newcomb, 1953; Cartwright & Harary, 1956).

Leon Festinger's "cognitive dissonance" theory explained such phenomena as why a person seeks further supporting information even after the behavioural act has occurred. Festinger argued that dissonance would act like a drive to motivate any kind of behaviour in order to reduce it. Osgood's "theory of congruity" attempted to bridge the gap between the experimental S-R theorists and the cognitive theorists concept of drive. The theory of "congruity" was developed on the basis of the findings that individuals tend to balance their attitudes towards the communicator of a message with the attitudes towards the message itself.

Although group dynamics theories have proved to be a useful and sometimes effective way of explaining and predicting communication behaviour and effect, both in relation to the main effects of beliefs, attitude and the preliminary effects of selectivity in exposure, perception and retention, they are not without some weaknesses.

Consistency theories have been criticized on both methodological grounds and on the basis of some structural flaws. For instance, one difficulty in relation to dissonance theory is its failure to specify exactly the cognitive elements of relevance in a given situation. It is therefore left to the investigator's intuition to figure out and select the relevant elements. Some investigators may employ measures of beliefs, others of attitudes etc.

The attack and counter-attack on consistency theories cover an extensive literature and it is beyond the scope of this study to deal with it justifiably. However, a critical analysis can be found in Tannenbaum (1968), Kiesler, Collins & Miller (1969).

In the majority of cases, researchers do not take an extreme position in choosing one school vs. the other\* for their analysis. As a matter of fact, both schools share many concepts and it will be the policy in this study, as in many communication studies, to select useful elements from both. (A model of communication effect, applying concepts from both schools, will be discussed in the next section while discussing the conditions upon which mass communications can have direct effects).

The above theories apply to the explanation of communications in general. However, there are some theories or pre-theories which have developed specifically on the basis of the study of mass communications. Although their conceptual basis is dependant on the schools discussed, their applications are more involved with mass media channels.

#### (ii) The Two step Flow of Communication

Another elaboration of the cognitive approach to the study of mass communication effects is what has been known in research as the "Personal Influence" of effects. (Katz & Lazarsfeld, 1955).

This has been discovered almost by accident and is more related to mass media research than simple communication studies. Katz & Lazarsfeld (1955) said, "until very recently, the image of society in the minds of most

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\*i.e. the S-R learning theory approach vs the cognitive theory approach.

students of communication was of the atomized individuals, connected with the mass media, but not with one another. Society - 'the audience' - was conceived of as aggregates of age, sex, social class and the like, but little thought was given to the relationship implied thereby to more informal relationships". (p. 15 )

This aspect of informal relationships was actually first presented in a study in the 1940's involving an elaborate research design to find the impact of voters of that year's mass communication Presidential election, done by Lazarsfeld, Berelson & Gaudet.

These and other similar findings proclaimed the recognition of the fact that informal social relationships played a significant role in modifying the way an individual responds to a given message, passed to him through the mass media.

A lot of research was carried<sup>out</sup> after this finding. Some found that people whose first-hand exposure to the media was limited actually got their information from other people, who got it first-hand. The latter group were called "opinion leaders". Even more research developed from here to discover more about the characteristics of those opinion leaders.

The important point to note here is that this research was beginning to suggest that there was a kind of movement of information through two basic stages:

1. Information moved from the media to well-informed individuals who attend to mass communications first-hand.
2. It moved from those persons through interpersonal channels to individuals who had less direct exposure to the media, and who depended upon others for

their information.

This kind of communication process was termed the two-step flow of communication. At the same time, study of rural sociology showed farmers' informal relationships played a vital role in determining his propensity to adopt a certain agricultural innovation.

The recognition of convergence of theory between the students of mass communication and students of rural sociology (who were studying the diffusion of farm technology) stimulated a surge of interest in the diffusion and adoption process of innovations, insofar as it was connected with the mass communication process. A vast amount of literature can be cited in relation to this concept of the diffusion of innovations, of which Rogers (1962) has a cumulative review. Other examples include Katz (1955); Lazarsfeld (1948); and more recently Rogers & Shoemaker (1971); De Fleur (1972) .

Most researches now are inclined toward a multi-step flow model by which to study diffusion of information or decision making. It is accepted that there might exist, in a communication situation, numerous Opinion Leaders who themselves, under certain conditions, sometimes turn to others for information (role reversals) before a final decision is made.

However, there are situations where the links between the communicator and the recipient are direct. One example is information about major news events, where little or no decision-making is involved. (Deutschmann & Danielson, 1960).

(iii) The Cultural Norms Theory \*

This is a further elaboration of the Group Dynamics approach, specifically in relation to mass communications. Its formulation as a theory as such has received little attention, even though it has been implicit in the writing of mass communication for a long time. De Fleur (1972) was the first to categorize it as a theory and most of the explanation as to how to integrate this category was done by him. His definition of the theory as it stands is that it essentially postulates that "the mass media, through selective presentations, and emphasis of certain themes, create impressions amongst their audiences that common cultural norms concerning the emphasized topic are structured or defined in some specific way. Since individual behaviour is usually guided by cultural norms (or the actor's impression of what norms are), with respect to a given topic or situation, the media would then serve indirectly to influence conduct." (p. 129).

He adds that, in social psychological terms, it can be said that the media present a "definition of the situation", which the audience believe to be real. Moreover, this definition presents a sort of guidance for action which appears to be approved and supported by society. This conduct is, therefore, indirectly shaped by exposure to communications.

De Fleur states that there are at least 3 ways in which the media can (potentially) influence norms and the definition of the situation for the individual:

1. Mass communication content can reinforce existing patterns. People are thus made to believe that the social norms that exist are

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\*Title and analysis by De Fleur (1972).

still maintained by society. For example, it seems that the media generally avoid posing serious challenges to fundamentals of values, like supporting blasphemy or political anarchy. Lazarsfeld and Merton, in a frequently cited essay, declared that the media tend to reinforce the status quo rather than create new norms of significance or change deeply institutionalized patterns. (Lazarsfeld & Merton 1948).

2. The media can create new shared convictions with respect to topics with which the public has had little prior experience. It thus can sometimes stimulate a new form of behaviour that receives widespread approval thus creating new cultural norms.
3. They can change existing norms and so convert people from one form of behaviour to another. This is a controversial point, for there is considerable research evidence that argues that the media alone are not capable of changing behaviour. See for instance researchers such as Klapper(1960); McGuire(1969) and others.

(This controversy about the capability of the media to convert will be discussed thoroughly later.)

Overall, the cultural norms theory remains one of the least tested, most controversial and potentially most significant of contemporary theories of mass communication. (De Fleur, 1972)

Persuasion Model 2: How can those three elaborations of the group dynamics approach explain the persuasion process?

A combination of all the elaborations of the group dynamic approach, the consistency aspect, the informal communication aspect and the cultural norms aspect can form a persuasion model that is, in my opinion, a better explanatory model of the persuasion process.

It can be stated briefly that, in this situation, the instrument of change is a group norm discrepant with the individuals attitude or behaviour, a norm which may be communicated informally. The agent of change on the other hand would be pressure towards uniformity within a group coupled with the need to be accepted in the group, or a fear of being rejected from it; De Fleur called this model the "Socio-Cultural model". This persuasion model is based on his analysis. He explained that little systematic theory has emerged from experimental research on persuasion using those variables as a basis for appeals in the persuasive communication. Though these social and cultural variables have always been recognised as existing, their incorporation into messages designed to persuade received little attention. The reason could be the great significance given to the individual as the sole decider of his fate, (Hovland's approach). In fact, the social and cultural variables were in some research regarded as obstacles to achieving persuasion, as in Hyman & Sheatsley (1947)

Still, a considerable amount of research has been done on socio-cultural variables as the source from which the individual derives interpretations of reality, as well as being significant forms of social control. Examples in this case are Asch, 1958; Newcombe, 1955; Gordon, 1952; and others. All those studies point to the fact that such variables as

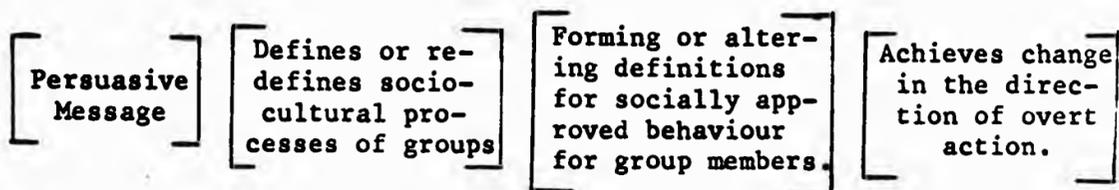
primary group norms, organizational membership, reference groups, work roles and cultural norms can play a vital part in the forming, shaping and channeling of overt action in ways that are, to some extent, uninfluenced by internal psychological pre-dispositions. It must be noted that behaviour patterns of a given individual can seldom be accurately interpreted on the basis of individual psychological variables as it is obvious the individual is acting in a social context and not in a vacuum. To explain, predict or manipulate such behaviour, reference must be made to:

- a) Culturally defined or shared values;
- b) Roles;
- c) Expectations and beliefs;
- d) Social controls;
- e) Social norms.

All of those aspects surround the action of an individual and should be effectively understood.

It is explained by De Fleur, that even in cases where the individual's predispositions run contrary to the action suggested, it may be possible to obtain compliance by suggesting to the individual a set of social and cultural constraints, to which he feels compelled to conform (specifically, if he has not yet formulated strong psychological pre-dispositions one way or the other towards the object of persuasion). He added, "in such a case, he would hold few group-derived definitions of appropriate action towards it. Under such conditions, suggested definitions would pose little social or psychological conflict in following the modes of action prescribed

by the communicator", (p.146). In graphic terms DeFleur's model is:



Therefore, 'reality' in this context is defined and interpreted within social frameworks. This generalization has often been called the "reality principle", and the interactional process by which such a definition is achieved is called "consensus validation". These two concepts are relevant to the present conceptualization in that it is suggested that "the persuasive messages presented via the media may provide the appearance of consensus with respect to a given object or goal of persuasion." (p.147). De Fleur stressed further that this can be used in persuasion strategy. With skillful use of the media, therefore, plus the use of social norms, roles and social controls, in real ways, a campaign can be made successful.

Before an attempt is made to evaluate those theories, it is perhaps of significance to mention some other theories that are relevant to mass communications - very briefly.

Of course there exists the "functional approach" to the study of media effects which has been discussed under the attention effect section. However, it can be similarly applied to the explanation of the Main Effect.

Marshall McLuhan's "The Medium is the Message" has generated a new concept of mass communication and produced considerable controversy because of its alleged

looseness and highly intuitive - even mystical - origin. Some scholars have misinterpreted "the Medium is the Message" to mean that the messages that the media hold are insignificant. This is not wholly true. "The Medium is the Message" means in the broadest sense that all forms of media in all ages contain messages for both their present generations and for posterity. McLuhan visualizes societies now at the interface of two cultures - print and electronic - trying to treat new and radical developments with old tools and print technology: "looking forward through a rearview mirror." With this view and the emergence of his Cool and Hot media, McLuhan's theories are specifically based on the electronic revolution. He maintains that the form of the medium itself, has greater effect on society than the messages it contains. This is not to discount the effect of the content, but rather to emphasize the effect of the long-term, often overlooked, media forms.

Finally, Stephenson's "Play Theory", which is also the most recent (1967) is significant for several reasons. Starting from complex Q-Sort methodology, he presents empirical evidence of the relationship between the mass media, mass audiences and the entertainment function. This made him give firm support to the notion of consumer as producer: "In my view, mass communications is better understood as being manipulated subjectively by its audiences who thoroughly enjoyed what they are being offered for the first <sup>time</sup> in man's history." Only in this Play theory do we find such a close association between entertainment and affluence, and by inference, the advertising that pursues affluence. However, Stephenson's greatest contribution, perhaps, is the distinction, hinted at by others of two different forms of persuasion, one of which he identifies as "social control". This kind of persuasion associated with politics and public

opinion change is said to have its basis in one's deepest beliefs and attitudes that are difficult to change. The other form of persuasion Stephenson called "convergent selectivity" on the part of the individuals, which is in fact the perception of a message by an individual to have nothing of substance at stake, thus as no basic rules are involved, the members of the audience feel free to indulge themselves. The weakness of Stephenson's theory is his partial exclusion of information as a major factor in mass communication.

#### Conclusion

There are a number of problems associated with most of the conceptualizations and theories discussed, especially in their relationship to mass communication effects: De Fleur suggested two:

1. Media researchers seemed to have lost interest in some of those conceptualizations altogether and they are at a standstill as far as further development is concerned.
2. Those formulations (if considered within a framework of more rigorous criteria) can be made into real theories. This is not to discount their validity, but they need to be completely rewritten as systematic sets of propositions that show, in logical reasoning terms, just what is supposed to be related to what in terms of independent and dependent variables.

He added that:

There is a serious gap between what we think we know about how mass communication effects occur, and a rigorous set of theoretical formulations that specify how they actually work.

De Fleur suggested that one obvious approach to theory is to combine all the elaborations presented of the attitude change approach and the group dynamics approach.

"Such an integrated theory would recognize that the effects of a given mass communication message, sent over a given channel, will depend upon a large number of psychological characteristics and social category similarities among the members of the audience, these effects will, in turn depend upon the kind of social groups within which these people are acting and the relationship which they have with specific types of people within them. They will also depend upon the social norms that prevail among such groups in reality as well as upon the definitions of the situation which the communicated messages are about to suggest. Perhaps when it is possible to pin-point some of those variables in detail, a truly developed theory of mass communication can evolve."

(p. 153).

This presentation has attempted to show the basic relationship between the theoretical development of the social and psychological sciences, and the more specific formulations that have emerged from mass communication research concerning the effects of the media. The psychologists gave up the idea of the mechanistic theory of mass communication, which postulated uniform response to communication stimuli & the "Bullet theory", to the idea of individual differences in response to the mass media. At the same time, sociologists identified behavioural uniformities among significant social categories as well as "primary groups" in what was known as a strictly "mass society". This led to the acceptance of the significance of informal relationship in mass communication research. Finally, De Fleur's recognition of the importance of the place of social norms in human life, especially in their relation to media communication, although they have been central to sociological and anthropological theory for some time.

### C. A MODEL OF COMMUNICATION EFFECTS

One of the early models portraying how a communication can have and create differential effects was suggested by Dorwin Cartwright (1949) in his paper "Principles of Mass Persuasion". Although it is one of the most useful models available in communication research, it is a wholly rational model, emphasizing total rational decision-making. It does not account for irrational behaviour and pays little attention to social pressures and cultural norms in which action takes place. It is an explanatory rather than a descriptive model.

Another model, partly based on Cartwright's principles, was suggested by Schramm (1973)<sup>2</sup>. However, Schramm's model of how communication can have an effect is malleable, and allows for the combination of all possible elements involved in addition to reference to the different schools of thought.

The levels of the components of mass communication effects have been described in Chapter III. As it was emphasized there, those levels represent hypothetical steps in effects that help a communicator to understand and evaluate a campaign. The levels do not necessarily happen in a specific hierarchy (see Section D); they are not necessary for each other or sufficient on their own. This section elaborates on those levels with the additional theoretical background and the different schools of thought discussed earlier.

The following is a summary of Schramm's (1973)<sup>2</sup> model as described in pps. 200 - 210.

### 1. The Attention Effect

Before anything else can happen, a message must capture and sustain the attention of the receiver. For this to occur, the message must be able to overcome all the motivational aspects behind "selectivity" (as described earlier).

### 2. The Main Effect

- i) "If there is to be change through communication, something must be learned: some new element must be introduced into the cognitive structure".

The new element may be:

- a) A different image of the situation.
- b) A new motivation to act in a specific way.
- c) New information on how to satisfy an existing motivation or need.
- d) Social pressure and control; cultural norms and expectations.
- e) Dissonant information that causes enough discord to encourage its revision, and so on.

Neither learning theory nor cognitive theory has any monopoly on the patterns for getting the new information introduced.

To maximize the effectiveness, the communicator has to balance carefully all the variables involved in the communication process: the channel used, the acceptability of the source, the organization of the message and type of appeal as related to the audience under study.

- ii) "How the new information is processed will depend on how it fits into the present cognitive structure."

Although one school might talk about cognitive structure while the other about attitudes and beliefs, or learned responses or motivation, there is basically no essential difference between them regarding communication effects.

Schramm listed some basic principles for processing new information:

- a) Other things being equal, the more unfamiliar the information, the less change will be required in the existing cognitive structure, and therefore, the more likely it will be accepted.
- b) If the new information does not seriously challenge existing positions and beliefs, but simply confirms, clarifies or enlarges upon them, the more likely it will be accepted.
- c) If the new information suggests only a 'slight' change that requires no basic reorganization, or reconsideration, of strongly held positions, again, it is more likely to be accepted. This is what Lazarsfeld & Merton (1948) called "Canalization" of attitude: channeling existing motivation into slightly differing ones.
- d) If the new element outwardly challenges deeply held beliefs, a number of things might happen. It might be rejected outright, or maybe distorted, misperceived, but it might also be able to combat the strong defenses and be eventually accepted.

To sum up, if a new element of information is visualized as interesting and reasonably credible, and if it fits into the cognitive structure of the individual without encountering strong existing beliefs and attitudes, thus simply confirming, clarifying, extending or slightly canalizing a part of the individual's cognitive holdings, the probability of its being accepted is high.

However, if it challenges the cognitive structure centrally, whereby all the ego defenses are aroused, there is a bigger chance of rejection or distortion to fit versus acceptance.

iii) "If there is to be significant change in strongly-held positions, a person must accept a significantly different view of the situation in which he is operating."

The fact that some atheists have been converted, some smokers have stopped smoking and some conservatives have turned radical exists.

However, for something like this to happen, something must have roused a drive or motivation sufficient to overpower the defenses, enough to trigger the accumulated pressure for change. What can that something be? Fear, emotional attachment, unbearable social pressure, social and culturally defined normative expectations - it all depends on the individual and the communication situation.

Schramm stresses that the introduction of some new information, credible enough to be accepted, not strong enough to be rejected out of hand, inconsistent with existing positions and thus uncomfortable to live with without the change of present beliefs and attitudes to bring harmony and balance is possible in some cases.

### 3. The Action Effect

For a communication to trigger off an action:

- a) A goal (e.g. satisfying needs) should be made apparent and some incentive to take action made active. It is essential, though, that the actions fit an accepted cognitive goal of the individual.
- b) If possible, an action should be seen to satisfy more than one goal.
- c) The easiest, cheapest and most attractive path to the goal should be pointed out.
- d) The path for action should be made direct, clear and specific and a motivational structure aroused to act immediately

These steps help clarify how a communication can have an effect.

Cartwright's, Schramm's and other communication models are examples of attempts at applying the relevant theories in the field of persuasion to explain how mass communications affect behaviour. These models assume that "behavioural change" is not an instantaneous or random event, and they attempt to specify the "antecedents" of change hoping that such specifications may result in a better understanding of persuasive communications, and therefore help in the design of more effective persuasive campaigns.

In the following section, we shall discuss how there is a controversy over those "antecedents" of change and their applicability to designing campaigns.

#### D. THE HIERARCHY OF EFFECTS

In communication research, the application of theoretical conceptualizations to the planning of effective campaigns is not always a clear-cut matter.

The question as to which constructs in a theory are the most relevant, which variables play the central role, in what ways are they inter-related and how to use them in the evaluation of a campaign presents a number of problems.

Put in other words, in a specific persuasive communication situation, does learning precede attitude change, which is then followed by overt behavioural action? Or, does overt action take place first, which then enforces a consistency in attitudes, and trigger information-seeking to justify it? Or, is learning followed by behavioural action, while attitude change depends on the evaluation of the consequences of this action?

The question of the hierarchy of effects exemplifies the search, trying to find a practical solution for planning and evaluating a campaign from a highly complex behavioural phenomenon.

The basic hierarchy of effects model consists of a sequence of mental stages or levels, which an individual is hypothesised to experience during a persuasive communication.

Use of the hierarchy of effects can best be understood in the context of the total flow of communication decisions when planning a campaign. A campaign designer will not only set out his overall goals and determine how the communication will attempt to achieve that goal, but he might also want to show how each element of the communication will be used. While the overall purpose of a campaign may be the final

overt behavioural action, like increase in sales, voting, stopping smoking, etc., the goal of each communication element is less spectacular, but important in its own right.

The point is, a communication always has an effect in terms of a specific level of response. The sequence of those levels differs from the simple to the more complex, or vice versa, in accordance with the differing schools discussed above. The question as to which hierarchy is the correct one to be used in a particular communication has not yet been fully resolved. However, Ray (1973), who carried out a thorough experimental study on this problem showed that there are certain conditions (variables) in a communication situation which make the application of one hierarchy vs. another more relevant for a particular study.

Ray (1973) maintained that the majority of research seemed to indicate the presence of three-order hierarchy models:

1. The Learning Hierarchy:

Here, the cognitive stage precedes the affective which precedes the connative.

cognitive - affective - connative

2. The Dissonance-Attribution Hierarchy:

Here, the connative stage precedes the affective, which is then followed by the cognitive.

connative - affective - cognitive

3. The Low-Involvement Hierarchy:

Here, the cognitive stage precedes the connative stage, which precedes the affective stage.

cognitive - connative - affective

Each of those models was supported by theory and empirical evidence. For a discussion of modified models, see Robertson(1971).

Ray (1973) argued that his experimental research pointed out that the decision as to which communication model is relevant depends mostly on a combination of three factors:

- (a) involvement
- (b) differentiation of alternatives
- and (c) communication source

The testing of this hypothesis was based on rather elaborate laboratory experiments where subjects were brought in under the cover story of evaluating "Shopping of the Future" situations, shown a stream of advertisements on a television screen and then measurements were taken of their positions after exposure.

Ray maintained that this laboratory technique provided optimal arrangements for examining the three-orders model because, "the technique has multiple measurement, repetitive exposure and the opportunity to vary conditions enough to observe the various hierarchical patterns. At the same time, the materials are viewed in an unbiased way by use of a cover story and other procedures which disguise the purpose of the experiments until debriefing. In addition, the conditions of viewing are quite natural for a laboratory experiment; the viewing room is made into an "in-home" environment, several people are viewing at any given time, and there are noises and distractions common to ordinary viewing. Instructions also discourage respondents from paying any more than ordinary attention to the advertisements and commercials." (p. 157).

A brief description of how those three-order models have been used in practical research, plus Ray's analysis of the conditions involved, will help clarify how theory can

be applied in the planning and evaluation of campaigns.

### I. THE LEARNING HIERARCHY

This is the one propagating a stairstep progression by learning, followed by attitude change and finally leading to behavioural change. The original students of this model in marketing communication, Lavidge & Steiner (1961), presented a detailed diagram to exemplify the hierarchy and its applications for adoption in advertising research.

#### Advertising and Advertising Research Related to the Model

Related Behavioural Dimensions	Movement towards Purchase	Examples of types of promotion or advertising relevant to various steps.	Examples of research approaches related to steps of greatest applicability
<u>CONATIVE</u> the realm of motives. Ads. stimulate or direct desires	Purchase	Point-of-purchase. Retail store ads. Deals. "Last chance" offers	Market or sales test. Split-run tests.
	Conviction	Price appeals. Testimonials.	Intention to purchase. Projective techniques.
<u>AFFECTIVE</u> the realm of emotions. Ads. change attitudes and feelings.	Preference	Competitive Ads. Argumentative copy. Image Ads.	Rank order of preference for brands. Rating scales. Image measurements, including check lists & semantic differentials. Projective techniques.
	Liking	Status, glamour appeals.	
<u>COGNITIVE</u> the realm of thoughts. Ads. provide information and thoughts.	Knowledge	Announcements. Descriptive copy. Classified Ads. Slogans. Jingles. Sky writing. Teaser campaigns.	Information questions. Play back analyses. Brand awareness surveys.
	Awareness		Aided recall.

Lavidge & Steiner (1961) p. 61

According to this model, Lavidge & Steiner explained that, for an advertising campaign to be successful, the campaigners have to look into functions of advertising so as to account for the problem faced in evaluation of the programme. These could include:

1. Determine what steps are most critical in a particular case: that is, what the steps leading to purchase are for most consumers.
2. Determine how many people are at the moment on which step.
3. Determine which people on which steps it is most important to reach. (p. 61)

The extent of the success of advertising can then be evaluated by moving the particular "target" audiences up those critical purchase steps.

This viewpoint of the hierarchy of effects has become widely used in advertising circles for many years. The wording of the process differed, but the general basis of the model remained. Examples included such models as the acronym AIDA, standing for Attention, Interest, Desire and Action. (Sandage & Vernon, 1963); awareness, acceptance, preference, intention to buy and provocation of sale (Wolf, Brown & Thomson, 1962); awareness, comprehension, conviction and action (Coley, 1961), etc.

McGuire's six behavioural steps of persuasion are another example of this hierarchical model. McGuire (1968) bases this model on a learning-behaviouristic approach to explain persuasion.

However, McGuire still argued that this learning-behaviouristic approach does not necessarily explain all communications

(McGuire, 1968, 1973). There are conditions which make this strategy plausible and they basically are involvement in the topic being propagated, and the clear differences between alternatives. Ray also found that this hierarchical model usually occurs when there is "high involvement" in the object of change and when there are several alternative choices still available.

For example, research on the diffusion of new products and innovations illustrates the conditions whereby the audiences are very interested in the new ideas involved, and the products or ideas provide clear alternatives. Under such conditions of high involvement and clear differences between alternatives, the audience members might first become aware, then develop interest, make evaluations, try and adopt - the adoption process hierarchy (Ray, 1973).

Obviously, there are exceptions to this hierarchy in the adoption process, especially when the availability of mass media sources vary. (Robertson, 1971; Rogers & Shoemaker, 1971; Palda, 1966).

In a marketing communication situation, the stress lies mainly on a mass media information source. However, when the source becomes "personal" and not media, the argument moves towards another type of hierarchy: the dissonance attribution hierarchy.

## II. THE DISSONANCE ATTRIBUTION HIERARCHY

This hierarchy is the exact opposite of the learning one, and it reflects the theoretical implications of cognitive psychology, specifically dissonance and attribution theories. The model explains the situation where behaviour occurs first; it is then followed by attitude change, which then triggers learning.

It is assumed that, under some circumstances, an individual might behave in a specific way, then he would start justifying his action by liking the way he has behaved; this further leads to learning more about this specific behaviour choice so as to defend it. It is further argued that the individual in the first place might depend on personal sources for choosing such an action, then he would seek media information to bolster it. Dissonance and attribution theorists would argue that the individual's action is followed by positive evaluations and information, to reduce possible dissonance.

Ray's (1973) findings point out that this hierarchical model occurs again when there is a high involvement in the object of change but when the alternatives available for another choice are indistinguishable. In actual fact, the alternatives hardly exist, as the individual has already committed himself to a specific direction. Ray further found that personal sources of information play a more important role than the media in this hierarchy.

For example, a consumer makes a choice on the basis of some personal source. Then he or she modifies attitude to bolster the choice, often on the basis of experience with the chosen alternative. Finally, selective learning occurs, sometimes from a media source, to further support the choice.

Although it can be argued that the mass media can have an effect in promoting the original behavioural choice and attitude modification, both dissonance and attribution theorists contend that, in the majority of cases, the main mass media effect is in terms of reducing dissonance or providing information for attribution or self-perception - after behaviour and attitude change has occurred.

### III. THE LOW INVOLVEMENT HIERARCHY

Krugman's (1965) studies about "learning without involvement" are probably regarded as a breakthrough in advertising research and are the basis for this hierarchy. Krugman argued that televised advertisements raised no defenses in their viewers, so their involvement in them is low. Learning therefore could occur after numerous repetitions of the ads., as no human barriers are raised before the communications. As a result of this stage, the viewer might find himself buying a product, the characteristics of which he has been hearing about. An opinion is eventually formed after experience with the product. So, television advertising would affect purchase decisions by only altering recall and perception of products, not the attitude; this is formed after purchase. Krugman is therefore mainly responsible for the organization of this hierarchy, the cognitive-connative-affective model.

Ray (1973) explained that this hierarchy usually occurs when there are minimal differences between alternatives, or more precisely, when low involvement makes the actual difference unimportant. He further stressed that this low involvement model is not restricted to consumer goods, but to a number of other social acts and in some cases even voting behaviour.

Therefore, if a designer of a campaign is concerned about which hierarchy best describes the elements of effectiveness of his study, it would be helpful to ask three questions about his campaign:

1. How involving is the topic of his campaign?
2. Is there a clear cut differentiation of behaviour alternatives available?
3. Does his audience depend more on the media or personal sources for their information?

Ray (1973) suggested that the three different hierarchies depend upon a particular combination of involvement, differentiation of alternatives and communication source. His experimental findings show that involvement seems to explain the hierarchy-of-effects more clearly than any other mediating variable. The argument goes that, under high involvement, the learning or dissonance-attribution hierarchy is most probable, otherwise - as the name indicates - the low-involvement hierarchy should occur.

The source of information, whether media or personal (although very difficult to pinpoint) helps in the decision as to whether the learning or dissonance-attribution hierarchy best explains the situation. However this mediating variable was not found to give definite clear results as the involvement variable. The differentiation of alternatives variable might also help to distinguish between a learning hierarchy or a dissonance-attribution one; but again, there was no consistent evidence to back this proposition. Ray explained that, in a laboratory situation, it is possible to examine those situations which depend mainly on mass media communication.

However, the only research setting that could produce anything like dissonance attribution results, and where personal influence is involved, seems to lie in the use of field experimentation.

Let us take Ray's suggestions about the variables that help predict the form of the hierarchy-of-effects one step further.

Supposing, as a result of a thorough knowledge beforehand of the target audience's position in relation to the topic of campaign (using Ray's variables of involvement, differentiation of alternatives and media use), the researcher has a general idea of what hierarchy-of-effects to expect. Depending on this hierarchy, it can be assumed that differ-

erent communication models or approaches would be needed to enhance the effectiveness of the campaign.

Let us present hypothetical situations of how this can be made useful in the planning of a campaign approach.

1. If a researcher finds that his audience is highly involved in the topic of the campaign and they are not committed in any way (i.e. they did not take overt action yet and have several alternatives in front of them); and they trust the medium source of information (e.g. t.v. reports), then the campaign approach should be based on the learning-hierarchy-of-effects strategy. For example, the audience should first be made more aware and familiar about the topic with a lot of information, the pace should then be increased to precipitate attitude change, then the relevant motivations, rewards and pathways clarified to push towards action.
2. If the researcher finds that his audience is again highly involved in the topic, but they are already committed (i.e., they have taken overt action and cannot choose alternative pathways), and that this choice has probably occurred as a result of a personal communication, then the campaign approach should use the Dissonance-hierarchy-of-effects strategy. One way is to first of all highlight deviance in relation to social norms, i.e., make the subjects feel that their choice does not correspond with the social and cultural norms existing in the society, thus starting dissonance. This should then be followed with a flow of information to help reduce this dissonance and then a portrayal of the motivation and rewards for a different type of action.

3. If the researcher realizes that the target audience is not involved at all in the topic of the campaign (like a new soap brand), and that they use and trust the medium source and, although they have made another commitment it is not binding (for it is not important), then the campaign approach used should be the low-involvement hierarchy strategy. For example, first, the campaigner can attempt to make the audience aware and familiar with the brand by introducing a lot of information in the media. Then, the campaigner can start at setting up the rewards and presenting the motivation for such a choice of action. Attitude change usually happens in this case after action. To guarantee a continuous level of sales, the campaigner might develop two strategies. One is to keep on the pressure and information flow for the product to be bought. Assuming that the attitude after buying the produce was not favourable enough, the second strategy should be to push the conformity or deviance to social norms approach discussed in the previous point, and then continue from there.

This last point shows us that there are no boundaries between one approach and another. The researcher has to take into account all the possible reactions and work accordingly. Moreover, these examples are simplifications of how things work in real life, but at the same time they might help the designer of a campaign to avoid a hit-or-miss approach.

#### Conclusion

This Chapter presented the different persuasion models, approaches, strategies, together with their theoretical backgrounds available for use in designing and evaluating mass media campaigns. From the very cognitive model

suggested by Cartwright to the rational but modified model of Schramm. From Hovland's Classical Attitude Change Approach to De Fleur's Cultural Norms Theory approach. There is no perfect model that applies to all the situations and answers all possible questions. There is no "correct" sequence of effects which might help in prediction of effectiveness. However, this does not mean that we are still walking in the dark and that we have no definite answers at all. Although De Fleur argued that there is still a serious gap between what we think, we know and rigorous theoretical formulations, he still suggested that an integration of all the approaches might help. He suggested we take into account the psychological characteristics of the audience, their social category similarities, their position on social groups and towards social norms.

Besides all that, Ray's suggestion might add a practical application to the theoretical situation. What Ray portrayed (and a lot of more experimentation is needed in this field) is that, a thorough pre-knowledge of the audience's position regarding the topic, and their use of the media, would help determine the hierarchy to expect, and this knowledge will help to plan a more successful campaign.

However, we would like to stress again that the hierarchy-of-effects models are conceptual frameworks only, therefore neither true nor false. They are, as explained by Robertson (1971), "scaffoldings erected by social scientists for the construction of generalizations towards an explanation of perceived reality, and must be evaluated in terms of their utility." (p. 57).

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CHAPTER VEFFECTIVENESS OF MASS COMMUNICATION CAMPAIGNS

The study of the effectiveness of mass media campaigns is, nowadays, sometimes referred to as the "old tradition" or "old strategy" in describing mass media effects. (Carey & Krieling, 1974). It is argued that the chief value of the campaign studies was that they demonstrated the relative lack of short-term effects and persuasive power of the media (Blumler, 1964). This claim of the negligible persuasive impact of mass media communications is contended by a large number of researchers. (McGuire, 1969,; Klapper, 1960; Schramm, 1971) and many others.

WHY? Some argued that, while setting out to show the effects of mass communication, the campaign studies instead mainly demonstrated "the limited incidence of direct effects and adduced a range of intervening variables, such as selective exposure and perception, that mediated direct effects." (Carey & Krieling, 1974, p.227). Others claimed that those intervening factors are in fact "obstacles" in the way of successful mass media campaigns. (Hyman & Sheatsley, 1947).

If the verdict of the communication experts is the negligible persuasive impact of mass media messages, why then are millions still spent all over the world on advertising, political campaigns, educational and health campaigns and public information campaigns?

A follow-up of some of the studies on the effectiveness of mass communications throws a new light on a topic which has ceased to be the centre of interest in mass communication research. What the communication experts have failed to

mention is how the discovery of those "intervening variables" has worked in favour of designing more effective media campaigns.

In the previous chapters we concentrated on examining carefully those intervening variables and discussing the conceptual, physical and psychological reasons for their existence. In this one we shall first present the accepted conclusions about the state of mass communication research on effects in the early sixties. A discussion of the dimensions that are "within the control of a communicator" in a communication process will be presented, followed by the conditions upon which mass communications can have direct effects.

The evidence upon which the conclusions of "lack of persuasive power" of media messages has been based will be examined, followed by the relevant and recent evidence "questioning" the above claim.

Finally, a discussion of the reasons for the "alleged" failure of media campaigns will be presented suggesting a different outlook to the situation and a reconsideration of the verdict of the "experts".

#### Conclusions about Mass Media Effectiveness

The best way to start is with Klapper's (1960) description of the state of mass communication research. He maintained that it is:

"a research tradition which applies instead of definitive answers, a plethora of relevant, but inconclusive and - at times - seemingly contradictory findings." (p. 7)

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This pessimistic description, however, does not seem to be fully justified if one looks at a summing up of his interpretation of the effects of the media. His conclusions, in part, were as follows:

1. Mass communication ordinarily does not serve as a necessary and sufficient cause of audience effects, but rather functions among and through a nexus of mediating factors and influences.
2. These mediating factors are such that they typically render mass communication a contributory agent, but not the sole cause, in a process of reinforcing the existing conditions..... Regardless of whether the effect in question be social or individual, the media are more likely to reinforce than to change.
3. On such occasions as mass communication does function in service of change..., either:
  - (a) the mediating factors will be found to be inoperative and the effect of the media direct; or,
  - (b) the mediating factors that normally favour reinforcement will be found to be themselves impelling toward change.
4. There are certain residual situations in which mass communication seems to produce direct effect, or directly and of itself to serve certain psychophysical functions.
5. The efficacy of mass communication, either as a contributory agent or as an agent of direct effect, is affected by various aspects of the media and communication themselves or of the communication situation.

(Klapper, 1960, p. 8)

This summary, in my view, does in fact present a reason for optimism. Mass communications do act as reinforcing agents of existing conditions. Mass communications can have direct change effects under certain conditions. If mass communications are not considered as the sole agents of change, but studied in conjunction with a number of mediating variables their effects will be better understood, (maybe even manipulated).

Therefore, the arguments that would be of relevance to put forward before reaching a final conclusion about the persuasive ability of media messages are:

- a) What are those mediating variables (intervening variables) that have to be accounted for when analysing mass communications?
- b) Under what conditions do mass communications produce direct change effects?
- c) How do mass communications act as reinforcing agents?
- d) What sort of evidence backs the proposition that mass communications have negligible persuasive impact?
- e) Is there any evidence that proves otherwise? If yes, how does it dislodge the above proposition?

A. THE INTERVENING VARIABLES OF MASS COMMUNICATIONS

*What are the mediating variables (Intervening Variables) that have to be understood when analysing mass communications?*

Klapper (1957) himself pointed out a few of the intervening variables that act together with the message in enhancing or reducing the effectiveness of a mass communication. They are:

"audience predispositions, selective exposure, selective perception, social milieu, opinion leadership, audience group membership and orientation, nature of communication reception in the society...."

He argued that the interaction of those and several other mediating factors with the reception of the mass mediated message makes the total effect of the communication a "conservative one".

All those intervening variables with the exception of message organization are audience related, and therefore, to a large degree, beyond the control of the communicator in a naturalistic setting. It can be argued that, three decades ago, when scientific research began to disprove the existence of the "all powerful" media that swept people off their feet, those intervening variables have been called "obstacles" in the way of successful mass communications. (Hyman & Sheatsley, 1947).

The existence of those "obstacles", in actual fact, partly explains the basis for the generalization that the media are relatively limited in their ability to produce change from one viewpoint to another. During those last three

decades, social scientists have gone a long way into the understanding of those variables and they can no more be regarded as "obstacles", but as integral mediating variables of any mass communication situation. (Blumer, 1959; and others.)

In attempting to design a campaign, as those variables are largely beyond the control of the communicator (as compared to message organization, appeal, channel choice etc.), there are basically two things that can be done to work towards a successful campaign:

- i) understand the how, why, when and where do those intervening variables occur and the social science literature is loaded with research on this problem;
- ii) carry a thorough analysis of the audience under study, so that together with the above information, find the best way of getting through to them.

Those intervening variables and the conceptualizations, discussions, arguments, related to them, have been discussed fully in the preceding Chapters.

Besides those audience related intervening variables, there are other variables basic to a communication process and that are under the control of the communicator. The dimensions regarding the source, message and channel of a communication process also play a vital role in enhancing or reducing the effectiveness of a mass communication. Each and all of those variables cannot be studied on an exclusive basis, as they are all inter-related and they all, in the end, have to be accounted for on the basis of audience reception. However, the literature is full of controlled

experimental research which, on the manipulation of each of those variables separately, produced basic guidelines to help researchers provide the conditions for the success of a communication. The work done by the Yale School, Hovland and his associates, has to be credited for a large part of this understanding.

As social scientists have already dealt with those variables thoroughly - according to one estimate, about 1,000 studies on persuasion are now reported each year in the psychological literature alone (McGuire, 1969) - we will be brief and selective in examining those variables stressing just the main findings for later reference.

The variables will be grouped under four headings: characteristics of the source, message, channel, and audience. (A very thorough discussion of those variables can be found in McGuire, 1969; and for experimental research see Ronsow and Robinson, 1967).

#### The Source

1. The effectiveness of a communication will be enhanced if the source of the message is perceived as credible. Credibility was found to have two components; it might stand either for expertise, or trustworthiness. (Hovland & Weiss, 1951; Kelman & Hovland, 1953; Berlo, Lamert & Mertz, 1966; McCrosky, 1968).
2. Some other characteristics of the source that are unrelated to the message being propagated might enhance the effectiveness of a communication. For example, charisma, attractiveness, etc.
3. The credibility of the source is more important as regards opinion change directly after exposure. This factor becomes less important as more time elapses, a

phenomenon called the " sleeper effect."  
(Kelman & Hovland, 1953).

4. Persuasive communication will be more effective if the receiver perceives the source as similar to herself/himself. This condition, known as "homophily" (Rogers, 1971) is argued to be more effective than "heterophily", the opposite situation. This homophily-heterophily distinction tends to extend over a large number of aspects, like socio-economic status, education, attitudes, beliefs - even dress. (Bettinghaus, 1973).
  
5. Sometimes there exists a direct relationship between how the audience perceives the source and what they think of the message. Some researchers maintained that the more extreme the opinion change that the source is propagating the more likely opinion change will follow:
  - (a) the greater the discrepancy between the source's and the recipient's initial position on the topic, the greater the persuasive effect of the communication up to extremely discrepant points;
  
  - (b) with extreme discrepancy, but low credibility of the source, attitude change is attenuated.  
(Zimbardo, 1965; Zimbardo & Ebbesen, 1970).

#### The Message

1. It is more effective to present one side of the argument when the audience is generally friendly, or when it is probable that it will not hear the other side from another source, and also when immediate (though

temporary) opinion change is required.

On the other hand, it is more effective to present both sides of the argument when the audience starts out disagreeing with the position advocated, or when it is likely to hear the other side of the argument, and when the audience is well educated.

(Hovland, Lumsdaine & Sheffield, 1949; Koehler, 1968; Bettinghaus & Baseheart, 1969).

2. It was found when opposing views of an argument are presented one after another, the one presented last will probably be more effective. However, this effect mainly obtains when the interval between the second view and the effectiveness measure is short; when there is no interval between the two presentations, then the first argument tends to predominate. This was reported by Miller & Campbell (1959), and others.
3. The communication will be more effective if its conclusions are explicitly stated than if the audience are left to draw their own, except when they are intelligent, then implicit conclusions are more effective.  
(Hovland & Mandell, 1952).
4. Sometimes emotional appeals are more effective than factual ones; sometimes the opposite is true. It all depends on the kind of the audience.  
(Hartman, 1936; Knower, 1935; Menfee & Gravveberg, 1940; Freedman & Sears, 1965).
5. Extensive research has been done on the effectiveness of fear appeals. For a thorough analysis, see McGuire, (1969) or Triandis (1971). Briefly, the findings on fear appeals show a positive relationship between intensity of fear arousal and the amount of attitude

change if the recommendation for action is simple, explicit and possible; otherwise, high levels of fear become counter productive. (Leventhal, 1965; Janis & Feshback, 1953). Levels of fear appeals have also been found to vary with communicator credibility, (Hewgill & Miller, 1965); with the importance of the topic to the receiver (Colburn, 1967), and with the personality type of the receiver, (Goldstein, 1959). McGuire, (1969) in reviewing this literature, suggested that there is probably an interaction between the degree of fear arousal and the recipient's level of anxiety leading to a relationship that is not linear and consistent in all cases. Bettinghaus (1973) suggested that, if the communicator knows little about his audience, it is advisable NOT to use high levels of fear appeal. However, if the communicator knows something about his audiences' personality, the importance of the topic to them and the source's credibility to them, then high levels of fear appeal might prove effective.

6. Bettinghaus (1973) stated that a communication would be more effective if a rewarding and motivational appeal is included in the message. However, no systematic research has been carried <sup>out</sup> to test this.
7. Cues that forewarn the audience of the manipulative intent of a communication tend to increase the resistance to it and lower its effectiveness, while the presentation of distractions simultaneously with the message decrease resistance to it and enhance its effectiveness.  
(McGuire, 1964; Festinger & Maccoby, 1964).
8. No final conclusion can be drawn as to whether the opening or closing parts of the communication should contain the more important material.

9. A certain amount of repetition of the message facilitates attitude change. (Thurstone, 1933; Hovland, 1959; Stewart, 1964). However, results on how many repetitions and at what point is an asymptote reached, is still inconclusive.  
(Annis & Meier, 1934; Dietsch & Gurnee, 1948; Cromwell & Kuchel, 1952).

#### The Channel

For this variable, it is not easy to present clear-cut guidelines from the available research as for the previous two. Research is still controversial and in many cases inconclusive. McGuire (1969) argued that the possible reasons for this state of the field is in many cases lack of interest and knowledge, neglect, lack of organization and lack of fully developed theories. In addition to McGuire's reasons, there is - and still exists - the problem of the methodological difficulties and high expense and comparative recency of research in relation to some dimensions of the variable, specifically the electronic media.

Let us start with the capacity of human sensory channels. Researchers on human perception, retention and learning are still carrying experimental research in connection with the question of the effectiveness of a communication while manipulating one versus multiple sensory channels. As explained in the discussion on selective perception, the human capacity to process sensory information is found to be much less than the amount of information available to the sensory channel. (Jacobson, 1950, 1951).

Therefore, if the combined input from two senses exceeds the amount of information the central nervous system can handle, interference between the channels may occur, except perhaps if the rate of the transmission is very slow.

It was found from the results of human information processing and learning experiments (on single versus multiple channels) that the human system for utilizing information "has the properties" of a single channel. (Broadbent, 1958; Travers, 1964).

The effectiveness of learning from one versus another channel has been argued to be dependant on individual differences. (Mayo, 1964). Some people are visually dominant, others are aurally dominant, and so on.

These findings can be used to mean that there is no particular magic in multi-media presentation. There is no particular magic about the effectiveness of a particular channel, it all depends upon how the channel is used and on whom.

Hartman (1961) presented a word of caution and advice to television and movie producers using the audiovisual media. He argued that, if the conditions for interference are present, multiple channels

"may actually produce inferior learning because attention is divided and optimal learning is not possible in any of the channels.... Pictorial illustrations in many cases may distract, rather than illustrate. Attention-getting devices are of value only if they neither distract from learning which is already taking place, nor continue in competition with the material with which they are supposed to direct attention. The tradition in the television message is to place the majority of the information in the verbal audio channel, and to attract attention and to illustrate it in the pictorial.

Too often the picture is not properly related to the sound and a real barrier to effective communication is created by a tendency to focus attention on the picture when the message to be learned has been coded on the sound track." (p. 41).

What about the relative effectiveness of media channels versus interpersonal channels (as defined in Chapter II) and what is the best "media mix" for a specific campaign?

Some of the earliest studies examining this problem (Knower, 1935; Cantril & Allport, 1935), compared face-to-face lectures and speeches with the same material presented over radio, or a speaker set-up, or printed messages. The studies showed little significant differences between the different channels in relation to learning of the message. But, when opinion change was measured, significant differences were found; the face-to-face situations were more effective than the other media. However, those early studies did not use either television or movies, which combine most of the sensory characteristics of the other media channels tested.

To start with, television has been argued to be a very effective medium for learning (specifically incidental learning and imparting information.) Moreover, television has been found to be more effective in persuasion than radio and print (May, 1964). However, when it comes to comparing television and face-to-face communications on opinion change, the situation is not yet resolved.

Katz & Lazarsfeld (1955) carried out extensive studies on the relative persuasive effects of the various media. Over a period of several months, they examined the changes in food-buying habits, fashion preferences and personal opinions

about current events of some 800 female subjects. They found that, for those opinion changes in which the source of the change could be identified, personal influence from friends, relatives and others was more effective than any of the messages received from other media channels. However, they also found that the effects of the media themselves are so varied that a separate series of studies should be done before the relative effectiveness of a particular medium could be isolated.

Such studies have not yet been done in a systematic manner.

McQuail (1969) presented an argument, which in fact is largely accepted.

He explained that, if a communicator (for example) is interested in getting people to sign a petition for better drug education facilities in a community, he is better off conducting a door to door campaign than attempting to accomplish much with a television campaign. He argued that television, radio and the press may help arouse attention, but they can never supplant the effect of a well-designed, well-run campaign to reach people in person.

Those two studies are only a fraction of many studies whose conclusions were that interpersonal communications are more persuasive than media communications.

But, what if the message has to reach a very large number of people, some in very remote areas? What if the people involved do not trust the subjective element of interpersonally carried messages? What if there does not exist enough people with the "correct" persuasive powers and abilities to pass the message?

It is more useful to think of the mass media and interpersonal channels as interconnected and complementary,

rather than unrelated and self-sufficient. (Wright, 1975).

Before a decision is made as to what is the best channel to use in a given situation, Bettinghaus (1973) suggests a number of very useful questions and answers that a communicator should consider beforehand, and provides a good summary of the situation.

- " 1. Does the communicator merely want to draw the attention of a great many people to a problem that he will later deal with more extensively? Use of the interposed communication situation with any one of the mass media seems quite appropriate in this preliminary stage.
2. Does the communicator desire personal commitment from each receiver, or will he be satisfied with a high proportion of attitude change on an issue? Commitment is more easily and more firmly secured through personal contact, while attitude change may well be secured through careful use of interposed situations.
3. How strong are the present attitudes held by individuals toward the topic being communicated? Weak attitudes may be overcome through even minimum use of the mass media, while strong attitudes may well need personal attention.
4. Are receivers in favour of, or opposed to, the topic being communicated? The mass media may be effectively used to strengthen attitudes, while face-to-face communication may be more important in overcoming negative attitudes.
5. How much money does the source have to work with? Television, on any large scale, costs money, money in very large amounts. A senatorial campaign in a large state might cost upwards of two million dollars

for television time alone. Personal, face-to-face communication will reach far fewer people than will television, but its costs may be in terms of the communicator's personal time and energy, and more easily obtained.

6. Who will the receivers be? In some situations, the source can accomplish his aim by changing the attitudes or obtaining a decision from a small group of influential receivers. In others, his intent is to reach across many, many receivers. When only a few must be reached, personal contact may be the most effective method to use. When the audience is very large, the mass media may have to be used, even if they are not as effective." (p. 174)

There are a number of unresolved questions about the effectiveness of channels in campaigns, and there is a large potential for more research in this connection. (A portrayal of those problems is discussed later in the text).

The conclusions from the findings regarding those intervening variables keeps pointing out that they are all inter-related and are interacting all the time during a communication situation. Even if the channel did not interact with the source or the message with the channel, they all inevitably interact with the receivers of the communication.

#### The Audience (The Receiver)

There are a number of characteristics of the receivers of a communication which research points out to be particularly important in accounting for informative-persuasive effects:

(a) PERSONALITY AND PERSUASIBILITY

Research on the role of personality and persuasibility points out that, regardless of the topic, some people are more easily persuaded than others. (Hovland, Janis & Kelly, 1953). However, pinpointing the characteristics that cause persuasibility brings up confusing results. It was first assumed that anxiety, low self-confidence and low education were related to persuasibility, but experimentation failed to support those assumptions. McGuire (1969) maintained that those characteristics can work both for and against being persuaded easily. A person with a high level of education and intelligence may have more basis for his existing opinion, might also be able to give more careful consideration to arguments on the other side. Similarly, a person with low self-confidence may not wish to risk paying attention to opposing arguments, while a person with high self-confidence will not be afraid to do so. Davison, Boylan & Yu, (1976) added that maybe people with moderate degrees of anxiety, intelligence and self-confidence are the most persuasible, while those at the other extremes are less so.

(b) AUDIENCE'S STRENGTH OF PRE-EXISTING POSITION REGARDING COMMUNICATION TOPIC

The strength of the attitude in question is a very important aspect regarding effects on the recipient, research indicates that the stronger the recipient feels about the topic of persuasion, the less likely he will change his (her) opinion. Almost all the examples of negligible change of voting behaviour during election campaigns is explained by this fact of strength of pre-existing attitudes. However, when pre-existing attitudes are not held strongly, such as the case of experiments carried between elections on some obscure news topics, attitude change was found to be significant. (Blumler & McQuail, 1968; McCombs, 1967).

The same generalization can be used to explain the significant influence of mass communications on topics which the audience have very little information about beforehand. In cases like this, the recipient makes up his mind on the basis of a single article, editorial, or television broadcast. McCombs (1972) explained that the influence of the media may not be due mainly to the weakness of the attitudes being influenced, but also to the fact that there are no other sources of information.

Again, the same can be argued to be true about the formation of new attitudes. If an individual's attention to a persuasive communication can be won, and if that individual had little previous information about the topic and no existing attitude on the topic, then the communication may be very important in shaping a new attitude.

(c) THE INFLUENCE OF GROUPS ON THE AUDIENCE

In attempting to predict the success of a communication in changing attitudes, it is important to remember that the individual does not exist in a vacuum, but is always interacting with the social setting he is in. The most general statement in this connection is that people who are well integrated and attached to a group are less likely to change their attitudes in a way that would conflict with group norms and thus disturb their relations with others in the group. Studies that support this generalization are Shils & Janowitz (1948) and Herz (1949).

An individual stands to be rewarded for conforming to the standards of the group and punished for deviating from them. Therefore, he is more likely to change if his opinion is previously in conflict with his group norms. (Berelson, Lazarsfeld & McPhee, 1954; Smith, 1949).

In a laboratory study, Kelley (1955) has shown that resistance to counter-norm communication tends to increase with the saliences of one's group identification. In this case, before the communication was presented, the subjects were reminded (indirectly) of their organizational membership.

(d) EXTERNAL EVENTS

The relevance of what is happening in the world outside, especially in its relationship to an individual's private life, is significant in determining how and whether a communication can affect attitudes. A number of studies during World War II pointed out that leaflets advocating surrender were more effective on troops that were retreating than on those who felt that the war was going on in their favour.

The literature also cites a number of experiments on the relationship of specific demographic characteristics of the audience for instance, age, socio-economic status, sex, etc., and persuasibility. Again as this has been thoroughly examined (see for instance, McGuire, 1969), it will not be discussed here. However, some of those demographic characteristics will be referred to later in the text in connection with the design of the study.

## B. CONDITIONS FOR DIRECT MASS COMMUNICATION EFFECTS

*Under what conditions do mass communications produce direct change effects?*

It is possible for a mass communication to produce direct change effects. Halloran (1968); Schramm (1954, 1973)<sup>2</sup>; Klapper (1960); Himmelweit (1962) and many others suggested a number of conditions under which persuasion can occur.

The suggestions from those researchers, integrated with the previous analysis can be categorized into the following points:

### a) Selectivity

The first basic requirement for a mass communication to create change is to be received and accepted. For this to happen, the communication must be able to overcome the audience related intervening variables of selective exposure and perception.

Assuming there is access, reception and acceptance are more likely to happen if:

- i) The presentation of the communication is attention-catching and interesting.
- ii) The source of the message is perceived as trustworthy and expert.
- iii) The message follows the most appropriate rules for the context regarding order of presentation, organization of context and type of appeal.
- iv) The channel chosen to deliver the communication has a certain amount of credibility and uncritical

attachment of audience.

- v) The communication does not raise the ego-defenses of the recipients outright.
- vi) The communications meets existing personality needs and interests.

b) Attitude Change

Attitude change is more likely to occur when:

- i) The suggestion is accompanied by change in other aspects underlying beliefs and attitudes.
- ii) The suggestion is carried by mass media channel, plus face-to-face reinforcement than either of those alone. Other things being equal.
- iii) The topic of the communication is new, unfamiliar, yet viewed as important.
- iv) The media tends to fill the gaps in knowledge about a topic difficult to learn about from other sources.
- v) The value or attitude to be changed is not well-formed nor held strongly.
- vi) The value or attitude to be changed is not very significant to the person involved.
- vii) The suggestion is in harmony with valued group norms and loyalties.
- viii) Group membership is not valued or discredited. For example, when group membership creates conflict or cross-pressures, or when it no longer results in benefits.

- ix) The change requested is shown to be conforming with social and cultural norms and expectations.

c) Behavioural Change

Overt behavioural change is more likely to occur when:

- i) The communication relates to the individual needs, wants and interests, and if it is presented in such a way and at such a time that it is reinforced by related external events.
- ii) The change propagated is not going to face stout opposition, in fact, it is guaranteed social and cultural support.
- iii) Where the simplest and unobstructed routes for immediate action are pointed out.

This is the situation regarding a single mass communication. What about the CUMULATIVE impact of mass communications?

Hilde Himmelweit (1962) surveying the research related mainly to television and children, declared there are conditions which produce a certain degree of impact, a cumulative impact of a number of television experiences does happen when there is:

- i) "Recurrence from program to program of the values or views.
- ii) Dramatic presentation of the values, so that they evoke primarily emotional reactions.
- iii) Presentation of values which link with the individual's immediate needs and interests, i.e. where there is a lowered threshold for perception of relevant cues.

- iv) An uncritical attachment to the medium.
- v) Impact is likely to be greater where the individual has not already been supplied, through his immediate environment, with a set of values which provide a standard against which to assess the views offered on television. This aspect is most important to bear in mind also when dealing with the impact on adults. Television acts as a second-order source of information.

Provided these conditions are fulfilled, values must be taken over from the main themes of plays or programs, and also from the subsidiary touches used in presenting them." (p. 27)

Therefore, under the conditions suggested, individual mass media programmes can make a direct impact, while a slow accumulation of minute influences from many programmes can create a cumulative effect. However, in the majority of cases both types of effects are likely to be operating at the same time .

C. REINFORCEMENT EFFECT OF MASS COMMUNICATION

The power of the mass media as a reinforcing agent and their ability to activate and reinforce existing attitudes is an accepted fact by almost all media researchers. If an individual's attitudes are strongly held, especially if they are shared with his immediate social surroundings, like his family and friends, persuasive mass communications are likely to face great difficulty in converting attitudes, but they are more likely capable of reinforcing them or activating them.

The majority of research that has found, and further explored, this effect comes from the political sphere, more precisely voting behaviour. One of the earliest studies to stumble over this effect were those of the Erie County election campaign (Lazarsfeld, Berelson & Gaudet, 1948).

Other evidence supporting this reinforcing effect of the media has been reported by Berelson & Steiner (1964); Rossi (1966); Atkins et al. (1973), Lerner (1971) & others. In fact, almost all mass media studies report or refer to this effect as an accepted reality so there is no point in presenting further evidence to prove its existence.

Still, as in any social science phenomena, this effect does not go completely unquestioned, and a critical analysis of its use as an answer to all voting behaviour situations is presented by Sears & Whitney (1973).

However, the point that should be stressed in this context is not whether or not this reinforcement effect exists; it is the fact that its importance in relation to the persuasive effectiveness of mass media campaigns has been played down.

Miller & Burgoon(1973) in an article suggesting a new framework for viewing the persuasive process explained the possible reasons for this lack of interest in the reinforcement aspect of persuasion.

They said in examining the writings in the field, persuasion is treated almost exclusively as a facilitator of change:

"persuasion is almost synonymous with changes in overt behaviour or attitudinal valence." (p. 6)

They argued that, in using the term "influence attempt" a crucial distinction must be made. "The notion of behavioural influence does not necessarily imply modification or reversal of an overt non-verbal behaviour, nor does it always indicate change in valence or relative attractiveness of an attitudinal statement. For, if a persuadee subscribed to a particular attitude with moderate intensity before an influence attempt but held that same attitude with extreme intensity after receiving the persuader's message, the influence attempt would be viewed as successful: behaviour would have been affected, even though the persuader sought no change in valence of the attitude. By the same token, if persuasive inputs cause a persuadee to be more resistant to counter-propaganda (i.e. messages seeking to alter his behaviour, and change the valence of his attitudes) then the source of those persuasive inputs has been successful." (p.5).

Rather than aim at changes in attitudes and behaviour, most of the persuasive communication seek to reinforce currently held convictions and to make them more resistant to change. For example, most Sunday sermons, keynote political conventions, advertisements of well known products, social development programmes like use of seatbelt, health programmes, and stopping smoking. What the researchers don't stress and

try to measure is how their message acted as an inhibitor of change in the opposite direction.....

The ability of persuasive mass media message to change the intensity of an attitude from moderate to extreme favourability, or to prevent it from reversing altogether should be considered as a successful impact.

This suggestion has also been made by Larson (1964) who argued that the reinforcement effects only of the mass media are interpreted on the basis of lack of evidence of conversion effects. He stressed that what is probably being overlooked is that "encouragement of constancy" or reinforcement may be an important effect in itself; reinforcement should not be regarded as "no effect" as it involves maintaining a position which could have been changed in the opposite direction in the absence of the campaign stimulus.

CHAPTER VISOME CAMPAIGNS THAT FAILED & SUCCEEDED: REASONS & ANALYSIS

The previous Chapter showed that mass communications can be argued to have informative-persuasive effects under certain conditions. If this is so, why is there a controversy regarding this effectiveness, and what is the evidence which backs the opposing propositions?

Most of the research investigating the effectiveness of mass communications in relation to information, attitude and behaviour can be found under two major fields of work:-

1. Laboratory experimental research carried out by Hovland et al of the Yale School;
2. Political campaigns carried out in the field.

The argument goes that the majority of conclusive findings on the effectiveness of mass communications (as discussed in the previous sections) are due to experiments carried out in a laboratory under controlled conditions.

Hovland (1959) himself confirmed the fact that laboratory results cannot be generalized into naturalistic settings where several variables are interacting at the same time. On the other hand, the evidence which argues the limited capability of mass communications to persuade is based upon surveys of political campaigns, health and safety campaigns, educational campaigns and the few advertising campaigns which have been published.

What this Chapter is going to show is that there is sub-

stantial evidence in the political, health, educational and social development fields that present evidence arguing the capability of the communications to enhance information and moderate attitudes and behaviour.

We are not going to discuss laboratory experiments, but field studies.

The conclusion would argue that a different position has to be considered now.

## A. INFORMATION ACQUISITION

### I. SOME CAMPAIGNS THAT FAILED

Let us first consider some of the evidence that backs the proposition that mass communications are limited in their capability to enhance learning and information acquisition.

Some of the most classic studies which point to the inability of the mass media to increase the level of information of its audiences are Hyman & Sheatsley's (1947) well known study "Some Reasons why Information Campaigns Fail", and Star & Hughes' (1950) Cincinnati Study, as well as Noelle-Newman's (1959) Bundesrat Study.

Hyman & Sheatsley's study was based on NORC in 1946, to measure the public's interest and information on different issues in the field of foreign affairs. Their basic conclusion was that there exists a hard core of "know nothings" who fail to learn of events despite their extensive coverage in the media. In one study, a third of the respondents could only identify one and sometimes none of the five major public issues. They argued that various psychological barriers often prevent the mass media information campaigns from having the desired effect. (The conclusions will be discussed further later).

Star and Hughes reported a campaign sponsored by a number of organizations in Cincinnati to make people aware of the functions of the United Nations and to increase their support to it. This was done around the end of World War II. The campaign lasted for six months, and it was claimed that it was well-financed and well-organized. The slogan of the campaign was: "Peace begins with the United Nations - the United Nations begins with you." Although television was not used then, all other media

facilities plus several organizations were used to hammer the information onto the people. (The organizations included advertizers, schools, religious and civic groups, etc.). The slogans were printed on display cards put on buses, match boxes, blotters etc. Both the press and the radio were used, with the radio putting as many as 150 spot announcements a week. The National Opinion Research Centre, which belonged to the University of Chicago, carried out a survey before the campaign and found that 30 percent of the people in that area were totally ignorant about the function of the United Nations. After the campaign, a second survey did not find that the number of those informed increased significantly, so despite this intensive campaign, the level of information was affected only slightly.

The Bundesrat study, as reported by Noelle-Newman, was carried <sup>out</sup> in West Germany and is quite similar to the Cincinnati study. Its aim was to increase the level of information of people listening to the radio about the functions of the Upper House of the Federal Legislature in Bonn, the "Bundesrat". Before the campaign only 10% of the stations' listeners were able to give a satisfactory definition of the Bundesrat. Radio Stuttgart, for two years, mentioned the Bundesrat in almost every news and public affairs' broadcast, and always followed the word with a one-sentence explanation of what it stood for. The listeners' information about the meaning of the Bundesrat was tested twice, after one year of the campaign, and after two years. It was found that there was no significant difference in the information level of the listeners at either occasion.

Wade & Schramm (1969) quote a number of other examples of media information in relation to politics and science.

Suggested reasons for Failure of Information Campaigns

There are several possible reasons that could account for the failure of those campaigns.

1. Previous availability of information:

As around 70% of the Cincinnati people have already heard about the U.N. before the campaign, the information was propagating what was already heard about, probably several times. Therefore, it can be assumed that those who wanted to know about the United Nations have already had the chance to do so before the campaign. This is why the campaign did not create much change in the number of people who were affected by the information presented to them.

The question arises; why didn't the other 30% pay more attention to the intensive campaign about the U.N. and thus become more informed?

The answer can basically be explained by referring to the theories of motivation for Selectivity discussed earlier.

a) Utility of Information:

It can be assumed that the 70% who found that the information about the U.N. affected them personally, in one way or another, managed to know or learn about it. Interest in foreign affairs was useful to their work or image. On the other hand, the 30% who did not know beforehand, and did not change even after the campaign, probably could find nothing in the information about the U.N. that would be of use to them personally.

b) Congenial Information:

The 30% who did not assimilate the campaign information might have felt it was dissonant to their existing beliefs and attitudes. They resisted it, or misperceived it because they felt foreign news and affairs is a source of problems to them.

The survey about the Cincinnati study itself indicated that people who had pre-existing favourable attitudes were the ones who paid attention to the publicity.

c) Habit and Interest:

Some people do not pay habitual attention to news, specifically about foreign affairs. They might not regard this of interest to them, as it is not directly related to their everyday lives. It is argued that individual interests are very self centered. Moreover, it is for entertainment that the majority of people use the media. News and foreign affairs are usually scanned for the new or the extraordinary. What is encountered on a day-to-day basis becomes less interesting. (Schramm, 1973)<sup>2</sup>.

3. Methodological Factors:

The questionnaires, interviews, etc., that are used in such surveys to measure the level of general knowledge are conducted weeks, sometimes months, after the public were actually exposed to the information. As Schramm argued, people tend to forget details quickly and the only thing that remains in memory is a general awareness and not the details.

4. Channel:

One aspect that stands out in all those three studies is that they did not make use of television or film in their campaigns. However, face-to-face communication

has been found to be the most effective medium in persuasion and information campaigns. Katz & Lazarsfeld (1955), McQuail (1969).

Noelle-Newman (1959) does quote an experimental investigation of the effectiveness of an information "film" dealing with NATO. The population's knowledge of the North Atlantic Treaty Organization was tested both before and after the special film campaign. It was concluded that the level of the population's knowledge of NATO had scarcely improved at all. Only those who had previous knowledge about NATO anyway were better informed, but again to a minimum degree.

However, television and film has been proved to be more effective than the radio and print. Mayo (1964).

So, what conclusions can be drawn from those studies? Can it be definitely argued that the media (excluding television here) are unsuitable for enhancing the audiences' information level?

This is not necessarily true. Besides the fact that the majority of studies that argue that the media are not capable of enhancing information are from the political and scientific sphere, there are numerous examples of studies, even in those two spheres, that prove otherwise.

## II. SOME CAMPAIGNS THAT SUCCEEDED

During the Second World War, American soldiers and other military personnel were shown training films dealing with specific issues about the war. It was found that those films did increase their level of information considerably (Hovland, Lumsdaine & Sheffield, 1949).

Berelson, Lazarsfeld & McPhee (1954) found that the greater the amount of exposure to election campaign material, the greater was the accuracy in perceiving both Presidential candidates' positions on issues. Furthermore, accuracy was more strongly related to amount of exposure than education or interest in campaign. The authors argued that this proves that campaign messages enhance information acquisition and acts to correct selective awareness or clarify understanding of political issues.

Ben Zeev & White (1962) found that, as the 1960 campaign progressed, there was a decline in the percentage of people who said they did not know where Kennedy stood on issues.

During the Watergate televised hearings in 1973, it was found that there was a sharp increase in the number of people who could identify such central figures as John Dean and Senator S. Erwin (M.J. Robinson, 1974). Other similar findings in the political sphere are discussed by Milne & Mackenzie (1958); Blumler & McQuail (1969) and others.

A campaign dealing with the safe use of pesticides was carried<sup>out</sup> in Quincy, Illinois, 1972. Its design was similar to the Cincinnati study, but on a smaller scale, and television was also used. The time span was a month, during which four one-minute spots were aired 80 times by Quincy's two television stations. Therefore approximately five radio spots were carried a day over the month. Two news articles and five public service advertisements were published in the daily newspapers. At one week intervals,

four variations of direct mail were sent to homes. The slogan propagated was: "Take a Look and Live", and it was found, after the campaign, that about a quarter of a random sample of the population saw or heard the slogan. Also, over half of those were able to identify some major points of the campaign.

Television, the radio and the direct mail were found to be equally effective, the newspapers somehow less effective. It was explained that the campaigning in the newspaper might not have been frequent enough (Salcedo et al, 1974).

Another type of study proved that the media not only helped enhance knowledge, but triggered the behaviour of more information seeking as interest developed. The study was conducted in California among college students. It started when the college students found a need for more political information, so it was decided that they would attend to the media information. As they got to know more about politics, they became more and more interested, and this led to further information seeking in newspaper editorials, magazines and other detailed sources of political information. Therefore, satisfying a need for information led to even more information seeking. (McCombs, 1972).

Furthermore, Noelle Newman, mentioned earlier in relation to a number of unsuccessful information campaigns, quoted a number of successful information campaigns. She reported an example which shows that the radio or press are definitely capable of having an educational effect, even in the field of politics. She explained that in Germany, numerous reports were issued in illustrated magazines about such matters as national socialism, the Second World War, the Nurenberg trials, etc. The argument arose as to whether it was wise to publish such reports of the Hitler era, as they might - contrary to the Editor's intentions - give

the appearance of glorifying national socialism. Yet, those reports kept on being published; they kept on being read, and together with a similar series on the radio, captured a large audience.

Noelle Newmann explained that the mass of these historical chronicles can be proved to have made a decisive contribution toward influencing the conception that the Germans had of their recent history. In the 1950's, the majority of the population were of the opinion that the German people were not responsible for starting the war. However, now the majority of the population are convinced that the outbreak of war cannot be laid solely at the door of the Hitler Government.

But it is not merely the press and the radio that have been reported to have an educational potential. Newmann also quoted a study of a film series dealing with behaviour in road traffic. At the investigation of the German Federal Ministry of Traffic and Communication, 100 foot films for the education of road users were introduced into motion-picture programmes via newsreels over a period of 10 months in 1957-1958. The short films showed in an amusing manner how road user "Schussel", acting as a pedestrian, cyclist, motorcyclist and car driver, committed traffic offences or behaved in a ridiculous way, while his friend, "Clever", lectured him on his mistakes and directed the moral of the story to the public. Tests before and after this film campaign showed that the film made a marked impression on the audience. In addition, certain road regulations, as exemplified by the humorous films, were better known to the public after the films (Noelle Newman, 1959).

Other examples of successful information campaigns include the Denver Study (Mendelson, 1973); the Unselling Heart Disease campaign study (Farquhar et al, 1977); the Wisconsin Study, Douglas et al (1970). As those campaigns have been chosen as case studies, they will be fully examined later.

### Conclusion

Although there are some studies that point to the inability of the media to enhance information acquisition, there also exists a substantial number of studies that prove otherwise.

The first point that has to be stressed in this respect is the presentation of the campaign content. Logically, a campaign which is presented in an interesting manner will, at least, draw more attention from the audience than a boring one, as was the case in connection with the humorous film on traffic behaviour vs. the documentary on NATO.

However, the effectiveness of an information campaign does not lie solely in its editorial style, or intellectual soundness. It has to be stressed that there are other audience variables involved.

There is no direct relationship between exposure to information and learning. Exposure does not necessarily mean sustained attention and comprehension.

Exposure would more probably lead to learning if there is an interest in the information being propagated. Moreover, if the individual finds that he needs (either materially or psychologically) this information, and if it does not clash with deeply-held attitudes, or raise defense mechanisms, then learning would be enhanced.

It can be concluded that the media can be very effective in enhancing information acquisition under the conditions that the programme is well-presented and is of relevance to the audience.

It has to be mentioned that there is another side to learning from the media. "Incidental learning", which is not

gained intentionally, goes on all the time on exposure to media content. Because this study is more concerned with intentional learning, an analysis of this phenomenon will not be presented. However, a detailed examination of the situation can be found in Schramm (1973), Haskins (1968), and Krugman (1968).

## B. ATTITUDE AND BEHAVIOUR CHANGE

The controversy around the inability of persuasive mass communications to change attitudes and behaviour is even stronger than the one revolving around information acquisition.

In this context, attitude and behaviour change will be considered together, not because one can replace the other (as discussed in Chapter III) but because the majority of field experiments deal with them together.

### I. SOME CAMPAIGNS THAT "FAILED"

One of the earliest and most quoted studies that points to the inability of the mass media to convert attitudes is the intensive research of political propaganda in Erie County, Ohio, during the 1940 Presidential Campaign. This study found that, although there was an intensive hammering of persuasive material by the candidates involved, only 6 percent of the population under study changed their candidate preferences as a result of the political propaganda. Moreover, even fewer voters were found whose attitude change could be traced directly to mass media propaganda. (Lazarsfeld, Berelson & Gaudet, 1948).

The Erie County voting study was replicated in 1948 in Elvira, New York, and the conclusions and results turned out to be very similar to the previous study. (Berelson, Lazarsfeld & McPhee, 1954).

Similarly, the information campaigns carried by Hyman & Sheatsley (1947), and Star & Hughes (1950), discussed earlier, were also tested for their persuasibility. Again,

slight persuasive effects were found.

Schramm & Carter (1959) studied the effects of a twenty-hour telethon by Senator William Knowland, two days before his defeat in the California gubernatorial election of 1958. It was found that, out of the 563 respondents studied, only 2 voters have changed their voting for the Senator, and one against.

The examples should not be restricted to the political sphere. There are a number of studies in the social development and health spheres which also point to the inability of the media to change attitude and behaviour.

O'Keefe (1971) reported a study which was undertaken to assess the effects of a massive anti-smoking campaign, launched on television in the late 1960's. The subjects of the study were 621 students and 300 residents of the area who were tested before and after the campaign. The campaign itself was composed of as many as 80 - 100 commercials per week, yet the percentage of the subjects who did recall the commercials was quite low. The authors concluded that the campaign was severely limited in producing behaviour effects. He argued that only the subjects which were already inclined to give up smoking reported that the commercials were effective and fewer than half of these cited the commercials as an incentive to stop smoking. He further maintained that the study points out that many respondents were apparently able to live with dissonance for, although the great majority of smokers realized that smoking is dangerous to their health, they were not ready to take behavioural steps to reduce this dissonance.

Robertson (1976) in his article called "The Great Seatbelt Flop", maintained that, "unless and until a rigorously designed study demonstrated otherwise, there is formidable evidence leading to the conclusion that mass media campaigns

are ineffective means of increasing belt use." (p.42). He based this conclusion on a thorough analysis of a controlled study of the effect of television messages on safety belt use. Based on correlates of belt use in a study carried by Waller & Barry (1969), six television messages were produced, each directed at a specific audience. Two of those messages finished as finalists in advertising club competitions. By arrangement with advertisers and a cable television company, messages were shown in prime time on one cable of a split cable system, designed for test marketing. The households on the cables are distributed on alternative streets in such a way that classical experimental control design was achieved. The television messages were shown 943 times over a period of nine months, and they were aired, each individually, as it appealed to the target it was directed for - i.e. children, teenagers, fathers and mothers. Daily belt use observations were conducted on a rotation basis among sites throughout the city being tested for a period of 11 months, including one month prior and one after the campaign. Belt use observations were matched to experimental and control cables. Comparison of belt use by drivers from households on the experimental and control cables, as well as with those on neither cable, revealed no effect on belt use of the television campaign, Robertson (1976). Similar results were obtained in another study using television and radio messages and comparing separate matched communities. (Fleischer, 1973).

There are several other examples of media campaigns that proved to be ineffective in changing behaviour. In the family planning field, Schramm (1973)<sup>2</sup> & Smith (1965) reported studies that have failed to precipitate the action of using contraceptives to plan the number of desired children.

Considering this impressive evidence of failures of campaigns, it is obvious that one would be inclined to accept this conclusion without further questioning. However, before discussing the possible reasons for the failures of those campaigns, it is pertinent to portray the opposite accumulating evidence based on a substantial number of studies arguing that mass media communications are capable of moderating attitudes and behaviour.

Besides two famous classical incidents, the following section will present a number of examples of successful media campaigns with controlled field designs.

## II. SOME CAMPAIGNS THAT "SUCCEEDED"

Two of the most quoted studies in this connection are H.G. Wells' radio dramatization of the War of the Worlds, and Kate Smith's War Bonds Campaign.

Orson Wells' radio dramatization of War of the Worlds is, perhaps, considered the most frightening and potent example of the possible unanticipated effects of the mass media which were not intended to happen. On Hallowe'en, October 30th, 1938, the CBS national radio theatre group broadcasted a fictional dramatization of the invasion of the Earth by Martians. The design of the programme was such that three announcements were presented at the beginning, middle and end of the programme, explaining that it was fictional. Moreover, three special announcements after the programme were included to re-stress that the Invasion from Mars was a dramatization. The play itself was an hour-long programme, produced in the form of news flashes interrupted by a musical programme describing every few minutes how the invasion was developing, where it has reached, its immediate effects, etc. Mainly it was radio news bulletins,

accompanied by on-the-scene reports, bringing in expert opinions, fictional scientists, spectators, policemen - even the "Secretary of War". The effects of the programmes were studied by Cantril (1958) and reported in Schramm (1973)<sup>2</sup>. It was stated then that thousands of listeners were in a state of panic. Cantril estimated that at least six million listeners began to wonder whether the invasion from Mars was actually taking place. Before the evening was over, at least one million listeners were frightened or disturbed. Cantril wrote, "long before the broadcast had ended, people all over the U.S. were praying, crying, fleeing frantically to escape death from the Martians. Some ran to rescue loved ones. Others telephoned farewells or warnings, hurried to inform neighbours, sought information from newspapers or radio stations, summoned ambulances and police cars" (Schramm, 1973<sup>2</sup>, p. 190).

Before discussing the possible reasons behind the effect of this programme, let us first relate the second example of the spectacular effect of the mass media: the War Bonds Campaign. On September 21st, 1943, an appeal was put forward by CBS radio network to urge the purchase of War Bonds. The appeal was presented by a very popular singer, Kate Smith. It involved one to two minute spots (around sixty five times) put at several intervals on the radio, either in the form of songs or appeals. One of her broadcasts was studied in detail by the sociologist Robert Merton (1946), in his book, Mass Persuasion.

The difference between the War Bonds campaign, and the programme of the War of the Worlds, is that the former was meticulously planned to accomplish the objectives it set out to do.

The choice of Kate Smith to carry the appeal itself was one of the main reasons for its success, Miss Smith was popular, loved and most important of all, trusted. More-

over, the campaign made use of deeply emotional appeals: more specifically appeals of sacrifice and working together for the Nations' good in a time of war and international crises.

Some of the reasons that can account for the success of these programmes are:-

1. The setting of both those incidents. The atmosphere of crises, war and catastrophe that prevailed in 1938, and that of war and patriotism in 1943.
2. There was a large degree of trust and dependence on the radio newscasts in those days because of its immediacy and relatively fast news.
3. The design and production of the programme was done extraordinarily well in the War of the Worlds. On the other hand, Kate Smith's appeals were meticulously planned.
4. In both cases, the credibility of the source was high. In the War of the Worlds' programme, the newscasts were presented in such a way that expert opinion (though fictional) was brought in all the time.

Similarly, Kate Smith was already a very popular person, very much liked and trusted, very widely known and commanded a very large audience for the programmes. She definitely did not portray the image of a devious salesman!

5. The characteristics of the audience played a large part as well. Regarding the play on the War of the Worlds, most of those who had been affected were those who did not seek further justification to the

situation (like consult a newspaper). The only justification some sought was to call their neighbours. In the majority of cases this was what created the confused picture. On the other hand, in Kate Smith's appeal, a large number of those who have been affected were influenced by the large and rising number of pledges from other people.

The evidence supporting the persuasive effectiveness of mass media campaigns does not rest solely on those two classic examples. There are a number of more recent experimental studies that argue this position.

In the political sphere, Wade (1973) studied the media effects on changes in attitudes towards the rights of young people to vote. She carried out a field study in April 1971 - during the period when the California legislature was discussing the ratification of the constitutional amendment giving voting rights to 18 year olds. She found that the respondents who knew, through the media, of the change in voting regulations changed significantly more in willingness to allow youth to participate in political activities. She concluded that her findings present new evidence in support of the role of the media in the creation of "social reality" by which the public can test and compare the adequacy of their attitudes.

In an article called: "Can extremists using T.V. move an audience?", Seasonwein & Sussman (1972) challenged the assumption that television has a fail-safe quality protecting the viewer from political extremists. After the defeat of Senator McCarthy, the assumption that television has this quality became an accepted view. Seasonwein & Sussmann carried<sup>out</sup> a pilot study where an hour-long videotaped debate was aired on educational television. The debate was between three of the Chicago Seven and three liberals. College students of all political persuasion from Left to Conservative were measured both

before and after the debate. There was a large shift in attitudes towards the non-Left positions among the college students. Another finding of this study was that the televised debate not only influenced overall beliefs and impressions - something for which television is argued to be effective - but it also changed beliefs about small "discrete bits" of information.

During the televising of a Congressional <sup>out</sup>sub-committee hearing, an experimental study was carried <sub>out</sub> which is one of a few of its kind dealing with this bona fide telecast. Information <sub>tests</sub> and measures of meaning were administered on the viewers to find out how effective was this telecast. The author concluded that the results of the study indicated that coverage of the hearing was very effective on its viewers. On both the information tests and the semantic differential test which were used to measure effectiveness, substantial differences were noted for the television group as opposed to the non-television group. The author also pointed out that, although the design of the experiment did not include fine-enough differentiations of the extent of exposure to make a rigorous test, examination of the data for the television group appears to indicate that the greater the extent of television viewing, the greater was the effect. (Tannenbaum, 1971).

There are several other examples of the effectiveness of the media, specifically the press, on behaviour modification. Robinson (1974) found that careful statistical analysis of voting patterns in Presidential elections from 1956 to 1972 showed that, in some cases, readers of a newspaper that gave its editorial endorsement to a particular candidate were more likely to vote for that candidate as a consequence of that endorsement. Other examples have been presented by Liebert & Schwartzberg (1977).

However, politics is not very salient to the large majority of people. They are much more occupied with their private lives. (Sears & Whitney, 1973; Cantril, 1965).

Therefore, politics or political issues should not be considered the sole criteria upon which the persuasive impact of the media is judged.

Although the vast amount of research on the effectiveness and success of particular advertising campaigns is not published, some would argue that the simple fact that vast amounts of money are still allocated to publicising products has to be taken to mean that some kind of effect does exist. Given the fertile conditions that exist in many developing countries, the considerable influence of the media on buying appetites can readily be discovered. (Bogart, 1959; Schramm, 1964).

However, the effectiveness of advertising is mostly of a different nature. Weinberg (1960) argued that, in highly competitive fields, the function of advertising may not be persuasion, but achieving an accepted position in the normal communication environment. A company may have to maintain a certain minimal level of advertising and promotional pressure merely to maintain a franchise of visibility, familiarity and acceptability to the mass consumer. In addition, the sales effectiveness of advertising has to be put into a sounder perspective. Bauer (1964) explained that promotions which, on practical grounds of dollar increment in sales are highly successful, may mean no more than an increase of one percent in a current brand's share of a high-turnover product market, such as cigarettes. Taking this in terms of the total population, this increase represents the successful influence of 0.5 percent of all adults. He continued that even the outstanding success of a new brand, for instance, may constitute the capture

of only a small percentage of a highly competitive market. Bauer infers from these facts that a promotion can be profitable even if it wins fewer people than it alienates.

Except for some dramatic successes, the effectiveness of particular advertising campaigns - involving the repeated use of a "mix" of media over an extended period of time - still remains a commercial secret. Moreover, sales (behavioural action) are not often considered a suitable criterion for evaluating the effectiveness of a campaign because of the difficulty of disengaging the specific effects of the communication campaign from the effects of several other factors and forces at work in the market place, and which influenced the consumer purchases (Colley, 1961).

Therefore, the fact that the communication goals of advertising usually depend on such measures as salient awareness of brand, recall of message, evaluation of brand and interest in purchase; plus the argument that it deals with low-involvement material (Krugman, 1965), and therefore does not arouse ego defense mechanisms, makes the reference to advertising research in connection with the effectiveness of media campaigns again not sufficient.

If political campaigns are not salient to the majority of media audiences and advertising campaigns are not ego-involving, what kinds of programmes should be used to study this controversy? Programmes with more salient and involving material. Let us present some other examples.

Children who were regular viewers of Sesame Street public television programme were found to have more positive attitudes toward children of other races, as compared with children of the same age who did not view the programme. (Lesser, 1974). This finding does not go uncriticized (Cook et al, 1975). It might be argued that

children are much more gullible than adults, who are too sophisticated to be moved. The following example questions this assumption.

On April Fool's day, 1971, the Saturday Review (which is claimed to be read by a highly sophisticated and well-educated audience) published a letter to the editor. The letter was signed by a "K. Jason Sitewell" who, the analysts argued, could have been easily identified as the same author who appeared in the magazine on other occasions, usually around April Fool's day. This letter basically urged the editors and readers of the magazine to oppose H.R. 6142, a bill "introduced by Representative A.F. Day and co-sponsored by 43 other congressmen." Mr. Sitewell explained that, although the purpose of the bill - as it was claimed - was to restrict the size of private parks and to "democratize public parks" that were scarcely used, the hidden purpose of the bill was actually to abolish GOLF, the parks standing for golf courses. In his letter, Mr. Sitewell went on to explain how he knew, from personal acquaintance, that Congressman Day had a vehement, almost psychotic hatred, of golf due to certain unfavourable family experiences with the sport. His grandfather died in a sandtrap from "massive exasperation" and his father had died from a shock of hitting 19 balls into a pond on a par three green. As a result, Congressman Day was fanatically devoted to doing away with this sport. He presented several reasons for his appeal against the sport, basically depending on figures indicating that golf was the cause of 60,000 broken homes, 75,000 coronary cases, 93,000 golf course fatalities and 83,000 cases of hypertension.

Sitewell fervently called upon all friends of golf to rally to the defense of the game and help defeat H.R. 6142.

In the May 8th edition of the Saturday Review, a former editor of the magazine, who was a golf player himself,

admitted that the letter was a spoof. He explained how all the persons involved (eg. A.F. Day, standing for April Fool's Day), and the figures quoted had no foundation.

Still, this extremely well-written letter created a significant effect on a minority of the audience of the Saturday Review.

Schramm (1973), who reported this study, explained how the most extraordinary things happened. He stated:

"It is reported that emergency meetings were held by the governing boards of a number of golf clubs. A leading golf magazine reprinted the Sitewell letter under the heading 'A Frightening Bill'. The wife of a federal judge telephoned the Saturday Review for reprints of the letter to send to her husband and some of his friends, who were away on a golf holiday. The editor of the Saturday Review reports that at least a dozen congressmen or their assistants telephoned to say that H.R.6142 was becoming a priority target in the mail from their constituents."

The hoax thus remained untested against reality until the Wall Street Journal jokingly examined the whole incident and the Saturday Review finally confessed.

This is an example of the effect of a media message in the year 1971, and on a sophisticated adult audience.

During the months of April and May 1979, Thames Television broadcast a series of programmes on Jonathan Dimbleby in South America. Jonathan Dimbleby made those documentary films in the South American states of Bolivia, Peru and Brazil. The films were portraying the unbelievable circumstances some of those people were living in, whether they

were the short-lived miners of Bolivia, the poverty-stricken peasantry of Peru, or the 600,000 abandoned children in Brazil. The basic theme of those programmes was to make the people in the Western industrialized countries "to think" whenever they are using raw materials from these countries. The films never appealed for any specific action, yet hundreds of people sent money to Thames Television during the programmes in a desire to help alleviate the sufferings of those people. Peter McKay (1979) explained how one lady said that she had been planning to buy a carpet for her bedroom, but she could not do this now that she saw the case of the dying Emilio (the Bolivian miner suffering from killer dust). Why were those films effective? Besides the fact that they were very well done, they struck at the very heart of the feeling of guilt in human nature. Another example of a successful campaign is Blue Peter's aid appeal for Cambodia.

#### What about health campaigns?

In June 1967, officials of New York City's departments of Health and Social Services started to enroll all persons eligible for Medicaid. A very large campaign was run to reach this objective. It included the newspaper, radio and television as well as other print material, like cards, posters and similar literature. In addition to that, they organized "Neighbourhood Medicaid Days" in which volunteers answered questions to passers-by; "Medicaid Shoppers Days", an information table placed in department stores, etc. Approximately 450,000 persons applied for Medicaid during and immediately after the campaign. Moreover, around one million out of the 3 million who were eligible for Medicaid enrolled. (Alexander & Podair, 1969).

Consumption of cigarettes continued to rise in the United States until 1963, when it reached a high of 217 packs annually for each member of the adult population (non-

smokers, as well as smokers). When the Surgeon General's Report appeared linking cigarette smoking with cancer, consumption fell off to 210 packs per capita in 1964, and continued down to 199 packs in 1970. But then it started to rise again and by 1974 the level was at 214 packs. Davison, Boylan & Yu (1976) argued that one must be careful in interpreting behavioural trends, but it can be assumed that both advertising and the continuing anti-smoking publicity have affected information levels, attitudes and attention to the problem.

In an intense long-term campaign to decrease the risk of cardiovascular disease in a community, examination of data on smoking behaviour showed that the media messages only (while less effective than media plus face-to-face instruction) were still quite effective in producing modest changes in self-reported smoking behaviour (Maccoby, 1976). This last study was chosen as a case example, and will be discussed fully later.

### C. THE CASE STUDIES

Although several other examples of the persuasive effect of the mass media can be quoted, it is much more potent to analyse five case studies which involved campaigns with tight planned designs and see how their results attempted to support that mass communications are capable of enhancing information and moderating attitudes and behaviour.

#### I. AN INFORMATION CAMPAIGN THAT CHANGED COMMUNITY ATTITUDES:

Douglas, Westley & Chaffee (1970) set out to compare changes in an "experimental" community, following an information campaign with a matched "control" community in which there was no such campaign. Their general research hypotheses were that a media information campaign can increase information levels and change attitudes, that these changes are inter-related, and that they are augmented by person-to-person influence. The context of the information campaign was not chosen deliberately, but presented itself as an accident of circumstances. The first author, who is the mother of a retarded girl, wanted to carry an information programme in a community lacking in sheltered workshops to prepare for the social acceptance of retardants; she was employed by the University of Wisconsin Department of Counselling and Behavioural Studies, specifically in its training programme for personnel of sheltered workshops for retardates.

The authors maintained that retardation as a topic was ideal in that firstly, there exists a very low level of knowledge of mental retardation as a community problem; secondly, there exists a small likelihood that external events reaching both experimental and controlled groups could significantly

affect the outcome; and thirdly, there exists a low probability that hardened attitudes toward mental retardates already existed. It was argued that, if an information campaign under these conditions did not affect information level and attitude, there would be little basis for clinging to the media-effects hypothesis.

Two communities in south western Wisconsin were selected for the experiment; they were highly comparable in population characteristics, income, occupational distribution and media education.

Before measures were obtained in September 1965 in the form of questionnaires delivered to select households by volunteers who interviewed for fact sheet data on demographic characteristics and media behaviour, then left the questionnaires to be completed and mailed to the University of Wisconsin. The after-measures were administered in April, 1967, in the form of questionnaires mailed to those who responded with subsequent telephone and interpersonal followups.

The campaign was extensive. It included both media-borne messages and face-to-face communication, although information was fed directly into formal media channels only. It consisted of 20 news stories, five feature stories and a mental retardation week advertisement in the local newspapers; posters and a display of articles made by trainable retardates at a local shop; news items broadcast an unaccounted number of times over local radio, a well-publicized meeting in a church concerning what the community should do about retardation locally; items in church bulletins; special speakers at three service clubs, plus an announcement by the Junior Chamber of Commerce on the start of a year-long project on the subject.

To the sponsors of the campaign, the results were a boost. There was a significant change in the information level and in attitude change in the experimental community while none at all in the control. Moreover, the correlation between information gained and attitude change scores was + .40 in the experimental community and - .05 in the control community. The former is significant at the  $p < .001$  level, the latter is not. Another finding was that when the subjects were asked about interpersonal channels of information, they answered that it was the "media campaign" that activated the interpersonal communication and friends were the most cited personal source of interaction.

It was concluded that, despite the common doubts, it turned out to be possible to bring out changes in the model community attitude toward retardation programmes through a local information media campaign.

## II. UNSELLING HEART DISEASE CAMPAIGN

A field experiment was conducted in three northern California towns to determine whether community health education can decrease the risk of cardiovascular disease. In two of these communities there were extensive mass media campaigns over a two year period, and in one of these, face-to-face counselling was also provided for a sub-set of high risk people. The third community served as a control; it was selected as such because it was relatively distant and isolated from media in other communities. The subjects were chosen on the basis of a random (multi-stage probability) sample of 35 - 39 year old men and women. People from each community were interviewed and examined before the campaign began, and one and two years afterwards to assess knowledge and behaviour

related to cardiovascular disease. The behavioural measure included such aspects as diet and smoking, as well as physiological indicators of risk, like blood-pressure, relative weight and plasma-cholesterol.

The mass media campaign in the two experimental communities consisted of about 50 television spots, three hours of television programming, over 100 radio spots, several hours of radio programming, weekly newspaper columns, newspaper advertisements and stories, and printed material posted to participants.

The media campaign began two months after the initial survey and continued for nine months in 1973. It was then with-held for three months during the initiation of the second survey, then continued for another six months in 1974.

The results indicated that, in the control community, the risk of cardiovascular disease increased over the two years. However, in both the experimental communities, there was a substantial and sustained decrease in risk. Comparing the two communities in which mass media and face-to-face communications were administered, it was found that in the community where some face-to-face counselling was administered, the initial improvement in health education and reduction in cigarette smoking was greater and more successful. However, by the end of the second year, the overall decrease in risk was similar in the communities which received additional face-to-face counselling and the one which received mass media communications ONLY.

The conclusions of the study were that the mass media can increase knowledge and change various health habits. They added that the power of this instrument can be, however, considerably enhanced if ways are found to use

the mass media to stimulate and co-ordinate programmes of interpersonal instructions. They further argued that, as the mass media are potentially more cost-effective than face-to-face education methods, their results strongly suggest that mass media educational campaigns directed at entire communities may be very effective, in this case, in reducing the risk of cardiovascular disease.

(Farquhar, Maccoby, Wood, Alexander, Breitrose, Brown, Haskell, McAlister, Meyer & Nash, 1977).

### III. "SOME REASONS WHY INFORMATION CAMPAIGNS CAN SUCCEED"

Mendelson (1973) presented an article with the above title demonstrating by the analysis of three campaigns that the mass media with the use of social science research can be effective in bringing about attitude change. He argued, on the basis of a series of case studies, that collaboration between social scientists and communications specialists, the application of social science research regarding selectivity, appropriate targets, appeals and media vehicles can help in making public information campaigns more successful in achieving carefully delineated goals.

#### 1. "THE CBS NATIONAL DRIVERS TEST"

The Communication Arts centre was asked to participate in developing a television traffic safety programme, together with the Columbia Broadcasting System and the National Safety Council.

The first thing the Centre set out to do was to pinpoint the problem, set objectives and identify the targets. The campaign was to be launched for the purpose of affecting control over highway traffic accidents in

which "bad drivers" are involved. Previous research indicated that, in at least eight out of ten cases, operators of motor vehicles consider themselves to be either "good" or "excellent" drivers. Moreover, studies conducted by the Centre itself showed that drivers tended to ignore the thousands of persuasive traffic safety messages that appeared annually in the print media alone. The question, therefore, was how could a mass media information campaign be directed to "bad drivers" (given the indication that they all considered themselves "good"), and to a target people who tend to ignore safety messages all the time, and be effective? Again, effectiveness here has limitations; one cannot expect to eliminate ALL highway accidents.

Eventually, the decision was made to develop a television programme directed to the driving public in the pursuit of 3 middle-range objectives:

- "(1) to overcome public indifference to traffic hazards which may be caused by bad driving;
- (2) to make bad drivers cognizant of their deficiencies;
- (3) to direct viewers who became aware of their driving deficiencies into social mechanisms which had already been set up in the community to remedy such deficiencies." (P. 54).

Communication researchers, traffic safety experts and television production personnel all combined their expertise and worked together to implement those objectives. The net result was the "CBS National Drivers Test." It attempted to attract maximum public attention, so it was publicized by a massive promotional campaign. Around 50 million official test answers were distributed via newspapers, magazines and petrol stations throughout the country before the air-time. The programme was

aired just prior to the 1965 Memorial Day Holiday weekend. To determine the programme's success in meeting the specific objectives set, evaluation research was carried out both during the airing of the programme and afterwards.

The success of the campaign was beyond expectations. In terms of specific goals, the first of the programmes was judged to be effective. Approximately 30 million viewed the programme and were therefore made aware of certain high-risk traffic hazards. Following the programme, CBS news received mail responses from nearly a million and a half viewers. At least 60,000 individuals were made to realize their own driving deficiencies.

35,000 drivers actually enrolled in driver improvement programmes throughout the nation, following the first airing of the programme. This number represented an estimated threefold increase to the previous "total annual" voluntary enrollment in such courses. These gross figures speak for themselves in showing that a one-hour programme was effective beyond all expectations of the planners.

The conclusion of this study points out that innovative information-giving formats, assisted by strong prior-promotion, can overcome pre-existing "so-called public apathy" to a great degree. Secondly, the delineation of reasonable middle-range goals, narrowly defined and explicitly stated, can be successfully accomplished.

## 2. ALCOHOL AND TRAFFIC SAFETY CAMPAIGN

The Communication Arts Center set out to create an information campaign on alcohol and traffic safety. The realism surrounding the accomplishment of the above objective was discussed carefully before attempting to design the campaign.

- (1) If the objectives of the campaign were set out to "eliminate" traffic accidents, it would undoubtedly fail.
- (2) The stereotyped traffic safety messages to which the public were exposed daily had been found to produce a reaction of boredom and ennui.
- (3) Appeals to persuade people to give up solidly-anchored attitudes and habits pertaining to drinking will be avoided, as it was found that such moralizing by the media rarely worked.

The following stage was to agree upon what is to be considered the exact amount of alcohol intake that caused risky driving. The literature was found to be inconsistent on this point. However, the final model drawn posited that:

- (a) a large number of traffic accidents occurred as a result of subjective misperception of the risks involved in a driving situation;
- (b) even moderate amounts of alcohol intake directly affected misperception of those risks.

Therefore, the theme of the campaign was to be based on the fact that moderate amounts of alcohol intake would cause the drivers to underestimate the risks and overestimate their skills when driving, and thus it is prudent to avoid driving after drinking if at all possible. Once the theme and the middle-ranged objectives discussed above were drawn, the next stage was to design a film which would not be horatory and boring, as is the case of the numerous traffic safety films being shown.

Eventually, a six-minute film was developed which featured both live-action and animated sequences drawn by a Pulitzer prize-winning cartoonist. The film was called "A Short History", and it contained no words at all, but music in the background. It demonstrated the theme in a way which was "serious in its live sequences and humorous in its animated ones." (p. 56).

The reactions to the film were very encouraging. This was found on testing 905 subjects ranging from fourth-graders to alcoholic patients. Although the intention of the film was never explicitly stated, around 50% of the subjects tested said that the major message of the film was "if you drink, don't drive", and explained that the major message was how alcohol would cause misconceptions of risks while driving. Furthermore, 43% reported that viewing "A Short History" left them feeling concerned about the problem of drinking and driving and 48% stated that it had increased their interest in the problem of traffic safety in general. Three out of ten subjects declared that they are considering changing their previously-held ideas about drinking and driving as a result of the film. Mendelson added that this was true of 50% of the patients under treatment whose reactions to the films were tested.

The other important finding regarding this programme was that the quality of the film was so good that it was exhibited in Denver with a long running hit-feature, "Dirty Harry". The tremendous potential of information-giving power of programmes exhibited in a cinema theatre has been rediscovered. In such communication situations the audience is, to a certain extent, captive and thus the problem of selective exposure is largely over-ruled. Moreover, the audiences' defenses against being educated are usually low in the movie theatre communication

situation and there is minimum distraction in the viewing environment.

The conclusions that can be drawn from this study like that of the National Driver's Test, are:-

- i) the delineation of clear-cut and reasonably practical objectives;
- ii) the creation of innovative and interesting information giving formats for the programmes;
- iii) a detailed study of the true problem to be tackled and the audience under study;
- iv) the use of a movie-theatre setting can greatly reduce selectivity.

Therefore, keeping those suggestions in mind might help in the future design of effective campaigns.

The basic point emphasized by those two studies, analysed by Mendelson, was how to overcome public apathy and create self-awareness of the problem involved in the audience viewing information campaign. The third study to be discussed presents yet another example, but it is more relevant, as it involves an audience whose cultural nature required a different kind of approach than the one used for Western culture.

### 3. THE "CANCION DE LA RAZA" PROGRAMME

The aim of this television programme called "The Song of the People" was to ameliorate certain life-problems of Mexican Americans in the Los Angeles area. The

problem was put forward to the University of Denver's Communication Arts Center. In planning and developing this programme, the Center found themselves faced with two different types of problems:

- 1) television, which was to be employed for the information campaign, was not used enthusiastically "for enlightenment" by this minority group. The reason was that the media usually tended to present a distorted view of Chicano subpopulations.
- 2) The formal instructional programming of the sort used in "educational television" would most probably be met by lack of enthusiasm because of the difference in the cultural nature of the audience under study.

A considerable amount of exploratory research was undertaken in attempting to answer three critical questions regarding the programme: What shall we say, To whom shall we say it, and How shall we say it?

Eventually, solutions to the question of How shall we say it began to develop. Previous experimental research which had been conducted suggested strongly that information implanted in a nondidactic vehicle, such as drama, had a much better chance of attracting and influencing subpopulations who were removed from the "cognitive pedagogic tradition". Furthermore, the study of media behaviour patterns of Mexican Americans in Los Angeles indicated an uncommon amount of patronage of a local Spanish-language television channel, which devoted a considerable amount of its programmes to "nouvelles", a type of Mexican soap opera. Those investigations brought to light the idea of gearing the information programme in the form of a soap opera

which has an established appeal with the target audience. Moreover, to make the programme authentic and credible, Mexican Americans were employed as writers, directors, producers and actors. The net result regarding format was 65 installments of Chicano soap operas (yet information-giving) entitled Cancion de La Raza: Song of the People. The story-line, characterization, plot and ameliorative information inputs were guided by eleven separate targeting studies of the Chicanos residing in the Los Angeles area. The programmes were designed to reflect "reality" as closely as possible.

The other critical questions of the study: What shall we say and To whom shall we say it, were also eventually solved as a result of the thorough pre-research carried. What shall be said depended mostly on the target audiences' voiced dissatisfactions. Forty-eight percent of the target sample voiced dissatisfaction about youth, specifically in connection with the inter-relationships that existed between parents who adhered to traditional ways of life and offspring who yearned desperately to adopt more modern ways of life. Another dissatisfaction area was the functioning of the government (34 percent) specifically in relation to not being involved in political processes and anomie (powerlessness). On the basis of such pinpointing of dissatisfactions, the major target audiences to be approached were delineated. The other vital aspect of the pre-research was to find out the values that were held highly among this population, so as to approach them on the right footing. The Milton Rokeach's Terminal and Instrumental Value Scales served as a final input for "Cancion de La Raza". Two values were found predominant among the target sample. One centered on the achievement of an untroubled, peaceful and tranquil life (68%). The other emphasized the desirability of

a close, mutually interdependent and warm family life (63%). Other less important values were related to ethnic worth, self esteem, self-pride, ambition, personal integrity... On the basis of those values and the voiced dissatisfactions involved, the themes of the programmes were developed.

The effectiveness of the programmes was beyond expectations. Evaluative research conducted after the initial airing of the programme showed that 223,000 of the 1,500,000 potential viewers, i.e. 15% of the Mexican Americans, viewed at least some of the programmes that were telecast. Testing its credibility, it was found that 64% got the correct theme, and nine out of ten viewers found the programmes to be credible. Other successes achieved were reported by Mendelson:

- "
- (1) 66 percent of the viewers reported that they have learned something from watching "Cancion de la Raza.
  - (2) 57 percent claimed that watching the programmes had provided them with ideas about how Mexican Americans in Los Angeles can improve their lives!
  - (3) 48 percent of the viewers characterized the programme as "helpful" in a general sense, and 21 percent reported the series to have been helpful to them specifically and personally.
  - (4) One in every ten viewers assented that the programmes had stimulated them to rethink their own lives, and 6 percent reported that, as a direct consequence of having viewed Cancion de la Raza, they had undertaken activities which they ordinarily would not have considered.

- (5) Most important, 39 percent of all the viewers surveyed reported that they had begun considering organizing or joining a community organization or club which either would be or was already dedicated to the improvement of the Mexican American."

(P. 60)

Mendelson added that this last point was the main objective of the programmes and indeed 6 percent (13,400 persons) reported that they have already joined a community organization as a result of seeing "Cancion de la Raza."

### Conclusion

Why did those studies succeed where so many others have failed?

Let us first clarify that all those case studies showed significant changes in information level, attitude and (in some) behaviour, as a result of the media campaigns. The first two campaigns used a combination of media channels plus face-to-face communication while the last three all involved television programmes only. If it is argued that the topic of the first campaign is not involving; the situation is not true about the other four topics: diet & smoking habits, traffic safety, alcohol & driving, social integration with a community. In the first two campaigns there was a tight control study, while in the other three the figures speak for themselves. All were carried in natural field settings where all kinds of distractions were interacting freely with the campaigners' intentions. And, although the first two used interpersonal channels to reinforce media communication, they both stated that the media campaign was quite effective on its own.

### Reasons:

1. The delineation of clear-cut and reasonably practical objectives.
2. The reference to social science research in relation to the understanding of human behaviour and media habits, selectivity, social and cultural norms and restraints, gratification, aspirations, needs and values etc.

3. The application of a thorough study beforehand on the predispositions of the target audiences.
4. A thorough investigation as to what is the true problem to be tackled and the theme to be developed.
5. The co-operation between the researcher and broadcaster into making an artistically creative programme based on research findings and suggestions.
6. The making of the appeals innovative and interesting to overcome public ennui.

It is interesting to note how, in all campaigns about traffic and alcohol described by Mendelson, the thorough research carried before designing the programme portrayed aspects of a problem not realised offhand. For example, the fact that all drivers think that they are "good drivers" and that even "moderate" amounts of alcohol create misperception of traffic risks. In addition, the decision that "drama" would communicate better to the different cultured community shows how explorative thinking is vital to the success of any campaign. Another interesting thing to note is the power of a movie theatre to impart information and at the same time overcome selectivity, which has been ignored for a long time.

Finally, it should be noted that one of the important factors in determining the "so-called" success or failure of an information/persuasion mass media campaign is the "expectations" with which the study is approached.

During and after the Second World War, when the notion of the "all powerful media" was very much in existence, the shock of the findings from experimental research that the media, on their own, were not capable of "sweeping people off their feet", brought down a phase of pessimistic outlook into research of this type. The social scientists

began to find out the immensity of the intervening variables operating within a mass communication situation. The notion of the immutable audience was dislodged. Some researchers attempted to draw up conditions under which mass communications could have direct effects, while others called those conditions simply "salvaging explanations" (McGuire, 1969).

Again, while some researchers regarded those intervening variables as "obstacles" in the way of success, others concentrated on understanding them and accepting them as an integral part of any mass communication situation that has to be accounted for in the final equation. It is this acceptance of those intervening variables as part of a communication situation which brought about the next phase in research on mass media campaign effectiveness. Over the last three decades, an immense amount of research has been going on to understand more about those intervening variables.

Now, researchers approaching a study of mass media campaign do so with the limitations of the media capabilities acknowledged, an understanding of how and why do the intervening variables occur, a multitude of research findings and suggested guidelines to direct them, and conservatively outlined objectives for the study.

It is with those expectations and a tendency to delineate specific elements of success (even in its modest manifestations) that accounts for the accumulating evidence of successful campaigns of the "seventies".

D. ELEMENTS THAT CONTRIBUTE TO THE SUCCESS OR FAILURE OF MASS MEDIA CAMPAIGNS

*What are some of the elements that might contribute to the success or failure of a mass media campaign?*

I. COMMUNICATION SITUATION AND EXTERNAL EVENTS

The first major element that plays a role in determining the outcome of a media campaign is the immediate situational conditions and external events surrounding the reception of a communication. Unfortunately, these variables are, to a large extent, outside the control of the communicator in a natural setting. Each media campaign has to be evaluated on the basis of its unique communication setting and the only way a campaign designer can learn how a specific setting can affect the outcome of a communication is to carry and evaluate more and more campaigns in a variety of settings.

II. AUDIENCE PSYCHOLOGICAL ELEMENTS

The second element is: the audiences' psychologically related variables. These involve the assumption of an active audience in a communication situation and revolve around "selectivity" in exposure, perception, retention, recall and congruence, etc.

These variables are again, to a certain extent, beyond the direct control of the communicator. However, a considerable amount of research has accumulated over the last three decades to give the campaign designer a thorough understanding of the causes for the existence of those variables.

This understanding helps the communicator to set practical objectives accounting for those variables and/or design the

communication in such a way to over-rule them. A thorough analysis before the campaign of the target audience is a vital ingredient for the success of a communication. Besides the knowledge of the basic demographic characteristics of the audience, information about their existing position regarding the topic of the campaign, their social and cultural values, their habits, needs and aspirations - all help the designer to co-ordinate the campaign themes with those findings. Furthermore, a thorough understanding of the theoretical formulations about human behaviour in relation to media use is essential, for example, how mass communications can have differential effects and the conditions upon which mass communications can have direct effects on behaviour. A further possibility (not yet tested) is that, if the designer is able to get enough information beforehand about the type of audience he is dealing with and their relative stand on the campaign topic plus their media habits and skills, he might be able to predict the hierarchy of effects that can occur and mould his strategy of the campaign to create those effects and measure them.

### III COMMUNICATION DESIGN ELEMENT

The third element relates to the design of communication itself and for a communication to be successful, it has to depend largely on the findings from element II. However, this element is very much within the control of the communicators. There is enough experimental findings and guidelines in the literature to help the communicator put together the best combination of variables within the existing conditions. Variables like the credibility of the source, the message content, its format, strategy and type of appeal and choice of channel.

## IV MESSAGE/CHANNEL PRESENTATION AND DISTRIBUTION

The fourth element is part of the overall communication design, but as it has its own problems, we are referring to it individually. Although this element can be categorized as within the direct control of the communicator, we do not have tested guidelines for employing its variables like the previous element. While the previous element has answers depending largely on the examination of variables within controlled laboratory conditions, the difficulty regarding the variables of this element is their dependence for validation on field situations. This is why we have a large number of suggestions, not solutions. If a campaign is to be successful, some plausible answers to those questions might be useful.

For instance, a practical question any designer of a campaign would ask is: How readily 'available' is the communication? A broadcaster of a political campaign might argue that the radio and television is saturated with spots. But then, how saturated should a medium be for the campaign to be successful. Some experimental evidence pointed out that repetition gradually draws attention, enhances recall and eventually familiarity facilitates attitude change. But then, how much repetition becomes pointless, and is it more effective to repeat the same message (spot) or a different message, but same theme? Furthermore, what length (time-span) makes a spot most effective - 30 seconds, 60 seconds, 5 minutes, or maybe a longer, 15 minute, broadcast? One experimental study of political commercials compared the effectiveness of two types of political commercials; image commercial and issue commercial, and two types of lengths; 60 seconds and 5 minutes. The effect was measured in terms of candidate evaluations, recall of commercial content and likelihood of voting for the candidate. Issue commercials resulted in higher candidate

evaluation, while image commercials resulted in greater recall of content. Furthermore, higher evaluation was also achieved by the five minute long commercial, but no significant effect in content recall was attributable to commercial length.

An interaction between type and length of commercials surfaced on the intention to vote measure, and the 60 seconds issue commercial appeared to be slightly superior to other type/length combinations. (Kaid & Sanders, 1978). More experiments like this would give us more definite answers.

Another practical question a designer might ask is: How attention catching is the communication? How does it stand out to the background and other distracting stimuli? Some researchers might argue that the bigger, louder and brighter the message, the more it is attractive. But again, sudden silence, sudden change in the perceived environment, sudden movement, dazzling patterns, are attention catching. It is vital, therefore, to account for the surrounding stimuli (school playground, factory floor, living room, movie theatre) before attraction can be categorized. Furthermore, what combination of those ingredients makes the communication most effective?

A further question might revolve around the fact that, in a natural setting, the message is not alone, it is immersed in a set of other media programmes or messages. So, how does the surrounding programme environment affect campaign effectiveness?

There is a considerable amount of evidence that points out that learning is affected by the emotional environment. (Rapaport, 1961). On the basis of this, it can be assumed that, programme effects are generated from the theoretical standing that viewer interest in programme storyline would

create a temporal drive for closure, and that the existence of this drive for closure would have an impact on the performance of the commercials in the programme. Kennedy (1971) designed an experiment to test how programme environment can effect television thrillers, or a comedy, or a variety show. His experimental results showed that the type of programme environment does, in fact, affect the commercial performance, but the environment is not independent of the product, and product presentation. He argued that pre-testing of commercials should account for the programme environment, otherwise their assessment would be in serious error. This research is only the third of its kind in the field, and much more research is required to find conditions for programme product congruence. Furthermore, the same type of research should be tested in relation to political and other types of campaigns.

#### V CHANNEL-MIX ELEMENTS

The fifth element largely under the control of the communicator but involving a lot of unanswered questions. Although we have gone some way in the understanding of specific channel effectiveness in a campaign, there is still a lot to be gained from further research. To start with, it was previously mentioned how the majority of media researchers have found interpersonal communications to be more superior than media channels for persuasion and precipitating action. However, other findings accumulated from the literature in this research and the field study which will be examined later, seem to be adding to the evidence that television commercial communication can be quite persuasive on their own.

Furthermore, in the advertising sphere, the ability of newspaper ads. to increase sales significantly is an

accepted fact, yet commercial secret! (McNiven, 1963). What about the effectiveness of other media channels? Klapper (1960), in his review of field studies which assessed differential effects of the media, concluded that no medium has been explicitly shown to contribute to persuasion, although all at one time or another had been thought to do so. Today, this is not necessarily true, but still there is a lot of controversial findings. As was discussed in detail in the previous sections, television has been found to be not effective in persuasion in some studies and significantly effective in others. Furthermore, some studies that were able to examine the differential persuasive effectiveness of the various media channels found television to be more effective than radio which in turn was more effective than the press. (Mayo, 1964) Some researchers, however, found that although television was more effective in adding to the consumers' knowledge, newspaper ads. were capable of increasing sales significantly, (McNiven, 1963). But, in a laboratory experiment, Sawyer (1955) tested the effect of estimated majority opinion on attitudes change following live, televised or written persuasive messages, and reported no significant differences. Similarly, Frandsen (1963) examined the level of threat in persuasive messages presented either live, televised or by audio tapes, and found that the media channels had no effect on attitude change. In the political sphere, Keating & Lataué (1976) on the basis of a laboratory experiment, found that if an election candidate is more concerned about the type of image he projects, a t.v. campaign would be the most effective way for him to persuade voters to elect him. If, however, political issues are the main concern of a campaign, it seems that television is no more nor less effective a medium than radio or print. For a similar study see Cohen (1976).

The majority of those findings, however, are not carried in the field, but under laboratory conditions. If the true

effectiveness of those channels are to be examined more systematic research has to be carried in controlled field settings, where numerous other factors are allowed to interact freely and either enhance or decrease the effectiveness of the communication.

What about the question of the optimal media-mix? Again the answers here are not definitive. The only thoroughly documented suggestion is that a mass medium, reinforced by interpersonal communication, produces more effective results. Television plus interpersonal communication has been tested several times and found to be an effective combination. However, studies in rural sociology on the adoption of innovations in developing countries used other combinations. Neurath (1961; 1962) found that the combination of radio and interpersonal communications was the most effective in enhancing knowledge and the adoption of innovations among peasant villages in India. But is television and interpersonal communications more effective than radio and interpersonal communications, or the press? If all the media are used in a campaign, how much of radio and print and television, and with what intensity, is most effective? Such questions need further systematic research to answer them.

Let us present an example of the above situation by quoting a few studies about the best combination (mix) of visual and auditory elements in a campaign. Coffin & Tuchman (1968) found that television campaigns, once established, could be shifted to radio. They explained that the radio extension of the campaign would then reap the benefit of the "image" initiated by the television. In other words, radio advertising using only the audio elements of the message would have the same effect on the receiver of the television message. Therefore, imagery transfer works, but of necessity is a strong theme and substantial television investment.

From this suggestion, Baldwin & Surlin (1969) carried out a study to identify the value of the television image in relation to its effectiveness in a campaign, and whether it differs, is superior, or can be effectively transferred to an auditory image on the radio. They found that there was very little measurable difference between radio and television (audio and audiovisual) commercial messages except for one factor, the attention level. The audiovisual message attracted more attention than the audio message alone. They concluded that advertisers should take a skeptical look at the suggestion that "imagery transfer" is effective before finding the relative effectiveness of each medium.

However, Dickson (1972) tested another type of combination of image co-ordination between media. He measured the effectiveness on sales when point-of-purchase advertising visual images were co-ordinated with television visual image advertising. He found that, when those images are co-ordinated, there was a 15.5% greater productivity over that of displays having similar, but t.v. unrelated point-of-purchase material. He concluded that although this positive effect could be due to the unique circumstances of his study, campaigners might be able to make their campaigns more effective by a thorough investigation of image co-ordination between media.

The point that has to be stressed here is that a large number of experimental findings like those which might help the communicator to co-ordinate a more effective channel mix and message presentation and distribution are largely "commercial secrets", not available to a researcher in the field. The commercial researcher usually concentrates his field experiments on such variables as the total amount of communication pressure, the comparative efficiency of different media and different strategies of scheduling

or distributing messages through a given medium or across media (Bogart, 1973). Those findings would be of extreme interest to the campaign designer. However, an academic communication researcher should realize the limitations of the findings of a commercial researcher. Those limitations revolve around the fact that the commercial analyst is generally content to accept the characteristics of the audience as immutable (Bogart, 1973). Secondly, because of the presence of uncontrollable variables owing to the difficulty of disengaging specific effects of the communication from other effects, the results cannot be evaluated on the methodological basis an academic would require. (Palda, 1966; Britt, 1969). Thirdly, the results tend to be highly specific to the particular product and campaign tactics under investigation, therefore the results have been kept confidential and have not built to a level with which theoretical implications can be drawn.

On the other hand, the academic student of effects being interested ordinarily in relating variables of content of message to predisposition of target audience, have gone some way in understanding human-media relationships and drawing theoretical conceptualizations. But, the academic researcher does not usually have the opportunity to test the theoretical implications in the field like the commercial researcher.

If co-operation is accomplished between those two types of researchers so that a merging of ideas, findings and testing of theoretical implications can occur, we can go a long way towards co-ordinating variables to create effective campaigns.

## VI RESEARCHER-BROADCASTER CO-OPERATION ELEMENT

This element portrays another determining ingredient for the success or failure of a communication. The broadcasters might have the essential skills and artistic creativity to make a campaign attractive, but in many cases, they do not know the real problem involved behind a campaign and the audiences' true reaction and feedback to what they view. Reactions to a programme depend on a subtle interplay between the content of the communication which can be shaped by the producer's image of his audience and the real characteristics and predisposition of the audience. Many times, although the content is brilliantly created, the image the producer has of his audience is not accurate. There are several examples in the literature of failure of a communications message to communicate to the target audience, because the theme depended on the broadcaster's stereotype of his audience instead of the documented suggestions of the researcher. Mendelson (1973), Halloran (1971) Gurevitch (1971), Himmelweit (1963), all discuss the problems surrounding the lack of co-operation of the researcher and broadcaster and the resulting confusion.

For an information/persuasion campaign to be successful, this co-operation is absolutely necessary.

## VII METHODOLOGICAL ELEMENT

This is the most difficult element facing a communication researcher. Although some researchers argue that putting the blame for the lack of effectiveness of media campaigns on methodological problems is only one way of salvaging the situation (McGuire, 1969), the truth is the problem

still exists. Ball (1976) emphasized that we are still facing difficult problems regarding the evaluation of media campaigns in natural settings. Problems like applying a true experiment with valid control in the field, sampling, ensuring validity and reliability of measures, as well as administering the campaign to fulfill the set design within reasonable cost and effort are very salient. (The next Chapter discusses further this problem.)

This study does not attempt to solve all the problems of effective campaigns even though the intention was there all through. However, a description of the problems and limitations, as well as the vast possibilities available, helps to give the future designer of a campaign a better understanding as to what is involved. The following outline describes briefly what points one should consider and ponder upon before designing the campaign.

OUTLINE OF ELEMENTS AFFECTING THE SUCCESS OR FAILURE  
OF MASS MEDIA INFORMATION/PERSUASION CAMPAIGNS

I. Communication. Situation and External Events.

II. Audience Psychological Elements

<ul style="list-style-type: none"> <li>→ SELECTIVITY</li> <li>a) selective attention</li> <li>b) selective perception</li> <li>c) selective retention and recall.</li> </ul>	<p>MOTIVATIONAL DIMENSIONS ACCOUNTED FOR:</p> <p>Taste and Habit</p> <p>Consistency and Congruity</p> <p>Uses, Needs and Gratifications</p>
<ul style="list-style-type: none"> <li>→ PREDISPOSITIONS</li> <li>a) cognition: information</li> <li>b) image</li> <li>c) beliefs</li> <li>d) attitudes</li> <li>e) behaviour</li> </ul>	<p>EXISTING FRAME-OF-REFERENCE DUE TO:</p> <p>1. Individual learning and personality differences</p> <p>2. Categorical classification</p> <p>3. Social and cultural conformity (influence of family, peer group, societal and cultural norms).</p>

III. Communication Elements

A. SOURCE

- a) credibility: expertise/trustworthiness
- b) similarity
- c) attractiveness

B. MESSAGE CONTENT

- a) Format:
  - i) order of presentation
  - ii) primary recency
  - iii) message noise
- b) Strategy:
  - i) blatant intent vs. disguised
  - ii) goal specific vs. ambiguous
  - iii) single vs. multiple goals

- c) Appeal:
  - i. emotional vs. rational
  - ii. fear threat: high, low, moderate, none
  - iii. drama vs. documentary
  - iv. fictitious vs. truthful
  - v. dream oriented vs. reality oriented

#### IV. Channel/Message Presentation & Distribution

- a) availability (physical)
- b) repetition
- c) frequency of repetition
- d) frequency span
- e) time span of message
- f) presentation time (peak, etc.)
- g) programme surroundings
- h) attention catching ingredients
- i) innovative designs

#### V. Channel-Mix

- a) single vs. multi-media
- b) mass medium plus personal source mix
- c) medium choice and intensity
- d) medium image transfer
- e) channel noise

#### VI. Researcher-Broadcaster Co-operation

##### DEVELOPMENT OF THEMES ON THE BASIS OF:

- a) researchers analysis of audience predispositions
- b) researchers analysis of true problem
- c) producers skill and artistic creativity
- d) measurement of feedback & reorganization of programmes

#### VII. Methodological Elements

- a) specifying objectives
- b) choice of appropriate design
- c) use of multiple indicators

## CHAPTER VII

### STRATEGY AND DESIGN OF THE MAIN STUDY

This Chapter integrates the empirical and theoretical studies presented in the previous Chapters with a suggested framework for the strategy and design of the main study.

There are two basic questions involved in relation to this analysis:-

- A. How to approach the target population
- B. How to design a campaign whose effectiveness can be measured and evaluated.

#### A. HOW TO APPROACH THE TARGET POPULATION

To start with, the target population are female school pupils of ages ranging between 13 and 17 years (a more thorough description is presented later).

The main objective of the campaign would be to try to persuade those pupils to consider joining the Nursing Profession, which is in need of more Bahraini applicants.

#### I. SPECIFIC OBJECTIVES

##### 1. Information Level:

For items included in the campaign programmes, post programme knowledge should be greater in the experimental groups than the control group.

2. Image Change:

The social image of the Nursing Profession (as measured by the items in the study) should show a larger positive shift in the experimental groups than in the control group from before to after the campaign.

3. Attitude Change:

The attitude towards the nursing profession, both general and specific (as measured by items in this study), should show a larger positive shift in the experimental groups than in the control group from before to after the campaign.

4. Behaviour Change:

There should be a larger number of female applicants for this campaign year as compared to the previous two years.

5. Qualitative Change: Applicants' characteristic change

There should be a change in the 'calibre' academic standard, of the pupils applying this year, as compared to the past two years.

The "change" referred to here would simply be used to mean a shift in position (on a measurement scale) from the one held by the individual (or found on a register) before the programme to a point nearer to the position propagated by the communicator. However, if the previous position held is already in accordance with the one being propagated, then it is hoped that the change would reflect a further reinforcement of existing position and not a deterioration. For example, if a subject already "agrees" with a specific favourable image of Nursing, it would be hoped that she would "strongly agree" with this position after the programme.

As it can be seen, there are several levels of change desired:

### Information, Image, Attitude and Behaviour.

Those changes relate to every individual. The 'calibre' change would involve, for example, the change from applicants with a 70% average of school marks to more applicants with an 80% school average.

## II. ASSESSING THE SITUATION

How to design an information-persuasion campaign in which the target audience consists of adolescent female school pupils.

Ideally, the campaign should be carried out in a natural setting. However, such a decision in itself brings forth a number of complications. We would have to account for the effectiveness of the campaign on recipients, other than the target audience and whose opinions, views, beliefs, etc., would interact with those of the target audience. Therefore, a definition of the "social culture" we will be dealing with is a prerequisite. What sort of society and culture dominates the lifestyles of the target audience? What form of social relationships and decision-making processes would we be involved in? Should we direct the campaign programmes only to the target audience assuming that they are rational information-processing individuals who make their own decisions; or, are we going to give more importance to the influence and social approval of family, friends and traditional cultural norms in the final decision-making process? In addition, we should not forget that we are dealing mainly with adolescent schoolgirls, whose age and sex are vital factors in determining the type of appeal the campaign should encompass. The interests and dreams, and aspirations, of this age group should be considered carefully.

What about the media channels through which the campaign is to be transmitted? How does our target audience use those channels? Which is the most available media channel? Which is the most trusted and believed media channel? Which is the favourite media channel? In what context are the media channels used? Does the target audience depend more on interpersonal channels for their decision-making?

In connection with the campaign design, we have to make a decision as to how to overcome selectivity. If the campaign is to be carried out in a naturalistic setting, we will be faced with a number of alternative impinging stimuli distracting the pupils from our campaign. For instance, if we decided that television is the channel medium most trusted, believed and used by our target audience, carrying out a television campaign brings forth a number of problems. First of all, in Bahrain, television is widely available and there are very few (if any) families who do not have a set, or view at some time. But, there are seven other channels that can be seen on the screen besides Bahrain local station. There is Saudi Arabia, Kuwait, Dhahran, Qatar, Abu Dhabi, and even Iran and Oman. Therefore, to overcome selectivity we might have to find out the time when the majority of pupils switch on Bahrain television and try to put through our programmes then. We might also have to repeat the programmes several times so that at least one of them is viewed. We might also decide to use another channel to reinforce the television programme. Maybe the radio and the press; billboards in the streets, or a lecture in the school and classes.

However, we do not only have to deal with the physical selectivity but psychological selectivity in attention, perception etc. The production of the programmes has to be attention catching and emotive. It has to be made in accordance with the

habits, tastes and likes of the target audience. The themes have to be designed in such a way that they do not bring up the defense mechanisms of the audience, but are more in accordance with societal norms. Still, the dreams, aspirations, ambitions of schoolgirls of this age, their needs and gratifications, should be put forth. It is very important here to set a balance as to what is interesting and relevant to the schoolgirls, yet at the same time not offensive to the girl's parents and teachers whose points of view could be very important in the final decision-making process.

Further questioning should be done in connection with the topic of the campaign to find out the resistances and develop the themes. What information do those pupils have about the Nursing Profession and Nurses? What social image does Nursing hold? What is their attitude towards this job? Moreover, what is the attitude of those pupils towards women's role and work? We have to realize that we are in a society where working women are not a phenomena taken for granted!

Once all this has been clarified, then comes the problem of deciding what strategy and type of appeal is most relevant to the situation at hand and the kind of audience with which we are dealing. Should the appeal be made in a pedagogic manner, or in dramatic form? Should it be emotional or rational? Should it be fictional or truthful? Should it involve an element of fear and threat, or not? Should the intent of the campaign be made blatant and specific, or disguised and ambiguous? What source type should ideally convey the message?

The final problem to solve would be to find the best design which should be used so that the effectiveness of this campaign can be measured. This last problem is dealt with in the next Section.

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Although the hypothesis, assumptions, strategy and plan are presented here, the thorough pilot studies carried and explained show how some of those assumptions and plans have been modified and some changed.

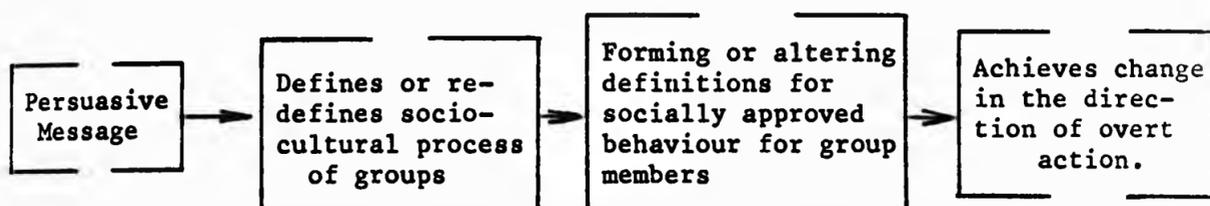
### III. THE CULTURAL MODEL

To define the culture we will be dealing with, let us first quote Margaret Mead's description of societies.

"There are societies having deeply institutionalized cultures that provide the individual with ready-made reality against which to interpret new phenomena. Other societies are at the other extreme, when the individual is at his own to construct modes of reaction to new events on the basis of his own internal processes." (Mead, 1937)

On the basis of the researcher's first hand knowledge of the society and culture in which the study was to be carried, the following assumption was made. The society is, to a very large extent, dependent on ready-made reality against which the individual interprets new phenomena. It has a deeply institutionalized religious culture (Islam) and the average individual rarely questions its teachings. Conformity is atypical behaviour pattern, even for those who have doubts. Social pressure is too strong, and peace and harmony can only be achieved by conformity to the traditional rules.

Therefore the most cogent persuasive strategy to use in this context is De Fleur's "Socio-Cultural-Model" which states in diagram form:



(The theory behind this diagram is explained fully in Chapter IV).

#### IV. HYPOTHESIS AND ASSUMPTIONS

##### 1. Consistency and Congruity:

The target population (in this context) are more likely to accept change when it is not in conflict with their normative and traditional religious beliefs.

##### 2. Uses and Gratifications:

They are more likely to accept the proposed change when they "perceive" it to have advantages which can be demonstrated in the present or are anticipated in the future. Advantages can mean a number of things; it can mean material gains, prestige, social approval, meaning to life, job satisfaction, etc.

##### 3. Source Credibility:

They are more likely to accept change when it is introduced by people whom they consider as important and competent. For instance, it can be a liberal religious figure, or a successful attractive nurse figure, with whom they can identify.

##### 4. Modal Traits:

They are more likely to accept change when it is in accord with the "modal personality traits" of their

society, or goals they are seeking (Doob, 1968). For example here, independence within "approved social" structure.

5. Simplicity for Learning:

They are more likely to accept the proposed change when it makes demands whose components they have already learned or felt confident to learn.

Therefore, we expect to be dealing with a situation where we are basing our analysis of change on the assumption that human beings cannot tolerate inconsistency and whenever inconsistency exists in a person, she will try to eliminate or reduce it. (Festinger, 1957)

In other words, the point is to approach the target population making the object of persuasion (positively viewing Nursing) look like a normative approved aspect of society, (so a dissonant element would be made to look like a consonant one). Thus, assuming that dissonance exists within the target population regarding the social prestige of the Nursing profession as different from its humanitarian aspect, finding a socially approved way to reduce this dissonance will help propagate change.

V. THE THEORETICAL STRATEGY

Therefore, the strategy to be used is one that portrays the normative structure of the group and stresses social approval. In specific terms:

- 1) The communicator can stress the way in which a specific 'role' is defined (so as to include the use of the object of persuasion). Such messages can demonstrate how adoption of the communicator's propagated role is normative in the group

within which this role lies. The communicator can show how the non-adopter is a deviant and non-conformist (in the negative sense).

- ii) At the same time, the manner in which social rewards and social approval are given to the adopter of the communicator's goals can be stressed.
- iii) Finally, the manner in which adoption achieves group integration, and how this behaviour is consistent with approved group values can be brought out. (See page 209 for a diagram). This strategy, which is based on De Fleur's (1972) Socio-Cultural model has not been tested to my knowledge.

#### VI. THE PLAN

To sum up, the plan for this social change is portrayed. The questions of this plan are taken from Kahneman & Schild (1966), and the answers are adapted to this study.

- 1. a) WHOSE BEHAVIOUR IS TO BE CHANGED?  
Second intermediate and last secondary class female Bahraini pupils. (These grades are explained in the next Chapter).
- b) WHAT IS THE PRECISE NATURE OF THE CHANGE DESIRED?
  - i) Learning change. Better information about the Nursing profession.
  - ii) Attitude change. Positive attitudes towards the Nursing profession.
  - iii) Behaviour change. More recruits into the Nursing School

iv) Social category change. Better 'calibre' of girls getting into the Nursing School.

2. WHAT GROUPS OF INDIVIDUALS ARE LIKELY TO PLAY A CENTRAL ROLE IN THE PROCESS OF CHANGE OR IN THE RESISTANCE TO CHANGE?

- (a) Relevant groups:  
Family and relatives, teacher and friends;
- (b) Influentials in the group:  
The father and elder brother. To a lesser extent, the mother. They are all, more or less, restricted by religious teachings.

3. FOR EACH KEY INDIVIDUAL, WHAT ARE THE MAJOR DETERMINANTS OF THE RESPONSE TO THE PROPOSED CHANGE?

- (a) Motivational:  
A desire for medical knowledge and independence.
- (b) Restraining Forces:  
Conformity pressure and fear of becoming a deviant. (Elaboration on those points are discussed in the next Chapter, Section H.)

4. WHAT IS THE STRUCTURE OF PERSONAL INFLUENCE IN THE COMMUNITY?

Who are the persons to be directly approached by the agents? They are specifically the person herself, but also the father, elder brother and mother. Again, one has to accept the fact that influentials like the father are themselves influenced by the religious structure.

5. FOR EACH INDIVIDUAL TO BE APPROACHED:

- (a) What can the agent do to reduce restraining forces (including how to avoid the needless arousal of antagonism), and how to increase

driving forces?

To approach from their own normative structure and present the object of change in such a way that it is regarded as one of social approval. The stress in this context is to approach them from a religiously based setting.

- (b) What are the aims of approaching this person, mobilization of active support or neutralization of opposition?

The aim is that, as a result of neutralizing the resistances towards the object of persuasion, and making it look culturally approved, active participation would consequently take place.

#### 6. RE-EVALUATION

Can this change be obtained within reasonable time and cost?

This study was completely backed by financial and administrative government support.

B. HOW TO DESIGN A CAMPAIGN WHOSE EFFECTIVENESS CAN BE MEASURED AND EVALUATED.

Before attempting to answer this question, it is interesting to put forward another question: Is measuring <sup>the</sup> effectiveness of a campaign worthwhile?

There are several critics who would argue against the waste of resources in designing and measuring the effectiveness of campaigns, especially as data has been accumulating regarding the ineffectiveness of campaigns, some with good designs. For example, O'Keefe, (1971); Cook, (1966); Robertson, (1976); and others.

However, this is not the view held in this study. With an operation as expensive and time-consuming as broadcasting, neither the industry nor the public can afford to remain in ignorance over the effectiveness of specific campaigns or programmes. Effectiveness studies are vital, as they can be made to provide positive and specific help, for it is usually possible to make them yield quite a lot of information, or at least hypotheses, about the possible causes of failure or success of the programme or campaign. Though such insights are, in a sense, "wisdom after the event", as put by Belson (1967), they are useful and usable, as they can promote and guide the elimination of certain failure elements from other programmes or campaigns.

Belson (1967) emphasized that, if in developing a programme or campaign, the broadcaster has called for and made good use of a "planning study", the chances of that programme failing to do what it was intended to do will be considerably reduced. This, however, is not a guarantee against failure. The planning study provides guidelines, but there are many ways in which the operation can go wrong. Because research

has shown extensive failure evidence of programmes and campaigns, therefore this adds to the importance of carrying out effective measurements. Several other researchers also support this position. (Nunnally 1975); Campbell & Stanley, 1963; Emmett, 1965).

#### I. REQUIREMENTS FOR VALID CAMPAIGN EVALUATION

Haskins (1970) described campaign evaluation as the "measurement of the relevant effects of a campaign". He explained how several characteristics are necessary to measure truly the effects of communication in the real world.

##### 1. "NATURALISTIC COMMUNICATION CONDITIONS SHOULD PREVAIL DURING THE RESEARCH".

- (a) Normal representatives of the target audience should get normal messages through normal media in their normal surroundings.
- (b) Message distribution should be unobtrusive in the sense that the subjects are unaware of any special research purpose of the communication. Messages should be presented by normal spokesmen, rather than some special interviewer or investigator.
- (c) Normal selective attention and incidental learning should be operative. "Noise", in the form of competing stimuli and messages, other persons and social interaction, as normally present, should be operative.

2. "THE RELATIONSHIP BETWEEN CAUSE AND EFFECT SHOULD BE CLEAR".

The measurement effects should be demonstrably due to the communication treatment(s) and nothing else. To do this:

- (a) Treatment assignment must be under control of and manipulated by the investigator.
- (b) A control over alternative treatment groups should be used for comparison.
- (c) Assignment of subjects or sampling units should be random rather than purposive.
- (d) The experimental design should permit elimination of uncontrollable influences, such as "historical, maturation and instrumentation effects."

3. "MEASUREMENT SHOULD BE UNOBTRUSIVE AND VALID".

Unobtrusive, non-reactive measures should be used where possible or, at the very least, no perceptible connection between communication and measurement should be apparent.

- (a) The choice of the dependent variable should be based on pertinence to the criterion behaviour under investigation, rather than convenience.
- (b) The period between treatment and measurement should be long enough to get a long-term, as well as immediate, effect.
- (c) Random sampling of subjects from the target audience.

- (d) A high recovery rate of data from the chosen sample.
- (e) A large enough size to detect expected small changes.

4. "THE TOTAL COMMUNICATIONS AND RESEARCH DESIGN SHOULD BE ACCURATELY EXECUTED"

The design of a campaign is relatively easy, the execution of it is very laborious. The total plan should be followed exactly, and any deviations should be equal among all treatment groups.

In short, to ensure the external validity of a campaign, the naturalistic setting and the application of valid measurements are necessary to be able to generalize to the real world. In addition, a true experimental design, or a design where cause and effect are clear, is necessary for internal validity of the study.

Therefore, a proper experimental design in a naturalistic setting is necessary to evaluate the effects of a communication campaign.

This is all very desirable, but in a real life situation, it is extremely difficult and laborious to keep to those standards. To start with, if the funds are available, this simplifies some of the problems of applying the research in a naturalistic setting. Moreover, it is possible to design measures that are (to a certain extent) unobtrusive and disguised. But, carrying a campaign in a natural setting, in itself, brings forth a major difficulty, and that is applying a "true experiment" in the field.

Considering true experimental designs for measuring the effectiveness of mass media campaigns, there are several

alternatives one can choose from. The pre-test, post-test control group design, the Solomon four-group design, the post-test only control group design. All have their strong points and weak ones and have to be chosen in accordance with the conditions and priorities of the study. (See Campbell & Stanley, 1963).

However, there is one basic requirement for all those designs which is difficult to apply in a natural field setting: the random assignment of subjects to treatments. Let us start with the fact that, if one is able to carry this random assignment, how would one guarantee fidelity of the treatment groups? How could one ensure that those assigned to the experimental treatment actually viewed the programmes and those assigned to control did not? When we are evaluating a series of programmes, not one, this becomes even more difficult.

Ball (1976) suggested three possibilities to deal with this problem of fidelity as compiled from previous studies facing this situation.

1. To overcome "fidelity", one can verbally encourage the experimental subjects to view the designated programme(s) and not encourage the control group. Ball & Bogatz (1970) pointed out that this was minimally effective. However, in their study, instead of the fear of having a small experimental and a large control group, they had the opposite situation. To account for the small number of the control group, they had to carry a number of different logical and statistical techniques to try to sort out the effect of viewing in comparing the two groups. Another drawback to this possibility is the "reactivity" involved in encouraging the group to view, with the dependent variable of the study.

2. Another way of implementing a true experimental design and at the same time overcoming fidelity, is to put the series to be evaluated on cable television, or U.H.F. stations and to provide reception capability of this station to the randomly selected experimental group. Again, Bogatz & Ball (1971) tried this technique and found it possible to apply. However, this technique has the disadvantage of the fact that one can generalize the findings only to such audiences as potential cable subscribers. On the other hand, it is expensive to install and maintain cable in the experimental subjects' homes.
  
3. A third possibility is to assign control subjects to view a different television programme broadcast at the same time as the experimental subjects. To ensure viewing and assess the fidelity, reminder telephone calls should be placed to all subjects immediately before and after the programmes. Differences between the two groups measured at post-test can therefore be attributed to the differences in the programmes viewed. (Ball, Bogatz, Kazarow & Rubin, 1974).

The biggest drawback of this alternative is "reactivity". How can one argue confidently that the impact was due to the treatment alone, to the processes used to keep the treatment groups intact, or to some interaction of these? However, if reactivity can be shown to be of little consequence, this study merits a lot of consideration.

One way to test reactivity is to "keep back" some of the subjects of the experimental treatment group by not calling them DIRECTLY before the programme for encouragement, but do that just at the beginning of the research. Differences between the two experimental treatment groups would show whether there was a significant impact of the extra telephone calls administered.

These examples do not exhaust the possibilities for a way to use the true experimental design in the field.

However, in the majority of cases, the implementation of a true experimental design in assessing the effectiveness of media programme(s) is not possible. . It could be too expensive, cumbersome, impractical or unethical. Specifically in cases where it is unfair to prevent a specific group from viewing, the random assignment of experimental and control groups becomes impossible. In such cases, a weaker quasi-experimental design becomes more logical to use. (Rubin, 1974).

Belson, (1956), Emmett (1965), Campbell & Stanley (1963); Campbell (1969); Nunnally (1975); and others all discussed how to implement an experimental design in a field setting to evaluate the effectiveness of programmes.

The following analysis would be a portrayal of the different approaches suggested by them leading towards the design found to be most appropriate for this study.

We will be selective in choosing the designs which could possibly apply to this study.

## II. POSSIBLE DESIGNS

### 1) The Simple Before/After Design

This is the simplest technique, but in no way efficient. The attitudes of the target population are measured before and after the programme is presented, and the difference between the two is the measure desired.

#### WEAKNESSES:

- i) Influences other than the exposure to the programme itself can enter into the experimental situation in such a way that the

effects of these influences become confused with those of the programme.

- ii) Testing reactivity might occur when the same people are tested before and after the programme which might produce misleading results. The testing before might influence the population, especially if the tests are concerned with awareness of facts or learning situations presented in the programmes.

2) Before/After Design with Control Material

This is the simplest design that might be considered reasonably safe to use as a development of the before/after system. Two separate samples are used, each drawn randomly, so that barring sampling error, one might be considered equivalent to the other. Either one of them is regarded as the before sample, and the other as the after sample. The before sample is tested just before the broadcast, the after just after the broadcast (the tests being identical), thus eliminating the effect of double-testing, test retest influences. The tests relate to whatever programme is expected or intended to modify or change knowledge, attitudes or certain kinds of behaviour.

To control for the influence of non-programme events, extending the tests to include knowledge of a range of facts relating to the topic of the programme, but not given in the programme itself, (i.e. non-programme facts). The idea is the differences in the score for non-programme facts could point to the operation, (influence of factors other than the programme itself). Also a note is kept of any events that might influence subjects.

**WEAKNESSES:**

This kind of control tells us what kind of extraneous variables to look for, but not how much they have influenced the subjects.

Both Belson and Emmett suggest the application of further control to reduce ambiguity. They declare that one of the best ways is to conduct a series of tests, (on a series of equivalent samples) at chosen points in time. Just before the campaign starts, several times during it, and several times after it. If, at each of the above points, control material of the kind indicated above is gathered, then ambiguity as to whether or not the programme is producing changes would be reduced to a certain degree.

This research feature detects changes for the sample as a whole and not simply for those sections of it who underwent exposure to the programme.

3) Modified Before/After Design using Control Groups

To reduce the ambiguity of "how much influence" is inherent in the design of control material, one should use control groups; this could be over and above such control of material as available. The subtraction of the changes in the control from the changes in the experimental would leave the researcher with a quantitative assessment of the impact of the programme.

There are several kinds of control groups. They could be drawn from:

- (a) Area other than that in which the programme is broadcast;

(b) People who, for one reason or another, did not happen to see the programme. (It could be that they were prevented by the investigator as such).

(a) CONTROL GROUPS DRAWN FROM ANOTHER AREA

Area 1	Area 2
E1 tested before X	C1 tested before X
Broadcast of Programme X in Area 1	-
Other Events and influences	Other Events and influences
E2 tested after X	C2 tested after X

Two control groups may be drawn from an area; let it be called Area 2, in which the programme under study, called programme X, is not broadcast. In Area 1, where the test programme X is to be broadcast, two equivalent samples of the population are drawn on random samples. Either one of them is regarded as the before sample (E1), and the other is regarded as the after sample (E2). In the control Area 2, two equivalent samples are selected in the same way, each representative of the population in Area 2. Either one of them is regarded as the before control (C1), and the other as the after control, (C2). All four groups are given exactly the same tests under equivalent conditions. E1 and C1 are tested at the same time shortly before the broadcast of programme X. E2 and C2 are tested at the same time after the broadcast.

$$\text{Effect of Programme X} = (\text{E2 test score} - \text{E1 test score}) - (\text{C2 test score} - \text{C1 test score}).$$

## WEAKNESSES:

- i) The extraneous events in Area 2 will not necessarily be the same as the extraneous events in Area 1.
- ii) The effect of an event in Area 1 will not necessarily be equal to the effect of that same event in Area 2.

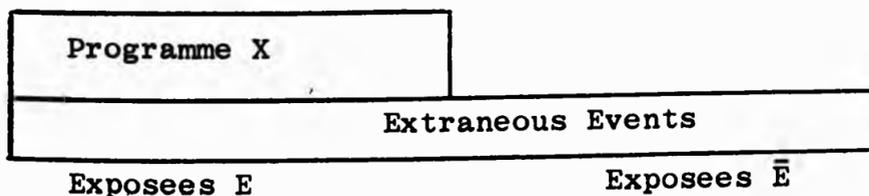
Drawing conclusions, therefore, from such design should be regarded as potentially dangerous. (This design has been set as produced by Belson).

- (b) Control groups drawn from those who did not happen to see the programme creates self-selection bias. This will be discussed later.

4) The Stable Correlate Technique

This is the design that is most recommended by Belson and that was elaborated and improved by him.

Suppose Programme X is intended to produce change to a particular attitude, A. After programme X, tests were made to see attitude A of a sample who saw X, and a sample who did not see X. Any difference between the two test scores would be interpreted as a mixture of the programme and any original differences between samples. The stable correlate is a way of sieving out all the original differences between the two samples.



Difference in test score  $E @ \bar{E}$  = Effects of exposure to programme X + effects of the original differences between exposees and non-exposees.

The purpose of this method is to render the non-exposee sample equivalent to the exposee sample in terms of all characteristics which are correlated to the test score. If this can be done fully, and provided the characteristics are not themselves open to influence from programme X, then the remaining difference in test score ought to represent an effect of exposure to programme X.

Some requirements of matching variables:

- i) The matching variables must be associated with both test score and sample differences.
- ii) The matching variables must be stable, i.e., they cannot be attitudes or interests that can change.
- iii) Matching variables are selected as a small composite of variables all of which must be relatively independent of one another.

To meet these and other requirements, the proposed matching variables have to be drawn from a large pool of proposed matching variables.

The main weakness of this design is that the selection of the matching variables is a very long, tiresome and complex procedure. Often the effects criterion involves not one, but many scores, and one would need to find the stable correlates of every one of these. There are other statistical weaknesses, such as regression towards the mean, which will be explained later in the text. A discussion of the difficulties of this design is also presented in Emmett, (1965).

5) The Modified "Before/After" design using Control Groups  
(Belson, 1967).

This design is also called the "Separate Sample Pre-test/ Post-test Control Group Design" by Campbell and Stanley, (1963).

The design in steps goes as follows:

1. Two random samples of the target population are assigned in the programme area (not a different area). They have to be largely equivalent and either one is designated as the "before" group, and the other the "after" group.
2. Before the broadcast, the "before" group are tested with the desired questionnaires or interviews etc., regarding the topic of the broadcast. No other contact is made with this group until after the programme only to find out whether they have, or have not, seen the programme. On the basis of this, they are categorized as the Experimental and Control pre-broadcast group (E1 and C1).
3. After the programme, members of the "after" group are tested for the first time. Exactly the same tests are used on them as the "before" group, so as to overcome the problem of instrumentation. They are then classified as the Experiment and Control post-broadcast group (E2 and C2). Belson tabled this design as follows:

Exposees	Controls (Non-Exposees)
E1 Pre-broadcast Exposees (ie. they eventually see X)	C1 Pre-broadcast controls (ie. they eventually do not see X)
Programme (X)	
Extraneous Influences	
E2 Post-broadcast Exposees (ie. they did happen to see X)	C2 Post-broadcast controls (ie. they did not happen to see X.)

The score  $E2 - E1$  = measurement of combined effects of the programme and all the extraneous influences.

The score  $C2 - C1$  = all the extraneous influences other than the programme.

Therefore, effect of the programme  $X = (E2 - E1) - (C2 - C1)$

In other words, the people exposed to the programme are also exposed to extraneous events. The controls are exposed only to extraneous events. Hence, the effect of the broadcast campaign can be assessed by subtracting the change (in scores) of the controls from the change (in scores) of the exposees.

This is argued to be an excellent design (Campbell & Stanley, 1963)

## WEAKNESSES:

1. It is very expensive. For example, if we expect 20% of the people to watch the programme, and each of the four groups to yield 300 people, then for a programme of 20% audience to yield 300 exposees, the total "before" sample has to be at least 6000 subjects, and the same would apply to the "after" sample.
2. Because the groups are self-selected in relation to the programme under study, to increase efficiency matching E1, E2, C1 and C2 in terms of correlates to the test score might be necessary.
3. Having to match, in itself, creates a lot of problems, especially "regression" towards the mean.

There is an ammendment which, together with this design makes it a "perfect combination". In fact, this ammendment is suggested for the betterment of all designs (Emmett, 1966). It is based on Campbell & Stanley's (1963) time series design and it argues that repeated measurements on the same samples over a period of time before and after the programme can increase the confidence that the perceived changes are genuinely the effect of the programme and nothing else. Again, although this is desirable, it might not be feasible to get hold of the same group over a period of time. Secondly, several repeated measurements, in themselves, might interact with the actual change measured.

Summing Up

Those examples (they are not exhaustive) show us that there is no perfect design yet available. They all have their

advantages and weaknesses. Some are better than others, yet not feasible, and vice versa. Therefore, when deciding which design to choose for evaluating a campaign, one has to specify what one is looking for, and set priorities.

1. Should priority be given to internal validity of the design or its external validity?
2. Is there a need for a cheap, quick and simple design which does not control for the influence of chance or one which is complicated, expensive, but efficiently controlled?
3. Should stress be put on thorough statistical control of every step at the expense of missing a lot of relevant information?
4. Should the effectiveness be measured on an individual basis or the overall population?

The final point to stress is that, when considering broadcasting effects, one should frequently remind oneself of Joseph Klapper's warning about fallacious "one-to-one cause and effects models" in mass media research, and the temptation of seeing "simple and direct effects" of which broadcasting is treated as the "sole and sufficient cause". It is true that we usually wish in our work to isolate, pinpoint and define the magnitude of a broadcast effect upon information levels and attitudes in various spheres. But, as is confirmed by Blumer (1959), in order to understand the significance of television viewing in a realistic context, we must also examine its interaction with other variables in production of certain effects. In other words, other influential variables are not distracting factors or "obstacles" to be controlled, they also deserve attention in their own right, partly because they can shape the kind of effect that broadcasting exerts.

### III. THE CHOSEN DESIGN

The design chosen is a simple and practical one, accounting for the priorities and circumstances of the study. It is the non-equivalent pre-test/post-test control group design, supported by control material and a small controlled post-test group only.

#### Background for Choice

1. Bahrain is a relatively small island with only one local television broadcasting station. Therefore, randomly dividing the target population into experimental areas and control areas which cannot view the programmes is not possible.
2. Bahraini television viewers can watch as many as six other television station channels on their screens from the neighbouring countries, Saudi Arabia, Dhahran, Kuwait, Qatar, U.A.E., and Oman; therefore, physical availability of so many alternatives makes selectivity high. This means that having an elaborate design like the "counterbalanced designs" might render extremely small numbers of subjects in each cell, thus making statistical analysis difficult.
3. The campaign's aim is to encourage female pupils to think about and eventually join Nursing; therefore, a randomly assigned control group preventing them from watching the programmes is unfair. Furthermore, there will be more than one television programme and assuring "fidelity" in this case is even more difficult. In addition to all this, it would be interesting to direct some attention to the characteristics of those self-selected viewers for this might tell us the programme's impact on real world viewers and give us a realistic assessment of the programme's effect.

4. Stanley & Campbell (1963) suggested that this design is best used when:
  - i) The more similar are the experimental and control groups in recruitment.
  - ii) The more similar are their pre-test scores.

Both those assumptions are considered to be true of this study. Firstly, female pupils of this age, and in this culture, tend to have very similar ideas, aspirations, characteristics etc. The pilot studies showed the girls to produce similar answers to many questions.

5. The application of pre-test/post-test type of design was found to be best for this study on the basis of the following reasons:
  - i) We are not interested only in the overall effect of the study only, but individual analysis as well.
  - ii) It is in practice possible to get hold of the same subjects over a period of three months, which is ideal.
  - iii) The precision of any comparison is greatly improved if the same samples are used.
  - iv) Before/After measures on the same sample gives us the opportunity to study effectiveness on an individual by individual basis. This is particularly cogent when attitude change is the object of enquiry. As put by Emmett, (1965),

"the mechanism of attitude formulation and change is extremely complex, many different theories have been pronounced to account for the diverse results obtained in psychological experiments. The essence of these theories is that the self-same experimental treatment will, in various circumstances, produce dramatically opposite changes in attitude. A calculation of the total attitude shift may thus grossly underestimate the effects of a broadcast, owing to the cancelling out of shifts in the opposite directions."

As pre-testing has been chosen to be part of the intended design, a number of precautions have been taken to overcome the problem of testing reactivity, that is the interaction of the treatment effects of the programmes within the test.

1. Great care and expense has been spent to disguise the topic and intention of the campaign within the testing instruments. In the case of this study, some questionnaires revolved around the assessment of several jobs, besides the Nursing job. Even the post-tests involved one other job besides the target job.
2. The inclusion of the assessment of other jobs, besides the target job, in the questionnaires was also intended to act as another type of control to the design, control of "materials". For example, the change of the subject's attitude towards the "teaching" profession from before to after the treatment would be attributed to variables other than the treatment itself (some extraneous variables). The amount of change in this control material will help determine true effectiveness of our treatment (intended effects).

3. The study would include multiple indicators of change and not only a measure of attitude change. Moreover, the intention of the study is to go on beyond written behavioural change to actual behavioural change in joining Nursing.

As the final criterion is overt action, the problem of depending on a possibly biased estimated error of the effectiveness of the treatment, as measured by the post-test questionnaires should not be a major drawback.

A small control group representing all ages will be left not pre-tested to check further for the testing reactivity problem.

In actual fact, the real problem facing this design is the possible unequivalence of the groups because of selective viewing in a natural setting. If comparability between the groups is shown, then attributing the effects to the treatment itself would be greatly enhanced. This is a key problem facing all media research in natural environments. What can be done to achieve this comparability between the groups?

- a) Find out whether the mean pre-tests of all the groups are not significantly different.
- b) Find out whether the total population have, to a large extent, similar characteristics relevant to the dependent variables.
- c) Match the groups involved.

The first two points were found true of this study, as will be discussed in the following chapters.

In connection with the third point: matching the groups. This process can be argued to create several problems in itself. Some evaluators consider matching to be a drawback instead of a help, especially for this before/after design, (Campbell, Stanley, 1963).

As testing is done both before and after the programmes, and as the groups are self-selected and not random, regression towards the mean can be considered a questionable validity problem of this design. Uniform regression between the experimental and control groups is more probable where the groups are selected on a random basis.

Moreover, the possibility of uneven regression of change scores towards the mean (see page 490) is increased when :-

- (a) either the experimental or control groups are selected for extreme scores on the dependent variable or a correlated measure;
- (b) Pre-matching is done to create pre-equivalent groups.

All the factors that work to make regression to the mean less of a problem for this design are relevant in this study. A very large sample, relative homogeneity in the target population. So it was decided to avoid matching but to achieve comparability between groups by controlling and discussing the significant differences between the groups in the final analysis.

#### A Suggestion for Improving this Design:

Ideally, if this pre-test non equivalent group design is accompanied by a time-series design, some of the problems facing this design can be ruled out. The time-series design involves pre-testing the experimental group and the

control several times before and after the treatment. The effect of the treatment would be shown by finding a significant difference in the experimental group between the two tests just before and after the treatment above and over the several pre-tests before and the post-tests after the programme and all the tests of the control group.

This design helps to gain certainty from the multiple observations in relating the effect measured to the actual treatment and overcoming the regression to the mean problem. However, it has a major drawback, testing reactivity is high when multiple observations are carried out on the same population. Priorities have to be drawn as to whether it is more important to have the intent of testing and treatment disguised and thus contact with the target population minimal, or to stress a tightly controlled design, yet overlooking the risk of generalizability of results.

As the intent of this study was to emphasize effectiveness in as natural a surrounding as possible, it was decided to stick to having a disguised purpose, and minimize contact with the audience. However, one further addition to the total design was considered relevant and that is to carry out a "panel study" whereby a small secluded group of the audience will be contacted informally at several points, before, during and after the programmes, and analyse the "feedback" to the programmes.

In measuring the effectiveness of television programmes, there are two other methodological problems besides "design" that have to be considered carefully; one is sampling, and the other is measurement.

Sampling:

It is important first of all to define the target population. This subpopulation should be as much as possible representative of the target audience. For this to occur, the subjects or sampling units should include a variety of geographic areas, sites etc., and this can only be accomplished with huge funding possibilities.

Ball (1976) emphasized that assessors of the impact of television programmes almost inevitably either develop a sample from an "incomplete frame consisting of one or two geographic units, or subjectively sample elements of the target population with which it is convenient to work". It cannot be said that these sampling procedures do not produce useful data - they usually do, but it is vital that the limitations of such procedures be made explicit in the evaluation reports, and generalization of the results is not done widely.

In connection with this study, there are no major difficulties regarding sampling for, as it will be discussed in the pilot studies chapter, decision has been made to test the whole potential target population. (As Bahrain is a very small country, this procedure was possible). The problem of measurement will also be discussed in the next chapter.

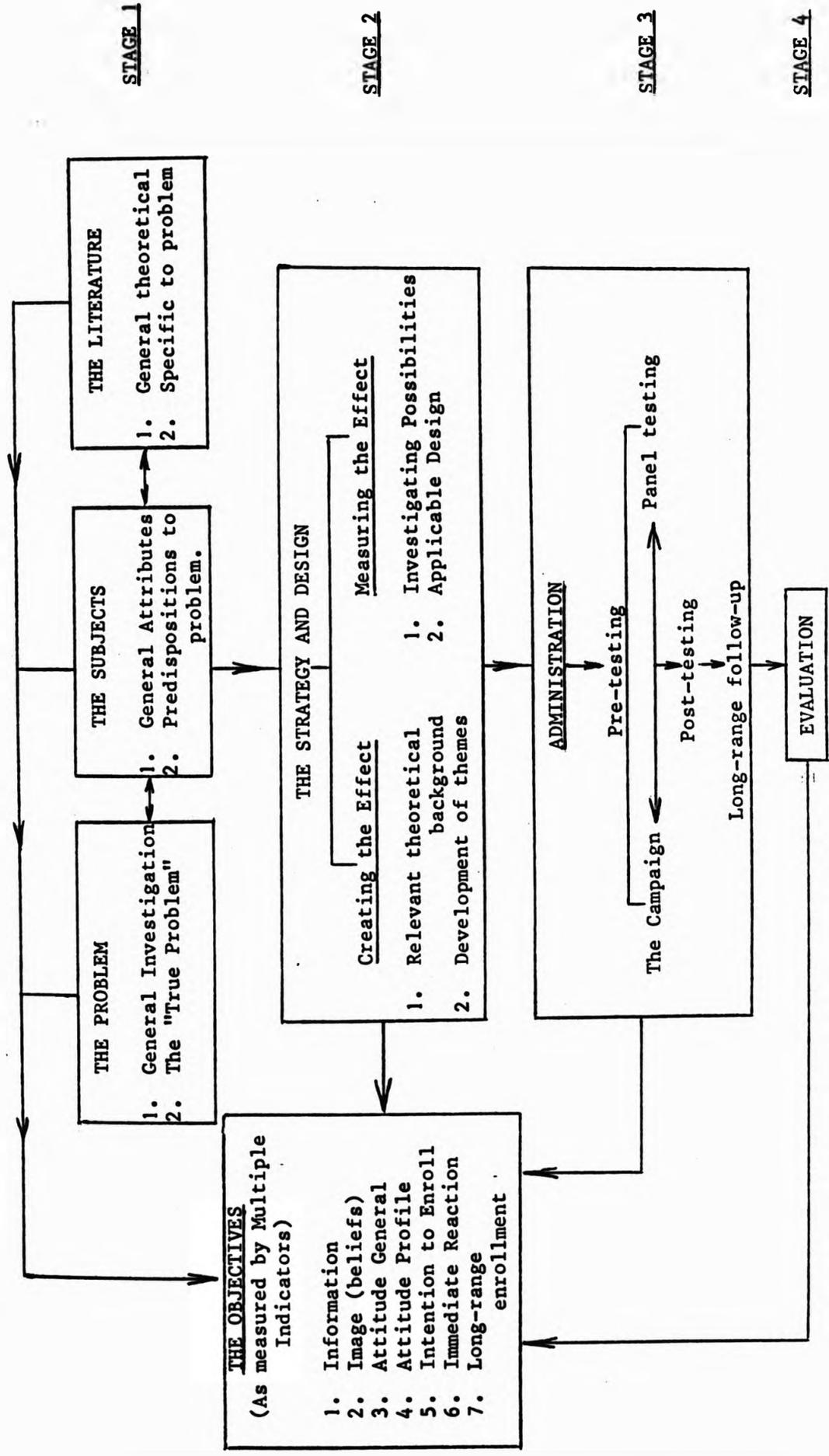
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IV SKETCH OF RESEARCH PLANNING STAGES



CHAPTER VIIITHE PRELIMINARY STUDIES

To put the preliminary studies into perspective, let us briefly restate the problem.

The "problem", as presented by the instigators of the study, was a relatively low number of Bahraini applicants to the Nursing profession. The general purpose of the study was to investigate the reasons and try to increase this number. The potential applicants or subjects of the study were school pupils of ages ranging between 13 and 17 years.

Therefore, to start with, there were two main areas of investigation to be dealt with: A. - the Education system, schools and job facilities; B. - the Nursing school itself, its system and difficulties.

A. THE EDUCATIONAL SYSTEMA brief chronology:

- |      |   |
|------|---|
| 1919 | The first primary school for boys was started   |
| 1928 | The first primary school for girls was started  |
| 1928 | The first group of students left Bahrain for higher education on Government scholarships (to the American University of Beirut) |
| 1929 | Schools were put under direct Government supervision.   |
| 1936 | The first industrial school for boys was opened   |
| 1936 | Adult education was started   |
| 1939 | The first secondary school for boys was started   |
| 1943 | The first religious school for boys was started   |
| 1951 | The first secondary school for girls was started  |

- 1961 Separate intermediate schools were started, between primary and secondary levels.
- 1966 The first teacher-training College for men was started
- 1967 The first teacher-training College for women was started.

System:-

Education is free in all its four levels; primary, intermediate, secondary and higher education. Adequate places are being prepared for all new students who have reached the school age, normally six plus.

The Education Levels:- (As described by Educational Statistics Booklet 1974-1975)

(a) PRIMARY EDUCATION:

The legal age of admittance is six plus and the level extends to a study period of six years. The first three are spent in learning elementary subjects, and promotion from one class to the next one is determined by a minimum attendance percentage of 75. In the remaining three years, wider subjects are introduced, including the second language (English) together with Geometry, History, Geography, Science and Hygiene. According to the results of the final examinations, promotion or repeating is determined.

(b) INTERMEDIATE EDUCATION:

This level prepares the students for the higher one; namely, the Secondary. The duration of study is two years. A mixture of arts and science subjects is taught with an emphasis on the theoretical side, plus a little experimental work as far as science is concerned. After completing this division, a student

has the choice of enrolling in either the general or the commercial sections at the secondary level.

(c) SECONDARY EDUCATION

Here, students spend three years majoring in three desired fields. It is divided into:

- (i) General:  
Arts, science and mathematics are taught in the first year while in the remaining two, students are grouped by choice in two branches: Scientific, and Literary. Both lead to secondary General Certificate. Top students are granted Government scholarships for further education abroad.

There are two other fields of specialization:

- (ii) Commercial;  
originally founded to meet the needs of the Government departments and the commercial sector of the economy. Besides general education, there is stress on Bookkeeping, Commercial Arithmetic, Business, Type-writing, etc.
- (iii) Industrial: (open only for males)  
where theoretical and practical subjects are taught, like Blacksmithing and Welding, Auto-mechanics, Electronics, Carpentry, etc.

Basic Statistics

Total number of pupils in each of those levels  
Years 1974/1975:

	<u>No. of years of schooling</u>	<u>Females</u>	<u>Males</u>
Primary	6	17,660	22,765
Intermediate	2	3,717	4,494
Secondary:			
General (Arts & Science)	3	3,818	3,217
Commercial	3	399	516
Industrial	3	-	684

There is also Religious Education (for males only) at each educational level. The total number is 133 pupils.

There are a number of private schools, but the majority of pupils in them are non-Bahrainis.

Post-School Education and Training

## 1. TEACHER TRAINING COLLEGES

Two used to exist, one for men and the other for women. The curriculum aimed at preparing teachers for primary and intermediate level education. Holders of Secondary General Certificate (Scientific or Literary section) can enroll upon a selective basis. The need for teachers in the different parts of the country is taken into consideration when choosing new candidates. The duration of the studies is 2 years, divided into 4 separately valued semesters. The curriculum embodies General Education, the study and practice of Education. In the year 1974/75, the total number of male students enrolled was 77, and female students was 260.

## 2. GULF TECHNICAL COLLEGE

School graduates can specialize at this College either into Commercial courses which include: secretarial courses and business administration (O.C.B.S.) Otherwise, they can specialize into technical courses, including: Building & Construction; Electrical Installation C & G courses; Automobile Engineering; Mechanical C & G courses and Diploma of Electrical Installation, Mechanical and C & G courses. All those courses, except the secretarial one, involve three years of education and training. The secretarial course, which is mainly for girls, involves 2 years of training.

For the years 1974/1975, the total number of Bahraini pupils in each of those sections was as follows:

	Years of training	Females	Males
Secretarial Courses for Girls	2	38	-
Business Administration	3	7	37
Building & Construction	3	14	36
Electrical Installment	3	-	29
Automobile Engineering	3	-	7
Mechanical Engineering	3	-	24
Dipoma of Electrical Installation & Mechanical Courses: General Course for (Mech & Elect)	(Preparatory Year)	3	53

(Educational Statistics, 1974, 1975).

3. KANOO NURSING SCHOOL (now part of the College of Health Sciences)

- 1959 1st Nursing School opened  
 1962 Kanoo Nursing School completed.  
 (This is the building used today)  
 1968 Assistant pharmacist programme started  
 (2 years)  
 1974 Other medical programmes started to train:  
 (a) Assistant lab. technician (2 years)  
 (b) Assistant radiography technician (2 years)  
 (c) Assistant public health inspector (2 years).  
 1976 College of Health Sciences initiated.

The Ministry of Health has highly emphasized the necessity for training in health professions, especially in Nursing.

The education level and basic requirement for entry has been changing considerably over the years (and still is).

Total number of pupils accepted for the year 1974/1975:

	Years of training	Females	Males
Nursing: General	3	39	5
Practical	2	24	26

Other medical programmes recruit around 100 pupils a year but the specific statistics are not available here.

Other Facilities

There are a number of other post-school possibilities open for pupils. Those who get very high grades in their secondary general exams are sent by the Government overseas for further education. This includes around 10% of

the pupils who graduate. Before the 1975 civil war in Beirut, the majority of those pupils were sent to the American University of Beirut. In the year 1973/1974, around 1,815 pupils were sent to A.U.B. Now the majority of the graduates are sent to Canada and the U.S.A.

There is also an Institute for higher religious education for men.

In addition, a very large number of companies and industries have their own further training programmes. Bahrain Petroleum Company, Gulf Air, the Hotel Association and others, recruit and train the pupils for their job requirements.

The "Nursing School" is only one post-school facility available for the pupils.

Although the Ministry of Health has, since the early 60's, put a great emphasis on the necessity of recruiting more Bahraini citizens into the Medical professions, especially Nursing; in the year 1974 the hospitals of Bahrain were run by 530 Nurses, of whom only 150 were Bahrainis. With the increase in the number of patients to be attended to, many more nurses are needed. It is possible to recruit more foreign Nurses, but there are mainly two problems involved with foreign workers. The first is obviously the "language" which makes communication with the patients very difficult. The second is that foreign Nurses usually accept to work in Bahrain on a short-contract basis, while they look for work in the other Gulf states where the salaries are much higher. Besides, although female Nurses do work in Male wards, the country is in more need for Male nurses as well, because of cultural traditions and the majority of foreign nurse applicants are female.

B. PILOT I: THE NURSES

What is keeping more Bahraini pupils from joining Nursing?  
Two attempts were made to find out the cause of the problems the Nursing School was facing:

1. A look at the structure and running of the School;
2. Interviews with officials of the School, staff and students about the problems involved.

Step 1: The Nursing School Background

On the basis of interviews carried <sup>out</sup> with a number of the schools' officials and a document compiled by the Director of the College of Health Sciences (of which the Nursing School has become a department) the following basic information was gathered:

1. There are two "levels of registration"

(a) PRACTICAL NURSING PROGRAMME:

This level is open to both female and male pupils who have obtained, at the minimum, the Intermediate School Certificate (8 years of schooling). The purpose of this programme is to prepare candidates to be the backbone of the Nursing service in Out-patients' Departments and health centers as practical nurses. The students undergo two years of training and eventually become licensed nurses.

(b) GENERAL NURSING PROGRAMME:

This level is again open to both female and male pupils who have completed, at the minimum, their Secondary schooling (11 years), and obtained their Certificate either in general arts or science section. The purpose of this programme is to prepare the candidates to assume the middle level of management responsibilities

in the health care delivery system. The students undergo three years of training and become fully qualified nurses.

## 2. Student Life Characteristics

When this research was being carried out, the School was in a transition period, being transformed from an independent school to a department of a large College of Health Sciences. The prospectus of the College offered a wider range of facilities for the students: better library, audio-visual and other educational facilities, student counseling facilities, athletics and recreational facilities, college life atmosphere, etc. However, all those facilities have not been fully applied, as they were still in their initial stages. So, it can be said that the School, at this stage, did not differ much "in atmosphere" from the intermediate and secondary schools which the pupils would be leaving.

### (a) HOURS OF ATTENDANCE

The official hours of attendance at the College are 8.00 a.m. - 1.30 p.m. daily, six days a week (Saturday through Thursday) for all students except those on clinical or on-the-job training.

(This timing does not differ much from the high school's attendance hours).

### (b) UNIFORMS

Students are required to wear official uniforms of the College, at all times, while on the premises. Those uniforms are provided on loan by the College. The students are requested to keep their uniform and general appearance tidy, clean and well ironed (just like in school).

## (c) VACATIONS AND HOLIDAYS

All students, except those on clinical rotations or on-the-job training cycles, have one month's paid annual leave in August of each year. Students on clinical clerkships, have a one month's leave in rotation, as determined by a schedule put out by the College Administration. Official holidays, as set by the Ministry of Health, are additional days-off for all students - except those required to work during their clinical rotations. (This means less free time than when they were at school).

## (d) TRANSPORTATION

Specially chartered buses are run on all common routes in the country so all students have secure and easy transport facilities to and from the College and their residence.

## (e) STIPEND

Students are paid stipends to defray the opportunity costs and to encourage their continued education rather than their early employment. Stipends may vary from year to year and always depend on the entry level and the student's year of study. For the academic year 1976-77, the stipend was the following:

	Practical Nursing Programme	General Nursing Programme
1st Year	50 BD/month - £40	60 BD/month - £48
2nd Year	60 BD/month - £48	80 BD/month - £67
3rd Year	80 BD/month - £67	100 BD/month - £84

The stipend is given for school attendance. However, there are conditions for with-holding payment. Regular full class attendances is a prerequisite and absenteeism not due to justified reasons can mean with-holding

payment. Parental agreement is necessary for giving permission to undergo this training, but no financial support is required.

(f) DISCIPLINE

Conformity to strict disciplinary rules was expected of the students whether regarding class attendance or class behaviour and other ethical issues.

Comments

Besides the fact that the students are being paid for their education, it can be argued that a pupil leaving school will find herself, on the whole, going through the same experience again at the College. Probably in future, when the College gets over its infancy stages in the development of its promised facilities, the pupils might look at the students' training years with a more interesting outlook than that possibly viewed now. (This point is further discussed in the design of the television programmes.)

3. Work Characteristics (After graduation)

(a) GRADING

As the College belongs, at large, to the Ministry of Health, the nurses are graded according to the civil servants' grading system. The grading is equivalent to other government positions such as clerks.

(b) WORKING HOURS

In total, the working hours required of a nurse are equal to other government jobs. However, the timing of the working hours is unsocial, for they include both afternoon and night shifts.

(c) PAY

The pay for a nursing job is quite low, but again, it is the same as other government jobs of the same grade. However, the nurses argue that Nursing involves more effort, a higher responsibility and unsocial working hours. Therefore, to attract and keep the nurses, a better pay deal should be made, otherwise they would rather join an easier secretarial job in the government acquiring the same grade and pay, yet less working effort.\*

(d) CAREER MOBILITY

Practical Nursing Programme.

Upon graduation, licenced practical nurses will work in the Ministry of Health Facilities. Several options are available later on:

- i. Remain a generalist licenced practical nurse and move up the organization (vertical mobility) through experience and achievement.
- ii. To be a specialist Licenced Practical Nurse. This involves a three-month training programme in a particular field, such as pediatrics, obstetrics, community work, etc...
- iii. To be upgraded to a General Nurse. Several strict regulations control this career ladder. The practical nurse must have served a certain number of years, must have shown ability, character and proficiency, must have obtained her Secondary School Certificate, or equivalent, must take the required courses as indicated by exemption tests.

The school administration claimed that options, in-service training and continuing education programmes keep the practical nurse up-to-date on all skills, knowledge and attitudes.

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\* In Bahrain, Government official working hours are 7 a.m. - 1.30 p.m.  
No work is done in the afternoon.

### General Nursing Programme

Again, upon graduation, students in this programme could work in the Ministry of Health Facilities. The other options available are several:

- i) Progress in one's specialty and move up the organization (vertical mobility) through experience, dedication and achievement;
- ii) Focus on a particular field in one's specialty: programmes include training, only for some excelling health professionals, in a sub-specialty such as pediatric nursing, intensive care nursing etc...
- iii) To go for further training, most likely overseas: this ladder scheme is reserved only for promising and excelling health professionals, who have shown ability and dedication throughout their years of service, and who could pursue further training and education abroad, such as obtaining a B.Sc., or go for further post-graduate courses.

Again, for all the graduate health professionals, a well-planned programme of in-service training, continuing education, seminars, courses, is available (it is claimed) to keep their skills up-to-date.

### Comments

Although the pay is low and the working hours unsocial, there are two visible advantages to the Nursing career: one is that, for every week of night shift, the nurse is allowed three full days of no work, which can be used as a sort of holiday; secondly, the career mobility ladder is quite good for a "dedicated" and "hard-working" nurse. The chance of being chosen to go overseas for further education is something sought after by many female pupils and this can be one way of attaining it.

### Step 2: Preliminary Interviews

AIM: To find out from the officials of the School, the staff, and the students, why female candidates are hesitating to join the Nursing School.

METHOD: The investigation covered three aspects:

- (i) The researcher attended part of the recruitment process of a number of female applicants. Notes were taken about the situation of seven female pupils who were being interviewed by a female graduate (official in the school) and the remarks of the interviewer regarding other cases.
- (ii) Interviews were carried with the Principal of the School and her assistant, as well as the Director of the College of Health Sciences (all of whom were expatriates), and four Bahraini Nursing staff.
- (iii) Interviews were carried with some student nurses; nine training for practical nursing and six for general nursing.

### The Interviews

They were basically unstructured. The point was to allow the interviewees to talk freely and openly about their problems or what they thought the actual problem was. The staff and students were assured that all that was said would remain confidential. The interviews with the pupils were taped. Each interview lasted about half an hour.

Findings:

- (i) The point that stood out distinctly while attending the recruitment process of some of the female applicants was that they had but a very vague idea about the requirements of the nursing vocation. When they were given the chance to ask questions, their enquiries mostly revolved around the school regulations and training requirements. Some asked about the stipend, but the majority shied away from this question. Only two enquired about career mobility possibilities. All of them enquired about the irregular working hours required of them.

When asked why did they apply to join the Nursing School, most of them gave a sort of general statement - like it is a humane job - but some were more frank and explained that they were joining because their friend was joining too, or they just needed a job! The general feeling at the end of those interviews was that the pupils did not really know what they wanted to do, or were expected to do, they were just trying it out. Only two out of the seven that were interviewed by the selectors seemed to be well informed and keen about the vocation itself. Most of the applicants did not have a very good academic background. However, one pupil with a good academic background seemed to be better informed about the nursing job than the others. When she was told that she would be expected to wear short sleeves as part of the regulations regarding hygiene, she unexpectedly backed out completely, declared it was unacceptable for religious reasons, and withdrew her application.

- (ii) a. The interviews with the school officials threw another light on the situation. The Principal and her assistant (both expatriates) were surprised at the 'calibre' of pupils that came to the School. They argued that most of the pupils had a 'low calibre' background,

and that when they got into the School, they proved to be irresponsible and a large number of them eventually dropped out. They explained that a number of students, after their initial training (which involved intensive English courses), left for another job which required a good background in English. The training and stipend paid, they continued, was costly and the School cannot afford too many dropouts. "The need is definitely for a better-calibre of pupil". They claimed that they were getting pupils who after searching a long time for a job and getting nowhere, decided to come into the Nursing School.

- b. The interviews with the four Bahraini Nursing staff revealed yet another point of view. When asked how come they did decide to join nursing, each of them, individually, claimed that they had to fight a strong resistance from their parents before being able to get into the School. They claimed that this society still looked at a nursing job as a "serving" job, no matter how qualified the nurse was. One nurse related an incident when a visitor of one of her patients asked for a glass of water for the patient. Because she was delayed in fetching the water, having been occupied by another patient in a critical condition, he slapped her on the face! The nurses argued that this society still looked upon Nursing as a job of low prestige as compared to teaching or being a civil servant, or even a secretary! In addition, the nurses explained that the parents were worried that becoming a nurse meant having to work in Male wards. This mixing with the other sex is not looked upon favourably by everyone in this

culture. Some parents feared that, once a girl became a nurse, nobody would want to marry her, and getting married was regarded as the only respectable way of life for a girl. (Ironically, though, three out of the four nursing staff I interviewed were married, and all got married after joining nursing).

Besides the problems facing nursing from the Society's side, there were problems in the job itself. The training, being in the English language, frightened many potential candidates away. Moreover, until 1976, this career was almost a dead end. There was no way of getting degrees and qualifications, and an acceptable diploma except if you distinguished yourself extraordinarily and were sent abroad for further training in a College.

Now, with this experimental College of Health Sciences, the prospects of career mobility looked better. The College was striving to get the qualified Nurses' Diploma accepted beyond the Gulf states.

Of course, there was the problem of low pay for the amount of work and responsibilities associated with the nursing job. Adding to that is having to work on night shifts, which is regarded as extremely unsocial and undesirable, especially for a woman in this society.

Finally, the staff felt that the nurses needed an identifying force, like a Nursing Society or an Association. This would provide a sense of unity and identification not only on a national basis, but international as well.

(iii) The interviews with the student nurses themselves confirmed some of the points discussed above. All faced resistance from the family and, in some cases, even friends. Still, some were influenced into getting into nursing by a parent, relative or friend who was in the nursing or medical profession. Some girls were influenced because of living next to a hospital and being impressed by the image of a uniformed nurse. Some made up their minds when someone in the family became ill and had to be treated in the hospital. The great majority, however, applied for other jobs, were refused, and so nursing was another choice as they needed financial support.

As this point of nursing being a secondary choice came up again and again in the interviews, a search into the other possible choices and alternative jobs a female pupil could choose revealed the following:

#### Practical Nursing

The pupils who joined at this level of Nursing only required an Intermediate Certificate to qualify. This fact meant that the pupil either left school after the Intermediate class or one of the two Secondary classes that followed. She might have failed her final Secondary class or any one of the two lower Secondary classes.

Therefore, it can be assumed that the pupil was not academically oriented. Another assumption could be that she did not enjoy school. There is also the possibility that she needed financial support, either for herself or her family.

With an Intermediate Certificate, the only alternatives open for a girl is either to train as a typist, a dress-maker, a waitress or salesgirl. On the other hand, she can help in family business.

General Nursing

The pupils who joined at this level should have completed their Secondary education.

The assumption as to why pupils with this Certificate chose nursing could be that:

- a) they did not qualify to be sent abroad for further education;
- b) they were not accepted at the Teachers' Training College (which most of the female pupils want to join);
- c) they were not interested in the business, secretarial or engineering courses and degrees available at the Gulf Technical College. They also might not have qualified;
- d) they were not interested in joining the training jobs for air hostesses, or hotel catering, or any other private Company or bank job, or the Civil Service;
- e) they were not married;
- f) they were in need of a job;
- g) they were not interested in private business.

Of course, there always exists the possibility of financing oneself, and going overseas for further education of one's own choice.

Summary

From the interviews above, a number of points can be drawn up to help understand the possible problems facing this vocation.

1. The majority of the applicants to Nursing who were interviewed had very little information as to what the Nursing vocation entailed.
2. Most of the pupils did not really know what they wanted.
3. Most of the applicants were worried about rumoured difficulty to be faced in training, as it was all in the English language.
4. The academic background of most of the applicants was weak, i.e. they were not of the very good performers in school.
5. Not knowing what to expect, a large number were probably disappointed by the requirements of the job course and so eventually dropped out.
6. Most of them claimed that they faced resistance from home and ridicule from friends as they argued that Nursing was not looked upon favourably in this society.
7. They further added that nursing was still regarded as a low prestige profession.
8. There was a lack of feeling of identity and belonging towards the profession and the nurses further argued that they did not feel appreciated for their work.
9. The job itself had several drawbacks: high responsibility, demanding work, low pay, irregular working hours and little career mobility.

10. For most of those who applied, nursing was a secondary choice.

Bearing in mind those problems, the researcher enquired as to what the school had done over the past ten years to try and remedy the situation. The officials explained that several attempts had been made using diverse communication patterns to try to attract more pupils to nursing.

- a) The Nursing School has been sending nurses on a regular yearly basis to recruit pupils from the schools.
- b) The Nursing School has made arrangements for several classes from the schools to visit the Nursing School itself.
- c) The Nursing School has also produced a number of documentary programmes aired on local television in an attempt to recruit more nurses.
- d) Besides all that, there were a few Bahraini journalists who have written articles in the local weekly magazine about the problems facing nursing and the need for more Bahrainis to join the profession..

Why didn't all those attempts work?

NO evaluation study has been carried on any of those attempts, so it is difficult to argue whether they have failed or succeeded. However, what can be seen is that no considerable increase in the numbers of recruits for the profession happened and there was no change in the calibre of the pupils who applied.

In my opinion, there were four possible reasons why those attempts did not work:

- 1). A campaign is useless if the underlying problems of a job are not dealt with first. Nursing is a demanding and tiring job, and needs a lot of effort and self sacrifice. If it is difficult to find a person with the personality for selflessness, then the next best way to attract people to the job is to make the reinforcement worthwhile! It is obvious from the interviews with the Nursing staff and students that with low pay, high responsibility, no recognition, no appreciation and no prestige, who would want to become a nurse?
- 2). The next reason is probably an economic one. After the 1967 Middle East war, the Arabian Gulf states, especially Bahrain, have become a centre of interest because of oil, and therefore the country has undergone a tremendous economic boom. With the great increase in the number of foreign companies and banks that have moved from Beirut to Bahrain, the work possibilities for the school graduates, especially girls, has been greatly widened. Moreover, the salaries gained in working for those foreign companies and banks are about twice that of a Government position of similar requirements. It can be argued that the

majority of those who join Nursing are in material need. So when easier and more attractive alternatives are available, the results are obvious.

- 3). The regular visits by a Nurse to the schools for recruiting should be regarded as a positive and effective attempt. Communication researchers have always argued that face-to-face communication is the most efficient way to change attitudes and behaviour. However, in my opinion, a lot of attention has been concentrated on the pupils themselves, assuming that they are the final decision makers. As discussed in the Cultural Model Section of the strategy of the study, I believe that the subjects in this society are very much influenced by their surroundings. Therefore, it would be necessary, to start with, to modify image and attitudes of the parents and older brothers and sisters and society about Nursing. When moving directly to the pupils, we are putting too much pressure on them alone to face the resistance from the family, (if it exists). This same point applies when considering the tour of the Nursing School etc. The interviews with the applicants to Nursing portrayed a feeling of hesitation, lack of information and openness for suggestion. The pupils were not sure what they wanted and what to expect. Quite a number declared that they were joining Nursing because a friend was also doing so, or they heard a good word about it from a friend or relative. Therefore, the message of the campaign should be directed to the parents and family of the potential applicants as well.
- 4). The School argued that several television documentary programmes were put on the air and should have reached the whole society. They explained that those were documentaries made locally for the purpose of informing the people about Nursing.

To find out why those programmes were not very useful, a special permission has been asked for, to have a look at their contents. Out of the three programmes made, the Television Library could only find one.

Anyway, it was explained that the other two were only interviews. This half-hour documentary programme was made of scenes showing the emergency ward of the hospital, some nurses at work and a brief view of the School itself. The acting looked artificial and there was no storyline, drama or humour. It was shown only once so probably not many people saw it.

#### Conclusions

Those interviews formed the starting basis upon which the problem was now formulated and plans considered. It was concluded that to deal with this problem, the following steps should be attempted:

1. To increase the awareness and information of potential nursing pupils of what the nursing profession entailed.  
  
This step, it was argued, might create a 'boomerang' effect such that as a result of better awareness, fewer pupils would want to join nursing. There are still two aspects for this decision. One is that at least the pupils who finally join would not become disappointed at a later stage and so there will be fewer dropouts. The other aspect is that the advantages of the job will also be portrayed to counteract the disadvantages.
2. To find out whether there exists a social stigma against the Nursing profession, and if so, to try to modify it and thus reduce the social pressure upon the potential

candidates. This might eventually persuade the better qualified pupils to join the profession so there would be less dropouts.

3. To create a feeling of social and group identity in the nursing profession, not only in the School itself, but as perceived and appreciated by the Society as a whole.

The problems of career mobility and pay were being taken care of by the new College of Health Sciences.

Those problems as analysed above were discussed with the officials of the Nursing School. It was agreed that further pilot studies should be carried out in the schools themselves to find out whether there was any justification for those conclusions. If so, a campaign was to be designed to try to inform the potential candidate about the nursing profession and, if needs require, to modify attitudes towards nursing as a vocation.

As hardly any information about this problem was available to be used as reference or a starting point, it was found necessary to carry out further investigations, taking into account all possible sides of the situation.

This in-depth look into the Nursing School's system, problems etc., brought to light two important points that have to be clarified before the section on further investigations is discussed.

When we talk about a General Nurse and a Practical Nurse in Bahrain, it is vital not to compare them directly with the State Registered Nurse and the State Enrolled Nurse, as in Britain, for example. While the educational qualifications and years of training are very similar, it is important to

delineate the differences which are mainly due to the fact that Bahrain is still a developing country.

- a) In Bahrain, education is obligatory until the Intermediate level (ages 13-14) and not 16 years (secondary level) as in Britain.
- b) Due to the shortage of Bahraini nurses, a practical nurse with an intermediate certificate is considered a school graduate and is given quite responsible work in nursing (at the moment).
- c) There is another level of so called "nurses". Housewives who are in need materially, but have no schooling at all join as associate nurses, and they do the cleaning, cooking, changing and other manual work which a State Enrolled Nurse might do in Britain.
- e) The major differences between a general nurse and a practical nurse is that the general nurse (having a secondary certificate) may eventually teach nursing, while a practical nurse cannot.
- f) A practical nurse can continue her education (while working or training) and eventually become a general nurse. On the other hand, sometimes a general nurse with a weak academic background who wants to stay in nursing but cannot complete the 3 years training for general nurses can opt out to work as a practical nurse.

Therefore, as it can be seen, the differences are not so rigid. As there is a shortage, the Bahraini nurses both

levels are encouraged to learn and do more responsible jobs or in some cases to carry out the other routine work when required.

It can be said that the school usually prefers pupils who come into nursing because they want to, maybe at an earlier age when they can train and learn the skills, and perhaps continue their education, versus pupils with the higher degrees who are constantly considering easier alternative choices.

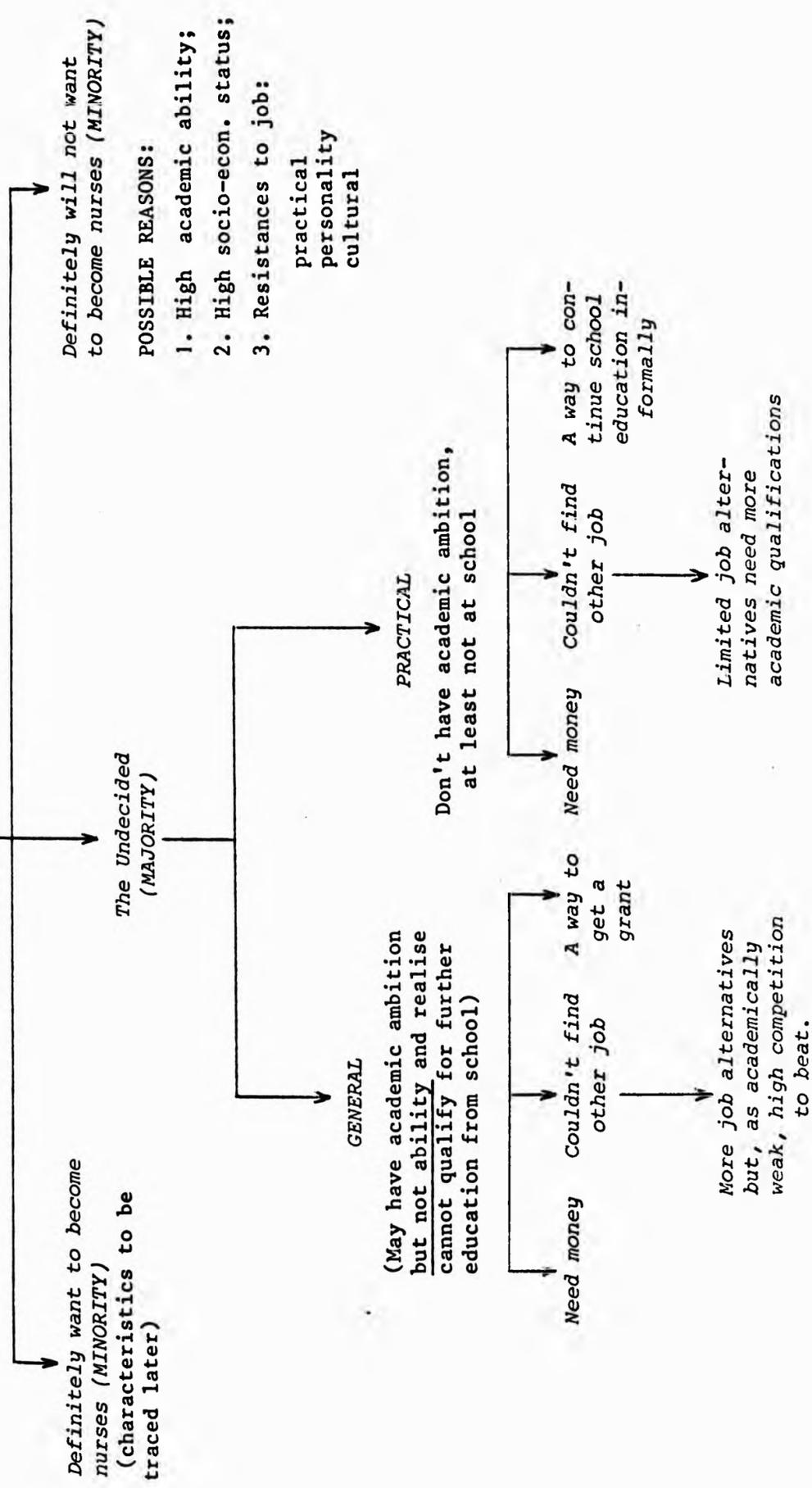
The second point that has to be clarified is that, although we are talking about two levels of nursing, when we look at the potential candidates for those levels, we find that the problems to be overcome by our campaign basically boil down to the same causes.

A look at the diagram on the following page might help clarify this point.

While it is obvious that there are major differences between the potential candidates who definitely want to become nurses and those who definitely do not want to become nurses, those two groups are minorities as compared to the majority who are usually undecided. If we divide the undecided into those who are potential general nurses and those who are potential practical nurses, we can assume (based on the investigation in this section) that they are both academically weak or unambitious, or - if ambitious - nursing can be a way of continuing their education; both need money; both could not get into other jobs (whether due to high competition or limited alternatives).

Therefore, if nursing as a job is to be encouraged, besides altering pay facilities and career mobility (which should be done by the School) the researcher can try to remedy the reasons why nursing is usually picked as a secondary job choice. This can be done by finding out the social and job related resistances and overcoming them, and by clarifying the situation regarding further education. This applies to both levels of nursing.

POTENTIAL CANDIDATES



### C. FURTHER INVESTIGATION

Two aspects were found necessary to start with:-

- I. A study of the attributes of the target population;
- II. A study of the predispositions of the target population in relation to their image towards a nurse and the Nursing profession, i.e. a study of the resistances.

#### Identifying the Target Population:

Three questions had to be argued out here as to who would finally be chosen to be the target population:

- (i) The first query revolved around the problem of whether to direct the campaign in a controlled experimental setting, with a chosen sample, from what would be agreed upon as the target population. For policy, authenticity and ethical reasons, it was decided more favourable to carry out the campaign in a completely naturalistic setting. (The advantages and disadvantages of such a decision were discussed earlier).
- (ii) The second question was the argument for concentrating on only female pupils. The School needed both female and male recruits; however, the larger proportion of the recruits were usually female pupils. The researcher argued that the variables, expectations, aspirations etc., that are specific to female pupils in this society were widely different from those of male pupils who plan to join Nursing. Because

of the limitations of means, time and the single-handed effort put by the researcher, it would be more efficient and effective to concentrate on one sex at a time. This was finally agreed upon.

- (iii) From the total potential sample of female pupils that were being considered, there was the problem of the pupils in two secondary classes which were intermediary between the Intermediate class and the Final Secondary class. From the files of the Nursing School it was found that the majority of pupils who applied to Practical Nursing at this level have either failed their final secondary year or any other secondary class twice in a row, so they were considered either academically weak or completely uninterested in any more schooling. The Nursing School was aiming at a more responsible and a better academic calibre of pupils. So it was decided that, for the final measurement and analysis of results, those two intermediary classes will not be considered. The emphasis would be put on pupils who would leave school with an Intermediate Certificate\*, not because of academic problems, but other factors.
- (iv) The final question was to decide as to whether to carry the measurements on a sample of the two levels of classes finally chosen to be the target audience, or whether to carry the testing on the whole population in those classes. It was agreed at this point to aim at the whole group, if co-operation in administration could be secured from the headmistresses of the schools and the class teachers.

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\* School leaving age

### The Target Population

Second year Intermediate class female pupils (potential candidates for practical Nursing). The total number of those pupils in all the schools was 1,806. Final year secondary female pupils (potential candidates for general Nursing). The total number of those pupils in all the schools was 1,107.

The age range of those pupils ranged basically from 13 to 16 years old. The minimum age for the Secondary class pupils is around 16, but, as there is class repeating the age varied from 16 years to 20 years in some cases. The same applies to the Intermediate class, with ages between 13 years to 17 years at times.

## I. ATTRIBUTES OF THE TARGET POPULATION

Information about two main aspects were initially considered relevant:

### (i) Background Information:

To be used for comparability and other requirements of the design. This would include such attributes as:

Age (class)	→	Two levels
Home Structure	→	{ Nuclear family and other Ages of brothers & sisters
Socio-economic status	→	Father's & Mother's job
Residential Area	→	Town vs. village
Intention of leaving school	→	{ For the Intermediate class only
Job desired	→	Aspirations
Have Television at home	}	→ { Availability and use of the Media in general
Use the Radio		
Go to the movies		
Reading habits		

### (ii) Information about the Use of the Media

Almost no information about the availability and use of the mass media could be found in Bahrain. No research of this type has been done before, so all the information required to answer any relevant question had to be investigated in this preliminary aspect of the research. As Bahrain is a small country, it would have been possible to communicate to the pupils directly without a mass medium. However, as it was explained previously, such attempts have been made and were not found successful.

It has been argued that it is as important to transmit the message to the family and friends of the subjects under study

as well as the subjects themselves. Therefore, a mass medium would be more suitable to reach all those people than a lecture in the schools or an open day tour of the hospitals and the Nursing School. If one assumes that people are generally lazy and that the only ones who would attend such lectures or tours are the ones already very interested in the topic, it would be argued that a message received in the comfort of one's own home would at least require the minimum effort on their part and therefore the message would be made more available and the reception less complicated.

It is an accepted fact that almost every home in Bahrain has a television set and a radio set. The television set receives as many as six stations from the neighbouring countries; however, Bahrain has only one local television station, which is controlled by the Ministry of Information. As for the press, there is one local daily newspaper in Arabic and one in English. Moreover, there are a number of weekly local newspapers and magazines of both general and specialized topics. Bahrain, moreover, receives daily a plethora of newspapers, magazines and books from the Arab world and the Western world.

How do the subjects use the mass media? Two directions were being contemplated:-

(a) Direct (formal) influence:

this would reflect an enquiry into the direct use of the television, radio and press by the pupils themselves and their choice of programmes, channels, viewing time, preferred personalities, trust and attitudes in general.

(b) Indirect (informal) influence:

this would reflect the use of the media by the parents and older brothers and sisters, and friends of the subjects, and the interaction of information as a result of conversation or control.

It would have been ideal if the researcher was able to get access directly to the families of those pupils to be able to investigate this second direction. However, the Ministry through which this permission should have been granted explained that it is quite complicated to do so, and they were not in favour of such an act. They preferred to carry any investigation required "only in the Schools themselves". Therefore, it has to be acknowledged that most of the information about this aspect would be of a 'Retrospective nature'. The generalization of indirect influence would thus have to be based on accepting what the pupils themselves report about the specific questions directed to them. Moreover, measuring indirect influence would have to depend on such questions as the pupil's family viewing habits and compulsory choice of specific programmes, their conversation and criticisms regarding the programmes and so on.

The validity of inference from such questions is still regarded as questionable. However, it was still decided to attempt to find out about this indirect influence in general and at least during this pilot phase.

## II EXISTING IMAGE OF A NURSE AND THE NURSING PROFESSION

The interviews with the Nursing staff and students and officials of the Nursing School provided a number of problems that could be regarded as possible resistances against the Nursing profession. A number of those resistances were connected with the job itself, like low pay and hard work, and the training of the job being difficult and in a foreign language. However, almost all the nurses stated that the job was not looked upon favourably by the society and was of low prestige compared to other jobs.

Although the number of the pupils in the first pilot study was small (85), it was decided to include a few questions

to find out how did those pupils view nurses and the Nursing job, whether any of them wished to become nurses. If it was found from their answers that there existed social stigma against the Nursing profession, then more information will be gathered as to what exactly were those resistances from the pupils' points of view.

Therefore, further information would include such aspects as:-

- (a) Characteristics and social prestige of jobs. Nursing would be "buried" within those jobs.
- (b) Incomplete sentences for completion of several items with Nursing included.
- (c) Inventory of 'fear', with all aspects that deal with hospitals, medicine and disease.
- (d) Aspirations or jobs wished and how they came to hear about them.
- (e) Inventory of 'worries', dealing with aspects of women's desire for self dependence and the conflicts faced.

Other queries would revolve around the school, schoolwork and subjects liked and disliked. Life in the Nursing School, as explained in comments of Pilot I, seems to be very similar to school itself, and therefore an idea of how the subjects viewed school life might act as a predictive tool.

It was hoped that this preliminary general information would present a clearer picture of the situation and act as building blocks for further investigations to help make a decision as to what type of campaign is the most favourable in this context.

D. PILOT II: TRYING OUT QUESTIONNAIRES FOR THE PUPILS

AIM: To try out a number of questionnaires designed to measure background information (for comparability purposes), availability and the use of the media, and attitudes towards school, jobs and the nursing profession.

I. DESCRIPTION OF QUESTIONNAIRES

Ten questionnaires were designed and tried out. The original questionnaires as they were presented in Arabic are <sup>not</sup> included in this text. They were not translated at this stage, but the final version of all those questionnaires, as they were administered in the main study, were translated and are included in Appendices G - P.

A brief list of the questionnaires designed:\*

1. Background questionnaire.
2. School and work questionnaire.
3. The Television questionnaire.
4. The Radio questionnaire.
5. The Cinema questionnaire.
6. Books, magazines and Newspapers.
7. Media attitudes questionnaire.
8. )
9. } Inventories of Fear, Worries and Wishes
10. }

Permission:

Special permission had to be obtained from the Ministry of Education to pilot those questionnaires in one of the schools.

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\* It has to be specified here that quite a lot of those questions were designed in line with Himmelweit, Oppenheim & Vince's research on Television and the Child (1951).

The Ministry consented on the condition that all the questionnaires had to be presented beforehand to an official in the Ministry to be checked before being circulated in the school.

1. BACKGROUND QUESTIONNAIRE:

This questionnaire was an all-inclusive one intended to collect factual information about each subject. This involved questions about their age, family structure (whether the father and mother live with the family, the number of brothers and sisters and their ages, whether someone else lives with the family), whether the mother works and what job she does, whether the father works and what kind of job he does, their nationality, area of residence, whether they are planning to leave school after the second intermediate class and work, what job do they want to do, whether they have a television set (since when they have had it, how many channels can they view on it and how often do they watch), whether they have a radio set and how often do they listen, whether they go to the movies, whether they read magazines, newspapers and books besides their school texts and how many.

Those media questions were asked again (in detail) in each individual media questionnaire. The reason for including them here was because this would be the last questionnaire presented, and if absenteeism occurs at least we would have the general information for comparability purposes.

Information about the pupil's school performance and socio-economic status was filled in by the class teachers. The headmistresses had a list of pupils' names and code numbers. However, the teacher was asked to seal in an envelope all the questionnaires in front of

the pupils. Therefore those two last questions\* were filled in after class as this was the last questionnaire completed. The teachers had no use of those lists after this first questionnaire and were therefore asked to destroy them. This whole arrangement was made to assure the pupils that the questionnaires were totally anonymous and confidential, and that they should be frank with their answers.

The information from this questionnaire was intended to be used for comparability or matching, and other predictor tests.

## 2. SCHOOL AND WORK QUESTIONNAIRE

This questionnaire was intended to find out about the subject's school life and future intentions regarding work, and the characteristics of the job desired. It included such questions as whether the pupil liked school; her relationship with her teacher; the academic subjects she liked, those she didn't mind and those she did not like; the subject she enjoyed most of all; whether she was intending to leave school after the Second Intermediate class; when did her parents wish she would leave school; if she was intending to leave school the reasons for this decision; whether she would leave school to get married and at what level; what job she wished to do; why, and from what source, did she hear about it; whether she intended to work even after marrying; and what characteristics of a job would she give priority. A question was included which was designed to find out what the pupils regarded as the most important characteristic that would help one to advance in life. A list was presented for them to choose from.

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\* Those two last questions were in 'code' form and only the teachers knew that they meant to fill in the socio-economic class and academic performance.

There was also a table, which included four common female jobs like a teacher, secretary, nurse and air hostess and a number of characteristics. The pupils were asked to indicate whether they thought each of those characteristics was a fair description of each of the four jobs or not. The intention of this table was basically to find out how the job of a nurse was viewed.

The final question was of an open sentence structure, where the pupil was presented with the beginning of a sentence like:

poor people are.....,  
The English people are.....,  
nurses are....., etc.

She was asked to complete the sentence as if she was describing those items to a friend. It was stressed that description did not mean what they looked like but how she regarded them. The intention of this question was specifically to deduce the pupil's held stereotype about nurses and generally to other items of interest. (Several of the questions were also specifically added only as a request from the Ministry of Education. This will be explained later.)

### 3. THE TELEVISION QUESTIONNAIRE

This questionnaire was intended to find out the pupil's viewing habits, likes and dislikes, and atmosphere of viewing; questions were also included to find out parents' viewing habits.

Concerning viewing habits, questions involved such aspects as availability of television, since when and amount of viewing; whether they watch childrens'

programmes, when and how often; whether they watch evening programmes, when and how often and until what time in the evenings. Questions regarding atmosphere of viewing included whether they view with friends, with whom do they view usually, what do they do while watching, is the television kept on all the time, or switched on for specific programmes, what is done when an uninteresting programme comes on, who decides what programmes are to be watched, how do they know what is on and at what time.

Regarding likes and dislikes, questions involved what three programmes they enjoyed most, what childrens' programmes they enjoyed most, what evening programmes they enjoyed most, what programmes they did not enjoy at all and is there a programme that left a special significance and would not be missed. A list of programme types was included and they were asked to indicate their preferences.

There was also a section for those who did not have a television set, but viewed regularly at a friend's, neighbour's or relative's home.

The final section were questions about parents' viewing habits, likes and dislikes.

#### 4. THE RADIO QUESTIONNAIRE

This questionnaire was intended to find out the pupil's listening habits and listening atmosphere (i.e. what do they do while they were listening, and with whom do they listen, etc.) as well as their likes and dislikes of the programmes. There was also a section included to find out the parents' listening habits and likes and dislikes.

5. THE CINEMA QUESTIONNAIRE

Cinema-going, especially for girls, is said to be very rare in Bahrain. However, this questionnaire was intended to check whether this assumption was true. Questions included whether the pupils do go at all, and if yes, the frequency, as well as their likes and dislikes of movie films.

The pupils were also asked whether they wished they could go more often. A section was also included for parents' cinema-going, the frequency and favoured movies.

6. THE BOOKS, MAGAZINES AND NEWSPAPERS QUESTIONNAIRE

This questionnaire was intended to investigate in detail the reading habits of the pupils. The questions included the number of books, magazines and newspapers they read, what they were, when they read, what was their favourite reading material, what was their favourite reading subject, how did they obtain what they were reading, etc. There was also a section on the reading habits of the parents.

7. MEDIA ATTITUDES

This questionnaire was intended to find out how the pupils themselves viewed the media, specifically the television, with regards to their life-style. They were asked what they thought were some important changes that happened at their home because of the presence of a television set, and what, in their opinion, was the best aspect about the presence of a television, as well as the worst. Questions also involved what they thought they have learned from television. Then there were a set of questions,

one listing a number of inventions (including all the media) and the subjects were asked what they thought was the most appreciated invention by girls of their age. They were asked which mass medium they enjoyed most, which stimulated their thinking and which they would miss most if they had to go without.

Some other questions were intended to find the influence of a medium on seeking further information in another medium, for example, whether there was a book that they have read as a result of seeing something on television or listening to it on the radio, and vice versa.

#### 8, 9 & 10. INVENTORIES OF FEAR, WORRIES AND WISHES

The intention of the Fear Inventory was to find out some of the emotional characteristics of the pupils regarding such aspects as hospital atmosphere, disease, blood, doctors, injections, anaesthetic etc. These items were buried in with several other items and the pupils were asked whether they feared a specific item a lot, a little, or not at all.

It was hoped that a predictor variable could be traced from those items about the hospital resistance problem.

The intention of the Worries Inventory was to find out whether the pupil showed academic and self confidence/anxiety. It concluded such items as worrying whether schoolwork was bad, whether they cannot concentrate, they cannot complete work, being unpractical, exams., studies, etc. All those items were also buried with several others.

Again, it was hoped that a predictor could be traced from those items to identify whether those who choose nursing have academic and other problems.

The inventory called "wishes" was designed to measure the conflict the girls faced as a result of being in visual contact with what the life of a "modern girl" is like in the West and the social pressures enforced upon them. It included such items as wishing to go out with friends more often, wishing to go out to mixed parties, travelling, swimming, wishing to dress as one likes, to become independent after the age of twenty-one, deciding one's own future, and living where one wants. However, most of the items in this inventory were considered improper in Bahrain's society, and the Ministry of Education feared it might cause dissatisfaction with the parents of the pupils. So, unfortunately it had to be cancelled altogether. However, another attempt was contemplated, stressing factors like the role of the working woman, equality of sexes and the necessity of education and careers for women.

(These were included in scale called "The Cultural Resistances Scale", discussed later).

Subjects; .

Two first intermediate classes of female pupils were chosen on whom to administer pilot questionnaires. The total number was 85 female pupils whose age range was 12 to 13 years old. There were basically two reasons for choosing these younger subjects for piloting. The first was that we wanted all the classes of the Second Intermediate and Final Secondary level (who were agreed upon to be the final subject choice) to be untouched before the "main study". Secondly, although the problem of unstructuredness of results was accepted as a problem to be faced with younger pupils, the advantage of testing the questionnaires at the lowest denominator possible, regarding their understanding

and comprehensibility, was considered more important at this stage. The two classes of this school included pupils from the town as well as a nearby village.

Method of Administration:

The questionnaires were divided to be administered on four consecutive days, two to three each day. The time involved was one to one and a half hours each day. This decision was taken so as to avoid boredom and lack of concentration.

Each questionnaire began with a pupil's secret code number, her school and class number and a statement that declared that everything written on the questionnaire will be strictly confidential. The reason for this was to allow the pupils to answer frankly and freely and to avoid the problem of having answers designed to impress the teachers.

The researcher was introduced to the class as one interested to know their ideas and points of view regarding the media specifically and their school and job aspirations as well as some other general topics. It was stressed to the pupils that this was not a test, that there were no right or wrong answers. The questionnaires would remain anonymous, so they were encouraged to answer feely and individually, as we were interested in their points of view.

Examples of how to answer each of the questionnaires were always explained on the blackboard beforehand and ALL questions put by the pupils were answered. All the questionnaires, after completion, were collected, put in envelopes and sealed in front of the pupils to assure them that their teachers and headmistresses had no access to them.

Several problems were encountered during administration:

- i. The pupils were not test-sophisticated at all. These were the first questionnaires they had ever answered and so a lot of difficulty was found in getting through with the first two questionnaires. After that, they got the gist of the whole thing, and the other questionnaires were managed smoothly.
- ii. The time for answering the questionnaires stretched from 30 minutes to one and a half hours for a few pupils. As some of the pupils had to be spoonfed almost everything, great care was taken to explain by giving examples and never to lead the pupils to an answer. Difficulty was also encountered in keeping those who were quick busy, while the others were still completing their forms.
- iii. A number of the pupils were absent on one of the four days of testing, so they did not have the chance to complete all the questionnaires.
- iv. A number of the pupils lost their secret code numbers. If the researcher did not ask the headmistress to keep a list of names and codes for such emergencies, even more cases would have been lost.

Besides those administrative problems, several questions were found to be unclear, or designed in a confusing way, so all had to be changed for the main study.

## II. RESULTS

As it was discussed in Section C, the objective of this pilot was to try out a number of questionnaires in order to test for the relevant attributes of the target population and to find out the image that this subpopulation had

of a nurse and the Nursing vocation. At this stage only general processing of the data was carried : general frequencies were calculated for all the questions. However, detailed study was done by examining every questionnaire individually, noting the remarks, comments, mistakes, etc. This was possible because the total number of pupils was only 85. Moreover, as those pupils were regarded as relatively unsophisticated, being in a lower level class than the target population, care has been taken while evaluating those results.

Instead of starting with the presentation of the results relative to the attributes of the population as discussed in the description section, it was decided, for organization purposes, to start by examining the results in relation to the image of the nurse.

#### Image of Nursing

- a) In the incomplete sentences starting "Nurses are....." three types of statements were found to be used. Although in the examples and explanations the pupils were specifically asked not to be too descriptive, around 38% still completed the sentence with the statement that "nurses are those that help patients."

However, the others were a bit more imaginative and used more general statements. One which has been used by a large number of them and which is a sort of cliché in this society is "nurses are angels of mercy". Other statements included "people of humanity and conscience", "people who help reduce the agony of the hurt ones", "those who serve humanity", "those who serve their people and nation."

A third type of answers were adjectives or profile descriptions as "hard workers", "helpers", "carry heavy responsibilities", "liked".

All the sentences completing "Nurses are..." were positive and favourable. There were no negative statements at all.

- b) The table below originally included four common female jobs: teacher, secretary, nurse and air hostess, and a number of characteristics. The pupils were asked to indicate whether they thought each characteristic was a fair description of the job; the following results emerged about the "Nursing" job:-

TABLE 1

Frequencies of pupils who ticked fair or unfair description of each job characteristic

Characteristics of Nursing	Description is:	
	Fair (%)	Unfair (%)
Looked up at	56.8	43.2
Challenging	20.9	79.1
Has future prospects	92.5	7.4
Respectable	96.2	3.8
Exhausting	65.4	34.6
Desirable	56.8	43.2
Carries heavy responsibility	87.6	12.4
Humane	97.5	2.5
Secure	70.3	29.7
Not prestigious in our society	67.9	32.1

N = 81 pupils (fully completed this question)

A tick (✓) in this question stood for the characteristic

being a fair description of the job. A (X) stood for the characteristic not being a fair description of this job.

One point that has to be noted about this table is that the translation here in English cannot be completely accurate, as compared to the Arabic text. For example, the clause "has future prospects" is one word in Arabic, and means a combination of advancement and mobility.

The results of this table showed mixed views regarding the image of the nursing job. Although 96% declared that it was a "respectable" job, only 57% thought that it was a job "looked up to", and 68% thought that the characteristic not prestigious in our society" is a fair description. There was a near consensus on the fact that it was "humane", a large majority agreed that it "carried a heavy responsibility", was "secure" and "exhausting". Very few, 21%, thought it was a "challenging" job yet the majority, 93%, regarded it as having "future prospects"! An interesting characteristic is the one which states that the job was "desirable". There does not seem to be an agreement on this, only 57% thought it was desirable.

Although those results weigh slightly in the direction of the assumption that there exists some unfavourable characteristics in the Nursing job, those results have not been taken seriously for three reasons:

1. As the pupils were not experienced in responding to questions of this kind, this question has confused them to start with, and it took a lot of explanation to get them going. This might have reduced the value of the answers.

2. It has been noticed that the younger pupils showed an inclination of preferring to put ticks instead of crosses, so more characteristics should have been presented in a negative state.
3. The sample was too limited for generalization, so further investigation was considered necessary.

#### Television

- a) Concerning viewing habits, it was found, to begin with, that "only 2" of the pupils tested did not have a television set at home. 87% have had their television set over a five year period. All of those who had a television set at home watched every day, and all could receive over four channels on their sets. All of them watched some childrens' programmes every day and most of the evening programmes, which are after 7 p.m., also every day. The average time of going to bed during weekdays (Saturdays to Wednesdays) was 9.30 p.m.; as for weekends (Thursdays) it was 12 p.m. The channels that were enjoyed most were Bahrain, Qatar and Kuwait, but they all watched Bahrain television around 7 p.m., when there is usually an Egyptian or Bedouin serial. These serials lasted for around four weeks each, but they were always viewed and mentioned as the most enjoyable programme, and the one they try not to miss. Preferences and interests mostly revolved around Arabic films (usually Egyptian), Indian films and a few Western Series, like "The Waltons", "Little House on the Prairy" and "Bionic Woman". The programmes disliked were the News and political interviews.

- b) Concerning the viewing atmosphere, they mostly viewed with their brothers and sisters; 48% just watched, 22% talked while watching and 16% did their homework as well. 75% declared the set was switched on all the time and when there was a programme they did not like they switched to another channel. Around 63% stated that there were no problems in deciding what programmes to see as they all liked the same thing. Although 50% said that no-one usually decides what can and what can not be viewed, of the other half 15% declared that a brother decides, 15% a sister, 10% the father and only 7% the mother. The majority knew what were the evening's programmes beforehand, either from a member of the family or the newspaper.
- c) Concerning the parents' viewing habits, the majority claimed that both their father and mother only "sometimes" watched television, with the mother found in the "always" category more often than the father. The fathers' preferences included the News, sports and some Western series. The mothers' preferences were the Arabic series and films. During the winter season, specifically for the father, the television was rarely viewed, as the father went out with his friends. During the summer, as it is extremely hot, television became a more favourable leisure substitute.
- d) The 2 cases who did not have a television set at home were asked what their parents thought of having a set at home. They both answered that the parents regarded television as a distractor, not allowing children to do their homework or chores! However, they both claimed that their parents were planning to

get the t.v. sets eventually, but they did not know when.

#### Radio, Cinema and Print

The results from those three questionnaires were not very useful. To start with, 89% of the girls have hardly ever gone to the cinema, nor did their mothers. Their fathers did go, but very occasionally. (Going to the movies is such a rare phenomenon in Bahrain, not because of the television, but of social pressures.)

The majority of pupils listened to the radio only in the early afternoon, just after lunch, and they usually listened while they were either doing their homework, or housework. They also always listen on Friday mornings. The programmes most enjoyed were Arabic singing and pop music. As for the father, he only listened to the News on the radio. The mother listened to some family and cooking programmes, as well as Arabic singing. There was no specification in their listening habits. Very few listened in the evenings.

As for reading habits, their average reading of books was one in a month, and the preferred subjects are historical romantic stories. They also skimmed through the Family magazine (like Family Circle here), and the only local newspaper that comes out. They have no specific preferences or allocated reading time regarding magazines or newspapers. Besides the local newspaper and the Family Magazine, they were not sure of their parents' other reading preferences.

#### Media Attitudes

Regarding some of the important changes that happened to their home life as a result of the television, the pupils'

most quoted answers were "change in our sleeping time becoming more late in the evening", "father, mother and brothers and sisters don't go out as often as they did in the evening, but they stay at home", "we don't go out very often in the evenings", "we have our dinner in front of the television set", "my mother has relaxed from our constant quarrels, especially when we are on holidays", "we are no more as bored as we used to be before.....".

As for the best thing about having a television, the answers involved, "we learnt a lot about things we didn't know before", "our parents are staying more often with us in the evenings", "we can always fill our free time by watching something on the set", "the peace and quiet that fills the house when everybody is watching an interesting programme....."

The worst thing about having a set also triggered many comments. "Learning about the 'wrong' ideas concerning the relationship of boys and girls", "my younger brothers and sister imitating some programmes"; "some programmes that adolescents should not watch as it gives them unethical ideas", "quarrelling with each other concerning which programme to watch", "distracts us from spending our time studying harder", "it is a waste of time", "it is bad for the eyes....."

Television was quoted most often as the medium to be missed most if they had to go without it. As for what girls of their age enjoyed most and what stimulated their thinking, the answers were around 50-50 between television and a good book.

As for the influence of one medium form on the information seeking behaviour in another media form, the only type found was of a film or series on television triggering the

the reading of the same story in a book.

The pupils stated that they learned a lot from television, especially about relationships among adults and about people from other countries.

#### School and Work

Most of the questions that were put in this questionnaire were being piloted for their clarity and unambiguity, so that they could be used as additional predictive tools in the final study.

However, regarding the question as to when do they wish to leave school, 37 pupils did not know (45%), 39 pupils said after University (College), 5 pupils declared that they will leave after completing their secondary schooling and only two declared they will leave after gaining their intermediate certificate. As for when the parents wished their daughters to leave school, the association between what the pupils wished and what they thought their parents' wishes were was almost perfect. There are only three cases in the whole sample which differed. One did not know when she wished to leave school, but her parents wanted her to go to University (College), and two who said they would leave at the secondary level stated that their parents wanted them to continue on to University (College).

Considering the jobs they wished to do, it was interesting to note that the ambitions were high.

Twelve of the pupils wanted to become medical doctors, ten teachers and two music teachers, three civil servants, four "grounded" air hostesses, while another three air hostesses, not necessarily grounded, two pilots, three engineers, four

secretaries and one dressmaker.... Except for six who wanted to become nurses, the rest (twenty nine pupils) stated that they "don't know".

The majority heard about this job from a member of the family, specifically the father or elder brother, but the mother and sisters were also mentioned. Some also heard about it from an uncle, aunt or cousin who works there. When it came to jobs, like doctor and teacher, the pupils always quoted that they heard about the job from a parent and "people". Television, radio and cinema were quoted as the source of information about the "music teacher" and sometimes the "air hostess", but the latter was specifically associated with "a friend who works there", or "saw them in the airport". As for the civil service, not only was a parent or friend quoted as a source, but an explanation was added, and that was that it is "respectable". A secretary was also described as a "high pay job". There were only two cases that quoted school as the source of information and that was for a teacher's job and a doctor's job.

As for the "Nursing job", six pupils stated that it was the job they wished to do, two of them had it written out, scratched over and then a "don't know" added. From those six pupils, only one declared that she intended to leave school after the intermediate level and join Nursing. ALL the rest chose a "don't know" category when asked when they intended to leave school and their parents' wishes regarding this.

ALL of those pupils stated that they heard about the job from a Nurse they knew, or saw the nurses in hospital, but three of them also added that they saw a film about a nurse on television.

Finally, regarding the question about the pupils' opinion as to the most important characteristic for advancement in

life, the results are presented in the following table in descending order.

TABLE 2

The most important characteristics for advancement in life

Characteristic	Percentage
Moral and Ethical Standards	35.5
Education	14.3
Brains	11.9
Strong Personality	8.3
Courage	6.0
Good friends	4.8
Dress and talk well	3.6
Hard work	3.6
Good luck	3.6
Money	-
Knowing powerful people	-
Don't know	9.5
	N = 84

It is interesting to note from this table how much weight those pupils put on ethical standards and how they completely ignored money and powerful contacts. Education and brains seem to be reasonably important as well. (This question was intended to help pinpoint important characteristics that will be developed in the television programme themes).

### Inventories of Fear and Worries

The specific items buried in those two questionnaires pointing to resistances to hospital atmosphere and academic anxiety did show a discriminatory function in that different pupils chose different extremes on the scale. For example, the item "hospital atmosphere" was scored: 52%, "frightens me a lot": 12%, "a little": and 38%, "not at all". The item "my schoolwork is unsatisfactory" scored: 42%, "worries me a lot"; 32%, "a little" and 27% "not at all".

There was a lot of absenteeism when those questionnaires were being administered and the total number who completed them was only 56. This small number of subjects compared to a large number of items, 60 in each inventory made it difficult to carry tests to locate discriminate variables. So it was decided to carry this investigation again on a larger sample.

### Summary

1. Although the open sentence question produced a positive and favourable image of a nurse, the table of characteristics of the Nursing job showed confused views.
2. Television was definitely found to be the medium enjoyed most, used most both for information and leisure, and considered stimulating for pupils of this age.
3. The viewing atmosphere involved mostly the brothers and sisters of the subjects while the television was switched on most of the time.
4. Most of the pupils were not sure about their parents' viewing time and preferences. Those who did answer

indicated that their parents' viewing was occasional and unstructured.

5. Points 3 and 4, the question that enquired about who decides what programmes are seen, plus some other questions planned to see if there exists any passing down of information from the programme viewed (informal influence), did not seem to indicate that such influence exists in this case. There does not seem to be any specific intermediary influence source.
6. The cinema, radio and print questionnaires did not point to any structured or significant use or preference of those media, both for pupils or parents.
7. The pupils seem to have high ambitions regarding continuing their education and choosing high prestige jobs, like doctor and teacher; obviously, those ambitions are unrealistic!
8. The pupils who chose Nursing as the job desired did not all know when they were planning to stop their education. Looking through their questionnaires, there also seems to be an uncertainty factor about most of their answers.
9. All the answers on the use of television, preferences, comments etc., indicate that there are few differences between the answers of those children (in a developing country) and the ones found in the classic works about children in developed countries like Himmelweit, Oppenheim & Vince (1951) and Schramm et. al(1961). There were only some statements regarding "the worst aspect about television as that of teaching boys and girls about unethical behaviour" which might be considered more culture bound. It has to be stressed, though, that a number of questions in the "wishes inventory" which

might have presented a better understanding of this difference had to be excluded.

#### Conclusion

The results of this pilot study showed that, although some findings were significant and some useless, there were a number of aspects missing. Further investigations should include:

1. More information as to the exact attitude of pupils to the nursing vocation and the Nursing image.
2. As religious attitudes and conformity to traditional values was not possible to measure, an attempt should be made at investigating attitudes towards womens' roles and relationships to work.
3. More information about aspirations and desires of those girls.

All the above points would be used to develop the themes for a television programme.

4. Scales should be constructed and piloted to measure attitudes, image and information about nursing for the final design of the study.

However, this pilot conclusively pointed out that, if a campaign is to be carried, television should be the medium used, as all the other media do not seem to cover a structured and significant aspect in the pupils' habits.

E. ADMINISTRATIVE PREPARATION

On the basis of the findings of the pilot studies on "Nurses and Pupils", the Nursing School decided that a campaign should be administered to try to 'promote nursing.' To do this several administrative preparations had to be done.

1. Application for permission from the Ministry of Health to carry out this research, with their support all through, and to get access into some hospital wards as well as the School itself for filming.
2. Application for permission from the Ministry of Education to get access into the schools and classes which had the potential candidates for the Nursing profession for the following year. Those in total amounted to 16 schools: 92 classes and 3,226 pupils.

The Ministry was also asked to assist in the typing and duplicating of the questionnaires, as well as financial help regarding the stationery for those questionnaires. Permission was also sought for the co-operation of the headmistresses and teachers in administering the questionnaires in the schools.

3. Application for permission from the Ministry of Information to use the facilities of the Television Broadcasting station to put on the air a number of programmes. This permission had to include the co-operation of some producers, directors and technicians, and filming crew, a specific date for the use of the studios and for the time on the air.

4. Application for permission from the Department of Statistics to transfer the data on Hollerith cards and later magnetic tapes, so as to be available for computer analysis.

Therefore, altogether four Ministries were involved in this project and each had their own specifications, conditions, limitations and deadlines.

As the Ministry of Health was actually backing this project, the only conditions put by them were to keep the officials of the Nursing School totally informed of every step to be taken.

The Ministry of Education demanded a complete check-up of every questionnaire before letting them through into the schools. They also specified a limited span of testing time, and a deadline for the last test, so as not to interfere with the pupils' preparation for the exams.

On the other hand, they were interested in any information that could be handed down to them regarding the pupils' knowledge about other vocations and the reasons for drop-outs at the intermediate level. Those points had to be included in the questionnaires.

The Ministry of Information also specified a time span. However, they accepted the financial burden of the programmes to be put on the air, because they were being backed by the Ministry of Health. (Time for jobs for other Ministries is usually allocated every year). The officials in this Ministry were also interested in the design of the campaign to be used and statistics on television use and preferences.

The Department of Statistics again only accepted to carry out the "enormous job" of transferring data, simply because it was a multi-ministerial project. They however set a deadline, time limit and special price for overtime work.

#### F. PILOT: THE MEASUREMENT SCALES

Bearing in mind the conclusions of Section C, that further information about the Nursing job should be investigated, the logical next step was to construct and pilot scales that would measure the cognitive and affective aspects of attitudes towards the Nursing vocation. Those scales were also intended to be used as the dependent variables of the main study.

##### Construction and Piloting

Three questionnaires were developed to start with:

information questionnaire  
social image questionnaire  
attitude questionnaire.

The main objectives for piloting those questionnaires, at this stage, were:

1. To check the clarity and unambiguity of the questionnaire designs as well as items;
2. To select items that show discriminatory power.

Regarding the scales on which factor analysis was carried, the basic aim was to get a general idea about the common variance of the items and the structure of the factors. The discussion of the analysis was therefore general.

The reason for this decision was twofold:

1. Although the sample of pupils chosen to pilot the study was quite similar, it was not exactly the same as the final target population. Some analysts argued against depending on factors based on

different populations as the results become obscure. (Child, 1970).

2. The total number of subjects was not large enough to draw generalized final conclusions.

However, all those scales were analysed again in detail after they have been administered during the main study on the target population .

#### The subjects

Three first intermediate classes were chosen, containing 104 pupils (around 35 pupils in each class). The reasons for choosing a first intermediate level class, as explained earlier in Pilot 2, were so as to leave the entire target population untouched, and to measure, at the lowest standard possible, the comprehensibility of the questionnaires. As there is class repeating, age was not regarded as a drawback here, for there was an age range of between 12 to 15 years. However, the problem of unstructuredness of answers, probably due to the fact that the pupils of lower classes are less sophisticated than the higher ones, had to be kept in mind all through.

#### Description and Administration

The first page of each questionnaire included a declaration of confidentiality. There was also an introductory statement that explained, in each case, that the questionnaire was not a "test", but an opinionnaire designed to accumulate information about how much our pupils know about the requirements of specific jobs, how they visualize them, and what

is their attitude towards them.

They were also encouraged to write down comments and criticisms if desired. An example of how to fill each questionnaire was also included in each case.

#### Item Selection

Two major design aspects dictated the way the items for those questionnaires were chosen. To overcome pre-testing bias and for a further control of the study (as discussed in Chapter VII), the items had to be unobtrusive, disguised and buried in other relevant material to be used for further control. Therefore, we had to be selective in choosing general items that relate to at least three other types of jobs; teaching, secretarial work and air hostess, besides nursing. This, in itself, reduced the range of possible questions that could be included about the nursing career.

Moreover, as we were going to measure the attitudes, image and information about the nursing job buried in with four other jobs, we had to be very selective (after piloting the scales) in choosing a few relevant items, around 10 for each scale. We had to choose the items that had the highest loadings, but at the same time conveyed the message desired. Twenty to thirty items for each job and each scale would have definitely created boredom and lack of concentration by the respondents.

## I. INFORMATION QUESTIONNAIRE

The objective of this questionnaire was to measure the amount of factual information the pupils had concerning the nursing vocation.

### Assumptions and Uses

1. The pupils' information, in general, about the nursing vocation would be little.
2. The questionnaire itself might trigger information-seeking behaviour regarding the questions involved.
3. From the general conclusions about the pupils' information, themes will be drawn for the programmes.

### The Dimensions

Most of the information to be tested was compiled from the pilot work concerning the Nursing School's structure and requirements (Section A).

Basically, the items revolved around three main dimensions:

1: ENTRY REQUIREMENTS

Examples::

Certificate required to apply to the different levels of the job.

Types of Certificates preferred whether Science or Arts, etc.

2. TRAINING INFORMATION

Examples:

Years of training to be completed for qualifying at each level.

The location of the School.

The affiliation of the School to appropriate College.

Hours of attendance required during training.

The stipend given at each level.

Transportation facilities available.

The length of holidays and vacations given.

Whether a uniform is compulsory during training, etc.

3. JOB INFORMATION

Examples:

Government grading for vocation after qualifying at each level.

Basic salary given after qualifying at each level.

Possible specialization fields available.

Hours of work required.

The possibilities of career mobility, etc.

Description

There were altogether 21 items designed as multiple choice questions with one correct answer and a "don't know" category.

### Results and Analysis

As a whole, the questions in the questionnaire appeared to be straightforward and simple and the pupils showed no problems in answering them.

There were a few items, however, which the great majority either answered correctly or used the "don't know" category. They did not seem to show any discriminatory power. For example, the question about the requirement of wearing a uniform during training got 96% correct answers, 2% not correct and 2% don't know.

The location and affiliation of the School also received over 94% of correct answers. On the other hand, most of the items in the job information dimension category received a very large proportion of don't know answers. A closer look into the reasons for this (by asking the pupils themselves, the teachers and from the remarks and comments) brought to light two reasons. One is that the Civil Service Department was in a transitional period, re-evaluating and changing the grading system and salaries of its employees - the nurses included. Secondly, the teachers commented that the pupils were more interested in their immediate future and not the one further off. This meant that knowledge and information about the dimensions of the "training" category were more relevant at this stage than the later job dimensions.

## II SOCIAL IMAGE QUESTIONNAIRE

The objective of this questionnaire was to find out what the pupils thought about the Nursing job; what sort of image it portrayed; how they visualized it in relation to their society.

### Assumptions and Uses:

1. The image, especially in relation to societal prestige, might be unfavourable;
2. The resistances found from this scale will be used for the development of themes.

### Description:

The items in the questionnaire did not portray factual information aspects, nor were the pupils asked to give an attitude dimension. They were asked whether they thought some statement, describing some aspect of the vocation, is a "true" or "false" one in their opinion. There was also a "not sure" category.

### The Dimensions

The items were mainly constructed around three main dimensions:

1. Job characteristics and requirements

#### Examples:-

Scholastic achievement required;  
Type of training required;  
Routine, cumbersome and tiring characteristic;  
Irregular working hours characteristic;  
Heavy responsibility characteristic;  
Practical vs. intellectual.

High autonomy characteristic;  
 Low pay for hard work characteristic, etc.

2. Job advantages and rewards

Examples:

Development of social and economic independence;  
 Provision of opportunities for socializing and  
 making friends;  
 Availability of opportunities for further career  
 mobility;  
 A secure and sheltered job for a lifetime;  
 Usefulness of information about health problems  
 for family and children;  
 Development of character;  
 Creation of a sense of self-satisfaction, etc.

3. Job and Societal Influence

Examples:-

Service to humanity and mankind;  
 Helps society to progress;  
 Has influence on the welfare of the Nation;  
 Regarded as socially unprestigious;  
 Rumoured to be only a stepstone to marriage;  
 Rumoured that choosers are not really dedicated;  
 Used as an outlet from home imprisonment, etc.

Results and Analysis

A number of items were found to be unclear and confusing. For example, the item that described Nursing as a practical job brought up a lot of questions. In Arabic, there is no clear-cut word for "practical" as reflected in the English language, and a lot of explanation and examples had to be given which made the answers unobjective.

Another realization was that a number of items were indiscriminatory. Items like "service to humanity"; "helps society to progress"; "creation of a sense of self-satisfaction"; "usefulness of information about health problems" ..... all showed over 94% agreement that the statement is "true". On the other hand, the item that described the Nursing job as a simple outlet from home imprisonment showed an almost concensus 97.8% that this statement is "not true". Therefore, a number of those and similar items were considered not useful.

Factor analysis was then applied to the items. The final matrix interpreted was based on orthogonal rotation: Varimax rotated factor structure after rotation with Kaiser Normalization. The matrix yielded seven factors derived from the intercorrelations of the items.

Kaiser's criterion was used to extract the factors, (Kaiser, 1959). All the factors having latent roots greater than one were considered as common factors. This brought down the number of factors under study to four. As the total number of items was between 20 and 50, this method is considered sufficiently reliable (Catell, 1952).

Regarding the criterion for the significance of the loadings, the suggestion put by Child (1970) was used. This analysis is not based on any mathematical propositions, except that it represents roughly 10% of the variance. As the sample was made up of 104 subjects, all loadings greater than  $\pm .30$  inclusive were considered. Child maintained that this is actually quite a rigorous level for analysis.

Further loss of items occurred as some items showed moderate to just significant loadings (i.e.,  $\pm .20$  to  $\pm .35$ ) over three or more factors. Those items did not seem to have a clear-cut association to a specific factor, but were mixed. An example of such an item is the "low pay for hard work" statement, which had a (.26) loading in factor 1, (.34) in factor 2, (-.26) in factor 3, (.26) in factor 6 and (.27) in factor 7.

The majority of the statements in factor one seemed to refer to the social consequences of the job with the highest loadings "it is rumoured that this job is used as a stepstone to marriage" (.82) and "this job is considered socially unprestigious" (.81).

Factor two contained several statements reflecting the jobs advantages and rewards, while factor three contained statements stressing the jobs requirements: "it requires a good academic qualification" (-.56) and "it involves difficult training" (.40).

Factor four included a pair of statements reflecting the Nurse's personality and dedication. However, the proper labelling of the factors was left to the main study analysis where the factor analysis was run on the whole target audience.

#### Conclusion

Some analysts argued that a factor analysis involving around 40 items on 104 subjects produces unstructured results (Catell, 1952). On the basis of this argument and a general feeling that the factors did not seem to portray a strong structure, the results from this analysis were considered with caution. Firstly, more concentration was put on locating stable discriminatory items than on the structure of the factors.

Secondly, all of the items that had just significant loadings, but were considered intuitively relevant to the study, were retained.

#### Image: Scale for Prestige Ranking

Another way of measuring the social image of the Nursing

profession was by constructing a Prestige Ranking Scale. This was a projective technique built on the assumption that nursing, if it was not a socially prestigious job, would not be ranked high up the scale. However, those who liked nursing and desired to become nurses might rank it higher up the scale than other pupils.

The question presented was as follows:

"In our society, we usually have individual preferences in attaching specific status to the diverse vocations available. We would like you to look at those eight vocations, then write them down gradually from the one which you think has the most important status to the one which has the least status in our society."

An example was presented. Eight jobs were mentioned: waitress, doctor, teacher, cook, lawyer, nurse, secretary and air hostess.

The preliminary intention was to present this scale both before and after the campaign, and see if any significant change in perceived status occurred.

The pilot results of this scale are discussed in Section H.

### III ATTITUDE QUESTIONNAIRE

The objective of this questionnaire was to find out the attitudes of the pupils to nursing as a job in general, and to specific-profile characteristics of nursing.

The questionnaire was based on a five-point Likert Scale with the categories: strongly agree, agree, uncertain, disagree, and strongly disagree. The items were divided almost 50/50 into positive items and negative ones. No neutral items were included, but the aspect, which was meant to measure the attitude to profile characteristics on nursing, was made up of items like the ones in the Social Image Scale, designed to measure job characteristics. The difference here is that the statements were not presented in a neutral manner, but with a weight on affect in one direction or another. The total number of items to start with was 31.

#### Assumptions and Uses:

1. General job items might change more easily as a result of the programme than the profile items stressing specific (maybe problematic) aspects of the job.
2. The resistances found to exist on the basis of this scale would be used in designing the "themes" of the programmes to counteract them.

The subjects, the method of administration as well as the examples and explanations given, were all the same for this questionnaire as for the previous two. The only difference was that it was given on the day following the one on which the Social Image Scale was presented.

### The Dimensions

The items were mainly constructed on the basis of two dimensions:

#### 1. General job dimension

##### Examples:

Ideal job for life;  
Few jobs compare in importance;  
Choose when found no other job;  
The first in importance;  
Like it more than any other;  
Those who don't like it are unfair;  
It is alright if no other jobs are available;  
Always desired such a job;  
Provides respect for those who choose it;  
Not as great as it was in the past;  
Why choose it when there are easier jobs;  
Everyone should admire this job.

#### 2. Specific job items

##### Examples:-

Involves strict discipline;  
Opportunities for advancement limited;  
Development of character;  
Involves aspect of carrying out orders;  
Interesting;  
Opportunity for ambition development;  
Opportunity for decision-making;  
Career mobility situation;  
Advantages;  
Involves some undesirable aspects;  
Humanitarian;  
Involves heavy responsibility;  
Opportunities for socializing;  
Involves irregular working hours;  
Uniform requirements, etc.

### Results and Analysis

The same procedure that was used in piloting the Social Image Scale was used here. All the unclear and confusing items were delineated. Most of the items that did not show a discriminatory potential were eliminated. For example, the item which stated that "one feels that one is serving humanity in this job" received 97 percent agreement, and the item which suggested that "everyone should admire this profession" received 95 percent agreement.

Factor analysis was administered on the rest of the items. The final matrix interpreted was based on orthogonal "varimax rotation method." Ten factors were derived from the intercorrelations of items. Kaiser's criterion was used to extract the significant factors. All those which had latent roots greater than one were considered. This brought down the number of factors to eight. All the item loadings of  $\pm .30$  were chosen to start with. A number of items got very low loadings, below  $\pm .30$ , so they had to be eliminated. For example, the items "I like this job more than any other", "those who choose this job are not ambitious", "this job brings respect to whoever chooses it".

More items were eliminated as a result of having low but significant loadings over a number of factors. For example, the item which stated that "few jobs compare to this in importance" showed loadings of (-.02) factor 1, (.29) factor 2, and (.26) factor 3, (.29) factor 4, (.24) factor 5 and (.35) factor 7. "This job is the first in importance" received loadings in the (.30)'s on four factors and (.41) on factor 6. Other items which showed similar dispersion of loadings were ones like "those who don't like this job are unfair"; "I have always desired such a job", and so on. This reduced the number of items for the final version.

I re-emphasise that, at this stage of piloting, the main objective was to find out what items to retain and have a general idea in connection with the overall structure of

the factors. The final version of the matrix of items, plus a detailed analysis of the factors, are discussed in the Results Chapter of the Main Study.

However, the assumption that the items will divide into separate factors reflecting general job items and profile job items did hold in part. Factor one seemed to include the general items with the statement "this is the ideal job for life" having the highest loading of (.72). Factors 2 and 3 included more profile job characteristics, while the other factors contained unique statements of each.

This labelling is discussed in detail in the Main Study Analysis.

#### IV. CULTURAL RESISTANCES QUESTIONNAIRE

Other independent scales that were piloted at this stage were the Cultural Resistances Scale. The main objective of this scale was to find out specifically the attitude of the pupils towards the role of women and work in our society. The items attempted to measure whether the pupils tended to be more traditional or progressive towards womens' role in this society.

##### Assumptions and Uses:

1. The more traditional the outlook of the pupil regarding work, the less likely it would be that she would choose to work, especially as a nurse.
2. The more traditional the pupils are, the more difficult it would be to modify their attitudes towards nursing as a vocation.
3. The items of this scale will also be used to develop the appropriate themes for the programmes.

### The Dimensions

The items of the scale revolved around the following aspects:

1. Traditional role of women, home and childbearing;
2. Education for women, its worth and uses;
3. Economic independence or dependence;
4. Right to work in untraditional spheres;
5. Contribution to society besides the home;
6. Equality in treatment between the sexes.

### Description:

The questionnaire was based on a five-point Likert Scale with the categories: strongly agree, agree, uncertain, disagree and strongly disagree. The items were divided almost equally into those stressing a traditional outlook and those stressing a progressive one. The first draft was made up of 39 items.

### Results and Analysis

The same procedure that was used in piloting the other scales, mentioned earlier, was used here.

A few items had to be removed altogether from the questionnaire, as the representative from the Ministry of Education thought they were unfit to propose to the pupils. The items mainly revolved around the dimensions propagating the equality of treatment between the sexes and the absolute right to choose whatever type of work, even in untraditional spheres. Other items were confusing and had to be dropped out. One such item declared that "a woman's place is the home, although she can fill other positions". The argument around this item was that those who believed that a woman's

place is only in the home argued that she should not and cannot fill other positions, so they couldn't put an answer. On the other hand, those who believed that a woman's place is not the home did not know how to disagree with the fact that she can fill other positions. This was a 'double-barrelled' question, and totally useless. This piloting helped to avoid such items for the main study.

Factor analysis was carried out on the rest of the items and they fell into as many as 13 factors. Out of those, 10 were relevant, as their latent roots were greater than one. Of those 10 factors, all items with loadings of  $\pm .30$  were kept to start with. The items which had just significant weight over several factors were considered cautiously and, in some cases, dropped. This brought down the total number to 16 items. For example, the item which stated that a working woman is a selfish mother received a weight of (.34) in factor 1, (.26) in factor 3, (-.26) in factor 6 and (.29) in factor ten; the item stating that only men should support the family economically received weights of (.35) in factor 3, (.34) in factor 4 and (-.34) in factor 9.

Factor one seemed to include statements that supported a woman's right to work and independence, while factors two and three seemed to have more items referring to a traditional outlook (womens' place is in the home).

The other factors included two to three statements supporting either a progressive or traditional outlook.

It was decided to leave the final decision on labelling to the final factor analysis study carried out on the whole target population sample.

G. FINAL "TEST BATTERY" SKETCH

THE PRE-TESTS:

A. Dependent Variables:-

1. Information scale
2. Social Image scales
3. Attitude Profile scale
4. Attitude General scale
5. Intention of Joining Variable.

B. Independent Variables:

Background Information.  
School and Work Information  
Media Information: Television  
Cultural Resistances scale  
Medical Resistances scale.

THE POST-TESTS:

Dependent Variables

1. Awareness of programmes
2. Information scale
3. Social Image scale
4. Attitude General scale
5. Attitude Profile scale
6. Intention of Joining Variable.

(The complete versions of the translated questionnaires are presented in Appendices G-P. The original Arabic versions are included at the end of the thesis).

Final "Test Battery" Summary

I. DEPENDENT VARIABLES

1. Information Scale

To measure the pupils' general factual information about the requirements for entry into the Nursing vocation, the training period, characteristics and other job details.

The main objectives of this scale were twofold:

- (a) to find out how much the pupils know and design the programme themes accordingly;
- (b) to measure the change in information (if any) as a result of the campaign programme.

The final version of the scale contained 12 items of multiple choice questions with one correct answer and a "don't know" category.

2. Social Image Questionnaire

To measure the pupils' image of the Nursing vocation in relation to the job characteristics and societal status.

The main objectives of this scale were twofold:

- (a) to find out how the pupils perceived this job and develop the programme themes accordingly;

- (b) to measure change in image (if any) as a result of the campaign programme.

The questionnaire involved two parts:

- i. A scale made up of 10 items to which the pupils were to respond as to whether the suggestion was "True", "False" or "Not sure".
- ii. Table of "Rank of Jobs in this Society". The pupils were asked to rank the job presented (including Nursing) from the highest in our society to the lowest.

The detailed factor structure of the "True-False" scale is discussed in the Results Chapter.

### 3. Attitude Scales

To measure the attitudes of the pupils to Nursing as a job in general and to specific characteristics of the job.

The main objective of those scales were twofold:-

- (a) to find out the pupils' general attitude to the job and resistances to its specific characteristics and develop the programme themes accordingly;
- (b) to measure the change in attitude (if any) as a result of the campaign programmes.

The scales are based on a five-point Likert Scale with categories of: strongly agree, agree, uncertain, disagree and strongly disagree. The final version contained 14 items: 5 general job items and 9

specific job items.\* The detailed factor structure of the scale is discussed in the Results Chapter.

It was also intended to use all the above dependent scales as predictive measures to delineate future potential nursing candidates.

#### 4. Intention to Enroll

A question to measure intended job choice of each pupil.

The main objectives were twofold:-

- (a) to measure if any change of choice occurred as a result of programmes (i.e., more or less pupils intending to join nursing);
- (b) to use as a predictive measure to delineate future potential nursing candidates.

## II. INDEPENDENT VARIABLES

### 1. Cultural Resistances Scale

To measure the attitudes of pupils towards women's role, work and rights.

To start with, the main objectives of this scale were threefold:-

- a) to find out the standing of those pupils in relation to the cultural position of women's roles, work, rights, etc., and develop the programme themes on the basis of those findings.

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\* The general job items and profile job items have been relabelled into advantages and disadvantages items after the last factor analysis.

- b) to use this scale as a dependent variable scale to see if any change in attitudes towards those cultural resistances occurred as a result of the campaign programmes.

(However, this second objective was not fulfilled because of administrative problems as will be explained later).

- c) to use as a predictive measure to delineate future potential Nursing candidates.

The scale was based on a five point Lickert scale with categories of strongly agree, agree, uncertain, disagree and strongly disagree. The final version of the scale contained 16 items. The complete factor structure of the scale is described in the Results Chapter.

## 2. Medical Resistances Scale

An inventory intended to measure fear or distaste for practical aspects involved in the medical profession such as hospital atmosphere, infectious diseases, people in pain, and so on.

The main objectives were :

- a) to find out the position of the pupils on those items and develop the programme themes to counteract those resistances.
- b) to be used as a predictive measure to delineate potential Nursing candidates.
- c) It was also initially intended to use this scale as a dependent measure of change as a result of the campaign programmes, but again, because of

administrative problems, as described later, this objective had to be dropped.

The inventory contained 6 items on hospital resistances buried in with 31 other items.

It was made up of three choice categories: "bothers me a lot", "bothers me a little", "doesn't bother me at all."

The final factor structure of this scale is explained in the Results Chapter.

The other 31 items of the inventory were not useless items, but included aspects like anxiety about school work, and lack of self confidence, as well as specific job characteristic items like having to make decisions, having to obey orders, etc.

The intention was to make use of those items as final predictive measures of the possible attributes of potential Nursing candidates.

The complete version of this inventory is presented in appendix N .

### 3. Background Information Questionnaire

A questionnaire including a number of items asking for information on personal characteristics such as age, socio-economic status, residential area, school performance, etc.

The main objectives of this questionnaire were twofold:

- a) to be used for comparability purposes in relation to the experimental and control groups as they are self selective.
- b) To be used as predictive measures for pinpointing future potential Nursing candidates.

The complete translated final version of the questionnaire is presented in appendix G .

#### 4. School and Work Questionnaire

A questionnaire including the item on intentions for job choice described earlier, but also intended to measure several other questions about school and work such as the intention to discontinue schooling at what level, attitude to school, school subjects, education, work after school, discontinue schooling as a result of marriage, job type, preferences and so on.

The main objectives are twofold:

- a) To find out the position of the pupils in relation to schooling, work and education, and use the information for the development of programme themes.
- b) To use as predictive measures for delineating future potential Nursing candidates.

The complete translated final version of this questionnaire is presented in appendix H .

### 5. Television Questionnaire

To measure availability of the medium, viewing habits and tastes, and the viewing atmosphere.

The main objectives were twofold:

- a) To use the information on availability, habits and tastes to decide on presentation strategy and type of programmes.
- b) To use the information on viewing atmosphere to decide upon the best strategy of appeal based on the results of the communication setting and the influence of other viewers.

The complete translated final version of this questionnaire is presented in appendix I .

#### Comments

As the main objective of this study was to measure the effectiveness of television information programmes in a natural setting, it was decided, as explained in the Design Chapter, to disguise the purpose of the research and minimize contact with the target audience. Great care and expense has been spent to avoid disclosing the intent of the research and to avoid making the pupils feel that the television programmes were simply propaganda campaigns. Moreover, special care has been taken to avoid asking specific questions about Nursing alone and the television programmes in particular. Everything of relevance shown on the television programmes was inbuilt into the questionnaires and scales disguised with loads of other material.

The questionnaire, given after the television programmes, was intended to measure the "change" in those items on information, image and attitude towards Nursing inbuilt with the other items.

However, to be able to delineate the experimental and control groups, two very general questions were included enquiring as to whether the programme series "The Merciful Hearts" was viewed, and how many of those programmes were seen. No other reference to the programmes was done, to avoid alerting the pupils about the intentions and thus biasing their reactions. Moreover, those questions about the programmes were put in such a way that "this programme series accidentally and 'fortunately' happened to be put on the air during our research and it would be of interest to us to know if you happened to see it":

As for "feedback" in connection with each of the series of programmes as to whether the intended message got through, and whether it was interesting, entertaining, easily informative, emotionally effective, etc., "interviews" were carried with a designated group of 27 pupils (initially 49) chosen specifically for a Panel Study to be carried congruently with the Experimental Design.

The reactions of those pupils is discussed in the following Chapter under: The Panel Study.

#### H. DEVELOPMENT OF TELEVISION PROGRAMME THEMES

To deal with this section comprehensively, the outline of elements affecting the success or failure of mass media persuasion campaigns discussed in Chapter VI was used as a guideline for developing the programmes.

Although the description of the administration and analysis of the pre-programme questionnaire is presented in the following Chapters, it has to be explained that, for the development of the programme themes, "frequency tables" for all the relevant items were drawn up during the field work and examined. These frequencies of the relevant questions on 3110 subjects showed us where the pupils stood in relation to the aspects of interest and determined what themes should be developed and what should be avoided. (The relevant frequencies are presented in the Appendices).

##### I. EXTERNAL EVENTS

As our main concern was with female pupils and the profession of Nursing, it is vital to explain briefly the place of women in the society and the status of working women particularly. To develop campaign themes, we had to be very careful to account for the external influences and help make them enhance the campaign effects, instead of work against them. As discussed in Chapter VI, external events were to a very large extent beyond the direct control of the communicator, but an understanding of the total situational trend might help avoid mistakes such as pushing the wrong themes in a specific atmosphere.

The change of the status of the Bahraini women from being largely uneducated wives and mothers to taking an active part in social activity developed gradually. There was no

fighting feminist movement at any point; the women were granted more and more rights with time, with little but irrelevant opposition. Dr. Ali Taki, in his doctoral thesis "L'evolution de la Societé du Bahrain" (1970), while analysing how this gradual liberalization took place, suggested that four possible factors have contributed to this gradual process:

Bahrain's geographical position, early wealth (flourishing pearl industry before the discovery of oil in the 1930's) settled society (no Bedouins), has made it a centre of influence from the outside world, thus the society was more cosmopolitan and sophisticated than its neighbouring countries.

The starting of the first school for girls in 1928 played a major role in the latter social change.

- a) Female education gave rise to a demand for female teachers;
- b) The demand for female teachers led for a demand for higher education for girls.
- c) As the earliest institute for higher education for women was established as late as 1967, before that women had to go abroad for their further education, mainly Beirut.

This latter point brought about the next factor in this emancipation process. In the 1950's, many young girls went to Lebanon for their higher education; there they took off the veil, and on their return to Bahrain, refused to wear it again. This was the beginning of the unveiling of women.

Another aspect which could have contributed to this emancipation process was the growth of the mass media since the 1950's.

Finally, the political, social and cultural openness adopted by the Government of Bahrain since 1965 eased the atmosphere for young and educated people to participate in Government administration. Commerce flourished, modernization and industrialization was started, better social conditions, standards of living and recreational facilities. Women took part in all this, and many "organized" womens' associations emerged during this period.

Today, emancipation has gone a long way. Many women are unveiled, many are highly educated, many drive cars and there exists co-education in all higher education institutes. It has to be stressed here that mens' attitudes towards this development (except for some fanatic Muslims) have been unopposing, in fact encouraging.

#### Economic Activity

Teaching was the first economic activity open to women. For social and cultural reasons, this type of activity was accepted and looked upon favourably by the community. It remained the only remunerative activity for women until the early 1950's. Nursing was the second venue for economic activity open for women. With the demand for Bahrainization of jobs, the first obvious sector to be affected was the medical sector.

In the late 1960's, the oil company BAPCO started to run a secretarial course and many Bahraini girls enrolled. Therefore, by the end of the decade, there were three major sectors of activity open to women: education, medical services and secretarial jobs.

Between 1967 and 1973, other major political and economic development changed this situation further. American businesses shifted their central activity to the Arabian Gulf in general, as the economic importance of the Gulf States became relevant. Bahrain gained its total independence from Britain in 1971, and Iran abandoned its territorial claim to the Islands accordingly. The government started to diversify its economic resources and to boost the wealth of the country. In 1975, during the Civil War of the Lebanon, a very large number of foreign businesses - banks, companies, etc. - moved to the Gulf, especially Bahrain. Banking and the hotel industry flourished.

This development opened new sources of employment and women took part in this. Between 1965 and 1971, the number of Bahraini women working nearly doubled from 995 in 1965 to 1,848 in 1971. After 1971, the economically active Bahraini women increased even further\* and their sectors of economic activity varied.

Therefore, not all women in Bahrain are homebound; a very large number are educated, quite a number work for a living, some drive and a few are totally independent and occupy important positions. To develop the programme themes, these points have to be kept in mind, but it is more important not to overlook a major point. Despite this gradual emancipation of women, they are still, to a very large extent, religious, or influenced by religious norms. Therefore, emancipation should not be confused with Western emancipation. A conservative attitude to women's clothes, private lives and recreations are still dominated by traditional societal norms. Economic independence is not viable for a woman (though she might receive a sustaining income). She is always considered as a dependant of some "male" relative, who is considered her guardian and responsible for her activities.

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\*These figures were based on the population census in 1971.

## II. THE MASS MEDIA COMMUNICATION SITUATION

The Pilot results on the use of media indicated that television is the only medium used in a structured manner. The cinema, radio and newspapers were found to play a less significant part in both the information seeking and leisure activities of the pupils. Television was not only found to be the medium used most, but also enjoyed and trusted most.

Both the Pilot Studies and the pre-tests indicated that the viewing atmosphere was usually in the home, and mostly with sisters and brothers. Chaffee & Tim (1976) pointed out that the typical setting for watching television is the small family group, including parents and siblings, although youngsters may also view alone or with friends. However, in Bahraini society, as the average family is made up of as many as seven children, it is obvious that the majority of the time viewing is accompanied with sibling interaction. 83 percent of the pupils indicated that they usually viewed with brothers and sisters, 22 percent with parents, 14 percent with relatives (who might be living with them in their homes), 9 percent alone and only 8 percent with friends. Although in the Pilot Studies the pupils argued that their parents viewing habits were unstructured and occasional, quite a number of them said that one of the best things about having a television was that their parents and elder brothers spent more time with them at home.

The television set is kept switched on most of the time; it is switched to another channel when the programme is disliked. Just over half the pupils declared that no specific individual decides what should, and what should not, be watched (53 percent); of the other half, some said it was their brother (17 percent), their sister (12 percent), their father (11 percent), the mother (5 percent), a relative (1 percent). However, when asked whether they

can watch what they liked, or whether others have to agree first, 61% declared that they usually all liked the same things, 27% argued that others have to agree first, and 12% stated that they can watch what they like.

The majority of the pupils just sit and watch the programmes (50%), some others converse with whoever is around (23%), some others do their homework (14%), while the others do other things. (See Appendix C).

Chaffee and Tims (1976) and others emphasized that interpersonal factors in the communication setting offer a potentially important focus for modification of exposure and reactions to programme content.

Although our results show no "specific", or structured source of influence that might play a central role in this modification process, we are going to assume that older brothers and sisters and parents may play a part in this process.

Therefore, the television campaign programmes should be designed to account for the points of view of those subjects besides the target audience.

### III. AUDIENCE PSYCHOLOGICAL ELEMENTS

When discussing the conditions under which mass communications can produce direct change effects, several suggestions were put forward which summarize the strategies that could be used. (p. 140). This was previously discussed in the Model of Communication Effects based on Schramm's (1973) analysis (p. 104), theoretically explained by De Fleur's Socio-Cultural Persuasion Model. (p. 98).

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NOTE: The percentages on television viewing habits of the pre-tests on the actual population were very close to the percentages found in our pilot of 84 respondents. So, it can be said that our pilot results were reliable.

However, all those suggestions depend basically on one important aspect, and that is knowing thoroughly beforehand the attributes and predispositions of the target audience under study.

Before developing the programme themes, it was necessary to find out how to get the message through to the audience by overcoming the first, and perhaps foremost, intervening variables: the psychological motivations creating selectivity in attention, perception and recall.

In general, previous experimental research suggested that to accomplish this, the communication should not raise the ego-defences of the recipients outright. It should be made to fit into the cognitive structure of the individual, without encountering strong conflicting beliefs and attitudes, thus simply confirming, clarifying, extending or slightly canalizing a part of the individual's cognitive and motivational structures. The suggestions made should be in harmony with valued group norms and loyalties. The change propagated should be guaranteed (or shown to have) social, and cultural support.

It should be made to look as the accepted norm or "reality", and the persuasive messages put through the media should "provide the appearance of consensus with respect to a given object or goal of persuasion". (De Fleur, 1972).

Therefore, the information should not seriously challenge existing positions, but simply confirm, clarify or enlarge upon them.

Those "existing positions" can be divided here into two general aspects:

1. Aspects related to the social context of the individual involved, ie. the culturally defined and shared values, roles, expectations and beliefs, social controls and social norms.
2. Aspects related to the object of persuasion itself (here the Nursing profession) and how it stands from the individual's and society's point of view.

The first of those aspects will be referred to as Cultural Resistances and the second as Specific Job Resistances.

#### 1. CULTURAL RESISTANCES

Selectivity in attention, perception and retention can be overcome if the themes of the campaign are designed with consistency and congruity in mind, as well as uses, needs and gratifications, and tastes and habits (as discussed in Chapter 4).

##### (1) Consistency and Congruity

In our discussion on the ways to get through to the target population our first suggested strategy was that the target population are more likely to accept change when it is not in conflict with their traditional and normative beliefs, etc.

What cultural values, norms, beliefs and expectations should not be antagonized, or in fact, used?

##### (a) Religion:

As "being religious" is something taken for granted in this culture, it would have been useless and improper to try to measure how

religious the pupils were. However, the normative influence on the position of religion in the society can be inferred from two questions. One asked for the rating of each school subject (course) taken in class, whether it was liked, not liked, or whether it was not minded. Religious studies are not easy, they involve laborious rote learning and interpretations and analysis; yet, 85 percent said they liked the religious studies, 15 percent said they did not mind them and only 4 percent (10 subjects out of a total of 2,719) declared that they did not like them.

As for the second question, which enquired as to what subject (course) is liked most, religion came second only to English language. This meant that the campaign programmes would have to be consistent and congruent with religious teachings. As they have to appeal not only to the pupils but the parents and brothers and sisters, being congruent with the accepted normative teachings will give them more potency.

(b) Cultural Values

In the Pilot Studies, a question was included which enquired about the pupils' opinion as to what is the most important characteristic or quality for advancement in life. A number of characteristics were listed, but the one which received the highest percentage was moral and ethical qualities (35.5 percent). The next in line was Education (14.3 percent), followed by Brains (11.9 percent). The whole table can be referred to on page 292.

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Although the number of pupils in this pilot study was rather small ( $N = 84$ ), and they were slightly younger than the target audience, those results can be taken to reflect the existing normative and cultural values. Moral and ethical qualities are beyond doubt the most important characteristics, especially for women, who are taught since childhood how they are expected to behave.

While searching for the possible reasons that made parents or older brothers resist allowing their daughters or sisters to join Nursing, I enquired of several ordinary people at several occasions why Nursing was not sought for. Besides a number of practical work problems (as explained earlier), quite a number of them stated that the image of a Nurse they had was that of a "loose woman"; all she is after is to meet doctors and other men! When I put this statement to the Staff Nurses I interviewed, they explained that unfortunately, as is the case in any other job, 'one rotten apple can give the impression that the whole bowl of apples will get rotten soon'. Bahrain is a very small country, and rumour travels fast. They added that this image of loose sexual (ethical and moral) standards possibly exists. Moreover, what makes it worse is a number of Egyptian drama series put on Bahrain television lately portraying such an image of a nurse. They explained that what the ordinary people do not know is the comparatively high standard of education and difficult training involved in a Nursing job.

Education is a highly respected quality, even for women, in Bahrain. This was shown

in Table 2 (discussed earlier) and can be inferred from a number of questions put in both the pilot and main pre-tests. When the pupils were asked when they intended to stop their education, 54% declared after University, 22% said after completing their secondary education and only 1 percent after their intermediate education. Moreover, when asked when their parents' wished them to stop their education, the answers were almost congruent with the pupils' intentions: 52% after University, 21% after secondary school and 9% after intermediate school.

These questions contained a large percentage in the "don't know" category (25 percent) and the answers do seem unrealistic, but still they do reflect at least a desired and respected ambition.

Teaching is consequently a highly respected job. This is true not only of Bahrain, but the Arab culture as a whole. One famous Arab poet wrote that a teacher should be respected just as a prophet! For women, teaching has always been a highly (even the highest) respected job, as explained in the Economic Activities of Women. On the rating scale, which asked for the ranking of jobs in our society from the most prestigious to the least, the teacher was ranked second highest only to doctor. Besides, when asked what job each pupil intended to do after graduation, the teaching job received the highest percentage.\*

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\* p.335 after p. 337

Therefore, those culturally based qualities, ethical or moral standards and education were going to be linked to the programme themes. We hoped that, if those characteristics did not appeal to the pupils, we could at least be sure they would appeal to the parents and guardians who might influence the pupils' decisions, or stop resisting them.

(c) Womens' Roles and Expectations

The third category of cultural expectations or resistances postulated to be of relevance revolved around the woman's place in this society.

A description of the evolution of the Bahraini womens' role, in general, was presented in the section on external events. Still, it was thought important to have a definite or clear picture of how womens' role is perceived by the pupils themselves. This will show us whether the image we intend to propagate is the correct one.

As quite a number of women work in Bahrain, it was initially assumed that their role as simply housewives is a fiercely resisted notion. The items of the Cultural Resistances scale (described in Sections E and G) were used to find out more about this position; as it will be seen, the assumption was not totally true.

Frequency tables were drawn up to find out where the majority of pupils stood on each category

of items of interest. (See Appendix D, p. 549).

The items can be categorized into four aspects: womens' role in general; women and work; womens' rights and capabilities, and education for women.

To start with Education, the answers on the items here reinforced the statements above about the respectability and importance of education. The statement that "further education is necessary for women" received a 96 percent agreement with the majority, 64 percent strongly agreeing. As for the item declaring that "a girl should only marry after graduation", 87 percent agreed, 8 percent were uncertain and 6 percent disagreed. In the questionnaire on "school and work" the pupils were asked that, if they had the choice to marry and leave school, at what level of their schooling would they leave? Only 2 percent said before their secondary certificate, 15 percent after their secondary schooling and as much as 46 percent after University. Of course, those figures seem unrealistic in practical terms, but again this shows the esteem those pupils have for University education.

The items on womens' role, however, did not present such clear reactions, but showed mixed up feelings.

The statement that "housework is womens' real work" showed a response of 71 percent agreement, 11 percent uncertainty, and only 18 percent disagreed! But, when the declaration that "womens'

place is in the home" was put forward, 64 percent agreed, 11 percent were uncertain and 25 percent disagreed. Moreover, when the statement was presented in a more emotional nature, "womens' role is to marry and get children", only 11 percent agreed, 12 percent were uncertain and 77 percent disagreed.

So, it can be concluded that, although the pupils would not accept a blunt declaration that womens' role is to marry and get children, they still (in the majority) think that her place is the home, and housework is her real work!

The items on women and work also showed surprising results. The statement that women should have freedom of choice received an agreement of 34 percent, 16 percent were uncertain and a staggering 49 percent disagreed. In addition, 91 percent declared that "women should choose only secure and sheltered jobs". This is surprising, because Bahrain is the only country in the Gulf which has policewomen, traffic wardens and site engineers! Of course, the numbers are very small and it seems if the majority were to choose, a secure and sheltered job is more appropriate.

When the work conflicts with marriage, the reactions again were not clear cut. The statement that "if a girl gets married she should leave work", received 33 percent agreement, 19 percent uncertainty and 48 percent disagreed. This reaction is partly reinforced by another question in the questionnaire on "school and work", where the pupil was asked that, "if she was working and had to get married, would she leave work?" Here,

47 percent stated that they planned to go on working, 6 percent said they will leave work and 46 percent did not know. The uncertainty on this aspect is quite high, which might reflect conflict in decisionmaking. However, it seems that the reason for this uncertainty is partly economical. When asked that "if the husband is well-off, a woman should leave work", 49 percent agreed, 16 percent were uncertain and 35 percent disagreed.

Another point which might explain the mixed reactions on this aspect of women and work is the "type" of work involved. In the questionnaire, "School and Work", the pupils were asked that, if they were planning to choose a job, what type of job would they choose.

TABLE 3

Type of Job	Answer %
1. A job having adventure, future but no security	24.2
A job having no future, but security	75.8
2. A job requiring thinking abilities	28.8
A job, once learned, one will know always.	71.2
	N = 2,773

It can be inferred from those answers that the point of argument is not "work"; this seems to be alright, but it is the "need" for work and the "type" of work that is of relevance.

The items on womens' rights and capabilities also show mixed reactions.

Let me first explain that at the end of each academic year, the local newspaper publishes the names of all the pupils who passed their secondary school exams (both females and males). Moreover, it carries interviews, and puts the photographs of the pupils who ranked highest in each of the sections: arts, science, business and industrial. Those high ranking positions are almost alternately acquired by females and males and the competition between the girls' schools and the boys' schools for those positions goes on. However, during the year this research was carried, all those highest ranks were acquired by the girls. Still, when the statement was put that "women are less intelligent than men", 28 percent agreed, 26 percent were uncertain and 45 percent disagreed!! It was expected that an over-riding majority will disagree.

Coming back to womens' rights, "should they become economically independent?", 64 percent thought they should, 14 percent were uncertain and 21 percent disagreed. When they were asked whether "women should use their talents outside their homes", 93 percent agreed, and when asked if women were capable of both housework and work, 72 percent said they were, 20 percent were uncertain and only 7 percent disagreed.

## (2) Uses, Needs and Gratifications

If a mass communication is to have direct change effects, it should relate to individual needs, wants and interests, or it should be shown to be capable of satisfying

existing needs and motivations. The needs that can be satisfied (a goal) should be made apparent and some incentive to take action made active.

How can those suggestions be integrated into this Study? Let us first consider three general uses and needs that are going to be worked for in this programme. They are as presented by Blumler & Brown (1972), and Katz & Gurevitch (1973): cognitive needs, affective needs and individual psychological stability needs.

(a) Cognitive Needs:

The cognitive elements of an appeal usually involve the portrayal of the factual information about the topic which will help the recipients to rationalize and justify their actions. It was thought that the cognitive needs of the audience (in this case) can be satisfied by portraying the advantages of the nursing career.

(i) The first advantage to be put forward will be knowledge and education. As the previous Section showed, knowledge and education are highly esteemed in this society, and therefore they will be useful to develop into the themes. Moreover, the nursing staff indicated that the public considers the nursing job as a "serving job": they do not realize how much academic work is involved (at least, at the General Nursing level). We argued that stressing the academic aspect might decrease the number of applicants as it will frighten away the less academically oriented pupils. However, the Nursing School emphasised that they needed better qualified pupils to reduce eventual dropouts, so the argument was dropped.

Medical knowledge is again something highly esteemed in this culture. From the answers of the

pupils we found that a " doctor " was ranked first in the prestigious jobs of our society and was the second highest choice (in percentage terms) of jobs intended and wished, after teacher. It was decided to highlight this aspect of the Nursing job, especially as there existed (at the time) social dissatisfaction in connection with the small number of doctors available and the lack of efficient personal treatment by doctors. It was also decided to emphasize the endless uses of this medical knowledge at home with parents, children, friends, on the road, everywhere in the country and internationally.

Besides medical knowledge, it was decided to emphasize the proficiency in English language attained by joining the Nursing school.

Therefore a new image was to be pushed in the programmes, the image of one with the basic knowledge to be of use always and everywhere and for everybody.

(ii) Another advantage which was thought useful to emphasize ( an opportunity possible at the Nursing School alone ), is one connecting work with learning. It was decided to clarify to some pupils that, if for some reason or another, they couldn't get their Secondary Education certificate, this does not mean the end of their chances. They can join Nursing at the Practical level, "get paid" and, at the same time, study at home for sitting again for this exam. When attained, they automatically can go up the career ladder to become General Nurses and further on.

(iii) The usefulness of being paid while training, and the feeling of independence it brings, the other job advantage to be put forward is the chance to go overseas for further education. This is an aspiration every pupil has and dreams of: "going abroad". It is partly reflected by the high number of pupils who wish to become air hostesses (13.7 percent), the third highest percentage after doctor and teacher. Therefore, it would present a good base to work upon for the themes.

(b) Affective Needs:

Besides the cognitive elements of an appeal, the themes should also be designed and developed to get through the "emotions" of the target audience. To do this, two aspects were contemplated to be useful here, to push a "low fear threat" plus an humanitarian appeal in the message.

It was intended to develop the low fear threat into the storyline of the programmes. The objective was to explain that: although people usually feel that nothing can go wrong for them or their families, accidents happen when they are least expected, and it is advantageous to have someone who would know how to act in such situations. However, the emphasis should be put on "low" threat only because it would be undesirable to frighten or horrify the pupils away from such a job by creating an association with disasters. It was hoped that this threat would activate a "motivation" to want to know how to be of use. For the family, it would show the advantages of having someone available in emergencies with the expertise to act.

As for the humanitarian appeal, obviously it is one of the few emotional advantages that can be played on for this job. It was intended to dramatize this appeal through the storyline.

Affective needs are described to be the needs that should satisfy the æsthetic aspects of human imagination. It was contemplated here to push through another image of the nurse besides the "knowledgeable one": "the merciful one" and an "angel-like figure". One should not forget here the age and sex of the target audience and what would appeal to them. The pedagogue presentation of a programme might not be appealing, especially for this audience type. Therefore, one way of getting through to the emotions is to make sure that the programmes are of dramatic content.

To emphasize the æsthetic aspect, it was thought relevant to start each programme by a quote from an Arab poet or writer about a nurse or the nursing job, and dramatize it by a loud, echoey male voice. This would be repeated for each programme. (The visual accompaniment for this quote was discussed with the producer and will be described later). Besides this, the programme should be concluded by a verse from the Qura'an, reinforcing the theme of the programme.

Those suggestions, plus considerations of titles for the programme series, were discussed with the producer. A description of the programmes later will show how these aspects were integrated to satisfy the affective needs of the target audience.

(c) Individual psychological stability needs:

This aspect usually emphasized such individual needs as confidence, reassurance, ability to understand oneself and confer status, feel important, gain a sense of personal identity and so on.

From the interviews with the nursing staff, two points were brought up again and again, and they were that the nurses felt that "Nursing as a job was not really appreciated", and that "the nurses do not have a binding feeling of identity".

(i) Approval and appreciation of job:

It was argued that, if the public does not seem to appreciate the nursing job, the programmes will be made to help confer this appreciation. It was contemplated to apply the socio-cultural model of persuasion to help push this point. The programmes would put forward all the socially relevant points for its approval: Qura'an verses (religious approval); Arabic writer's quotations and verses (cultural approval), and knowledgeability (social approval). It was hoped that these points will portray the image of a job which is appreciated and approved of socially and culturally, and therefore the one who does not agree would be made to feel a "deviant" from the accepted norm.

(ii) Feeling of personal identity and status:

While attending the interviews with the new applicants for the nursing job, it was found that the pupils had very little information about the nursing job and, moreover, the pupils did not seem to know what they really

wanted or expected of a job. Therefore, it was decided that the programme would be designed to suggest that if one wanted "meaning to life" and a "worthwhile job", Nursing would be the answer. This would confer status and a feeling of importance for joining Nursing. To add to that, the programmes would portray the theme of a group of people ready to sacrifice something for the sake of humanity, as the title of the series described them as "The Merciful Hearts".

To emphasize this feeling of identity further, it was intended to design the programmes to show the Nurses as an integrated group of friends enjoying both the academic and socialization aspects while training for Nursing.

The School of Nursing has been integrated into a wider atmosphere of a College for Health Sciences. This "College atmosphere" would be pushed and stressed upon. (This would probably appeal to the parents as well, who respect the academic aspect of a job). The formal teaching requirements for Nursing are not much different from school routine, this might be a factor making the pupils hesitate to join. Therefore the other facilities available as a result of being a student in the College of Health Sciences will be shown and explained to attract the pupils.

Everything in the programmes was to be geared to show that Nursing confers a feeling of psychological satisfaction and happiness and gives meaning to life.

(3) Tastes and Habits

Both the pilot studies and the pre-tests of the main study measured the television viewing habits and are fully discussed in the Mass Communication Situation Section.

As for tastes, we had to take into consideration two aspects of this audience group: their age and sex.

Adolescent females usually have a specific preference in relation to television programmes and if selectivity is to be over-ruled, programmes which are more to their liking should be included in the campaign.

When the pupils were asked which 3 TV programmes did they like most of all, 72 percent said the daily Arabic serials. 58 percent said Arabic films and 34 percent Indian films. All those programmes involve romantic dramas (or soap operas) and are very much culture-bound. When asked which programme they would try not to miss, 79 percent said the daily Arabic serials. Documentaries and Western series were not scored very highly among the three programmes enjoyed most. Documentaries were claimed to be among the 3 enjoyed most by only 13 percent of the subjects which is an absolute number of 400 subjects from a total of 2,710. (It is surprising why the Nursing School chose documentaries to get through to the pupils in their previous attempts). Moreover, Western series and Western films were chosen by 19 percent and 20 percent of the subjects consecutively. One of the alternatives thought about when considering what type of television programmes to put on the air was to import "Angels" or some other similar series from the West. However there were 3 main reasons why this was not done.

i) The language problem:

The majority of pupils and people in Bahrain do speak and understand English, still, the exact meaning of the message being conveyed by a Western film is not usually fully understood. The overall plot or picture may be grasped, but not the in-depth meaning. Moreover, the aim of the programme was to convince the parents as well as the pupils about the Nurse's mission. The choice of a Western programme might limit the conveyance of the message to those who understand English only.

ii) Cultural Problem:

Although the programme series "Angels", for example, does portray the image of a nurse in a favourable manner, there are some sections which, in our culture, would look too outgoing or improper. A Nurse who has dates and goes out with boyfriends in the evenings might give the wrong impression to the parents of the pupils involved. It was decided that it is very important to present a programme which is conservative, brings up no defenses at all and is at the same time appealing.

iii) Tastes:

The pupils themselves preferred local or Arabic films as compared to Western programmes. When asked what "types" of television programmes they liked, did not like or did not mind, home life and society problems were liked most (80 percent); so were comedies (78 percent), school life (65 percent), and Bedouin stories (61 percent) and village life stories (63 percent). Musicals as a whole were liked a lot, especially Arabic musicals, which scored 78 percent. These give a clearer picture as to the types of programmes that should be developed.

## 2. AUDIENCE PREDISPOSITIONS - JOB RESISTANCES

Besides examining and making use of the cultural elements to determine the development of the themes, there were specific job elements, particular to the position of the target audience, which were thought to be of relevance to theme development as well.

The pilot studies showed a number of disadvantages or drawbacks to the nursing vocation itself which could be regarded as resistances to the job.

It was decided to find out the position of the pupils on those resistances, whether in connection with the job itself, or the social status of the job. The findings will help us decide what resistances to counteract in the programmes.

Frequency tables were drawn up for the items of the three dependent variable scales: information about nursing, the image of nursing and attitude towards nursing as described in Section E. These frequencies were done on the pre-test results, which have been carried out on the whole target population before showing the television programmes.

The main objective of this investigation was to find out whether it would be necessary to "convert" the subjects to a new position regarding nursing, or simply reinforce and strengthen their existing positions and provide a new motivation for action.

(1) Information about the Nursing Vocation:

As Table 5 (p. 357) shows, a very small percentage of the pupils know enough about the requirements, training and basic information of the nursing vocation. In the majority of cases, less than a third of the pupils have chosen the correct answers for the questions involved except for two items, one on the location of the College, 67 percent correct, and the length of vacation period, 49 percent correct. More than a third of the pupils chose the "don't know" category. Answers in the wrong category are all relatively high.

This showed that the programmes, to start with, should at least try to present the pupils with more basic information about the nursing profession.

(2) Image of the Nursing Vocation:

As explained in Section E, this was measured in two parts: a scale made up of a number of items where the pupils were asked to express their opinion as to whether the statement was true or false; and a rating scale made up of a list of jobs and where the pupils were asked to rank those jobs from the most prestigious to the least prestigious in our society.

Table 6 (p. 358) presents the frequencies of the answers for the true-false scale. The items measuring the pupils' image of the job characteristics and requirements seemed to show the "desired image". The majority of pupils did think that the nursing job required a good academic qualification - 69.7 percent, and they did acknowledge that it

involved difficult training, 64.5 per cent. This seemed to contradict our previous assumptions, that the population did not realize the qualifications required for becoming a nurse. It seemed, therefore, that the idea of pushing through a "new" image of a nurse as the one with academic knowledge will not be a "new" image, but a remodelled image.

The items measuring the pupils image of the jobs advantages and rewards also seemed to portray the "desired image". The fact that the job helps to gain independence was rated true by 82.7 percent of the pupils, the fact that it is a secure and sheltered job, 68.5 percent, the fact that it does provide opportunities for socializing, 79.6 percent. However, the item on career mobility did not receive the same consensus. The pupils were divided around a third in each category of thinking it is true, false and not really being sure.

Therefore, besides reinforcing the position of the Nursing vocation in relation to independence, security and socialability, the situation on career mobility has to be clarified and pushed in the programmes.

The items measuring the image of Nursing in relation to its social status again surprisingly showed an inclination towards the "desired image". The majority of the pupils refuted such statements reflecting rumours that the job is perceived as simply a stepstone to

marriage 69.2 percent, and that it is socially not prestigious 62.7 percent, and that nurses are not really dedicated 60.7 percent.

This again showed that (contrary to the claims of the Nurses that the job is not looked upon favourably) the image seems to have the desired standing among the pupils, at least.

However, when the Nursing job was compared to other jobs in relation to social prestige and status, it was ranked "quite low", below secretary and air hostess, and just above waitress and cook!

TABLE 4

JOB	RANKED 1st IN IMPORTANCE PERCENTAGE
Doctor	57.8
Teacher	14.7
Lawyer	14.4
Air Hostess	5.8
Secretary	3.0
Nurse	2.3
Waitress	1.0
Cook	1.0

Therefore, if Nursing seems to have the desired social status, from the point of view of the pupils, why are they resisting it?

- (1) It could be argued that the low social status is held by their parents who might influence their final decision. So the lifting of the social

status of Nursing should be directed to parents as well in programmes;

- (ii) The social prestige table ranks Nursing low, which brings us to the argument that whenever Nursing is compared to other jobs it is scored low, while on its own, it is all right. Therefore, the programme themes should concentrate on Nursings' advantages vs. other jobs.

(3) Attitudes to the Nursing Vocation

The items measuring the attitude towards Nursing can roughly be divided into two dimensions, those measuring general job aspects and items measuring specific related job aspects. (See Table 7, page 359)

The items attempting to measure general job dimensions showed that quite a large percentage of the pupils had favourable attitudes towards the Nursing job. The item that the Nursing job "has several advantages" was rated favourably by 80.4 percent of the pupils, 58 percent agreed that Nursing is an ideal job, 85.6 percent liked the uniform.

However, again when the job was compared to others, the consensus was not so high. The item that stated why should one choose this job when there are better and easier jobs, received an agreement of 44.1 percent, 26.4 percent were uncertain and only 29.5 percent disagreed.

These findings seem to reinforce the previous findings in the connection with the image of Nursing: when it is on its own the job is

looked upon favourably, but when it is compared to other jobs it seems to lose ground.

The resistances to the Nursing profession cannot be totally examined by general job items, but by specific related ones usually portraying the disadvantages of the job.

The stand of the pupils on such items would probably present a better picture as to what resistances are to be specifically neutralized.

Such possible resistances as:

- i. Too much discipline is involved;
- ii. A heavy responsibility;
- iii. Having to carry orders from superiors, eg. doctors, matrons, etc.;
- iv. Some undesirable aspect (like bed-pans);
- v. Work at irregular and unsocial hours;
- vi. The routine making the job boring.

Of course, the combination of those, and other, resistances, would differ from person to person. However, these are the principal ones for this job and the results on the frequency tables were as follows: only 25.2% of the pupils declared that they disliked the fact that the job involves strict discipline, 14.2 percent were uncertain and 60.6 percent liked the discipline. 44.7 percent declared that they disliked the fact that heavy responsibility is involved, 26.7 percent were uncertain and 27.6 percent liked the responsibility; 39.9 percent declared that they disliked the fact that having to carry orders is

involved, 23.3 percent were uncertain and 36.7 percent did not mind carrying orders; 37.1 percent disliked certain aspects of the job, 34.4 percent were uncertain and 28.5 percent did not dislike anything.

As for irregular and unsocial working hours, 38.2 percent declared that they disliked this aspect, 28.8 percent were uncertain and 32.9 percent didn't mind it, and finally, 64.9 percent declared that the job involved routine and was boring, 23.8 percent were uncertain and 11.3 percent disagreed with this routine aspect.

Therefore, discipline and heavy responsibility did not seem to be major resistances; however, the pupils were divided in connection with aspects of the job related to carrying orders, unsocial working hours and some other undesirable aspects. But, the major resistance that showed up is that the job was perceived as routine and boring.

These findings strongly suggest that the programme themes should reinforce existing positions in connection with discipline and responsibility, they should clarify further the position in relation the necessity to carry orders, and portray the other advantages of this irregular working hour scheme. But, above all, they should re-model the image of a Nursing job as one which is relatively exciting and challenging, different from day to day, and not routine and boring as the pupils visualized it.

(4) Medical Resistances Factor of Nursing Vocation

The items in this inventory were attempting to measure fear or distaste to specific aspects of Medical Professions.

As the Table 8 (p360) shows, the majority of pupils indicated that the specific items on medical resistances did "bother them a lot". The highest percentages were, "being in contact with infectious diseases" (90.6 percent), "the sound of people in pain" (85.7 percent), and "seeing victims of an accident" (71.2 percent).

It can be argued that this is expected of everyone who does not have direct contact with such situations on a regular basis, and one gets used to those medical aspects "with time".

However, it is obvious from those resistances that, if something is to be "avoided" in the programme themes and visual accompaniments, it should be horrific sights of blood, accidents and so on, as these might put off the target audience outright.

SUMMARY OF THEME DEVELOPMENT

The television programmes should be directed not only to the pupils (target audiences) but also to their parents, brothers, sisters and other influential figures. The aim is to present a remodelled image of the nursing job consistent with the society's approved cultural norms and traditions.

1. The programmes should present the nursing job in a culturally and religiously approved role, yet relevant to the modern world. The themes should

avoid any aspect that conflicts with culturally approved moral and ethical standards. They should portray the womens' role in the respected educational sphere and emphasize the security of the job.

2. The advantages of the nursing job should be presented, especially as compared to other jobs. A job involving basic health knowledge of use not only at work but also for friends, family and in the home. Other advantages we should clarify are the position on career mobility, chances to go overseas for further education, and economic independence, but they should be carefully presented within an accepted cultural mode.
3. The programme should emphasize an humanitarian appeal of real-life incidents in our society. Horrific sights of blood and disasters should be avoided, but a low-threat in the message referring to the consequences of ignorance of basic health problems should be stirred.
4. The programmes should emphasize how this job was appreciated by religion and famous writers, the socially approved values of knowledge and education. Feelings of personal identity and status should be reinforced by the humanitarian appeals and the promise of a worthwhile job, and conveying meaning to life and existence in making others happy. The importance of friends and group integration should also be conveyed, together with the College atmosphere which is much respected in this society.

The majority of items measuring the image and attitudes of the respondents towards the topic showed a favourable position (as was discussed in the Job Resistances), so they should only be reinforced or remodelled. The aspects that should be examined further in the programmes are: explanations on career mobility; the irregular working hour scheme; subordination to superiors; and the fact that nursing is not a boring but challenging job.

TABLE 5

## INFORMATION ABOUT NURSING

General Frequencies Before the Programmes

STATEMENT	ANSWER %		
	Correct	Don't Know	Wrong
Certificate required for Practical Nurse	17.1	27.1	55.7
Certificate required for General Nurse	30.1	31.8	38.2
Years of Training for Practical Nurse	22.9	22.7	49.4
No. of years of training for General Nurse	17.8	33.5	48.7
Vacation Period	49.8	27.2	23.9
Location of College	66.8	12.8	20.4
Stipend for Practical Nurse	20.0	34.5	45.5
Stipend for General Nurse	20.0	39.0	41.0
Transport Facilities	35.6	16.7	47.7
Hours of work per week	19.8	40.5	39.7
Starting salary for Practical Nurse	19.7	34.9	45.5
Starting salary for General Nurse	12.4	38.3	49.4

Note: The statements are abbreviations of original wordings of questions.

N = 2,810

TABLE 6

## IMAGE OF NURSING

General Frequencies Before the Programme

STATEMENT	ANSWERS %		
	True	Not Sure	False
Requires good academic qualifications	69.7	12.2	18.2
Involves difficult training	64.5	16.4	19.2
Provides good opportunities for career mobility	37.8	31.3	30.9
Helps gain independence	82.7	10.4	6.9
Secure and sheltered	68.5	19.8	11.7
Provides good opportunities for socializing	79.6	10.2	10.2
Not socially prestigious	18.4	18.9	62.7
Rumoured to be a stepstone to marriage	10.1	20.7	69.2
Said that choosers are not dedicated	23.2	16.1	60.7

N = 2,860

Note: The statements are abbreviations of original wording of questions.

TABLE 7

## ATTITUDE TOWARDS NURSING

General Frequencies Before the Programme

STATEMENT	ANSWERS %				
	strongly agree	Agree	Uncertain	Disagree	strongly disagree
Ideal job for life	29.2	28.8	23.0	14.8	4.2
Advantages several	40.7	39.7	13.4	4.9	1.3
Like the uniform	45.6	40.0	4.9	6.7	2.8
There are better jobs	17.4	26.7	26.4	19.6	9.9
Like discipline involved	25.4	35.2	14.2	17.8	7.4
Dislike responsibility aspect	14.7	30.0	26.7	20.8	6.8
Dislike carrying orders	13.7	26.3	23.3	26.6	10.1
Dislike certain other aspects	8.7	28.4	34.4	21.2	7.3
Dislike irregular working hours	12.4	25.7	28.8	23.0	9.9
Routine & Boring	24.2	40.7	23.8	8.5	2.8

NOTE: The statements are abbreviations of original wordings of questions.

N = 2,7850

TABLE 8

## MEDICAL RESISTANCES TO NURSING

General Frequencies Before the Programme

STATEMENT	ANSWERS %		
	Bothers me a lot	Bothers me a little	Does not bother me at all
Sight of blood	47.1	32.8	20.0
Smell of Anticeptic and Disinfectants	48.4	34.1	17.5
Ambulance siren	57.6	29.7	12.7
Sound of someone in pain	85.7	11.4	2.8
Hospital atmosphere	48.5	39.3	12.2
Sight of victims of Accident	71.2	20.8	8.0
Close contact with infectious diseases	90.6	7.7	1.8

N = 2,860

NOTE: The statements are abbreviations  
of the original questions

CHAPTER IX

## ADMINISTRATING THE MAIN STUDY

A. THE SCHOOLS (THE PRE-TESTS)

As discussed in the Section dealing with the Pilot Studies, it was decided to approach all the potential female candidates for the nursing vocation for the Main Study.

This involved:-

Number of schools	:	16
Number of classes	:	92
Number of pupils	:	3,226

(see page 268 for complete description)

Type and Location of Schools

All the sixteen schools involved were run by the Ministry of Education. Three of the schools contained Secondary Class pupils only and they were located in the main towns: two in the Capital, Manama, and one in the second largest town, Muharraq. They contained three Secondary Class levels (as described in Chapter VIII).

Two of the schools contained a combination of Secondary and Intermediate Class pupils. They were also located in the main towns: one in the second largest town, Muharraq, and the other in the third largest town, Issa Town.

Some of the eleven other schools were only made of Intermediate Class levels, while the others were a combination of Intermediate and Primary Class levels. They were located all over the island, five in the capital and its suburbs,

three in the second largest town, and the rest in the other towns and villages.

It has to be explained here that most of the higher level of schooling - that is, the Intermediate and Secondary Class levels - are centralized, with the majority of the schools found in the capital or major towns. However, primary level schooling for both girls and boys is distributed in almost every corner of the country.

The reasons for centralization are probably twofold:-

1. The capital is very densely populated and contains almost half of the population of the whole country;
2. The majority of the teachers prefer to live in the capital or the major towns.

Even more relevant is the fact that Bahrain is relatively a very small country, and communication to and from one area to another is not a serious problem. This fact - the size of Bahrain - has to be kept in mind continuously.

#### Classroom Climate

The teaching system is formal, the pupils stay in their classes while the teachers change for each specific subject. Each class still has its own form teacher, responsible for all the other problems of the class. There is also a lady in each school responsible for all extra-curricular activities. Those ladies were assigned to be the Supervisors for this study in each school. (This will be further explained later).

#### Class Size

Because of the rapidly-growing number of children of school age, the majority of the classes are quite large, especially the lower levels of schooling. The mean number of pupils

in the Second Intermediate Class for that year (1977) was 35, with a range of 31 - 56. The two largest classes (55 and 56 pupils in each class) were in the village-town of Sanabis, and this was the only school for girls in that area. The mean number of pupils in the Secondary level classes for the year 1977 was 29, with a range of 20 - 44.

#### Session Timing

Teaching starts at 7.45 a.m., each class session involving 45 minutes. The timing is as follows:-

7.45 a.m. - 10 a.m.	:	3 sessions
10.00 a.m. - 10.45 a.m.	:	mid morning break
10.45 a.m. - 12.30 p.m.	:	3 sessions

#### Questionnaire Administration

As there were 16 schools and 92 classes, it would have been very difficult for the researcher to supervise each class individually. However, the researcher wanted to ensure maximum reliability in the answering of the questionnaires. The agreement with the Ministry of Education ensured excellent co-operation from the Headmistresses and class teachers of the schools. In the discussion of the design of the research (Chapter VII), it was argued that it would be more desirable to have the whole research carried out in the normal everyday surroundings of the pupils, and to avoid uprooting them and putting them into a laboratory-type situation, like an Examination Hall.

The decision to allow the class teachers to administer the questionnaires was meant to help maximize the natural surroundings versus introducing a stranger into the class (the researcher). On the other hand, a lot of effort has been made to make sure that no possible bias was created by the pupils' fear that the teacher might read their

answers. As it was explained in the Pilot Studies, each pupil had an individual code number - no names were required - a statement emphasizing anonymity at the beginning of each questionnaire, and all the questionnaires after completion were sealed in front of the pupils before leaving the class.

To ensure objectivity, it was also necessary to make sure that the teachers did not help the pupils in any way, and that the questionnaires were administered in a specific manner.

So, before the questionnaires were distributed to the schools, the researcher visited each school individually and had long discussions with the Headmistresses and the class teachers involved, plus the lady responsible for extra-curricular activities. The researcher drew up two very detailed information sheets to be discussed and given to each class teacher concerning the procedure for administration.

To organize the administration of the questionnaires, it was agreed that each Headmistress or extra-curricular organizer of the school would introduce the study to each class individually. (This, it was argued, would make the pupils more conscious of the importance of the research). Then, each class teacher would be responsible for distributing the questionnaires to her class, explaining the instructions, giving examples and answering any relevant questions.

On the completion of the work, she would collect the questionnaires, put them in an envelope and seal them in front of the class.

Although each teacher was presented with detailed sheets of information about everything regarding the procedure above, the researcher emphasized several times during those meetings the importance of the objectivity of the research

for its success. The researcher explained that it was necessary to follow the instructions to the letter, to encourage the pupils to give their own points of view and take their time in answering. The teachers were referred to the several examples given in their instructions to avoid pitfalls when asked leading questions. The whole version in its original Arabic form is attached at the end of the thesis.

The instructions given to the teachers involved basically the following points:-

1. An introduction to the research which was read to the pupils by the Headmistress of the school, or the extra-curricular organizer. The text introduced the researcher as a Bahraini Ph.D. student carrying out research in connection with women in our society. The research, it was explained, mainly involved 3 aspects:
  - a) finding out our problems and ways to help our female pupils towards vocational guidance;
  - b) finding out how our pupils use the media and their tastes, etc;
  - c) finding out their personal points of view about womens role in our society, their schooling and work prospects.

It was emphasized that a lot of time and effort had been put into preparing this study, and that the researcher would be grateful if the questionnaires were answered frankly and with care and interest.

It was explained that anyone interested in further information could contact the researcher at a specific telephone number - or talk to her when she came to visit the school.

The teachers were asked to re-emphasize the importance

of answering the questionnaires carefully. They were also asked to tell the pupils that, during the administration, the researcher would visit them individually to ask for any specific interests or questions. Each pupil was given a code number which she was asked to keep in a safe place until the end of the research. The teacher was asked to explain that this individual code number ensured the anonymity of the pupil as no names were involved, and this meant that the pupils should state their frank opinions always.

2. The second sheet of instructions contained a "point-by-point" description of the procedures required to administer the questionnaires of the study. This briefly involved instructions on how to enter the pupil's individual code number, the school number and the class number in the space allocated on each questionnaire. It included reference to some printing errors for correction, examples of the way to answer each questionnaire and the different types of questions involved.
3. There were further instructions to remind the teachers not to give answers to the pupils, but to help them (if necessary) by giving examples. They were asked to emphasize that the pupils should attempt to answer all the questions and to avoid leaving blanks. The teachers were also alerted that the pupils might find that they did not know the answer to a number of questions in the Information questionnaire. The teachers were cautioned to avoid answering those questions, but to ask the pupils to guess the most reasonable answer, otherwise to tick the "don't know" category.

The teachers were advised to try to keep the atmosphere during administering those questionnaires quiet and relaxed, and to discourage the pupils from discussing

the answers with their neighbouring friends. As discovered during the Pilot Studies, some pupils take a much longer time to complete an individual questionnaire than others. The teachers were advised to find a way to keep those pupils busy while the others quietly completed their papers. Before collecting the completed questionnaires, the teachers were asked to remind the pupils to check that they had filled in their own number, plus the school and class numbers. Then the pupils were told to retain their code numbered cards for future tests. The teacher was also asked not to forget to seal the envelopes provided, with the completed questionnaires inside, in front of the class.

The Pilot Studies played a major role in determining how those instructions were organized, and how to avoid problems and pitfalls. Utmost care has been taken to make the questionnaires easy in relation to content, language and readability, as well as interesting in the way the questions were presented. Besides, the order of presentation of the questionnaires was done in such a way that no two boring questionnaires followed each other. The first questionnaire to be given out was the one on womens' role; as this was a subject of interest to the pupils, it was hoped that this introduction would spark off the interest for the rest of the study. The last questionnaire given out was the one on general background information. The reason for keeping it to the end was to avoid possibly antagonizing some pupils at the start of the study with requests for personal information.

Date and Timing for Presentation of Questionnaires

It would have been ideal if a whole day had been allocated to answering all the questionnaires. Primarily, this would have overcome the problem of absenteeism. As each questionnaire took approximately 30 minutes to be answered by the younger pupils in the Pilot Studies, there would have been plenty of time to answer the questionnaires (eight in number) and have breaks in between.

Initially, permission was asked from the Ministry of Education to have such a day allocated, as this would present an ideal situation. However, the Ministry did not show much enthusiasm for the idea, and emphasized that the final decision should be referred to each Headmistress and school to suit their individual schedules.

The discussions with the Headmistresses and teachers of the schools also showed little enthusiasm about a whole-day allocation. The Headmistresses of the Intermediate Class pupils argued that the pupils might become bored, tired and less enthusiastic with time. Therefore, giving them the questionnaires over a number of consecutive days might produce better results. The Headmistresses of the Secondary Class pupils were strongly against a one-day project. They argued that the pupils of those classes were in their final year of schooling and their examinations for the General Secondary Education were at the end of June: therefore, they were under a very tight time-schedule - it would be more advisable to fit the questionnaires into four consecutive days during school subjects which could be missed. Although this argument would mean 'absenteeism', the researcher had to agree to the arrangements proposed by the school staff involved. However, the researcher wanted to avoid interaction among the pupils of a specific school regarding questionnaires given to one class, and not yet to another. Therefore, agreement was reached with the Headmistresses to have the same questionnaires given out either before or after the mid-morning break for all the classes of one specific school.

### Absenteeism

As the questionnaires were not all answered on the same day, obviously there was some absenteeism and some pupils did not answer all the questionnaires. However, as the number of pupils to start with was quite large, this did not create any major problems.

### School Visits

The researcher did manage to visit each of the 92 classes individually and introduce herself, and enquire as to whether or not the pupils had any questions, comments etc. They were also thanked personally for their help and co-operation. The researcher also asked the pupils to contact her if they were interested in the research and needed more information. The teachers later commented that this personal contact increased the interest of the pupils in the study.

### Comments

The researcher got together with all the class teachers, extra-curricular organizer and Headmistress of each school after the completion of the questionnaires and asked if there were any comments - for example, about boredom, fatigue, difficulty etc. The teachers of the classes said that, because this was the first thing of its type done by the pupils in school, the majority of the Intermediate Class pupils showed great interest and enthusiasm; the teachers saw a number of pupils go over their questionnaires checking them in case they had missed anything, with obvious concern. Some of the pupils enjoyed answering the questionnaires so much that they asked if there were any more! Some teachers said that a few of the pupils, to start with, were worried in case this was a test, but when the teachers explained that in the majority of questions there was not

necessarily a right or wrong answer, but their opinion of what was right or wrong etc., their fears subsided.

The teachers explained that the Intermediate Class pupils asked no specific questions about the researcher herself, but the Secondary Class pupils did. Some were also concerned about their tight schedules, and it took some persuasion to convince them that the questionnaires were, for them, a change from serious book-work, and it provided one of the few chances they would have to express their frank opinions.

When the researcher visited those classes, some of the pupils asked for information about vocational guidance, and some said they would be interested to know the results.

The working atmosphere as a whole was relaxed (especially at the Intermediate Class level). The Headmistresses, extra-curricular organizers and teachers were all extremely helpful, and the general reaction from the pupils regarding the study was one of curiosity and interest.

#### Questionnaire Checking

At the completion of the questionnaires, the researcher collected the 25,808 questionnaires from the 16 schools. Together with four volunteers, they were all re-checked in relation to the completion of the subjects' number, class and school. They were then taken to the Statistics Department (computer services) to be transferred onto punch cards.

## B. THE TELEVISION PROGRAMMES

The main objective in designing the television programmes was to produce programmes about nursing that were realistic yet interesting, and at the same time reflecting true culture-bound situations. It was intended to avoid the dull, documentary type of programmes, and to avoid the blatant propaganda-type message.

After a lot of thinking, it was decided to ask the student nurses in the Nursing School to write "short essays" telling the reader why and how they became nurses. No names were requested, so the students were encouraged to be very frank and open. Within one week I received 23 short essays, some written in Arabic and some in English. It was surprising how useful those essays were, and it was some of those life stories that were made into the television programmes.

The majority of the essays seemed to revolve around four types of situations:-

### 1. Accidents:

They mainly involved a family member or friend, e.g. road accidents (very common in Bahrain); a family member suddenly taken ill and dying in hospital, or being saved; a pregnant friend prematurely in labour, etc.

The questions the students asked themselves in such situations were mainly of two types:

- a) SAVING LIFE - what could I have done  
- how could I have helped

They continued that they found in nursing a way to help save life, not only in hospitals but at home, on the road, in schools, in industries; they can help children, neighbours, friends, etc.

- b) WANTING TO KNOW - why did a specific person die?  
- why was it too late?  
- why is there lack of trust in the doctors we have, and fear of the hospitals?  
- why do we have hereditary diseases?

2. Incidents:

A childhood experience in the hospital and a nurse's help.

A film or book initiating childhood interest.

Living near a hospital - impressed by nurses passing by.

Having relatives or friends in nursing and wanting to be with them.

Impressed by the interaction of doctors and nurses.

3. Opportunity

Wanting to become a doctor, being unsuccessful and subsequently joining nursing.

Last choice, wasn't accepted anywhere else.

Wanting a chance to go abroad for further education, having a cousin who got this chance through nursing.

4. Justification for joining

Psychological satisfaction - "All jobs are tiring, but some are worthwhile and give meaning to life, as opposed to those who revolved around self and material interest only."

Country needs nurses - joined to help save country and people.

Those were the main reasons for joining nursing. The majority of the students declared that they faced resistance at home and that they found the first year of training very difficult and laborious, specifically the English language and the

medical aspect.

Some stated that they learned self-reliance and patience, and that they found nursing was not a machine-like job but needed understanding of patients' needs, personalities, etc. Some stated that a nurse had to be a teacher, a social worker and a friend.

From the above essays, four incidents were found interesting as they had a dramatic appeal, and at the same time were true and could convey the message integrated with a lot of information.

A script of the suggested stories was drawn up, designed to integrate the relevant information and the themes as discussed in the development of programme themes (page 324). A summary of the findings from the pre-tests was also prepared, taken from the same section, and all were presented to the supervisor and producer, pointing out what should be emphasized or avoided, and the 'overall idea' of how the programme should be done.

In April 1976, one year before the field study was carried out, permission was sought from the Ministry of Information to broadcast such a programme. In October 1976, arrangements were finalized, a supervisor was assigned for this programme, and the time assigned was as follows:

March 1977 - design the programmes

April 1977 - put the programmes on the air.

The researcher kept to the schedule only to find that (due to an overload and backlog of work, the supervisor explained) the programmes could not be completed and put on the air before June 1977. As the Ministry of Education's deadline for post-testing (administering the final questionnaire) was May 5th 1977, and the schools actually closed on June 3rd, this would have meant a total loss of effort and money on

the pre-testing work for that year. An emergency meeting with the Minister of Information was the only way to get the programmes started.

The atmosphere of work on the programmes was therefore uneasy, and under immense pressure from the start. It took a lot of explanation and persuasion to make the atmosphere relaxed, although the pressure of working in the television studios was there all through.

Discussion of the programmes eventually took place. The producer (an Egyptian), supervisor (British), and the researcher spent several sessions discussing the researcher's findings and suggestions for programme design, taking into account:

1. A deadline to adhere to;
2. Limited material means;
3. Limited technical facilities;
4. No professional actors or actresses available;
5. Adhering to the researcher's findings and suggestions on the themes.

#### The Final Decision

- 1) To make five 10 to 15 minute programmes to be put on the air once a week, over a period of five weeks, each having a different story but revolving around the same theme; the last programme would be a finalé.

It was agreed that the programmes should be relatively short, yet frequent thus avoiding boredom and attracting further viewing.

The researcher wanted the programmes to be broadcast just before the daily Arabic serial broadcast at 7 p.m. every evening and which attracted over 90% of the

target audience. Having the programmes before, rather than after, the daily series was meant to avoid the problem of 'closure' as discussed on pages 193-194.

However, the issue of peak-hour presentation was not agreed upon and remained undecided at this stage.

- 2) The first four stories would be dramatizations of the chosen essays written by the student nurses. The last programme would be an interview with some Bahraini nurses who had just come back from studying abroad, and therefore had experience of a lot of upward mobility in their careers. It was agreed that, as the interviews went on, extracts from the previous programmes would be shown in the background.

The fact that the four stories were true would be emphasized. However, the message would be conveyed in the story with no specific reference to the fact that this programme was intended as a recruitment campaign.

The message would also be conveyed through an emotional appeal, but at the same time a reasoned analysis of the problems as well as relevant information would be included.

A low-fear threat would also be conveyed in the message. The threat would reflect the fact that what those stories said could happen to any of us. However, it was agreed to avoid horror views of blood or accidents as discussed in the previous chapter.

The last programme would contain the presentation of facts and information, but the extracts of the films in the background would add some emotional flavour to the message.

Each story would correspond to one true social problem, and would show how nursing can provide an answer to it.

3) Presentation:

The programmes were called "The Merciful Hearts", which sounds much more dramatic in Arabic than it does in English! Several other titles were considered: "The Lady with the White Robe" was one possibility, but it was dropped because there was another Egyptian series with a similar title, and nurses could be males as well. "The Angels of Mercy" was also considered, but it was dropped as it was too familiar a cliché, and not original.

The format for the four stories was agreed to be the same.

- a) The beginning: a saying taken from an Arabic writer about a nurse;
- b) The middle: the story of that nurse;
- c) The ending: a verse from the Holy Qura'an linked to the theme of the story.

The visual accompaniments of each section were left to the producer to create. It was emphasized that the beginning (at least) should be attention-catching to create interest in the programmes, and as they were short, it was hoped that there was less fear of their being abandoned half-way.

The ideal way of producing those programmes was not feasible because there were no professional actors or actresses in Bahrain. Those who could take part in the programmes had to be ordinary people. After a great deal of argument, it was decided to ask the student nurses who had written the chosen essays to act their parts.

Actually, "acting" was out of the question. There was no time to train those girls, and as we did not want an artificial presentation (which is common for local programmes) we had to think of another way of presenting the programmes.

The girls who wrote the stories were approached, but only one (after a lot of persuasion) agreed to act her part. Although it was explained to the girls that the programmes were rather conservative, they declined, and we had to depend on other volunteer student nurses who agreed to take part.

Although this final group was not ideal, (looks etc.), they were representative of Bahraini society.

The researcher and producer agreed that the best way to present the programmes and yet avoid artificial situations was to have the nurse involved in the story do her usual work in a specific hospital ward - the Nursing School or College; the Maternity Hospital or the village clinic - while the story is being narrated in the background. This became the basic format for the programmes.

At first, it was decided that the student nurses should also narrate the stories themselves, but as the nurses' voices and presentation was not good enough, it was agreed to allow Bahraini female news broadcasters to narrate the stories as their presentation was good.

Although the design of the programmes was agreed upon, the scripts finalized, the nurses to take part in the films contacted, and permission from the Hospital Authorities for filming received, several difficulties were still encountered when filming.

Some of the problems faced were due to technical shortcomings, punctuality of workers, other emergency Government projects,

and so on. It would not be feasible to explain here the problems faced, which are typical of most developing countries. However, those difficulties meant that the schedule for the five films designed could not be completed before the deadline. We had to improvise. It was agreed that three programmes could be completed, two 15-minute programmes and the final programme of 30-minutes. Because of the problems faced, special permission was granted to broadcast these programmes during peak-time viewing. Last-minute reorganization had to take place to transfer the information distributed over the five programmes to the three chosen ones. The design, format and major themes were kept as before, only the extra information included in the two stories on the village clinic, maternity and eye hospital had to be added to the other programmes so the only losses were two interesting stories. However, there was no alternative at this stage and within the means and time available, this was the best that could be done.

## THE GENERAL PROGRAMMES' CONTENT

(A complete version of the original scripts as produced in Arabic is attached at end of thesis. Although the films were in colour, the stills presented at the end of this Section are in black and white.)

Title: "THE MERCIFUL HEARTS"

Programme 1: "The Accident"

*The Visual Accompaniment*

The Recorded and Natural Sounds

*Shot of a student nurse passing through the beautiful hospital gardens (see still 1)*

The Arab writer's selected saying about a nurse (in a deep, slow, echoey voice)\*

*Close up to nurse's face entering childrens' ward*

The story begins. The student nurse narrates her story as if remembering...

*Shots of the childrens' ward, the children, the toys, the colourful walls, the total surroundings.*

The story was about a pupil who had a good job at a bank and was generally contented. She relates how fate transformed her life as a result of a car accident to her youngest brother. She relates in detail how the accident happened and how she was involved. She explains how not being able to help save her brother at the site of the accident and her later experiences with him in the childrens' ward had reversed her attitude towards work completely. Her job never meant the same to her again. She questioned her own usefulness, the meaningfulness of life and job satisfaction, etc.

*Shots of the Nurse at work:*

- *Talking to patients while tidying beds*
- *Helping doctor check a little frightened and*

- crying child (see Still 2)*
- *Feeding children*
- *Soothing children (see stills 3 & 7)*
- *Reading comics to child (see still 3)*
- *Checking plasma infusion (see still 4)*
- Shot of childrens' smiling faces*
- Nurse pushing a paralyzed child in a pushchair along hospital balcony (see still 6)*
- She explains how she left her job and joined the College of Health and Sciences, and after graduation, specialised in Pædiatrics. (Here a lot of step-by-step information of how she joined and what she did was included).
- Her last words were how useful she felt (now), not only at work, but everywhere and always, and how good it felt to bring back the smile to every child's face...
- Qura'an verses in a deep, slow, echoey voice.

Note:

All through the recorded story there were intermittent live sound of children crying, laughing, asking questions; a nurse talking, telling story; doctors talking and other hospital sounds. There was no music in the background, so there were some quiet moments.

General content of Arab writer's saying:

He explains (in rhetoric Arabic prose) that if he could give all he owned to the Lady in White, he could not repay her for her care and love . . . she brought him hope and solicitude . . . she reawakened his trust in life . . . how rare it is to find someone who gives, and doesn't expect much in return . . .

## Programme 2:

"What happened in our Home?"*The Visual Accompaniment*

## The Recorded and Natural Sounds

*Shot of the same nurse as in Prog. 1 passing through the hospital gardens.*

*(There were no close-ups so it was only a symbol representing the theme)*

*Shot of nurse giving an old man a glass of water for the pills in the Surgical ward (see Still 8)*

*Nurse taking patient's pulse while he talks of his problems. (see Still 9)*

*Close up of nurse's face.*

*Intermittent shots of nurses working in the ward, the old man talking and the nurse's face.*

The Arab writer's selected saying about a nurse (same text as in Programme 1)

Live sounds

Live sounds

The story begins. The student narrates her story while looking at the man kindly as if remembering....she explains how she came to choose nursing. She talks of how her "father" died during an operation. The doctor explained how he could have been saved, had the family been aware of the seriousness of his condition and brought him for treatment earlier. The state of fear, distrust, disappointment, lack of knowledge, and helplessness bothered her ever since. When her mother's grief led to her falling ill too, she used all her powers of persuasion to help overcome her mother's fear and distrust of hospitals. With her mother in hospital, she had the chance to get in contact with those working there, and this

## Programme 2:

"What happened in our Home?"*The Visual Accompaniment*

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- helped form her decision to join nursing. She explains how she realized it was hard work, but she would rather do this than live in a state of ignorance and helplessness.
- Shots of College buildings and interior.* She relates how she joined the College of Health Sciences.
- Shot of class in session (see still 10)* She explains how she was impressed by the amount of information she was gaining. (Live sounds of Class in session).
- Shot of language laboratory (see still 12)* A chance to learn English. (Live sound of tape in laboratory).
- Shot of coffee room, nurses socializing (see still 11)* Made some of her best friends. (Live sound of nurses chatting).
- Shot of College Library (see still 13)* Curiosity led to more and more seeking of information.....  
Last words - "How wonderful it is to know...."
- Back to nurse helping fatherly old man in hospital (see stills 8 & 9)* Qura'an verses. (This programme included music in background).

## Programme 3:

The Interview

(A popular Bahraini female broadcaster was chosen to carry out this interview).

*The Visual Accompaniment*

*Shot of the same nurse as in Progs. 1 & 2 passing through the hospital gardens. (There were no close-ups, so it was only a symbol representing the theme)*

*Selected shots from the previous two programmes*

*Camera directed to broadcaster and nurses*

*The Recorded and Natural Sounds*

The Arab writer's selected saying about a nurse (same text as in Programmes 1 and 2)

The broadcaster introduces this interview as the last in the series "The Merciful Hearts", relating that the first two programmes in the series were true stories that actually happened to the nurses involved. She explains that the programmes were directed to our young generation and parents to make them aware of some of the problems of our society, and more specifically to direct their attention to the humanitarian, academic and cultural aspects of the nurses' job. She then described briefly the aspects of the job dealt with in the programmes and adds that there are still several questions that would arise about nursing.

She then introduces the four nurses who were going to deal with those questions and explains that they are four out of the ten nurses who have just arrived from a training course overseas.

*Intermittant shots from  
previous programmes as  
related to topic  
discussed*

She then starts questioning the nurses. The interview revolved around the information, attitude and image questions as presented in the questionnaires of the study. Information questions, like academic and training requirements, vacation period, etc. Attitude questions like the necessity for the discipline involved in the job, how to cope with the irregular working hours and whether the job involved a boring routine. Image questions like the social prestige of the job, socialization opportunities and security. . .

Ended the interview by asking the nurses of their adventures overseas.

(There was music in the background at the beginning and end of programme)

As it was explained earlier, the series "The Merciful Hearts" was initially intended to cover five programmes. Although the last two programmes were not completed on time for this study, it is interesting to note the stories chosen for those last two programmes.

Programme 4 was the true story of a village where there was an emergency maternity case. It was intended to stress the necessity for midwives, especially residents of remote villages, and work at village clinics.

Programme 5 was the true story of a school-girl who spent quite some time in the hospital suffering from an eye ailment. The loving care of a nurse helped her recovery. It was intended to show the diverse fields of specialization available and other aspects of nurses' work, lives and personalities.

Stills Taken From The T.V. Programmes  
"The Merciful Hearts"

Still 1



Stills Taken From The T.V. Programmes  
"The Merciful Hearts"

Still 1



Still 2



Still 3



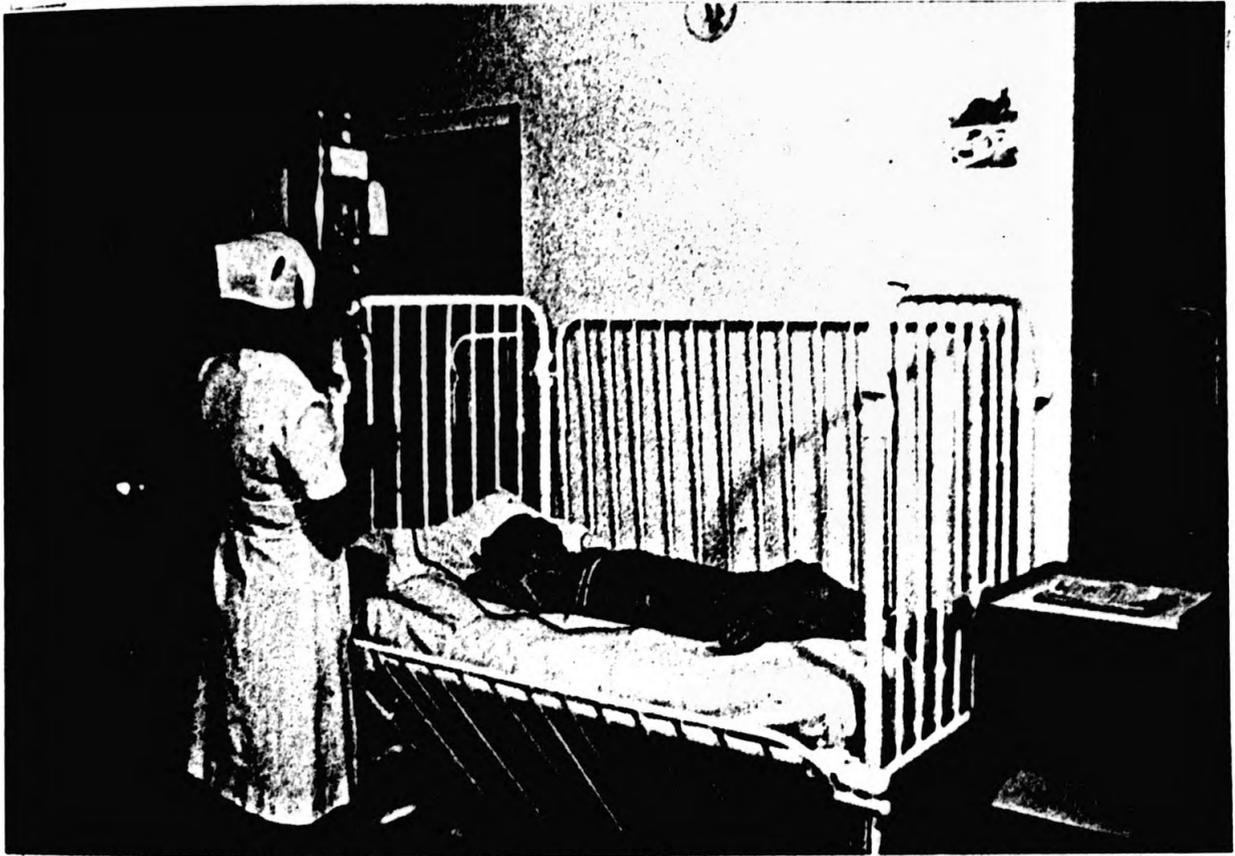
Still 2



Still 3



Still 4



Still 5



Still 4



Still 5



Still 6



Still 7



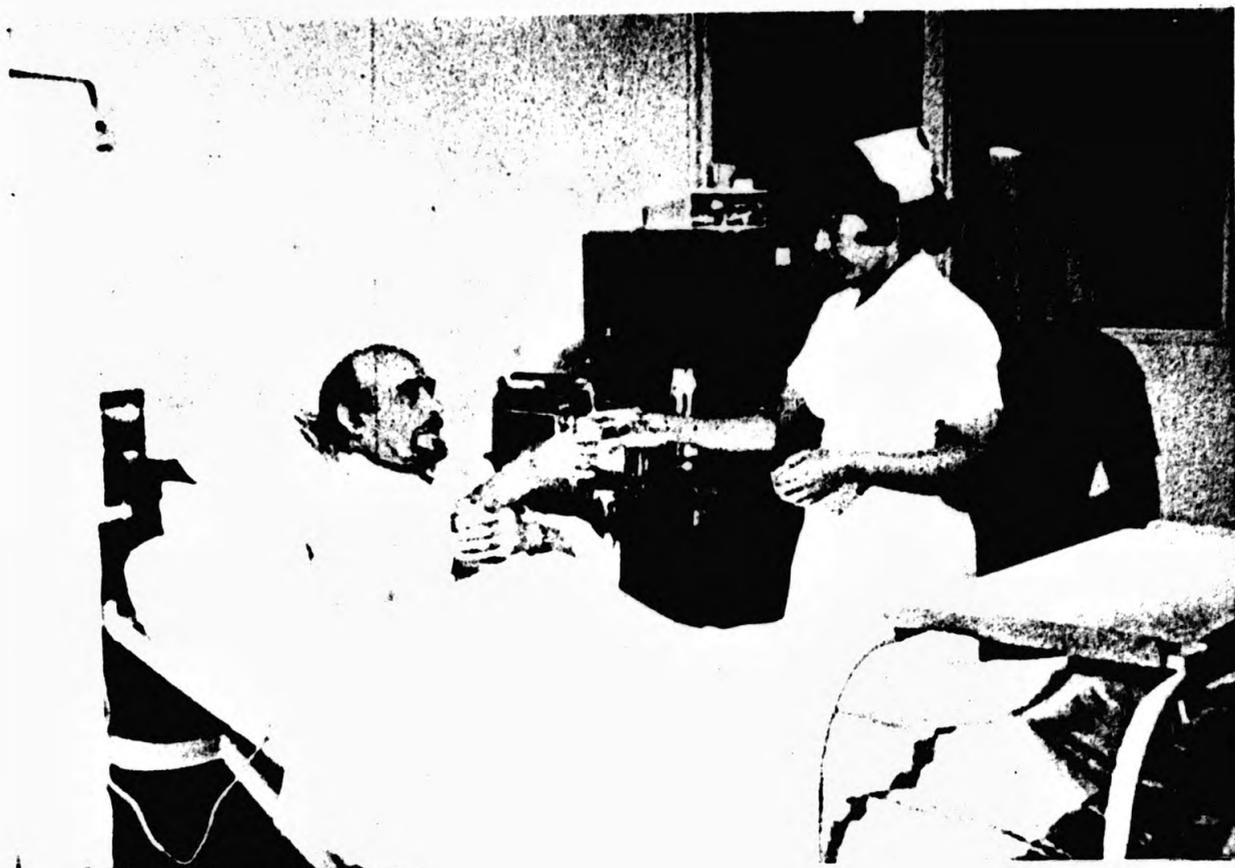
Still 6



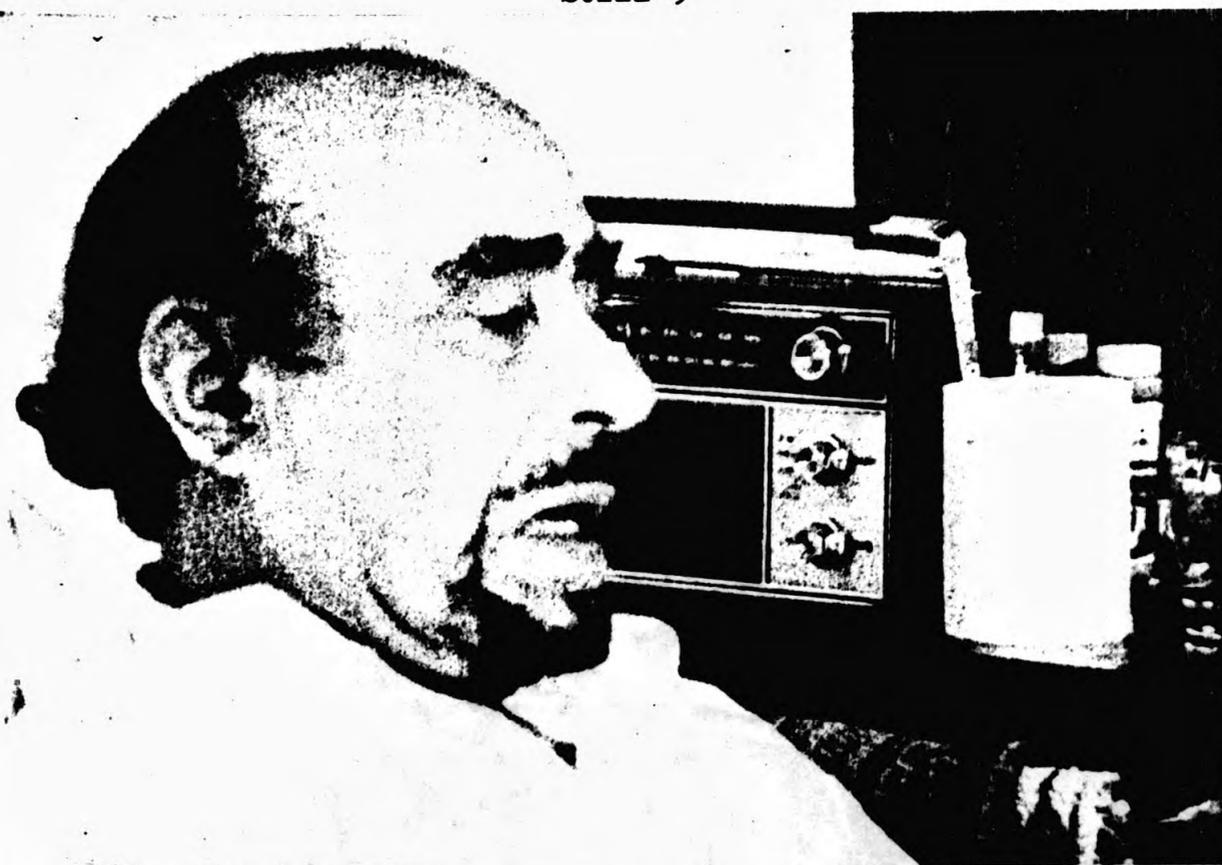
Still 7



Still 8



Still 9



Still 8



Still 9



Still 10



Still 11



Still 10



Still 11



Still 12



Still 13



Still 12



Still 13



### C THE PANEL STUDY

The main results of the effectiveness of the television programmes in relation to the main sample are discussed in the following Chapter.

However, a panel study was carried out concurrently with the presentation of each programme to obtain some informal "feedback" in connection with each of the programmes, and to check that they were conveying the intended message.

It was very difficult to decide who would be the subjects for this study. It was agreed that no attempt would be made to approach the target population, as they were all assigned to the main experimental study. On the other hand, the subjects chosen had to be very similar to the target population if they were to represent the same views. It was finally decided to choose two classes in one of the largest schools. The school chosen contained a combination of town and non-town pupils, and it had a diverse combination of class levels and a large playground. It was hoped that interaction between these subjects and the target population would be minimal. Ideally, it would have been preferable to choose a school where none of the target population were tested. However, although three such schools existed, the specific catchment areas of those schools meant that their pupils were not representative (very rich and very poor).

The levels of the classes chosen was another problem. However, as explained in the preliminary studies, it was more appropriate under such circumstances to choose a class of a lower level. This would at least show whether the programmes had been understood. So two class levels, a first intermediate class and a second secondary class, were chosen (both one level below that of the target audience).

The pupils in those two classes were approached by the researcher and it was explained to them that they were chosen to act as "critics" of some television programmes that were going to be put on the air soon. All they had to do was to view the programmes assigned, and encourage their family to view as well, and the researcher would then meet them after each programme during school breaks and ask about their points of view. It was emphasized that the interviews were not tests. They were meant to help the interviewer to find out what these programmes conveyed, and how they understood the message.

The researcher explained that she would sit in a specific place in the school playground during breaks and after school, and the pupils would come in groups and discuss the programmes.

Initially, 49 pupils were supposed to be interviewed, but in all only 27 showed up.

Although we lost almost half the intended subjects, we intentionally avoided forcing answers from those who did not want to give their points of view, as they might not have seen the programmes and might just make up answers. The sole intention of those interviews was an informal discussion to find out the pupils' subjective reactions to the programmes.

The reactions from those who did see the programmes were very interesting and useful. The interview generally involved such questions as: what they thought each programme was trying to say, whether the contents were informative and interesting, whether the idea was original and the production entertaining and well presented, whether the actresses and presenter performed well. They were also asked what aspects they thought could be added to make the programmes more effective. At the end of the series, they were asked which programme they liked most, their families' points of view, and what aspects of the

programmes were most effective and why. All the interviews were taped, but the researcher also had prepared forms on which important points were jotted down.

The researcher interviewed the pupils the day directly following the airing of each television programme. The programmes were broadcast on three consecutive weeks (one each week). Therefore, the pupils were interviewed three times before the final post-tests were given to the target population.

#### Results

Of the 27 pupils who took part in the Panel Study, 11 were secondary level and 16 were intermediate level. Around half of each group saw all the programmes (5 secondary and 7 intermediate), and half of the rest saw 2 programmes (3 secondary and 5 intermediate). The rest saw only one programme.

Strictly, in a panel study, the same subjects should be interviewed at several points in time. Although the initial intention of this Study was to test the same 49 designated pupils three times, only 12 pupils were seen three times, while another 8 pupils twice.

#### Programme 1: The Accident

Understanding of Message - Generally the message seemed to be perceived the way it was intended to be. The programme was said to portray a humanitarian job and how to help those in need; how the medical people work inside the hospital; how a nurse helps patients and children. An example of some of the answers shows that the message was understood exactly as intended.

"This accident is a fact from our society and what we should do about it";

"A pupil's choice of humanitarian instead of material job";

"Need to know how to act in emergencies, save life, and bring back hope to people".

One intermediate pupil said: "... makes us appreciate nursing and to tell people to drive slowly"!!

It was generally agreed that the contents of the programme were informative and interesting. One pupil explained that she was so much affected by the girl's story that she did not concentrate on the information provided through the story.

They all said that the idea was very original. The overall presentation of the programme was said to be good, especially the beginning with the nurse in the garden, and the saying about the nurse - and the end, when the nurse was pushing the child in the pushchair with the Qura'an verses being recited in the background.

#### Specific Criticisms

- a) No background music;
- b) Girl's story sometimes not co-ordinated with the visual presentation;
- c) The presenter telling the story: her voice and way of presentation was criticised by some.

However, some others said they liked the presenter's voice and the story, and they thought that the fact that there was no background music was very effective.

They all agreed that the programme was interesting, entertaining and emotionally effective.

The criticisms and points of view put forward were given to the producer so as to be taken into account in the preparation of following programmes. This was possible because, while the filming and sound recording of the programmes was completed, the final editing and montage was left until a few days before broadcasting in order to wait for the feedback and criticisms from this Panel Study and some of the audience who wrote to the studio.

Programme 2: What happened to our home?

Understanding of Message:- Generally, the message seemed to be received as intended.

Some of the answers were:

"The programme shows us a way to overcome our ignorance of illnesses";

"...to know medically what is happening";

"...one answer to all our worries about medical problems";

"...learned a lot about the Nursing School and the College of Health Sciences";

"..shows what ignorance can do".

As the producer did take into account the criticisms from the previous programme while preparing this one, there were no criticisms in connection with this programme.

The programme was said to be very informative, especially in relation to the School of Nursing and the College facilities, College life, etc. The story was also said to be very touching and emotionally effective.

Some pupils said they had not previously realized that such a high level of education was required. As explained earlier, the education aspect of the appeal was intended to impress the father, brothers and families of the potential candidate.

It was expected that this modified image of the nurse might increase the pupils' fear of the hard work involved, but it would reflect one of this society's respected values: education. Moreover, the Nursing School wanted pupils of a better academic calibre.

#### Programme 4: The Interviews

Understanding of Message: Some of the answers were:

- "...information about nursing";
- "...showed a chance to go abroad to learn, and later help society";
- "...answers many things I didn't know before";
- "...puts forward future possibilities and progress for nurse";
- "...realizes opportunities for a nurse";
- "...makes one proud to be a nurse";
- "...seeing those nurses actually encouraged me to join nursing".

There were no specific criticisms about production and presentation. The general comments were that the interviews were interesting, as the nurses were humorous and attractive, and they liked them.

#### Comparative Discussion of the Programmes

Those who saw two to three programmes (mainly the "stories") were later asked which they liked most.

Interestingly, although "The Accident" was criticized for its production, the majority of 14 out of 20 said they liked it best, perhaps because of its strong emotional appeal. However, when asked which programme their families liked best, "What happened to our home?" was most popular with the fathers and brothers, while "The Accident" was again best liked by mothers; the sisters were divided between both programmes. (The reason why the fathers and brothers liked programme 2 is probably because it emphasized the high educational and college prestige aspect of nursing.)

The interviews in Programme 3 were said to be enjoyed mainly for their informative aspects and because of the nurses themselves.

When asked whether they thought the programmes affected their families' views about nursing:

2 said they didn't know;

3 said their parents were not strict and wouldn't resist such a vocation;

13 said they thought their parents would definitely stop resisting nursing after those programmes;

2 said their parents did have a wrong view about nursing before;

1 said that her mother claimed that she realized such a job truly needs 'merciful hearts';

1 said her parents said that the programmes show nursing as an honourable and decent job.

When asked what aspect of the programmes was most effective:

9 said the Qura'an verses;

18 said the humanitarian, yet true, story appeal;

3 said the information about the job;

2 said all aspects were effective.

When asked the reason for their choice of any specific aspect, some answers were as follows:

Qura'an verses -

"...God told us in his book to serve humanity";

"...they prove that nursing is a humanitarian job";

"...shows us that humanitarian work is a duty put by God to the people";

"...Qura'an supports love of humanity and choice of humanitarian job";

"...I like to do anything the Qura'an supports as it shows you the right way";

"...shows us we should help others as nurses or other job".

## Humanitarian true story appeal:

"...feel doing something for my society as those are true stories from our society";

"...gives us encouragement to join nursing";

"...shows us what a noble job the nurse does in our society";

"...gives us an unconscious feeling of happiness and satisfaction in doing such a job";

"...shows us the sacrifice and noble aspect of the nurses' job";

## Information aspect:

"...explains things I did not know before";

"...explains things I did not like before";

"...shows the future prospects and possibilities for a nurse".

When asked whether they would have preferred a foreign programme about nursing, some of their answers were as follows:-

"...the language is always a major problem in a foreign film";

"...the foreign programmes, although some are very nice, like 'Angels', do not reflect the true problems of our society";

"...there are some things the foreign nurses do which do not convey a nice image in our society";

"...my parents say that they liked the programmes because they were true facts from our society, and provided useful information";

"...wish nursing was taught in Arabic!";

"...why don't we have Bahraini programmes about nursing, like foreign films - for example 'Angels'?"

A series like 'Angels' designed for our society problems would have been the ideal way of getting through to the pupils. However, as it was explained in Section B, the facilities available were not sufficient to start such a series then.

#### D. THE POST-TESTS

Briefly the questionnaire contained the following questions and tests:-

- i. individual questions measuring "modernity";
- ii. question on job choice;
- iii. information scale about teacher and nurse;
- iv. attitude scale about teacher and nurse;
- v. image scale about teacher and nurse;
- vi. questions enquiring: whether they saw the television programmes and how many.

The translated final version of this questionnaire is presented in Appendix F.

Six questions were put at the beginning of the questionnaire, five of them are Inkles & Smith (1974) mini-modernity scale and one enquiring which mass medium is trusted most.

As these were a new and different type of question, they were intentionally left to be put at the beginning of the post-tests questionnaire for the following reasons:

- a) to draw the attention and interest of the pupils;
- b) to distract the pupils from the true purpose of the questionnaire.

Moreover, it was also intended to find out whether those modernity items were related to "change" in the dependent variables. In other words, whether having a "modern vs. traditional" outlook (as measured by those items) and trusting television, are predictors of change in attitudes.

The dependent variables: information, attitude, image and job choice contained most of the questions that were asked in

the pre-tests.

There was a two and a half month lapse of time between the pre-tests and post-tests, and the dependent variables in the pre-tests were buried in with a lot of other questions. It was thus hoped that this questionnaire would not feel very familiar. Besides, a number of things were done to make this questionnaire feel different:

- a. The questionnaires were printed on pink and yellow paper and not white, like the pre-tests.
- b. The questions in the beginning were new and different.
- c. The items of the image scale were put in question form.
- d. The general design of the questionnaires was slightly different.

The main intention of this questionnaire was to find out whether there was a change in the dependent variables as a result of the television programmes. Although this aim was basically fulfilled, there were a number of other interesting questions that were initially intended to be included in the post-tests but had to be left out. The administration of the post-test was delayed to the latest possible deadline as a result of the problems faced in broadcasting the television programmes described earlier.

The class teachers wanted to use the pupils' spare time in revision for the exams which were at the end of the following month. Therefore, they were not in favour of several questionnaires that involved several class sessions.

Therefore, it was decided to condense the post-tests to only one questionnaire concentrating on the most important dependent variables. Some of the tests that would have been interesting

to measure both before and after the television programmes had to be removed. The main loss was that of having to drop out the question on the Rank Ordering of jobs in accordance with their social prestige. This test, if measured again after the programmes would have added another evaluative dimension of the effectiveness of the television programmes. This was especially of importance as one aspect of the nursing job was that of comparison in social prestige to other jobs. Although the question on job choice was also intended to show whether nursing held its ground as compared to other jobs, the measure of prestige ranking would have presented further evidence.

We also had to drop the questions on the jobs of air-hostess and secretary, which had been planned as controls (measures of unintended effects) from before to after the programmes. The questions on the teachers' job were retained to measure the unintended effects, but the original intention was to use all three. The idea of using different jobs as controls on different questionnaires was considered, but then it was decided that, as the teachers' job was the highest in prestige if nothing changed in relation to this job, then there would probably be no change for the others.

It was also initially thought relevant to find out whether the programmes had any effect on the measures of cultural resistances (womens' role) and medical resistances. To find out whether the television programmes changed the pupils' traditional or progressive position on womens' role and whether they decreased their distaste of hospital-related aspects would have been interesting. However, the programmes were not specifically directed to change those aspects, so these measures were left out from the post-tests.

Still, the questionnaire was short, precise and measured the most important dependent variables as related to this study.

### Questionnaire Administration

Directly after the showing of the third television programme, the post-test questionnaires were distributed to the schools, to be administered to the pupils.

One of the major worries at this point was to have different subjects answering to a specific subject code number. This could happen if the subjects forgot or lost their personal code numbers of the pre-tests.

To avoid such a mistake, all the questionnaires were pre-numbered with the subjects' code numbers, class and school numbers. Only the headmistress or extra-curricular activities representatives had a list of the names and subjects' code numbers. So the final questionnaires were distributed to each class by either one of those ladies so that each subject received her correct personal code as in the pre-tests. The headmistresses and extra-curricular representatives were asked to destroy the lists in front of the pupils after the distribution. The class teachers who supervised the filling of the questionnaires were also asked to seal the envelopes containing the completed questionnaires in front of the pupils to be collected by the researcher.

There were no major problems in administering the final questionnaire. It seemed that the pupils by then were used to answering questionnaires and the maximum time used to complete the questionnaire was one hour; the majority completed it in 45 minutes.

One major disappointment at this stage resulted in the loss of around 600 subjects. The researcher was not informed before-hand that, in May, there was a considerable amount of absenteeism (only from the secondary class level) due to preparations for exams.

The biggest worry for the researcher was that this absenteeism might create a bias in the results. A discussion with the

headmistresses and class teachers showed that this absenteeism was totally random. Some pupils showed up one day and not the next.

The date for this final questionnaire had been set by then, and changing it would have created a lot of other problems. So it was decided to make use of what was available.

CHAPTER XRESULTS OF THE MAIN STUDY

Introduction.

The Chapter has been organized into the following sections:

- A. SCALE CONSTRUCTION ANALYSIS: A study of the factor structure of the items in the measurement scales.
- B. GENERAL IMPACT ANALYSIS:
  - (a) An overall analysis of the effectiveness of the television programmes on attitudes, information, image and intention to join Nursing.
  - (b) An analysis of the comparability of the control and experimental groups on the pre-test dependent variable measure.
- C. THE CONTROL STUDIES: An analysis of the extra-tests of control built into the design.
- D. INDIVIDUAL VARIABLE ANALYSIS: An item by item analysis of the effectiveness of the television programmes on attitudes, information and image.
- E. COMPARABILITY STUDIES: An analysis of the comparability of the control and experimental groups on the demographic variables; communication and topic related variables and other related variables.
- F. PREDICTIVE ANALYSIS:
  - (a) A study of the relationship of the measured variables to "change" in the dependent variables.
  - (b) A study of the relationship of the dependent and other variables measured to the choice of Nursing.

Tables of the overall Frequencies of all the items in each questionnaire (except for the dependent variable questionnaires) are presented in Appendices A-F. The majority of those results have been discussed in the previous chapters.

The Dependent Variables: A Review

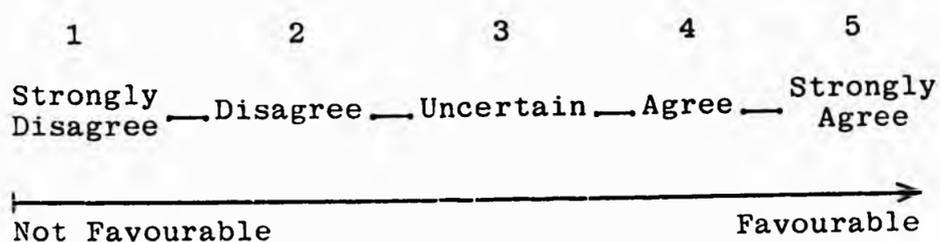
As these scales will be referred to constantly in the forthcoming sections, a brief review will help in their understanding.

1. ATTITUDE TO NURSING SCALES

Final Versions:

- (a) Factor 1: Disadvantages Factor: 6 items  
 (b) Factor 2: Advantages Factor: 4 items

The scale was based on a 5 point Likert scale recorded so that the higher the score, the more favourable is the attitude to Nursing.

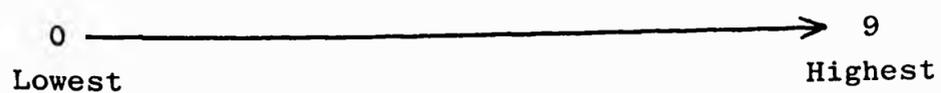


2. INFORMATION ABOUT NURSING SCALE

Final Version: 9 items

Multiple-choice questions with one correct answer, and a "don't know" category.

Amount of Information



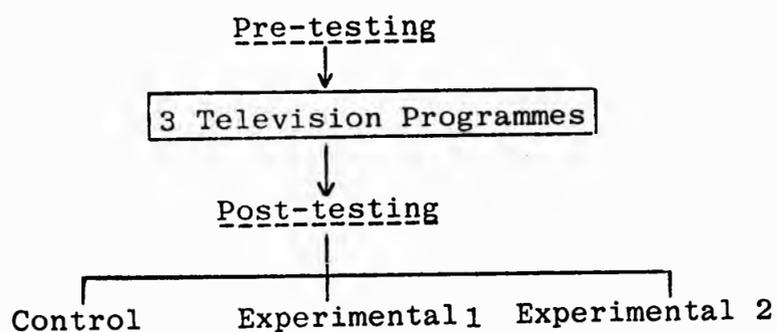


was deleted as each item had to be added to make a whole response.

- ii. when the subject's response on a scale was missing (due to absenteeism) either before or after the programmes, the total subject's response was deleted as well.

Although this procedure might be argued to reduce the numbers considerably, it was decided (to start with) not to alter the results in any way (like, for example, to put the "mean" of a response in the place of the missing value). As the numbers of subjects who had complete responses were still quite large, the decision to stick to the original results was adopted.

#### A Review of the General Design of the Study



The Groups: As a result of selective viewing in a completely naturalistic setting, of 3 television programmes put on the air, two experimental groups and one control group were delineated.

- Control Group: - Subjects who saw none of the televised programmes. N - 308
- Experimental Group 1 - Subjects who saw only ONE of the televised programmes N - 534
- Experimental Group 2 - Subjects who saw two or three of the televised programmes N - 1,289.

#### A. SCALE CONSTRUCTION ANALYSIS

A description of how the battery of tests under study was constructed can be found in the Pilot Study chapter. However, when factor analysis was applied to some of the relevant scales then (to find out what items to retain and to have a general idea of the overall structure of the factors involved) the results were considered cautiously for two main reasons:-

1. Although the pupils chosen for the pilot study were quite similar to the final target audience, they were not exactly the same.
2. The total number of subjects (104) was not large enough to draw general conclusions.

Therefore, in the main study, factor analysis was applied again to the same scales: attitude, social image, cultural resistances and medical resistances. As the analysis was administered on the entire sample of pupils, it was hoped that the eventual matrices would produce more structured results of the factors involved.

Factor analysis was carried only on the items designed to measure attitudes to Nursing, the image of Nursing, the cultural resistances and the medical resistances, as they were intended to be used as multiple-item scales for interpretation. It was not thought necessary for this study to do factor analyses on the other variables intended to be used as single-item measures.

#### Description of Procedure

Factor Analysis was applied to the items chosen after the Pilot Studies to measure the attitude and image towards nursing as well as the attitudes towards women's role (cultural resistances) and medical resistances. The primary concern was to discover and extract common factors.

The final tables interpreted were based on orthogonal rotation: varimax rotated factor structure after rotation with Kaiser normalization.

Kaiser's criterion was used to extract factors (Child, 1970). All factors having latent roots of one and above were considered as common factors to start with.

The criterion chosen for determining significant loadings was the one suggested by Child (1970). All the loadings equal or greater than  $\pm .30$  were considered to start with. Child explained that this suggestion is not based on any mathematical proposition except that it represents roughly 10% of the variance. This is actually a very rigorous level for analysis. Burt and Banks (1952) devised a formula for tests of significance in factor analysis which accounts for adjustments in relation to the number of variables, the factor under consideration, as well as the sample size.

Burt-Banks formula is:-

$$\begin{array}{l} \text{standard error} \\ \text{of a} \\ \text{loading} \end{array} = \begin{array}{l} \text{standard error} \\ \text{of a} \\ \text{correlation} \end{array} \left( \sqrt{\frac{n}{n+1-r}} \right)$$

when  $n$  = the number of variables in the analysis  
and  $r$  = the factor number.

The table for significance levels for Pearson Product Moment Correlation coefficient shows that, for a sample size of 500, the values of correlations required to be significant at the 1% level is .115. Although our sample is much larger - over 500 - we are going to use this level for demonstration.

Using Burt-Banks formula for this study:

$$\begin{array}{l} \text{standard error} \\ \text{of a} \\ \text{loading} \end{array} = .115 \left( \sqrt{\frac{10}{10+1-1}} \right)$$

Therefore for factor 1, the standard error of a loading should be .115 and above to be considered significant at the 1% level.

However, for factor 2:-

$$\begin{array}{l} \text{standard error} \\ \text{of a} \\ \text{loading} \end{array} = .115 \left( \sqrt{\frac{10}{10 + 1 - 2}} \right)$$

$$\text{- ditto -} = .115 (1.054)$$

$$\begin{array}{l} \text{therefore standard error} \\ \text{of a} \\ \text{loading} \end{array} = .121$$

These calculations do show that taking a  $\pm .30$  as a significant loading is being very conservative for this study having a sample size of over 500.

Attitude-to-Nursing Scale

The principal factor matrix (before rotation) showed that all the attitude items chosen fell into two factors only. The first factor had an eigen value of 1.5 and accounted for 12.8% of the variance. The second factor had an eigen value of 0.82 and accounted for 6.8% of the variance.

Although the second factor is below the eigen value of one suggested by Kaiser as the minimum base for keeping a factor, it was kept for further analysis as no other factors were extracted.

Looking at table 9, page 415, (the Factor Matrix after Rotation), we find that for factor one, 7 out of the 12 items included qualify for consideration at the first glance, as they have loadings of  $\pm$  .30 and above. They have been presented in descending order of magnitude to simplify interpretation. All the 7 items have positive signs on factor one and negative signs on factor two. All the 7 items, except item 11, have low (non-significant) loadings on factor two which is expected of orthogonal rotated factors: it makes interpretation simple. Item 11, "choose when found no other job", is not as clear cut as the other items with the lowest loading on factor one and a relatively high, though non-significant, loading of .23 on factor two.

Looking at factor two, 4 out of the 12 items qualify for consideration. All the 4 items have positive signs on factor two and negative signs on factor one, and all of them have low (non-significant) loadings on factor one.

Item 12 had very low loadings on both factors one and two, and therefore it was not considered as part of the factors in later analysis.

A speculation about the labelling of those factors brings forth two possibilities. In the pilot studies it was explained that

the items were chosen on the basis of ones accounting for general attitude and the others profile attitude. Looking at the individual items on factor one and two, it is difficult to draw a line between what is general and what is specific. There are general and profile attitude dimensions on both factors.

If we look at another angle, all the items in factor one have negative attitude connotations (if agreed with), and all the items in factor two have positive attitude connotations. Moreover, all the items have negative signs on one factor, and positive on the other. Therefore, the factors can also be labelled as dislike/like, or a factor of disadvantages and a factor of advantages.

TABLE 9  
VARIMAX ANALYSIS OF ATTITUDE ITEMS (ORTHOGONAL)

Item	Rotated Factor Loadings	
	1	2
1. Dislike irregular working hours	.53	-.07
2. Dislike the responsibility involved	.49	-.01
3. There are better jobs!	.43	-.17
4. It is routine and boring	.40	-.16
5. Dislike having to carry out orders	.40	-.03
6. Dislike certain aspects	.37	.03
7. Advantages are several	-.10	.53
8. Like the discipline in the job	-.00	.51
9. Like the uniform	-.02	.47
10. Ideal job for life	-.05	.40
11. Choose when found no other job.	.34	-.24
12. Like the fact that no decision-making is involved.	.17	-.08

N = 1,934

Image-of-Nursing Scale

The principal factor matrix (before rotation) showed that all the image items chosen fell into 3 factors. The first factor had an eigen value of 1.31 and accounted for 13.1% of the variance. The second factor had an eigen value of 0.21 and accounted for 2.1% of the variance, while the third factor had an eigen value of 0.19 and accounted for 1.9% of the variance. Factors 2 and 3 have eigen values that are too low to consider seriously, therefore only factor 1 was kept for further analysis.

Looking at Table 10, page 417, (the Factor Matrix After Rotations), we find that for factor one, 6 out of the 10 items included qualify for consideration, as they have loadings of  $\pm .30$  and above.

Although item 7 has a loading of 0.28, it was decided to include it since, as explained earlier, we are being very conservative in taking  $\pm .30$  as the minimum level of significance with our very large sample. Moreover, this item adds an important aspect to this factor.

All the items on factor one, except for items 1 and 2, are "just significant". All except item 2 have non-significant loadings on factor two.

The items chosen from the pilot study were those reflecting social aspects of the job, job characteristics and rewards, as well as some personal characteristics of choosers. It seems that factor one congregated all those aspects into one factor. So this factor can be speculated to reflect a general image factor, and is the only one retained. However, it is interesting to note that factor two seems to have grouped up the job characteristics only, as its significant loadings revolve around items 2, 8 and 9, which involved career mobility, academic qualifications and training.

Factor three has one significant loading only, "requires a nice personality". It accounts for unique variance reflecting a personal characteristic of the job chooser.

TABLE 10

VARIMAX ANALYSIS OF IMAGE ITEMS (ORTHOGONAL)

Item	Rotated Factor Loadings		
	1	2	3
1. It is socially prestigious	.47	.04	.04
2. Provides good career mobility	.38	.37	.06
3. Secure and sheltered job	.31	.19	.19
4. Choosers are not dedicated	.31	.19	.22
5. Rumoured to be a step-stone to marriage	.31	.13	.08
6. Helps achieve independence	.30	.12	.18
7. Provides opportunity for socializing	.29	.04	.16
8. Requires good academic qualifications	.04	.35	.10
9. Involves difficult training	.09	.35	.09
10. Requires a nice personality	.15	.08	.42

N = 2,008

Cultural Resistances (Womens' Role) Scale

The principal factor matrix (before rotation) showed that all the items chosen fell into 4 factors. Only factors one and two qualify for consideration, as they have eigen values of 2.1 and 1.9, and account for 13.1% of the variance and 6.9% of the variance.

Looking at Table 11, page 420, (the Factor Matrix After Rotation), we find that for factor one, 7 out of the 16 items have loadings of  $\pm$  .30 and above. All those items have non-significant loadings on factor two and, while they are all positive in sign on factor one, they have negative signs on factors two & four. All the items in this factor, except items 5 and 7, refer in general to the fact that womens' place is in the home, put in different ways. Item 5 adds the dimension of "learning " what is useful to the home, while item 7 is different altogether in that it refers to women's intelligence as less than that of men!

Looking at factor two, four items show significant loadings, items 8, 9, 10 and 11. All the items in general refer to womens' choice to be "outside the home" whether for education, using talents or work.

Speculating on labels for factors one and two, one can say that factor one shows a trend towards a "traditional outlook" towards womens' role (if agreed with), while factor two shows a more "progressive outlook" (if agreed with). It is interesting to note that item 10: "women should choose a secure and sheltered job", although it does not seem progressive from a western point of view, for the majority (not all) of the girls in this society, simply choosing a job and working reflects a progressive outlook. Two items were dropped from this table: items 15 and 16 which refer to "womens' right to freedom of choice" and "marriage shouldn't be approached for security only". They both had very low loadings on all the factors.

In the Pilot study, it was explained how the items were chosen to account for several aspects of women's role. The traditional one, importance of education, right to work, economic independence, contribution to society besides the home. . . The analysis here seems to show that factors 1 and 2 seemed to combine the majority of those aspects in two general factors, one emphasizing the traditional aspect, the second the progressive one.

Although factors 3 and 4 are not significant, it is interesting to note that factor 3 had 2 items with significant loadings, items 12, 13: "Husband should share housework" and "women should be economically independent". Those items (in this society) reflect an even more progressive outlook towards women's role than factor 2. However, factor four has only one significant variable, item 14, accounting for unique variance.

TABLE 11

VARIMAX ANALYSIS OF CULTURAL RESISTANCES  
ITEMS (ORTHOGONAL)

Item	Rotated Factor Loadings			
	1	2	3	4
1. Housework is womens' real work	.54	-.08	.14	.19
2. Womens' role is to marry and get children	.55	.13	.11	-.16
3. Girls getting married should leave work	.63	-.03	.11	.21
4. If husband is well off, the woman should not work	.54	.02	-.04	.18
5. Women should learn only what is useful to home	.48	.17	-.04	-.08
6. Womens' place is in the home	.45	-.04	-.08	.14
7. Women are less intelligent than men	.37	.08	.06	-.01
8. Further education is beneficial to women	.05	.44	.09	.05
9. Women should use their talents outside the home	.03	.46	.17	.07
10. Women should choose a secure and sheltered job	.00	.41	-.22	-.06
11. Women should marry only after graduation	.04	.34	.29	-.01
12. Husband should share housework	.04	.14	.33	.14
13. Women should be economically independent	-.03	.16	.44	.07
14. Women capable of housework and work	.11	.21	.19	.42
		N = 2,659		

Medical Resistances Scale

The principal factor matrix (before rotation) showed that all the items chosen fell into 3 factors. Factor one has an eigen value of 1.68 and accounts for 14% of the variance and will therefore be retained. Factors two and three had eigen values of 0.72 and 0.32 below the baseline for significance and will not be considered for further analysis.

Looking at Table 12, page 422 (Factor Matrix After Rotation), we find that for factor one, 6 out of the 12 items have loadings of  $\pm .30$  and above. Item 7, "thoughts of death", although it does not reach significance, it is quite close. All the items have non-significant loadings on factor two. However, item 6, which has the lowest significant loading on factor one, has a loading of 0.21 (relatively high but not significant) on factor two, a rather ambiguous item!

Although factors two and three are not significant, it is interesting to note that in factor two, 3 items reach significant, items 8, 9 and 10. While in factor three there are two significant loadings, "illnesses" and "infectious diseases."

Factor one seems to include items that refer to hospital related aspects in general, while factor two refers to an active aspect of the hospital atmosphere. On the other hand it is simpler to label the first factor as one reflecting disadvantages of hospital atmosphere, while factor two can be the advantages.

TABLE 12

VARIMAX ANALYSIS OF MEDICAL RESISTANCES ITEMS  
(ORTHOGONAL)

Items	Rotated Factor Loadings		
	1	2	3
1. Sight of blood	.49	.14	.04
2. Sight of victims of and accident	.46	.03	.10
3. Ambulance siren	.45	.05	.10
4. Smell of disinfectants	.38	.17	.04
5. Sound of pain	.36	.05	.19
6. Hospital atmosphere	.31	.21	.07
7. Thoughts of death	.28	-.01	.21
8. Working with doctor	.08	.55	.08
9. Working with dentist	.05	.72	.02
10. Administering injections	.25	.33	.00
11. Illnesses	.08	.05	.34
12. Infectious diseases	.09	.03	.49
		N = 2,647	

B. GENERAL IMPACT ANALYSIS (a) An overall analysis....

To start with, a general overall analysis of the impact of the television programmes on the attitudes, information, image and intentions of all the subjects measured was carried out. More detailed item-by-item analysis of the scales and the comparative effectiveness of the programmes on specific aspects, such as age, socio-economic status, etc., are described later.

Two types of tests of significance were used to assess the overall impact of the programme.

i. Oneway Analysis of Variance on the "change scores"

The aim was to find out whether there was a significant difference between the "change" scores of the three groups: control, experimental one and experimental two, from before to after the programme.

Hypothesis:

For the "change" scores of all the dependent variables:-

$$H_1 : C < E_1 < E_2$$

Although the use of "change" scores in any analysis has to be approached carefully,\* it was found necessary to use them here as other means of analysis were not feasible.

Ideally, the most appropriate test of significance for the available data would have been The Multivariate Analysis of Variance on Repeated Measures. However, the computer programme which dealt with this test on "unequal numbers" was not available on the SPSS manual being used then. It was being produced at another college at the time of this analysis and as this was in

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\* A discussion of the problems of change scores is presented at the end of the Chapter.

the preliminary stages, it was not yet reliable to use.

The analysis of variance on "change" scores would tell us whether there was a significant difference between the groups. What about the "differences" in position from before to after the programmes for each group individually?

Therefore, as a back up to the one-way analysis of variance, another test of significance was used - keeping in mind that the same subjects answered the before and after questions.

- ii. Student's t-test for paired observations (also called the correlated t-test).

The aim was to find whether there was a significant difference between the scores on the dependent variables from before to after the television programmes for each group individually.

Ideally, the results should show "no" significant difference in the paired scores of the control group from before to after the programmes. The experimental groups should show a significant difference with experimental group 2 (who saw 2-3 programmes) showing the largest difference. However, as this campaign was carried in a complete naturalistic setting whereby the control group was not isolated from the other groups (like in a laboratory situation) the hypothesis set was a bit more practical.

It was hypothesized that there should be a larger positive and significant shift in the paired scores from before to after the programmes of the experimental groups than the control. As the subjects of experimental group one saw only one of the programmes,

it was hypothesized that the shift in their scores from before to after the programmes should be more positive than the control group, but less than experimental group two, who saw 2 - 3 programmes.

#### 1. ATTITUDE CHANGE

The attitude toward the Nursing job (as measured by items in this study) was expected to show a significantly larger positive "change" (from before to after the programmes) in the experimental groups than in the control group.

The attitude was measured on the basis of two factors -  
factor one: the disadvantages attitude;  
factor two: the advantages attitudes as explained in the previous section.

The "change" score for each individual was first calculated by adding the subject's responses on all the items of the scale before the programmes, and then after the programmes. The change score consisted of the subject's score after the programmes minus her score before. The mean change score for each group was then calculated, based on the individual change scores of the subjects in that group. The single item scores were not multiplied by their factor loadings because (as Table 9 shows) the loadings for each factor did not differ greatly from item to item.

To find out whether there was a significant difference in the "change" scores of the three groups, the one-way analysis of variance was applied on the attitude change scores of each factor individually. Table 13 presents the results for the disadvantages factor.

TABLE 13

One way Analysis of Variance comparing the 3 groups' "change" score on the Attitude (Disadvantages) factor.

Source	DF	SS	MS	F ratio	Prob
Between group	2	332.6108	166.3054	8.6851	<.001
Within groups	1806	34581.8768	19.1483		
Total	1808	34914.4876			

Group	N	Mean change	STD Dev	STD Error
Control	255	.4392	4.3130	.2701
Experimental 1	457	1.4179	4.2805	.2002
Experimental 2	1097	1.7056	4.4293	.1337

The table shows that there is a significant difference in the mean "change" scores of the three groups at the  $p < .001$  level. Moreover, this difference was in the direction hypothesized:-

$$C < E_1 < E_2$$

Table 14 shows the results for the attitude advantages factor.

TABLE 14.

One way Analysis of Variance comparing the 3 groups' "change" scores on the Attitude (Advantages) Factor.

Source	DF	SS	MS	F ratio	Prob
Between Groups	2	169.3791	84.6895	10.6421	
Within Groups	1806	14372.0936	7.9580		<.001
Total	1808	14541.4726			

Group	N	Mean Change	STD Dev.	STD Error
Control	255	- .0431	2.7881	.1746
Experimental 1	457	.4158	2.7827	.1302
Experimental 2	1097	.8104	2.8443	.0859

The table shows that there is a significant difference in the mean "change" scores of the 3 groups at the  $p < .001$  level. The difference was also in the hypothesized direction:

$$C < E_1 < E_2$$

It is also interesting to note that there was a "negative" mean change score for the control group, which means that

their attitude actually shifted more against Nursing. However, both experimental groups one and two showed a positive change in attitudes.

The results above show that our hypothesis that there should be a significantly larger change in the attitudes of the experimental groups than the control group, whereby:

$$C < E_1 < E_2$$

did hold.

To find out whether there was a significant difference in the paired scores of the subjects from before to after the programmes for each group individually, the Student's t-test was applied. Table 15 presents the results for the disadvantages attitude factor.

TABLE 15

t-test on Attitude (Disadvantages) score before and after the programmes for each group.

Groups	Attitude Score	Mean	Standard Dev'tion	Mean Diff'nce	St'd Dev'tion	t-value	DF	2 tail Prob.
Control N = 255	Before	17.1804	3.553	.4392	4.313	1.63	254	>.1
	After	17.6196	3.495					
Experi. 1 N = 457	Before	16.5711	3.460	1.4179	4.281	7.08	456	<.001
	After	17.9891	3.664					
Experi. 2 N = 1097	Before	16.5889	3.533	1.7056	4.429	12.75	1096	<.001
	After	18.2944	3.721					

The table above shows that there was a significant positive shift from before to after the programmes in the experimental groups ( $p < .001$ ). However, there was no significant shift of

the control group from before to after the programmes which reflects the ideal situation. Besides, although both experimental groups showed a significant positive shift, the shift for experimental group two was larger than experimental group one, as hypothesized.

Table 16 shows the results for the advantages factor.

TABLE 16

t-test on Attitude (Advantages) score Before and After the programmes for each group.

Groups	General Attitude Score	Mean	Standard Deviation	Mean Diff'ence	Stan'd Dev	t-value	DF	2-tail Prob.
Control N = 255	Before	15.5059	2.677	-.0431	2.788	-.25	254	>.1
	After	15.4627	2.425					
Experi. 1 N = 457	Before	15.5842	2.733	.4158	2.783	3.19	456	<.001
	After	16.000	2.281					
Experi. 2 N = 1097	Before	15.7284	2.649	.8104	2.844	9.44	1096	<.001
	After	16.5387	2.352					

The table above shows that the control group showed a negative but "non-significant" shift in attitude from before to after the programmes. However, both experimental groups showed a positive significant shift in attitudes with experimental group two showing a larger positive shift than experimental group one, as hypothesized.

The results from the tables above strongly suggest that the television programmes did promote a positive shift in attitudes towards Nursing from before to after the programme. This is

especially relevant as the control group showed a non-significant change on both attitude factors. Moreover, the change scores across the 3 groups were significantly different at the  $p < .001$  level for both factors and in the hypothesized direction:  $C < E_1 < E_2$ .

## 2. INFORMATION GAIN

The information level about the Nursing job (as measured by items in this study) should show a significantly larger increase (from before to after the programmes) in the experimental groups than in the control group.

The mean "correct" information score here was calculated by adding all the correct answers on the information items, a total out of 9. This was done for each individual, both before and then after the programmes. The change score was calculated by subtracting the score before from the score after. The mean change score for each group was then calculated, based on the individual change score of the subjects in that group. (This was done to show us, in general, the overall informational effectiveness of the programmes. An item by item analysis is described in the following sections.)

To find out whether this increase in information level from before to after the programmes was significantly different among the three groups, a one-way analysis of variance was applied to the mean change scores of the correct information. As table 17 indicates, there was a significant difference among the three groups ( $p < .001$ ), in the hypothesized direction:  $C < E_1 < E_2$ .

TABLE 17

One way Analysis of Variance comparing the 3 groups' "change" scores on the Information "Correct" scale.

Source	DF	SS	MS	F ratio	Prob.
Between Groups	2	69.3050	34.6525	7.490	<.001
Within Groups	1858	8596.4897	4.6267		
Total	1860	8665.7947			

Group	N	Mean	STD Dev.	STD Error
Control	266	.4850	1.964	.120
Experimental 1	468	.5214	2.003	.093
Experimental 2	1127	.9024	2.250	.067

Therefore, our alternate hypothesis stands. The television programmes could be said to have caused a significant increase in the information level of the experimental groups as compared to the control, with the experimental group which viewed a larger number of programmes E<sub>2</sub> showing a higher level of information increase.

On applying the Student's t-test for paired observations to the data (each group separately), the results were as follows:

TABLE 18

t-test on "Correct" Information score Before and After the programmes for each group.

Groups	Information Answer	Mean	Standard Dev.	Mean Diff'ce	Standard Dev	t-value	DF	2-tail probability
Control N = 266	Correct Before	2.0113	1.531	.4850	1.964	4.03	265	<.001
	Correct After	2.4962	1.768					
Experimental 1 N = 468	Correct Before	2.1774	1.541	.5214	2.003	5.63	476	<.001
	Correct After	2.6987	1.784					
Experimental 2 N = 1127	Correct Before	2.2866	1.652	.9024	2.250	13.45	1126	<.001
	Correct After	3.1890	1.967					

As the table 18 shows, there was a significant increase in the level of information (the mean correct information score) from before to after the programmes. However, as the table indicates, there was a significant change in the control group's mean correct scores as well. A closer look at the "mean difference scores" shows us that there was a larger change in the experimental groups than the control, but they were all significant at the  $p < .001$  level.

Several reasons could be put forward as to why the control group also showed an increase in information level. The pre-tests, to start with, could have triggered information-seeking behaviour, and the answers could have been obtained from friends (who might have seen the programmes) or a teacher - or anybody. As the

experimental design is strictly in a naturalistic setting, any kind of interaction could have occurred between the time the pre-tests were given and the final post-tests. However, the main point is that the experimental groups showed a higher degree of information again with  $E_2$  who saw two or more programmes showing the largest gain, as hypothesized.

The Student's t-test for paired observations was also applied on to the mean "don't know" scores, both before and after the programmes, with the hypothesis that there will be fewer don't knows in the experimental groups than in the control group. Table 19 presents the results.

TABLE 19

t-test on " Don't Know " score Before and After the Programmes for each group.

Groups	Information Answer	Mean	Standard Dev.	Mean Diff'e	Standard Dev.	t-value	DF	2-tail prob.
Control N = 266	Don't know Before	3.6767	2.928	.1429	2.717 .167	.86	265	>.1
	Don't know After	3.8195	2.835					
Experimental 1 N = 468	Don't know Before	3.2030	2.631	.0897	2.563 .118	.76	467	>.1
	Don't know After	3.2927	2.648					
Experimental 2 N = 1127	Don't know Before	2.9840	2.651	-.1154	2.638 .079	-1.47	1126	>.1
	Don't know After	2.8687	2.496					

The mean "don't know" score here was calculated in the same way as the mean "correct" score.

As the table shows, there was no significant decrease in the mean "don't know" score from before to after the programmes. In fact, both the control group and experimental group one showed a slight increase in the mean don't know score, with the control group showing a larger increase. However, experimental group two did show a "decrease" in the mean "don't know" score, as hypothesized, but it was not significant.

### 3. IMAGE CHANGE

The image of the nursing job (as measured by the items in our inventory) were expected to show a significantly larger positive shift in the experimental groups than in the control group from before to after the programmes.

The social image was based on the items of factor one as described in the previous section.

The image "change" score for each individual was first calculated by adding the subject's responses on all the items of the scale both before and after the programmes. The change score consisted of the subject's score after the programmes, minus her score before. The mean "change" score for each group was then calculated based on the individual change scores of the subjects in that group. The single items scores were again not multiplied by their factor loadings because (as Table 10 shows) the loadings for the factor did not differ greatly from item to item. (An item by item analysis of the image scale will be described later).

To find out whether there was significant change in the social image from before to after the programmes different among the three groups, a one-way analysis of variance was applied to the "change" scores of the social image scale.

TABLE 20

One way Analysis of Variance on the "change" score of Social Image Scale by the 3 groups.

Source	DF	SS	MS	F ratio	F prob.
Between Groups	2	58.0935	.5548	3.7638	<.05
Within Groups	1894	14616.9060	.1570		
Total	1896	14674.9995			

Group	N	Mean	STD dev.	STD error
Control	266	.7632	3.0740	.1885
Experimental 1	473	.5835	2.6405	.1214
Experimental 2	1158	.9896	2.7613	.0811

As table 20 indicates, there was a significant difference among the three groups ( $p < .05$ ) and in the hypothesized direction only when comparing the control group to experimental group 2:  
 $C < E_2$ .

The results as assessed by the application of the Student's t-test for paired observations are presented in the following table.

TABLE 21

t-test on Image Score Before and After the programmes for each group.

Groups	Image Score	Mean	Stan'd Dev.	Mean Diff	Stan'd Dev.	t-value	DF	2 tail prob'ty
Control N = 266	Before	17.1767	2.134	.7632	3.075	4.05	265	<.001
	After	17.9398	2.464					
Experi. 1 N = 473	Before	17.6110	2.001	.5835	2.641	4.81	472	<.001
	After	18.1945	2.190					
Experi. 2 N = 1158	Before	17.5509	2.194	.9896	2.761	12.20	1157	<.001
	After	18.5406	2.076					

As the table shows, there was a significant change in the image of Nursing held by the pupils from before to after the programmes with a more favourable image developing after the programmes. Again here, as in the information scale, the control group also showed a significant change towards a more favourable image. Moreover, this change is even larger (not significantly) than that of Experimental group 1, (which should have seen one of the programmes)! However, Experimental group 2 did show the largest significant favourable change in image after the programmes, as hypothesized.

Why did the control group show a larger positive shift than Experimental group one?

- i. The mean image score of the control group before the programme was less favourable than that of

either of the experimental groups.

- ii. Seeing one programme only might have created confused responses to the items of this scale. An item by item analysis (which will be discussed later) might clarify whether masking occurred.

However, it can definitely be said that the subjects who saw 2 - 3 programmes ( $E_2$ ) did show the largest significant positive shift towards the image of nursing.

#### 4. JOB INTENTION (Intention to choose Nursing)

Table 22 shows the percentages of pupils who stated that they planned to join Nursing both before and after the television programmes for each group individually. The percentages were "first" calculated as a percent out of 16 other job choices, plus "won't work" and "don't know" categories.

The table shows that there was a decrease in the percentage of subjects planning to join Nursing from before to after the programmes in both the control group and experimental group one, while there was a slight increase in experimental group two.

However, this table does not present the true situation of the data as there was a very large increase in the numbers of subjects who chose the "won't work" and "don't know" categories after the programmes.

Table 23 presents the general frequencies of all the subjects (undivided) and their job choice before and after the programmes. Before any further analysis is presented, it is vital to direct the attention to two important aspects of this table.

TABLE 22

Percentage of subjects intending to join Nursing Before and After the programmes for each group (Not corrected)\*

Group	Before	After
Control	6.2% (N = 308)	4.2% (N = 308)
Exp. 1	6.7% (N = 534)	4.9% (N = 534)
Exp. 2	6.1% (N = 1289)	6.9% (N = 1289)

\* Not final table - explained in the text.

TABLE 23

General Frequencies of Job Intention Question. (N = 2131)

JOB	BEFORE PROGRAMME		AFTER PROGRAMME	
	N	%	N	%
1. Won't work	65	3.4	282	13.3
2. Teacher	376	19.5	285	13.4
3. Dressmaker	36	1.9	29	1.4
4. Secretary	69	3.6	37	1.7
5. Nurse	133	6.9	128	6.0
6. Accountant	69	3.6	35	1.6
7. Doctor	285	14.8	226	10.6
8. Air Hostess	213	11.0	121	5.7
9. Company Employee	83	4.3	54	2.5
10. Private Business	102	5.3	52	2.4
11. Lawyer	113	5.9	62	2.9
12. Journalist	34	1.8	28	1.3
13. Broadcaster	36	1.9	10	0.5
14. Traffic Warden	101	5.2	59	2.8
15. Engineer	45	2.3	73	3.4
16. Policewoman	10	0.5	33	1.6
17. Civil Servant	9	0.5	22	1.0
18. Don't know	150	7.8	591	27.8
19. Out of range	202		4	

- 1) Although there was a small decrease in the total number of subjects planning to join Nursing from before to after the programmes (item 5), this decrease is negligible when compared to the decrease in the numbers of all the other jobs of relevance, like teacher, air hostess, secretary - even doctor, which is highly prestigious. There was a decrease in the percentages of all the job choices after the programme except for the jobs of engineer, policewoman and civil servant, which all showed an increase.

- 2) There was a very large increase in the percentage of subjects who chose the "won't work" and "don't know" categories after the programmes. There was an increase in the "won't work" category from 3.4% before to 13.3% after, and in the "don't know" category from 7.8% before to 27.8% after.

Why did so many pupils move to the "don't know" and "won't work" categories?

One possibility could be that, as the pre-tests were administered in February, the pupils' spirits and ambitions then might have still been high. The post-tests were carried out in May. With the academic year closing and the exams drawing near, some pupils must have started realizing their actual potential or doubting their potential. This might have created uncertainty about the future.

Therefore, it would be more accurate if we calculated the numbers of subjects planning to join Nursing both before and after the programmes as a percentage of those who chose it out of an alternative job, and not including the "won't work" and "don't know" categories.

Table 24 shows the "corrected" percentages of subjects planning to join Nursing in each group before and after the programmes.

The results here show that, while there was a slight decrease in the control group, the experimental group one did not change, while there was a comparatively large increase in experimental group two.

A test of significance on the differences from before to after in the proportion of subjects in Experimental group two showed it to be significantly different.  $z = 4.65$ ,  $p < .05$ .

TABLE 24

Percentage of subjects intending to join Nursing Before and After the programmes for each group. (Corrected)\*

GROUP	BEFORE	AFTER
Control	7.9% (N = 239)	7.2% (N = 181)
Experi. 1	8.6% (N = 421)	8.5% (N = 307)
Experi. 2	7.4% (N = 1054)	11.6% (N = 766)

NB\* These percentages were corrected by calculating the percentage of those planning to join Nursing out of those who "chose" an alternative job. The categories of "don't know" and "won't work" were excluded.

To check further that this increase in the percentage of subjects planning to join Nursing in experimental group two was actually due to the television programmes and not to some other extraneous variable, a simple comparability test was carried out.

Four other jobs of relevance were chosen from the frequency table: Teacher, air-hostess, secretary and doctor. The percentages of subjects who stated that they planned to join each of those jobs before and after the programmes was calculated. These calculations were done with corrections for "don't know" and "won't work" categories, in the same way as the percentages of subjects planning to join Nursing (Table 24). This was done to ensure comparability.

While there was an increase in the percentage of pupils wanting to join Nursing from before to after the programmes in experimental group 2, there was a decrease in the percentages of pupils wanting to join each of the jobs chosen above in experimental group 2, except for Doctor. The situation for Doctor is understandable, as the subjects who watched the television programmes about Nursing must have also been partly influenced towards the doctor's job choice.

The percentages of subjects who planned to join each of the following jobs before and after the programmes in experimental group 2 were:

	Before Programme percentage	After Programme percentage
Teacher	22.1	20.9
Air Hostess	14.5	11.7
Secretary	4.3	2.8
Doctor	15.8	17.2

These calculations after corrections for "won't work" and "don't know" categories. If we do not correct for the above, we find

a decrease in percentage for ALL the above jobs for experimental group 2, while there was a slight increase for the nursing job.

Moreover, if we consider the percentages of subjects "wishing" they could do a specific job before the television programmes and their actual job choice after the programmes, we find that there was a "decrease" in the percentages of all the job choices after the programmes as compared to the wishes, except for the job of a nurse, which held its ground.

Therefore it can be strongly suggested that the television programmes must have helped increase the percentage of pupils wanting to join nursing. This is especially relevant as compared to other jobs.

##### 5. BEHAVIOUR CHANGE

Although it was intended at the start of the study to have a reliable measure of behaviour change upon which the final effectiveness of the programmes would be based, it was found (as the data was being collected) that such a reliable measure did not exist.

During the previous four years, the Nursing School has been undergoing a major transformation which reflected on the number of applicants accepted, their school backgrounds, etc. Therefore, generally speaking, there were no two years when the same entry conditions were applied, as much depended on vacancies and requirements.

Besides the transformations in the Nursing School, there were major transformations happening at other educational institutions in the country which could have indirectly affected the behaviour change variable. The teachers' job (during the

year of the campaign) received a doubling of salaries and a change of grading. The Teachers' Training College was on the verge of changing into a University.

Therefore, if we wanted to compare the number and calibre of pupils who joined nursing as compared to previous years and the year before, we found that we were not basing our numbers on the same conditions.

However, depending on the data available, the following table has been drawn up:-

TABLE 25  
Number of applicants for Nursing for  
the campaign & pre-campaign years.

	Number of Female Applicants	
	General Nurses	Practical Nurses
Pre-campaign year (1976-1977)	22	42
Campaign year (1977-1978)	39	51
Number required	30 - 40	60 - 80

(b) Checking Comparability between the Experimental and Control Groups (The Pre-Tests).

As the groups in this design are not randomly assigned but are self-selective, one of the major problems of the analysis of the results is to demonstrate comparability among the groups.

To start with, matching was considered as one possible way of overcoming this problem. However, matching is argued to create biased results if used with some designs. Regression towards the mean is already one of the major problems of this design and it has always been contended that the matching procedure itself increases the possibility of regression towards the mean as the sample becomes more selective. Campbell and Stanley (1963); Nunnally (1975) and others.

Therefore, it was decided to avoid the rigid procedure of matching and to demonstrate comparability on the basis of:

1. Pre-test raw scores of the measurement scales;
2. Other variables hypothesized to be related to the measured dependent variables.

This second point will be discussed later.

It was hypothesized that for all the dependent variable scores before the programmes:

$$H_1 : C \equiv E_1 \equiv E_2$$

A oneway analysis of variance was applied on the raw scores before the programmes across the groups. Table 26 shows the results.

TABLE 26

Oneway Analysis of Variance on the raw Pre-test scores of the dependent measurement scales by the 3 groups.

SCALE	GROUP	N	$\bar{X}$ BEFORE PROG	F- RATIO	SIGN
Attitude Advantages	Control	255	15.5059	.9651	>.1
	Exp. 1	457	15.5842		
	Exp. 2	1097	15.7284		
Attitude Disadvantages	Control	255	17.1804	3.1567	<.05
	Exp. 1	457	16.5711		
	Exp. 2	1097	16.5889		
Information	Control	266	2.0113	3.374	<.05
	Exp. 1	468	2.1774		
	Exp. 2	1127	2.2866		
Image	Control	266	17.1767	3.7897	<.05
	Exp. 1	473	17.6110		
	Exp. 2	1158	17.5509		

TABLE 27

One way Analysis of Variance on the raw Post-test scores of the dependent measurement scales by the 3 groups.

SCALE	GROUP	N	$\bar{X}$ AFTER PROG	F- RATIO	SIGN
Attitude Advantages	Control	255	15.4627	25.2910	<.001
	Exp. 1	457	16.0000		
	Exp. 2	1097	16.5387		
Attitude Disadvantages	Control	255	17.6196	3.8875	<.05
	Exp. 1	457	17.9891		
	Exp. 2	1097	18.2944		
Information	Control	266	2.4962	20.6263	<.001
	Exp. 1	468	2.6987		
	Exp. 2	1127	3.1890		
Image	Control	266	17.9664	10.1518	<.001
	Exp. 1	473	18.1801		
	Exp. 2	1158	18.5293		

Our assumptions that the pre-test scores do not differ significantly among the 3 groups before the programmes holds only in part.

As the table shows, there was no significant difference between the means of the pre-test attitude advantages scores across the groups, as hypothesized. Although the pre-test scores of the attitude disadvantages scale do show a significant difference at the  $p < .05$  level, this creates no bias in the results as the control group are the ones who have a slightly more favourable attitude to start with.

Therefore, for the attitude scales, it can be safely said that pre-group comparability holds, at least as far as the purposes of this study are concerned, in enhancing a favourable attitude towards Nursing.

The results do show that there is a difference in pre-test scores of the information & image scales, but only at the  $p < .05$  level. In both cases the control group are the ones with the least information and less favourable image to start with.

Therefore, care has to be taken when both those scales are interpreted to account for the slight pre-score differences among the groups.

However, these slight differences in some of the scales cannot be regarded as a serious problem when one looks at the much larger differences in the means of the post-tests (after the programmes) as presented in Table 27.

C. CONTROL TESTS (MEASURES OF UNINTENDED EFFECTS)

All the dependent variable measures showed that the television programmes must have had an influence on the pupils. However, if one looks at mean change scores across the various measures it might be argued that, although the change is significant, the mean differences are quite small.

Four points can be put forth to counteract those arguments:-

1. A look at other field studies shows that the gain in all cases of such studies is extremely small on the measures used. Change is a very complex matter and even the slightest shift on our instruments must be considered.
2. The results show "positive gains" on all the dependent variables. There were no negative shifts on any of the scales except for the control group.
3. The sample in this study is very large.
4. To emphasize the fact that it was the television programmes that created this positive shift, and not other extraneous variables, a control study in the form of measures of unintended effects was conducted. Exactly the same dependent variable measures that were administered on the pupils before and after the programmes, in relation to the Nursing job, were also administered in relation to the Teaching job. (There were no television programmes about teaching between the pre-test and the post-test period). As the following tables indicate, there existed no shift at all in the position of the pupils in relation to the teaching profession. This proves that the shift in relation to the Nursing job was largely the result of the television programmes.

A oneway analysis of variance on the "change" scores of the 3 groups (C, E<sub>1</sub> and E<sub>2</sub>) for each of the measurement scales on the teacher's job produced the following results:

Teacher's correct information mean change score by the 3 groups:

$$F (2,1816) = .618 \quad p > .1$$

Teacher's image mean change score by the 3 groups:

$$F (2,1901) = .196 \quad p > .1$$

Teacher's attitude advantages mean change score by the 3 groups:

$$F (2,1856) = .371 \quad p > .1$$

Teacher's attitude disadvantages mean change score by the 3 groups:

$$F (2,1856) = .029 \quad p > .1$$

Another kind of argument that can be put forth is that the pre-tests might have triggered this positive shift and not the television programmes.

Two counter arguments can be put forward:

1. The pre-tests did not trigger significant shifts in the variables measuring the Teaching jobs position which received exactly the same treatment as the Nursing job.
2. Another control study was conducted alongside the main study to find out whether the pre-tests caused a reaction. Two classes in one of the larger schools were left unpre-tested (as if by accident), but in fact for the purpose of this control. One intermediate class

level and one secondary class level were then compared with an adjacent class of the same level who were pre-tested.

As the following tables show (except for a single information score in Exp. 2 which will be discussed later), the post-tests showed no significant difference between the classes. Therefore it can be argued that the pre-tests were not reactive and the shift must have occurred as a result of the television programmes.

TABLE 28

t-test on Post-test Scores (After the Programmes) of Ss pre-tested and not pre-tested Intermediate Class

Dependent Variables	Control Group			Exp. Group 1			Exp. Group 2		
	not pre-tested $\bar{X}$	pre-tested $\bar{X}$	Sig	not pre-tested $\bar{X}$	pre-tested $\bar{X}$	Sig	not pre-tested $\bar{X}$	pre-tested $\bar{X}$	sig.
Attitude Factor 1	14.4	16.1	NS	14.8	15.4	NS	16.1	16.4	NS
Attitude Factor 2	18.8	19.1	NS	16.9	19.3	NS	17.9	19.5	NS
Social Image	16.8	17.3	NS	18.9	18.1	NS	19.0	17.55	NS
Information	1.2	1.8	NS	1.6	2.4	NS	1.7	3.5	**
N	5	8		11	7		18	22	

NS = Not significant

\*\* =  $p < .001$

TABLE 29

t-test on Post-test Scores (After the Programmes) of Ss pre-tested and not pre-tested Secondary Class

Dependent Variables	Control Group			Exp. Group 1			Exp. Group 2		
	not pre-tested	pre-tested	sig.	not pre-tested	pre-tested	sig	not pre-tested	pre-tested	sig
	$\bar{X}$	$\bar{X}$		$\bar{X}$	$\bar{X}$		$\bar{X}$	$\bar{X}$	
Attitude Factor 1	16.2	16.2	NS	16.8	16.5	NS	17.4	16.7	NS
Attitude Factor 2	17.7	20.4	NS	16.1	18.4	NS	20.1	20.2	NS
Social Image	18.6	19.2	NS	19.0	19.0	NS	19.4	19.8	NS
Information	3.0	1.2	NS	3.0	2.5	NS	2.3	.83	NS
N	5	8		10	14		9	6	

The reason why Experimental Group 2 of the intermediate class showed a significantly larger level of information than the group not pre-tested could be information-seeking as a result of lack of knowledge while answering the pre-tests. However, while information can be readily available from the teachers, friends, family - or even the television programmes - the case is not so for the other measures, like attitudes and image, which are more difficult to shift. Moreover, as the majority of the groups on all the scales showed no significant differences, this group seems to show an exception to the consistent trend.

#### D. INDIVIDUAL ITEM ANALYSIS OF THE SCALES

An item-by-item analysis of the effects of the television programmes on attitudes, information and image is presented here.

The same tests of significance that were chosen to demonstrate the general effectiveness of the programmes described in Section B were used here:

1. the one-way analysis of variance
2. the student's t-test for paired observations

were applied to each item individually before and after the programmes.

The aim was to find out whether the majority of the items of a scale were showing consistent patterns according to the hypothesis and to check that there was no masking (affecting the overall results discussed in Section B).

A brief review of the hypotheses would help put the analysis into perspective:

- a) One way analysis of variance on the individual item scores before and after the programmes

Before: More items should show non-significant differences between the groups:  $C \cong E_1 \cong E_2$

After: More items should show a significant difference between the groups and in the predicted direction:  $C < E_1 < E_2$

- b) t-test - there should be a larger number of items with a significant positive shift from before to after the programmes in the experimental groups than the control.

No analysis on "change scores" was carried out here. As we are dealing with individual items and not a combination of items, "change scores" will probably give us biased results because of the regression towards the mean phenomenon as discussed on page 490.

It has to be clarified here that the items in the tables of this section were not put in an identical sequence. The tables were drawn up in this way to make interpreting the results simpler.

#### 1. Attitude-to-Nursing Individual Items

The score presented in the tables is the score on a five-point Likert scale 1 to 5 (recorded so that the larger the number, the more favourable the attitude). The means calculated are those of the scores of all the subjects on that specific item for the group specified. .

- a) One-way Analysis of Variance on attitude scores for each item by the three groups.

Table 30 page 457 presents the results of the above analysis both before and after the programme.

Before the programmes:

As the table shows, 7 out of 10 items showed no significant differences between the three groups as hypothesized, items 1, 2, 3, 4, 5, 6 and 10. Three items did show a significant difference, items 5, 7 and 8. Nevertheless, this difference creates no bias to the results of this study. As the table shows, the attitude scores of the control groups were more favourable to nursing to start with

than the experimental groups.

After the programmes:

The attitude scores on 6 out of the 10 items showed significant differences between the three groups, and in the hypothesized direction, items 1, 2, 5 and 6,  $p < .001$ ; items 3 and 4,  $p < .05$ .

Two items showed differences in the hypothesized direction (though not significantly) items 7 and 8, while items 9 and 10 showed "non-significant" differences, but not in the hypothesized direction. The reason why both items 9 and 10 showed a shift in the opposite direction (though not significantly) could be because they started out before the programmes with very favourable scores.

Summary:

In general, our hypothesis stands. The majority of the attitude scores on the items before the programmes showed no significant differences between the groups, while the majority of the scores after the programmes showed a significant difference, and in the hypothesized direction.

- b) t-test on attitude scores for each item from before to after the programmes for each group individually.

Table 31 page 458 presents the results of the analysis above.

As the table shows, the majority of items in the control group were either non-significant or showed a negative shift, while the majority of items in experimental group two showed a significant positive shift. Experimental group one has more significant positive items than the control group, but less than experimental group two.

In experimental group one, item 10 showed a significant negative shift. This could be because the score before the programme was relatively high. Although this same item showed a move in the negative direction in experimental group two, it is not significant.

Summary:

Generally, those results do show that the programmes must have had an effect, especially on those who saw two or three programmes (Exp. group 2) as the majority of items did show a positive significant shift from before to after the programmes, while the majority of items in the control group showed a reversal of attitude (a negative shift).

Therefore, in the case of the attitude scale, the individual items seem to be consistent with the overall effects analysis as presented in Section B.

TABLE 30

One-way Analysis of Variance comparing the three groups' Attitude scores Before & After the programmes

ITEMS		B E F O R E			A F T E R		
		$\bar{X}_s$	F Ratio	Sign	$\bar{X}_s$	F Ratio	Sign
1. Ideal job for life	C	3.69	1.458	NS	3.49	18.019	xxx
	E <sub>1</sub>	3.69			3.69		
	E <sub>2</sub>	3.78			3.87		
2. Like discipline in job	C	3.62	.192	NS	4.06	7.003	xxx
	E <sub>1</sub>	3.56			4.19		
	E <sub>2</sub>	3.58			4.25		
3. Dislike certain aspects	C	2.95	.267	NS	2.93	3.658	xx
	E <sub>1</sub>	2.93			2.98		
	E <sub>2</sub>	2.97			3.08		
4. There are better jobs	C	2.76	.159	NS	2.67	5.549	xx
	E <sub>1</sub>	2.75			2.81		
	E <sub>2</sub>	2.79			2.92		
5. Like the uniform	C	4.15	.250	NS	3.96	10.034	xxx
	E <sub>1</sub>	4.20			4.13		
	E <sub>2</sub>	4.19			4.25		
6. Advantages several	C	4.05	2.26	NS	3.95	8.871	xxx
	E <sub>1</sub>	4.13			3.99		
	E <sub>2</sub>	4.18			4.16		
7. Routine and boring	C	2.49	9.312	xxx	3.10	2.755	NS
	E <sub>1</sub>	2.29			3.16		
	E <sub>2</sub>	2.20			3.27		
8. Dislike irregular working hours	C	3.15	4.56	xx	2.93	1.414	NS
	E <sub>1</sub>	2.89			3.05		
	E <sub>2</sub>	2.93			3.06		
9. Dislike the responsibility	C	2.94	3.341	xx	2.96	.104	NS
	E <sub>1</sub>	2.74			2.92		
	E <sub>2</sub>	2.75			2.94		
10. Dislike carrying out orders	C	2.89	.298	NS	3.03	.099	NS
	E <sub>1</sub>	2.97			3.06		
	E <sub>2</sub>	2.95			3.03		

CODE: NS = Not Significant  
 xx = p<.05  
 xxx = p<.001

C = Control group  
 E Experimental Group 1  
 E<sub>1</sub> Experimental Group 2  
 E<sub>2</sub>

N = 255  
 N = 457  
 N = 1,097

TABLE 31  
t-test on Attitude Scores from Before to After the Programmes for each group.

Items	CONTROL GROUP N = 255			EXP. GROUP 1 N = 457			EXP. GROUP 2 N = 1097		
	$\bar{X}$ Before	$\bar{X}$ After	Sign	$\bar{X}$ Before	$\bar{X}$ After	Sign	$\bar{X}$ Before	$\bar{X}$ After	Sign
1. Dislike Responsibility	2.94	2.97	NS	2.74	2.92	xx	2.75	2.94	xxx
2. Routine and boring	2.49	3.10	xxx	2.29	3.18	xxx	2.19	3.27	xxx
3. Like the discipline	3.62	4.06	xxx	3.56	4.19	xxx	3.57	4.25	xxx
4. Dislike irregular working hours	3.15	2.39 (Neg)	xx	2.89	3.05	xx	2.93	3.06	xx
5. There are better jobs	2.76	2.67 (Neg)	NS	2.76	2.81	NS	2.79	2.92	xx
6. Ideal job for Life	3.69	3.49 (Neg)	xx	3.69	3.69	NS	3.78	3.87	xx
7. Dislike certain aspects	2.95	2.93 (Neg)	NS	2.93	2.98	NS	2.98	3.08	xx
8. Dislike carrying out orders	2.89	3.04	NS	2.97	3.06	NS	2.95	3.03	NS
9. Like the uniform	4.15	3.96 (Neg)	xx	4.20	4.13 (Neg)	NS	4.19	4.25	NS
10. Advantages several	4.05	3.95 (Neg)	NS	4.13	3.99 (Neg)	xx	4.18	4.16 (Neg)	NS

CODE: NS = Not Significant  
Neg. = Negative Shift  
xx = p<.05  
xxx = 0<.001

NOTE: Negative statements recoded so that larger number more favourable.

## 2. Information about Nursing - Individual Items

The score for each individual information item could be either correct or not correct. Therefore, each subject could have a score of 1 or 0 on that specific item. The larger the score shown on the tables means that more subjects had a correct score on that specific item for the group specified.

- a) One-way Analysis of Variance on Information "correct" scores for each item by the 3 groups:

Table 32 page 462 presents the results of the analysis above, both before and after the programmes.

### Before the Programmes:

As the table shows, almost all the information correct scores before the programmes showed no significant differences between the three groups. Only one out of the nine items showed a significant difference at the  $p < .05$  level; item 8.

### After the Programmes:

Almost all the information correct scores after the programmes showed a significant difference between the three groups and in the hypothesized direction. Only item 9 showed a non-significant difference.

### Summary:

Our hypothesis stands for almost all the items of the information scale: while almost all the items showed non-significant differences between the groups before the programmes, almost all of them showed significant differences between the groups after the programmes.

This analysis brings to light another vital point. If it is recalled, the combination of correct information scores before the programmes, as presented in Table 26 showed a slight

significant difference between the control and experimental groups "before" the programmes. The slight differences found in the combination of information scores could be due to the fact that besides item 8, items 4 and 10 were just below significance at the  $p < .05$  level.

Therefore, the results from this analysis do suggest that when we discuss comparability between the three groups on the information scores "before" the programmes, we can safely state that the scores of the subjects in the Experimental and Control groups do NOT differ significantly to create a bias.

- b) t-test on information correct scores for each item from before to after the programmes for each group individually.

Table 33 page 463 presents the results of the analysis above.

As the table shows, there were more items with a significant increase in information from before to after the programmes in experimental group 2 (6 items) as compared to the control group (4 items). Besides, while there was only one item with a negative shift in Experimental Group 2, there were 3 in the Control. Experimental Group one had less significantly correct items than Experimental Group two, but more than the control group, as hypothesized.

Moreover, a look at the size of the differences does show that the increase was larger in  $E_2$  than  $E_1$  and C.

Therefore, it can be concluded that the television programmes must have helped to create this information gain.

The same analyses were carried out on the information "don't know" scores, with the assumption that the subjects who saw the television programmes should show a significant decrease in the number of "don't know" scores after the television programmes as compared with the Control Group.

The results generally showed that, when comparing Experimental Group 2 with the Control Group, our hypothesis stands. However, the situation was not so clear-cut for Experimental Group One.

TABLE 32

One-way Analysis of Variance comparing the three groups  
Information Correct Scores Before and After the Programmes

ITEMS		B E F O R E			A F T E R		
		$\bar{X}$	F ratio	Sign	$\bar{X}$	F ratio	Sign
1. Certificate for practical nurse	C	.50	.2220	NS	.62	8.616	xxx
	E <sub>1</sub>	.50			.67		
	E <sub>2</sub>	.49			.73		
2. Years of training practical nurse	C	.31	2.2922	NS	.32	9.1566	xxx
	E <sub>1</sub>	.28			.37		
	E <sub>2</sub>	.34			.45		
3. Years of training general nurse	C	.50	1.6562	NS	.41	8.4326	xxx
	E <sub>1</sub>	.51			.53		
	E <sub>2</sub>	.55			.55		
4. Stipend for general nurse	C	.41	2.6111	NS	.34	10.4498	xxx
	E <sub>1</sub>	.48			.45		
	E <sub>2</sub>	.48			.49		
5. Transport Facilities	C	.50	.7322	NS	.67	4.7753	xx
	E <sub>1</sub>	.53			.71		
	E <sub>2</sub>	.52			.76		
6. Certificate for general nurse	C	.44	.2231	NS	.58	3.9889	xx
	E <sub>1</sub>	.46			.57		
	E <sub>2</sub>	.44			.64		
7. Vacation length	C	.58	1.9547	NS	.61	4.9924	xx
	E <sub>1</sub>	.64			.63		
	E <sub>2</sub>	.64			.70		
8. Stipend for practical nurse	C	.44	4.1625	xx	.53	4.8195	xx
	E <sub>1</sub>	.51			.58		
	E <sub>2</sub>	.54			.63		
9. Number of working hours	C	.31	2.8197	NS	.23	1.6628	NS
	E <sub>1</sub>	.32			.28		
	E <sub>2</sub>	.37			.25		

NS = Not Significant  
xx = p<.05  
xxx = p<.001

CODE: C = Control Group N = 266  
E<sub>1</sub> = Experimental group 1 N = 468  
E<sub>2</sub> = Experimental group 2 N = 1127

TABLE 33  
t-test on Correct Information on Scores from Before to After the Programmes for each group

Item	CONTROL GROUP N = 266			EXP. GROUP 1 N = 468			EXP. GROUP 2 N = 1127		
	$\bar{x}$ Before	$\bar{x}$ After	Sign	$\bar{x}$ Before	$\bar{x}$ After	Sign	$\bar{x}$ Before	$\bar{x}$ After	Sign
1. Years of Training practical Nurse	.31	.32	NS	.28	.37	xx	.34	.45	xxx
2. Stipend practical nurse	.44	.53	xx	.51	.58	xx	.54	.63	xxx
3. Certificate for practical Nurse	.50	.62	xxx	.50	.67	xxx	.49	.73	xxx
4. Certificate for general Nurse	.44	.58	xxx	.46	.57	xxx	.44	.64	xxx
5. Transportation facilities	.50	.67	xxx	.53	.71	xxx	.52	.76	xxx
6. Vacation length	.58	.61	NS	.64	.63 (Neg)	NS	.64	.70	xxx
7. Stipend General Nurse	.41	.34 (Neg)	NS	.48	.45 (Neg)	NS	.48	.49	NS
8. Years of training General Nurse	.50	.41 (Neg)	xx	.51	.53	NS	.55	.55	NS
9. Number of working hours	.31	.23 (Neg)	xx	.32	.28 (Neg)	NS	.37	.25 (Neg)	xxx

NS = Not Significant (Neg) = negative shift xx = p < .05 xxx = p < .001

TABLE 33  
t-test on Correct Information on Scores from Before to After the Programmes for each group

Item	CONTROL GROUP N = 266			EXP. GROUP 1 N = 468			EXP. GROUP 2 N = 1127		
	$\bar{x}$ Before	$\bar{x}$ After	Sign	$\bar{x}$ Before	$\bar{x}$ After	Sign	$\bar{x}$ Before	$\bar{x}$ After	Sign
1. Years of Training practical Nurse	.31	.32	NS	.28	.37	xx	.34	.45	xxx
2. Stipend practical nurse	.44	.53	xx	.51	.58	xx	.54	.63	xxx
3. Certificate for practical Nurse	.50	.62	xxx	.50	.67	xxx	.49	.73	xxx
4. Certificate for general Nurse	.44	.58	xxx	.46	.57	xxx	.44	.64	xxx
5. Transportation facilities	.50	.67	xxx	.53	.71	xxx	.52	.76	xxx
6. Vacation length	.58	.61	NS	.64	.63 (Neg)	NS	.64	.70	xxx
7. Stipend General Nurse	.41	.34 (Neg)	NS	.48	.45 (Neg)	NS	.48	.49	NS
8. Years of training General Nurse	.50	.41 (Neg)	xx	.51	.53	NS	.55	.55	NS
9. Number of working hours	.31	.23 (Neg)	xx	.32	.28 (Neg)	NS	.37	.25 (Neg)	xxx

NS = Not Significant (Neg) = negative shift xx = p < .05 xxx = p < .001

### 3. Image of Nursing - Individual Items

The score presented in the tables is the score on a three-point scale (recorded so that the larger the number, the more favourable the image). The means calculated are those of the scores of all the subjects on that specific item for the group specified.

Two items, 8 and 9, which are not part of the social image factor (see page 416) were included in this analysis as individual items.

The image that nursing requires a good academic qualification and involves difficult training were both included in the themes of the television programmes. This analysis would show us how the subjects responded to those items before and after the programmes.

- a) One-way Analysis of Variance on image scores for each item by the three groups.

Table 34 page 467 presents the results of the analysis above both before and after the programmes.

Before the programmes:

As the table shows, the scores on 6 out of the 9 items showed non-significant differences between the groups, as hypothesized, items: 1, 2, 3 and 5, 8 and 9.

However, 3 items did show significant differences, items: 4, 6 and 7 - but all at the  $p < .05$  level.

After the programmes:

The image scores on 5 out of the 9 items showed significant differences between the groups, as hypothesized. Items 1 and 7,  $p < .001$ , while items 2, 3 and 8 at the  $p < .05$  level.

However, 4 items did show a shift which is not strictly in the direction hypothesized, but they were all non-significant.

Summary:

While it can be said that the majority of items of the image scale held to our hypothesis, the results here are not as consistent as the ones for the attitude and information scales, especially when comparing Experimental Groups 1 and 2.

Still, it has to be noted (as for the information scale) that while the analysis of the image pre-programme scores as presented in Table 26 showed a significant difference between the three groups, the individual item analysis here shows that this slight bias is due to only 3 out of the 7 items of the social image factor.

- b) t-test on image scores for each item from before to after the programmes for each group individually.

Table 35 page 468 presents the results for the analysis above.

As the table shows, the results of the individual items of this scale are not as clear-cut as the previous two. Although the same number of items show a positive shift in ALL the groups (6 out of 9), it can be said that the differences from before to after the programmes are larger in the items of Experimental Group 2 than the control group. Where there is a non-significant shift in Experimental group 2, items 5 and 6, it can be seen that the image score for that group was comparatively high to start with. Again, the negative shift in item 7 can be attributed to the high pre-score. The same reasoning applies to the negative shift on items 5 and 7 of Experimental Group 1.

**Summary:**

Although our hypothesis does not seem to hold for the individual items of this scale, it can be said that Experimental Group 2 does seem to show larger differences than the control group. However, Experimental Group 1 does not show consistent results on this scale.

**Conclusion:**

The results of this analysis seem to be consistent with the results on the general overall impact, as described in Section B. However, two points were further clarified.

- a) The pre-programme scores of the information items and to a lesser extent the image items can be considered comparable before the programmes (this was not clear in Section B).
- b) The experimental group one especially in the image scale items, does not show a consistent trend as on the attitude and information scale items.

As it was explained in the section on theme development, all the information items, attitude and image statements, were discussed in the television programmes, either through the story-line or in the final interview. This analysis on individual items does show that, in general, the subjects of Experimental Group 2 did show a shift in the direction desired after the programmes on the majority of the items of the scales. Where there was no shift, it was usually due to the highly favourable score of the same subjects on that item before the television programmes.



TABLE 35

t-test on Image Score from before to after the Programmes for each group

ITEM	CONTROL GROUP N = 268		EXP. GROUP 1 N = 472		EXP. GROUP 2 N = 1160		Sign
	$\bar{X}$ Before	$\bar{X}$ After	$\bar{X}$ Before	$\bar{X}$ After	$\bar{X}$ Before	$\bar{X}$ After	
1. Choosers are dedicated	2.35	2.38	2.39	2.52	2.33	2.50	xxx
2. Opportunity for socializing	2.64	2.75	2.68	2.75	2.67	2.85	xxx
3. Good career mobility	2.11	2.48	2.07	2.50	2.10	2.59	xxx
4. Socially presitious	2.34	2.67	2.45	2.61	2.36	2.63	xxx
5. Helps achieve independence	2.70	2.75	2.81	2.74 (Neg)	2.77	2.79	NS
6. Not a stepstone to marriage	2.49	2.71	2.64	2.68	2.65	2.67	NS
7. Secure and sheltered	2.52	2.23 (Neg)	2.61	2.38 (Neg)	2.65	2.50 (Neg)	xxx
8. Requires good academic qualifications	2.21	2.46	2.22	2.60	2.24	2.59	xxx
9. Involves difficult training	2.05	2.35	2.07	2.46	2.04	2.40	xxx

NS = Not significant, (Neg) = negative shift, xx = p<.05, xxx = p<.001  
 NOTE: items 1 and 6 recoded to make results comparable.

### E. COMPARABILITY STUDIES

Demonstrating comparability between experimental and control groups on related variables.

Besides using the initial standing on the dependent variables as a way of checking for comparability among the groups (as discussed in Section B) the other way was to find out how the three groups compared in relation to a number of relevant variables. Those "relevant variables" were selected on the assumption that they might be related to the dependent variables, especially "attitude change" in this context. They involved basically two categories:

i. Demographic Variables

Variables which, on the basis of previous research found in the psychological and sociological literature were expected to have differential effects on attitude change. Those variables include demographic characteristics of the audience under study, such as age; school class; socio-economic status; intelligence (here school performance records); residential areas, etc.

ii. Variables which were expected in this study to be related to change in the dependent variables. These cover several categories:

(a) Media and topic related variables:

Have t.v. at home;

Have relative in nursing;

Have friend in nursing;

Medical resistances scale (personality inventory);

Cultural resistance (attitude to womens' role and work);

## (b) Other home-related variables

"Home Atmosphere":-

Father living at home

Number of brothers and sisters

Older brothers and sisters

Whether mother works

Type of father's job

It was assumed that the difference in family atmosphere might affect viewing habits.

Two tests of significance were chosen to find out the relative comparability among the groups.

The first test examined the comparability of the variables across the three groups without considering their relationship to change on the dependent variables (Cross-tabulation Analysis).

The second test assessed the relationship of the above variables to change in the dependent variables (Pearson Correlation).

1) Cross-tabulation Analysis

To find out, in general, whether the levels of each of the variables suggested are related to selective viewing, the frequencies of subjects in each group for each level were drawn up. The raw-chi square was calculated to show us whether the levels of the variables are independent or related to viewing.

## i) Demographic Variables:

A cross-tabulation of age, school class, socio-economic status, school performance, residential area, was drawn up. Table 36 presented the results. (see p. 473)

The table presents the percentage of subjects in each group for each of the levels of the demographic variables measured. The table shows that there is a significant difference across the groups for each of the age levels with more of the younger group in Experimental Group 2. There is also a significant difference across the groups for the school class levels, with a smaller percentage of secondary pupils in Experimental Group 2.

It can be argued that viewing is related to age in that the younger pupils are heavier viewers of television and that the lower school level (probably having more leisure time) watched more of the programmes.

While these findings are true, they have not been considered as a major bias to the results for the following reasons:

1. A breakdown of the mean age of the pupils in each group (Control, Experimental 1 and Experimental 2) showed that the real differences in age across the groups is really a matter of months and not years.

Code	1	2	3	4	5	6	7	8	9	10
age in years	below 13 yrs.	13	14	15	16	17	18	19	20	above 20

Mean code age of control group = 4.1  
 Experimental group 1 = 4.1  
 Experimental group 2 = 3.7

2. Although the intermediate class pupils watched more television programmes as compared to the secondary class, the actual age range of the intermediate class is 13 - 18 years with almost half the pupils 15 years of age and above.

The table shows that there existed no difference across the groups in relation to school performance.

There is a slight difference across the groups in relation to socio-economic status and residential area, with a larger percentage of subjects below middle and in non-town areas in the Control Group.

As it will be seen in the following tables, this could be related to not having a television set at home, and therefore not viewing.

ii) Other related variables:

Tables 37, 38 & 39\* show that no significant relationship can be found between viewing and any of the variables related to home atmosphere, topic-related variables, medical resistances and cultural resistances scales. (As the latter scales represent interval data, it was found more appropriate to do a Breakdown Analysis with an F-test of significance, instead of a cross-tabulation which is more appropriate to nominal data).

A relationship has been found between having a television set at home and not viewing which was expected. Moreover, only one other variable, "whether the father works", showed a relationship to viewing.

A closer look at the data shows us that this might be related to being poor (maybe retarded) and possibly not having a television set at home.

Unfortunately, we did not include a specific question enquiring why the father does not work, so it was not possible to follow this finding further.

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\* pages 474 and 475.

TABLE 36.  
Cross-tabulation of Demographic Variables by the 3 Groups

DEM. VARS.		Control	Exp. 1	Exp. 2	$\chi^2$	SIGN
Vars.	Level	%	%	%		
Age	15.9 and below	13	21	66	41.4 (2df)	xxx
	16 and above	17	32	51		
Class	Intermediate	13	23	64	48.2 (2df)	xxx
	Secondary	21	36	43		
Socio-Econ Status	Above middle	12	27	61	10.4 (4df)	xx
	middle	13	24	63		
	Below middle	19	24	57		
School Performance	Excellent	12	22	66	6.5 (8df)	NS
	Very Good	14	26	60		
	Good	14	25	61		
	Fair	14	25	61		
	Weak	18	27	55		
Residential Area	Town	13	25	62	3.7 (2df)	xx
	Non-town	16	23	61		

Code : xxx =  $p < .001$   
 xx =  $p < .05$   
 NS = Not Significant

NOTE:

As the numbers of subjects differ for each variable level and each group, they have not been included in Tables 36, 37 and 38. The numbers for those variables can be found in Appendices A & B.

**TABLE 37**  
**Cross-tabulation of Media and Home Atmosphere Variables**  
**by Three Groups**

(Code: NS = Not Significant, xx =  $p < .05$ )

VARIABLE	LEVEL	C %	E <sub>1</sub> %	E <sub>2</sub> %	X <sup>2</sup>	SIGN
<b>HOME ATMOSPHERE</b>						
No. of Brothers	3 or less	14	23	63	4.9	NS
	4 or more	15	27	58	(2df)	
No. of Sisters	3 or less	14	23	63	2.9	NS
	4 or more	15	26	59	(2df)	
Older Brothers	Yes	14	26	60	4.8	NS
	No	13	22	65	(2df)	
Older Sisters	Yes	14	26	60	4.3	NS
	No	14	22	64	(2df)	
Father living at Home	Yes	13	25	62	5.4	NS
	No	19	24	57	(2df)	
Mother works	Yes	14	22	64	.58	NS
	No	14	25	62	(2df)	
Father works	Yes	13	25	62	8.5	xx
	No	20	22	58	(2df)	
<b>FATHERS JOB</b>						
Prof. Gr. 1 & Admin.		15	25	60		
Prof. Gr. 2 & Services		10	25	65		
Commercial		16	29	56	13.1	NS
Skilled		12	28	60	(10df)	
Semi-skilled		13	23	64		
Unskilled		15	18	67		

**TABLE 38**  
Crosstabulation of Topic (Nursing) related variables by  
the three groups

Variable	Level	C Z	E <sub>1</sub> Z	E <sub>2</sub> Z	X <sup>2</sup>	Sign
<b>Media:</b>						
Have t.v. at home	Yes	13	25	62	12.6 (2df)	xx
	No	28	18	54		
Have friends in Nursing	Yes	13	26	61	1.00 (2df)	NS
	No	14	24	62		
Have relatives in Nursing	Yes	14	25	61	.26 (2df)	NS
	No	13	25	62		

**TABLE 39**  
Breakdown of Medical and Cultural Resistances Scales by  
the three groups

Scales	C $\bar{X}$	E <sub>1</sub> $\bar{X}$	E <sub>2</sub> $\bar{X}$	F-test	Sign
Medical Resistances Scale	9.6	9.5	9.4	1.75	NS
<b>Cultural Resistances:-</b>					
Progressiveness Factor	17.0	17.1	17.2	.66	NS
Traditionalism Factor	21.0	20.8	20.7	1.06	NS
N =	308	534	1289	-	-

NS = Not Significant

xx = p&lt;.05

## SUMMARY

Therefore, out of the demographic and other variables of relevance, it was found that only four demographic variables were related to "viewing" the television programmes or not, i.e. the experimental and control groups.

They were:

1. Age
2. Class
3. Socio-economic Status
4. Residential Area.

2) Pearson Product Moment Correlation

The next step was to find out whether any of those demographic variables were related to the "change" in the dependent variables: attitude, image and information.

Pearson product-moment correlation analysis was applied on each of the dependent variable scales and the demographic variables. No significant relationships were found between the demographic variables and the dependent variable scales. In fact, the coefficients were too low to be of any significance. As an example, Table 40 presents the correlation analysis of the attitude disadvantages change scores and the demographic variables.

The correlation analysis was also applied to the raw pre-programme scores of the dependent variables and the demographic variables. Again, coefficients were too low to be of any significance.

TABLE 40  
Pearson Correlation of Demographic Variables with change  
in Attitude (Disadvantages) for each group.

Group	Age	Class	Socio- Econ	School Perf.	Residen- tial
Control (N = 255)	-.0491	.0850	-.0640	.1061	-.0756
Exp. 1 (N = 457)	.0166	.0388	-.0259	.0602	.0191
Exp. 2 (N = 1097)	-.0321	.0117	-.0676	-.0857	-.0104

#### FURTHER ANALYSES TO CHECK UP COMPARABILITY

##### Breakdown Analysis

Another argument that could be put forward regarding comparability is that the actual differences between the experimental and control groups might be found in the scores of the subjects "before" the programmes at each level of the demographic variables. For example, it might be argued that the attitude of the younger age group differed from the older age group before the programmes across the control and experimental groups.

To check this, a Breakdown Analysis was carried out on the raw pre-programme initial scores of the pupils across the groups. However, this was done separately on two age levels, two class levels, three levels of socio-economic status, five levels of school performance, two levels of residential area.

The results showed no significant differences of importance in the initial scores of the subjects across the groups.

As an example, the results of the Breakdown Analysis on the two age levels are presented in Table 41 .

TABLE 41  
Breakdown of Pre-scores on Dependent Variables by Age  
across the three groups.

Scales	Groups	A G E					
		15.9 years & below			16 years & above		
		$\bar{x}$	F ratio	Sign	$\bar{x}$	F ratio	Sign
Information	C	1.90			2.17		
	E <sub>1</sub>	2.14	.6069	NS	2.15	.1150	NS
	E <sub>2</sub>	2.20			2.23		
Image	C	17.14			17.23	.8989	NS
	E <sub>1</sub>	17.52	1.8879	NS	17.59		
	E <sub>2</sub>	17.48			17.50		
Attitude Advantage	C	15.35	.0513	NS	15.25	2.1356	NS
	E <sub>1</sub>	15.41			15.33		
	E <sub>2</sub>	15.43			15.75		
Attitude Disadvantages	C	17.09	1.5686	NS	17.36	.9856	NS
	E <sub>1</sub>	16.61			16.80		
	E <sub>2</sub>	16.58			16.98		
No. of Subjects	C	165			109		
	E <sub>1</sub>	281			199		
	E <sub>2</sub>	868			319		

#### Regression Analysis

To find out whether any of those demographic and other variables of relevance added significantly to the variance of the change scores of dependent variable scales, several multiple regression analyses were done.

Two strategies were carried out. Dummy variables were created

from the experimental conditions, then:

- a) the experimental conditions were entered at the first step in the regression equation. The rest of the variables were added at the following steps to find whether they added significantly to the variance,  $R^2$ . It was assumed that they would not do so.
- b) The variables were entered at the preliminary steps of the regression equation. The experimental conditions were entered at the final steps to see whether they added significantly to the variance,  $R^2$ . It was assumed that they would.

This was done on the change scores of all the dependent variables: attitude advantages and disadvantages, image and information.

The first thing noted was that the correlation coefficients of the chosen variables with the "change scores" of the dependent variables were very low (as was found in the previous section).

There was one "consistent" feature in all the analyses. The experimental groups always accounted for the largest proportion of the variance, whether entered at the first steps of the regression equation or the last steps. This applied to all the dependent variables, so the assumptions made were correct.

It can be said that viewing the television programmes accounted for the largest proportion of the variance over and above all the other measured variables. However, it has to be noted that although the above assumption can be considered true, the total variance accounted for by all the variables chosen to be included, plus the experimental conditions, was very small.

As an example, Table 42 presents the results of the multiple regression analysis on the change scores of the attitude advantages scale.

TABLE 42  
Multiple Regression Analysis of Attitude Advantages Scale, Change Score and the Relevant Variables.

STEP	VARIABLE ENTERED	F TO ENTER OR REMOVE	SIGN	MULTIPLE R	R SQUARE	R SQUARE CHANGE	SIMPLE R	OVERALL F	SIGN
STEP 1	1. Ex. Group 2	16.92194	.000	.09632	.00928	.00928	.09632	16.92194	.000
	2. Ex. Group 1	4.33107	.038	.10793	.01165	.00237	-.03581	10.64210	.000
STEP 2	3. Traditionalism Scale	8.45850	.004	.12751	.01626	.00461	.06354	9.94353	.000
	4. Residential Area	5.27990	.022	.13831	.01913	.00287	-.05231	8.79531	.000
	5. Class	2.69949	.101	.14351	.01060	.00147	-.03890	7.58277	.000
	6. Whether Father works	2.15836	.142	.14754	.02177	.00117	-.04134	6.68276	.000
	7. Progressiveness Scale	1.17238	.279	.14968	.02240	.00064	-.01871	5.89611	.000
	8. Have friend in Nursing	.80725	.369	.15113	.02284	.00044	.01446	5.25945	.000
	9. School performance	.19172	.662	.15148	.02295	.00010	-.02363	4.69427	.000
	10. Have t.v. at home	.23331	.629	.15190	.02307	.00013	.00397	4.24638	.000
	11. Socio-Economic Status	.10835	.742	.15209	.02313	.00006	-.02586	3.86828	.000
	12. Age	.06434	.800	.15220	.02317	.00003	-.02764	3.54944	.000
	13. Medical Resistances Scale	.04278	.836	.15228	.02319	.00002	.00721	3.27795	.000
	14. Have relative in Nursing	.02462	.875	.15232	.02320	.00001	-.00056	3.04391	.000

#### F. PREDICTIVE ANALYSIS

##### a) A study of the relationship of the dependent variables with other predictor variables.

The results from the previous sections strongly suggest that the television programmes must have had some impact as reflected in the changes in the attitudes, image and information of the subjects who watched them. While the tests of relationship showed no specific independent variable that could be related to this change, it was still decided to find out once more whether any of the independent variables measured (demographic and other relevant variables) could best predict this change.

As the experimental group two (who saw two or three programmes) showed the largest amount of change, it was decided to run a multiple regression analysis on the attitude change scores of this group as the dependent variable, and see which of the independent variables chosen accounted for the largest proportion of the variance.

The independent variables which were chosen to be entered into the regression equation were basically the same ones described earlier: the demographic variables of age, socio-economic status, etc., and the media and topic related variables like having a friend or relative in nursing, having a television set, cultural resistances scales, etc. Moreover, from the pool of questions administered to the pupils during the course of the study, it was thought interesting to include some other questions assumed to be predictors of change. These were an academic confidence (anxiety) scale, and Inkles and Smith's (1974) mini-modernity scale items.

The academic confidence (anxiety) scale was made up of six items measured in the personality inventory (questionnaire): "Does it bother you?". These items were used, together with other items, to bury the medical resistances items in that questionnaire. (See Appendices E and N for the general frequencies and card layout of these items). When all the items of this questionnaire were factor analysed, these six items fell into one factor with an eigenvalue of 1.74. Their loadings in descending order of magnitude were:

"not being able to concentrate"	(.59)
"having no self confidence"	(.44)
"being unpractical"	(.35)
"my schoolwork is bad"	(.34)
"not being able to complete work started"	(.34)
and "being scolded by the teacher"	(.34)

The responses on these items were added for each subject and entered as one score.

Inkles and Smith's mini-modernity scale items were entered as separate items but in one step in the regression equation. The items were:

qualifications required for an important job;  
vital aspects for national development;  
attitude to contraceptives;  
tolerance of foreign habits;  
type of news enjoyed.

(See appendices F and P for the general frequencies and card layout of these items.)

As it was found in the previous section, the variances were low. However, one consistent feature that showed up

was that the cultural resistances scales, the traditionalism and progressiveness scales accounted for the largest proportion of the variance. This happened whether all the variables were entered in one step and no specific sequence was asked for, and when blocking in relation to temporal sequence (from childhood to adulthood) was requested. The variance accounted for by those two scales was significant, but this could be due to the large number of respondents.

Although it can be said that the cultural resistances scales account for the largest proportion of the variance in relation to the attitude "change scores", and at least in this study can be considered as the best predictors of change, care has to be taken when making psychological inference because the total amount of variance accounted for is low.

Not being able to predict "change" from any of the variables measured, another attempt was made to find out whether we can predict the position of the subjects' attitude before the programme (raw "initial" attitude scores) from the independent variables measured.

The results showed exactly the same feature as the analysis above. The cultural resistances scale accounted for the largest proportion of the variance, but again the total amount of variance accounted for was quite low.

Tables 43 and 44 present the results of the multiple regression analysis of change in attitude, and initial attitude (of Experimental Group 2) with the independent variables.

TABLE 43  
Multiple Regression Analysis of Attitude Advantages Change Score with Independent Variables.

STEP	VARIABLE ENTERED	F TO ENTER OR REMOVE	SIGN	MULTIPLE R	R SQUARE	R SQUARE CHANGE	SIMPLE R	OVER- ALL F	SIGN
1.	Socio-Economic Status	.00184	.966	.00130	.00000	.00000	-.00130	.00184	.966
2.	Whether Father works	1.02427	.312	.03061	.00094	.00094	-.03034	.51306	.599
3.	Residential Area	1.79698	.180	.05076	.00258	.00164	-.04113	.94128	.420
4.	School Performance	.50979	.475	.05516	.00304	.00047	-.02193	.83309	.504
5.	Class	3.65568	.056	.07982	.00637	.00333	-.05797	1.39923	.222
6.	Age	1.26716	.261	.08675	.00753	.00115	-.04257	1.37750	.221
7.	Academic Anxiety Scale	.00489	.944	.08678	.00753	.00000	-.00893	1.18034	.311
8.	Traditionalism Scale	4.70048	.030	.10862	.01180	.00427	.06699	1.62386	.114
9.	Progressiveness Scale	2.05577	.152	.11690	.01366	.00187	-.03430	1.67326	.091
10	Modernity Scale Items	.15638	.693	.11740	.01378	.00012	-.01293	1.17379	.290
		.85492	.355	.12039	.01449	.00071	.03266		
		.15715	.692	.12078	.01459	.00010	-.01793		
		.29367	.588	.12201	.01489	.00030	.00870		
		.08087	.776	.12231	.01496	.00007	-.00246		
11	Medical Resistances Scale	.42213	.516	.12387	.01534	.00038	-.01134	1.12309	.330
12	Have a relative in Nursing	.80189	.371	.12679	.01608	.00073	.02109	1.10283	.347
13	Have a friend in Nursing	.20767	.649	.12753	.01626	.00019	.01620	1.04941	.401
14	Have a t.v. or not	.00348	.953	.12755	.01627	.00000	-.00111	.99039	.468

TABLE 44  
Multiple Regression Analysis of Attitude Advantage Initial Score with Independent Variables.

STEP	VARIABLE ENTERED	F TO ENTER OR REMOVE	SIGN	MULTIPLE R	R SQUARE	R SQUARE CHANGE	SIMPLE R	OVER-ALL F	SIGN
1.	Socio Economic Status	.09452	.759	.00929	.00009	.00009	-.00929	.09452	.759
2.	Whether Father works	6.68744	.010	.07850	.00616	.00608	.07511	3.39123	.034
3.	Residential Area	.06153	.804	.07885	.00622	.00006	.00866	2.27939	.078
4.	School Performance	0.23112	.631	.08017	.00643	.00021	-.01161	1.76612	.133
5.	Class	.16205	.687	.08109	.00658	.00015	.00943	1.44422	.206
6.	Age	6.20752	.013	.11046	.01220	.00563	.07135	2.24385	.037
7.	Academic Anxiety Scale	3.79656	.052	.12503	.01563	.00343	-.05591	2.47060	.016
8.	Traditionalism Scale	13.68609	.000	.16692	.02786	.01223	-.09755	3.89772	.000
9.	Progressiveness Scale	33.76098	.000	.23905	.05715	.02928	.16886	7.32018	.000
10	Modernity Scale Items	1.37304	.242	.24138	.05827	.00112	-.03788	5.08271	.000
		1.69234	.194	.24414	.05960	.00134	-.05650		
		.33395	.563	.24522	.06013	.00053	-.02158		
		.00186	.966	.24524	.06014	.00001	-.00740		
		1.80639	.179	.24841	.06171	.00157	-.03590		
11	Medical Resistances Scale	.77645	.378	.24976	.06238	.00067	.00140	4.79465	.000
12	Have a relative in Nursing	3.11902	.078	.25111	.06508	.00270	-.04918	4.69873	.000
13	Have a friend in Nursing	1.16907	.280	.25708	.06609	.00101	-.03246	4.49180	.000
14	Have a t.v. or not	.68296	.409	.25823	.06668	.00059	.03024	4.27895	.000

b) A study of the relationship of choosing to become a nurse with other predictor variables.

As explained in Chapter VIII Section G, the variables chosen for testing in this study were not only general statements, but questions pertinent to liking or not liking to become a nurse. Therefore, the next step was to find out whether we can discriminate between a nurse and a non-nurse by the questions measured in these questionnaires.

It was decided to carry out a Discriminant Function Analysis on some variables that were thought to discriminate between someone who would choose nursing and one who would not. The variables that were thought relevant were:

the subjects' position on the dependent variable scales, attitude, information and image of nursing;

the demographic variables;

the media and topic related variables, cultural and medical resistances scales, etc;

academic confidence (anxiety) scale and the rank ordering of a nurse in relation to social prestige;

plus other variables measured in the "School and Work" questionnaire that were thought to be of relevance.

This included items such as whether the subject liked an intellectual or practical job; adventure or security in a job; a job that required being well dressed or not;

whether she preferred to go to College after school, or to get a job immediately; whether she would still work after marriage. Other items questioned whether she liked school, her relationship with the teacher, whether she liked health science subjects and television programmes on this topic.

The dependent variable in the Discriminate Function Analysis was whether the respondent involved chose to become a nurse, or chose some other job category. To start with, the analysis was carried out on the group who chose to become nurses before the television programmes (N = 133), and those who chose to become lawyers (N = 113). It was thought that the lawyer's job would be an interesting one to start with in the discriminant analysis, as it is an intellectual job and as the percentage of subjects who chose it is close to those who chose nursing.

There are basically three points to look into in the analysis:

1. The percentage of subjects correctly classified.
2. The best predictor variables.
3. Cross-validation of the results.

This last point is not relevant in this study as we are dealing with the actual population of that year and not a sample. However, it would be interesting if some other study used these results to do a cross-validation study in another year and on a similar population.

The results of the analysis on comparing those who chose to become a nurse or a lawyer were as follows:

The %age of subjects correctly classified

	<u>N</u>	<u>Predicted</u>	
		<u>Nurse</u>	<u>Lawyer</u>
Nurse	133	79%	21%
Lawyer	113	19%	81%

Therefore 79.9% of cases were correctly classified.

The best predictor variables were:

<u>Variable</u>	<u>Standard Discriminant Function Co-efficient</u>
Choose college/job	.54
Academic confidence anxiety scale	.49
Dress well for work	.45
Socio-economic status	.32
Attitude Disadvantages	.28
Progressiveness Scale	.24
Residential area	.23

The means of this analysis showed us that, in general, the subjects who chose a nurse's versus a lawyer's job wanted to get a job immediately after school, were more academically self conscious, liked being smartly dressed for work, were lower on the socio-economic scale, had more favourable attitudes (disadvantages) to nursing, were less progressive in their outlook on womens' role than lawyers and more of them were non-town dwellers.

The same analysis was repeated on the subjects who chose nursing and those who said they "didn't know" (N = 150).

The percentage of subjects correctly classified (76%) was approximately the same as the one for nurse versus lawyer. However, some other predictor variables turned out to be relevant here. In descending order of magnitude, those who chose nursing versus those who said they "didn't know" had more friends in nursing, were slightly older, showed a more favourable attitude towards nursing (advantages), and more correct information, wanted to work after marriage and did not like school.

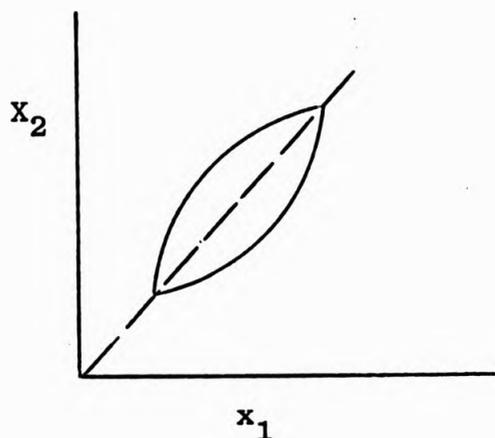
Comparing those who chose nursing after the television programmes (N = 128) and those who said they "won't work" (N = 282), the percentage of subjects correctly classified (74%) was again approximate to the comparisons above, but further predictor variables were identified. The pupils who chose nursing were academically weaker performers, a little more traditional, and liked a practical - not intellectual - type of job.

These are some of the examples of the characteristics (based on our measures) which best discriminate between a potential nurse and one who chooses another job. There are several comparisons that could be made and which could show other relevant predictor variables. If all possible comparisons are made and a note of the variables that consistently show is drawn up, we can have a set of variables to be used for cross-validation at a later stage. However, this is beyond the scope of this study.

Problem of "Change Scores"

Whenever "change scores" are used, one has to take into account the fallacy known as the "Regression Fallacy". In general, this means that "measures of characteristics are generally expected to regress towards the mean under certain measurement conditions." (Marascuilo, 1971). It has always been argued that the major problem in working directly with change scores is that they are open to this regression effect.

One way of avoiding this problem is a suggestion to use "residual change scores" instead of raw change scores. As is explained by Nunnally, "residual change scores consist of deviations of scores on a second occasion from those predicted by regression analysis from knowledge of scores on a first occasion." Thus in this figure drawn below, all the scores above the regression line would have positive residual change scores, and all those below the regression line would have negative residual change scores.



The argument goes on that the advantage of working with residual scores is that they overcome the regression effect which is definitely associated with absolute change scores ( $X_1 - X_2$ ). However, there are still a number of problems

with the residual scores themselves:-

- (a) Finding the best way to compute them is still under intense argumentation;
- (b) They have several other conceptual and psychometric problems.

Lord (1963); Cronbach and Furby (1970) and others have discussed those problems in detail, and have suggested several alternative formulæ for measuring change besides the traditional ones used. But there is no concurrent trend on the best formula to be used.

As the necessity for using "change scores" in this study was unavoidable, a lot of thought was given to the problem of whether to use them in their "absolute forms" or to calculate and use "residual scores", although the latter still have controversial problems surrounding them. A careful look at the available data showed that it is not absolutely necessary to calculate residual scores to overcome regression bias in this study.

What is usually found when dealing with change scores is that there is a negative correlation between the initial score of the subject on an item and the change score. In simple terms, this is usually due to the fact that, when the subjects choose an extreme score on a scale (like a five or a one on a five-point Likert scale) in their initial test, the possibility for them to move in the next test is only towards the middle of the scale, as opposed to the subject who initially chooses a middle score. This creates the bias of negative correlation. Although this applies mostly to single-item scales, for example (1 - 5), and less to multi-item scales, for example (5 - 25) or whatever, still it has to be considered.

The correlation coefficients of the raw initial attitude score and the change score for each item and individual were calculated. The results showed the predicted problem:

- (a) The correlation between the "change scores" and the initial score was negative;
- (b) There was a high correlation between the initial scores and the change scores. The mean was  $r = -.60$

There are basically two dangers related to those results:

1. The danger of this high correlation becomes relevant when one is trying to attribute "change" to other characteristics like age, socio-economic status, etc. Here, the fact that the change score is highly correlated with the initial score has to be taken into account. For example, the difference in "change scores" between two age or class groups might not necessarily be due to the independent variable (the television programme), but to the initial positions of those groups as well, as these are highly correlated with the change score.

In the case of the general effectiveness analysis, little evidence was found for this bias in this study, as the initial raw scores on all the relevant items did not differ greatly among the relevant groups, as it was shown in the comparability studies.

2. The danger associated with the negative correlation aspect of the regression was also considered not to be a major problem for this study. Researchers usually transfer their absolute change scores to residual change scores when their results on the effectiveness of the independent variable are found to be mushy and undecisive. The regression towards the mean fallacy makes the net result of the possible effectiveness of a campaign (for example) a rather conservative, if not negligible one, if not corrected. In the case of this study, even without correcting the absolute to residual change scores, the results in relation to the effectiveness of the campaign were in the majority of cases quite "clear cut."

Therefore, as the best formula to calculate "residual change" scores is still controversial, and as the data show that the initial raw means of the relevant group do not diverge greatly from each other, and as the results pointing to the effectiveness of the programmes (even without correction) are quite clear cut, it was decided not to get involved with the problem of working with residual change scores, but to stick to absolute change scores. However, it is important to keep in mind the limitations and biases discussed earlier.

CHAPTER XICONCLUSIONS, EVALUATION AND DISCUSSION

In this chapter we shall try to summarize and pull together the main findings of the study and discuss them, on the basis of the chapter-by-chapter findings already presented.

The question as to whether television can make intended changes in audiences' attitudes, information levels, intentions and (or) behaviour is as yet highly controversial, and there are particular problems associated with the impact of mass media campaigns on young people.

Part of the problem is in the nature of a methodological controversy. Field experiments in naturalistic settings tend to be poorly controlled, so it is difficult to be sure that any shifts observed can be reliably attributed to the impact of the television campaign, while, on the other hand, laboratory experiments may be better controlled but tend to be conducted in settings and with arrangements which are so artificial that it is difficult to know to what extent their findings can be generalized to the potential impact of television campaigns on the air.

One of the important findings of the present study is that it was entirely conducted in naturalistic settings and with subjects who were unaware of the objectives of the campaign, while at the same time special care was taken in the design of the study not only to make possible comparisons between those who had seen one or more of the campaign programmes and those who had not, but also to compare those who had seen a single programme with those who had seen more than one. Against this must be put the possible bias due to self-selection of each

audience, but, as we have seen in Chapter X Section E, there are virtually no indications of such a bias when comparing the three groups on a number of relevant pre-existing variables.

Another controversial aspect of the literature on the impact of television campaigns lies in the relevance of the contents and appeal qualities of the campaign itself to the existing attitudes, information levels, and motives of the audience. Many campaigns have failed through insufficient knowledge about the precise positions from which the audiences were asked to shift; others have failed through not taking into account the resistances to change present in the audience, while still others contained appeals which were insufficiently appropriate either to members of the target audience or to their significant others. In all these respects, earlier campaigns in Bahrain conducted with the same objectives had failed and it is partly because of our meticulous attention to the pre-existing positions, information levels, motives, attitudes, expectations and, above all, culturally-embedded resistances, that the present study has succeeded.

#### A. WHY DID THIS CAMPAIGN SUCCEED WHERE OTHERS HAVE FAILED?

The first point to note is that one of the important factors in determining the success of a mass media campaign is the "expectations" with which the study is approached.

As discussed in Chapter VI, mass media researchers nowadays do not approach a campaign with the notion of "the all-powerful media" in mind. It is an accepted fact that the media alone cannot "sweep people off their feet". The audiences of a mass media campaign are no longer considered as passive, motionless targets but as active participants in the total communication process. Several intervening variables have to be accounted for, when considering media effects. However, while some researchers regarded these intervening

variables as "obstacles" in the way of successful campaigns, others have concentrated on understanding them and accepting them as an integral part of any mass communication situation.

This study was approached with full awareness of the limitations of mass media capabilities. However, a lot of effort was made towards understanding and influencing the intervening variables, based on our own research findings and other guidelines available.

It is with these expectations in mind, with an outline of modest objectives, and with a delineation of specific elements of success (in their limited manifestations), that we can account for the outcome of this campaign.

The five literature survey chapters have carefully dealt with most aspects of mass communication effectiveness from the theoretical and the practical point of view. The review culminated in a step-by-step analysis of the possible reasons for the failures and successes of mass media campaigns. The summary sketch framework presented at the end of Chapter VI was preceded by a discussion of the elements and variables that are within the control of the designer of a media campaign, what strategies can be deduced from previous research, and what is still largely unknown in this field and needs further research. This analysis of persuasive mass media communications was used in a systematic manner for the design of this campaign and will be of practical use to anyone attempting to design a mass media campaign. If each of the elements discussed in the framework is considered carefully, the probability of the success of a campaign would be greatly enhanced.

Outline of Framework:

- I The Communication Situation and External Events.
- II Psychological Elements in the Audience:
  - ↳ Predispositions
  - ↳ Selectivity
- III Communications Elements:
  - A. Source
  - B. Message Content
- IV Channel/Message Presentation and Distribution
- V Chanel Mix
- VI Researcher-Broadcaster co-operation
- VII Methodological Elements.

(For the complete framework, see page 201)

Retracing our steps in dealing with the problem of this study, we shall present possible explanations for the success of the campaign:

1. A careful review and application of the literature in relation to the theories and strategies of attitude change and the intervening variables of a mass communication situation.
2. Application of the causes of the failures and successes of previous campaigns to a framework of intervening variables and problems that have to be dealt with; specification of what can be controlled by the communicator and what has to be deduced from previous research findings.
3. An elaborate pre-study of the target audiences. This involved:
  - a) An examination of the 'true' problem of the campaign and the audiences' positions in relation to the topic of the campaign;
  - b) A study of the audiences' mass communication

habits, uses of the media and their tastes and behaviour patterns;

c) An examination of the cultural values and beliefs and other variables that were thought to be relevant to theme development, in particular the resistances to be overcome.

4. Delineation of clear-cut and limited campaign objectives on the basis of the findings above and the choice of the most suitable theoretical and applied strategy to approach the target audiences to create the effect desired.
5. The development and careful selection of the themes of the campaign on the basis of the results of the pre-studies, using the framework designed for the study.
6. Continuous researcher-broadcaster co-operation in the making of the programmes. The broadcaster accepted the researcher's judgement of the audience involved and the theme development as well as the criticisms from the feedback after each programme. On the other hand, the researcher was fully dependent on the producer in conveying the message with artistic and creative skills and using innovative presentation formats.
7. The choice of a practical research design to measure and evaluate the effectiveness of the campaign.
8. Access to the schools for measurement, and the co-operation of all the Ministries involved.

## B. SUMMARY OF THE MAIN RESULTS

The results of this research showed that properly researched and appropriately designed persuasive television programmes (campaigns) are capable of enhancing information acquisition and modifying attitudes and behaviour, at least in our particular case.

A summary of the findings in relation to the set objectives of the study would seem to justify the above conclusion.

### 1. Attitude Change:

The attitude towards the nursing vocation for both the advantages and disadvantages factors (as measured by the items of our research instrument) showed a significant positive shift in the experimental groups and none in the control group from before to after the television programmes.

### 2. Information Level:

For items included in the programmes, there was a significantly larger increase in the information level of the experimental groups than the control group from before to after the television programmes.

### 3. Image Change:

The social image of the nursing vocation (as measured by the items of our research instrument) showed a larger and significant positive shift in the experimental group 2 than the control group from before to after the television programmes.

### 4. Behavioural Intention (intention to enrol in Nurse Training:

For experimental group 2 (those who saw two or more of the television programmes) there was a significant increase in the percentage of the pupils who declared that they intended to

join nursing (from 7% before the programmes to 11% after the programmes). There was a decrease in the percentage of the control group and no change in experimental group 1 (who saw one programme only)\*.

#### 5. Behaviour Change:

There was a larger percentage of female applicants to the nursing vocation for the campaign year as compared to the preceding year (see table 25).

In addition, officials of the Nursing School claimed that immediately after the campaign programmes ten pupils showed up in the school asking for application forms. It was also claimed that the applicants in the campaign year generally showed a higher academic ability than the previous years. Comparing the educational quality of the applicants of the campaign year with preceding years was one of the set objectives of the study; however, the records available were not sufficient to give objective comparative proof that the applicants of the campaign year were of better academic ability. Nevertheless, the officials of the school considered that their educational quality was better.

#### Changes in the Control Group

One of the important points to note when referring to these results is that the control group was not isolated from the other groups. Not watching any of the television programmes did not mean that no interaction might have occurred between the control group and the other groups at any time between the pre-tests and post-tests. Interaction regarding the campaign topic could have taken place at home (with family or relatives who might have seen the programmes), or in school with friends and (or) teachers. This interaction may have contributed to the slight change in the information level and image of the nursing vocation in the control group.

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\* The results for experimental group 1 will be discussed later.

This possibility for interaction between the control group and the experimental groups is relevant to studies carried out in complete naturalistic settings. In a laboratory situation, no change is expected to occur in the control group, as all the intervening variables are fully controlled. In a completely naturalistic setting the effectiveness of the programmes can only be measured as the change in the experimental groups over and above any changes in the control group (having checked the comparability of all the relevant characteristics of the groups concerned).

Although there was a slight change in the information level and image score of the control group, there was no change in their attitudes.

Some psychologists (see Emmett, 1965) have always argued that attitudes are very stubborn concepts, much more stubborn than they are believed to be; this might explain why we observed no change in them in subjects who did not see any of the television programmes.

#### The Impact of Several versus a Single Programme

One of the interesting findings of the study was that the effectiveness of the television programmes seemed to be related to the number of programmes seen. One 15-30 minutes' television programme seemed to produce inconsistent results. Some of the subjects who saw one programme shifted favourably, while others did not. However, when two or more programmes had been viewed, the results were consistent throughout, showing a definite and significant impact in the intended direction.

For simplifying the Analyses of the Main Results, we combined the respondents who saw 2-3 television programmes into one group (Experimental Group 2). However, it is interesting to note that there was a "graduated" and significant difference in the information image and attitudes if we divided Experimental Group 2 into those who saw 2 programmes only and those who saw 3 programmes. This further reinforces this finding that the impact of the programmes is partly related to the number of programmes seen. (See Appendix X, p. 555).

C. DISCUSSION

In considering the validity and importance of our findings, we should now consider a number of possible objections and criticisms. Such objections might come from research workers in different traditions (for example, from experimentalists rather than survey researchers) or from critics who make different assumptions or have different expectations (for example, concerning the persuasibility of young adolescents). Those criticisms were referred to in Chapters V and VII while discussing the effectiveness of mass media campaigns and the methodological problems facing such campaigns. We shall list a number of possible criticisms and consider each of them in the light of the evidence from the present study.

1. Change should have been due to unimportance of the topic, or to unfamiliarity with it.
2. Change could have been due to persuasibility characteristics of the audience.
3. That there was re-inforcement, but no "effects".
4. Methodological criticisms.

1. In Chapter V it was explained that television campaigns can enhance information and change attitudes if the topic of the campaign is new, unfamiliar or unimportant, and if the attitudes held towards it are weak and not ego-involving. This argument may apply to a number of studies but it is not true of the present one, for the following reasons:

- a) there had been several television programmes about nursing before this campaign, so it cannot be regarded as a new and unfamiliar topic.

- b) Deciding what career to choose can be one of the most important decisions in life, so attitudes towards it cannot be considered as weak and unimportant.

Some critics have argued that political mass media campaigns showed little effects compared, for example, to selling a new brand of soap because of the high ego-involvement of the audience with political behaviour and its social consequences, while buying a new soap brand had only minor social consequences.

Taking into account the Bahraini womens' cultural resistances and traditionally held beliefs, the decision for a "culturally fit" job can be considered as highly ego-involving, and with more relevant social consequences than a political campaign in a Western culture. Besides, the target audience was tested at a time when the decision on a job choice was very salient.

2. Another counter-argument could be that the change measured was due to the persuasibility characteristics of the audience. First, it should be recalled that no significant correlations were found between change in attitudes, image or information and any of the demographic and other variables of relevance, such as age, school grade, socio-economic status, school performance, intelligence, residential area, anxiety level and traditionalism measures. So it cannot be argued (at least in this case) that any of the above characteristics could be responsible for the change measured.

However, it can be argued that adolescent female pupils might have an uncritical attachment to the mass media and that this might have facilitated the change. McGuire (1969) suggested that maximum suggestibility was generally found at about eight or nine years of age; his evidence indicated that, after the age of nine and until adolescence, there was a decided decline in suggestibility, after which it levelled off. Noble (1975), basing his experiments on Piaget's developmental theory, argued that the age of maximum vulnerability to television propaganda was

actually about ten to eleven years. He carried out a pilot study on the developmental trends in childrens' perceptions of the televised labour force. On the basis of his results on age differences and susceptibility to televised propaganda, he came to the following conclusion:

"At about twelve years, children use relative standards in thought and from considerable distance compare what they have seen with other propaganda..."  
(p. 120).

Noble considered twelve years as the turning point in the child's life as related to attitude change and television propaganda: before that age, children are still quite susceptible, but after it they become more critical.

The age range of the subjects of this study was 13 to 20 years, with a mean of 16 years. This is above the critical vulnerability and susceptibility age levels and so unlikely that they have an uncritical attachment to the media.

3. Another of the counter-arguments that could be raised is that our television programmes merely reinforced pre-existing positions and did not change them. It is not always easy to distinguish between "reinforcement" and "effect". It seems that in this study we have a bit of both. The power of the mass media campaigns to reinforce existing beliefs is accepted by almost all mass media researchers.

However, the ability of mass media campaigns only to reinforce and not to convert is emphasized by psychologists who have different expectations of media effectiveness and who stress the minimal power of the media to influence attitudes and behaviour (see McGuire - 1969, Klapper - 1960, and others). As discussed in Chapter V, Larson (1964) argued that the reinforcement effects of the mass media are emphasized because of lack of evidence of conversion effects. He stressed that

what is probably being overlooked is that "encouragement of constancy" or reinforcement may be an important effect in itself; reinforcement should not be regarded as "no effect", as it involves maintaining a position which could have been changed in the opposite direction in the absence of the campaign stimulus. This argument is also stressed by Miller & Burgoon (1973) who suggested that a new look at the concept of persuasion and influence is now necessary (see page 144).

In the case of this study, a number of points have to be clarified. An analysis of the target audiences' positions on the topic of the campaign (as discussed in Chapter VIII) were favourable on the majority of the items before the campaign was started. The campaign themes were therefore designed not to change those positions but to present a remodelled image of nursing and a new motivation for action. If the campaign acted as a reinforcing agent only, then we would expect the positions of the target audiences to have remained favourable, and not to have moved in the opposite direction. On the majority of items, the subjects showed a shift in intensity from favourable to more favourable. According to some analysts, this would be considered as reinforcement only, while according to others it is regarded as a definite impact. However, there were some items which had divergent responses from the subjects to start with. After the programmes, there was a clear change in the positions of the subjects on those items from unfavourable to more favourable, especially in the experimental group who saw two or more programmes.

4. Methodological Criticisms: One of the major arguments about the effects of mass communications concerns differences in the methodological situations. Hovland (1959) explained that the positive findings on mass communication effects found in laboratory experiments might be due to:

- a) Absence of self-selected exposure;
- b) Immediate measurement after the communication
- c) Absence of counterbalancing communications.

McGuire (1969) considered such reasons as simply "salvaging" explanations for the measured minimal effects of media communications in real-life situations.

The results of our study seem to show that, despite the interplay of variables in a real-life situation, it has been possible to measure the effectiveness of the mass communication by means of a careful research design.

To evaluate this design, we shall quote Haskin's (1970) step-by-step requirements for a valid campaign evaluation (as presented in Chapter VII) and discuss where this research has succeeded or failed in fulfilling those requirements.

The characteristics necessary to measure the true effects of mass media communications in the real world (according to Haskins) are:

- 1) "Natural communications should prevail during the research".
  - a) Representatives of the target population did get normal messages through an accustomed medium in their usual surroundings.
  - b) The message distribution was unobtrusive and the subjects were unaware of any special research purpose of the communication. The messages were presented by familiar spokesmen (ordinary student nurses).
  - c) The usual processes of selective attention and incidental learning were operative. Noise, in the form of competing stimuli and messages, other persons and social interaction as in everyday life, was present.

What makes this study relevant to the controversy over the effectiveness of television programmes was its capacity to

measure the effectiveness of a specifically designed campaign in a completely naturalistic, yet controlled, setting. The target audiences of the campaign were not removed from their everyday situations into a laboratory. Yet access to them for measurement could be obtained at several points, and it was possible to measure their reactions to the programmes within a few days of the showing of the last programme. Moreover, the manipulation of the dependent variables was done without the subjects knowing the true purpose of the research. The aim throughout was to produce findings which would be generalizable to everyday life.

Although a degree of control equal to that of a tight laboratory experiment was not possible (as will be explained later), and the costs were relatively high, it is important to weigh the advantages of including the complex interactions of variables that occur in true-life situations. The inferences from those interactions and relationships can add to our knowledge of mass media effects.

#### Generalizability

Measuring the effects in a real-life situation necessarily implies that the findings should be more generalizable than those obtained in the laboratory. What can, and what cannot, be generalized from this research?

- i. It can be claimed that the results show that carefully designed programmes can have an effect of enhancing information and changing attitudes, but it has to be remembered that the samples measured in this study consisted of adolescent female pupils, so while the results can be safely generalized to an adolescent population, one has to be careful when generalizing the results to an adult population.

- ii. The programmes designed would be effective from year to year and are not unique or specific to the campaign year. (They were actually put on the air in the year following the campaign for recruiting more nurses).
- iii. The results seemed to show that at least two or three 15/30 minutes' programmes are needed to produce the desired impact. One 15/30 minutes' television programme produced conflicting results.
- iv. The specific style and appeal of the programmes might be limited to a developing Arab country; however, the framework designed to decide what type of appeal and strategy to choose, depending on the characteristics of the target audience, the external events and the communication situation (as presented in Chapter VI) is generalizable to any attempted mass media campaign in any culture. The theoretical generalizations are discussed later.

- 2) Haskins' next requirement for a valid campaign is that:  
"The relationship between cause and effect should be clear".

The measurement effects should be demonstrably due to the communication treatment(s) and to nothing else.

When designing this study, special care was taken to account for possible weaknesses that might reduce the clarity of the cause-and-effect relationship. Before discussing what was done, it is relevant to consider the following points:

1. As discussed in Chapter VII, to ensure external validity and generalizability, one necessarily tends to restrict the internal precision validity of the study; this is a matter of relative priorities.

- ii. When considering broadcasting effects, one should remind oneself of Klapper's (1959) warning about fallacious one-to-one cause and effect models of mass media research, and the temptation to see simple and direct effects of which broadcasting is treated as the "sole and sufficient cause".

Nevertheless, the chosen design of this study did attempt to eliminate extraneous influences by having a control group, comparable experimental and control groups, and by checking for other influences such as reactivity due to instrumentation (i.e. reactivity due to pre-testing).

Let us start with a major condition for a true experiment: the random assignment of subjects to treatments. This was not possible in this study because it would have been too difficult to prevent a specific group from watching the television programmes, so the treatment groups were based on self-selective viewing. It might be argued that, due to this self-selective process, the results could be biased because of the unequivalence of the groups. This is, however, an empirical question, which in our case was anticipated by including relevant measures in the pre-test battery.

Self-selectivity was not found to be a major source of bias in this study, as was discussed in Chapter X. Briefly, the reasons were as follows:

1. An analysis of the pre-test dependent variable scores showed no significant differences between the control and experimental groups in the attitudes of the pupils towards nursing.
2. Both the information and the nursing image scales showed a slight pre-test difference between the control and experimental groups, but this difference was only significant at the  $p < .05$  level. Moreover, as explained in the results chapter, Section D, the "majority" of

individual items: 8 out of 9 information items and 4 out of 7 image items showed no significant differences between the scores of the three groups before the programmes.

3. The demographic and other relevant variables showed no differences between the control and experimental groups except for the school class (grade) level, where more intermediate-class pupils viewed the programmes than secondary class pupils. However, as the age range of the intermediate class was between 13 - 18, this was not considered a major problem.

Two other strategies have helped to reduce the cause-effect ambiguity of this study:

- i. The use of additional measures of unintended effects, for comparison;
- ii. The use of multiple indicators of change.

A number of measures were used to find out the effectiveness of the campaign and change was found on almost every measure. Moreover, for each measure of intended effect, there was another control measure of unrelated change, to find how specific the effects were. Over all those measures, there was a significant change in the ones measuring the campaign's effects, while there was no change in the measures of unrelated effects.

Though this was a rather expensive technique, it rendered further proof that the television programmes could produce their own intended impacts.

3) "Measurement should be unobtrusive and valid."

Unobtrusive non-reactive measures should be used where possible or, at the very least, no perceptible connection between communication and measurement should be apparent. Special

care has been taken to ensure that the subjects of the campaign would not perceive the connection between the communication and the measurement: both the instruments of measurement and the purpose of the campaign were disguised, as discussed in detail in Chapter VIII.

- a) The choice of the dependent variables was based on pertinence to criterion behaviour under investigation, rather than on convenience. It would have been simpler to choose very general measures regarding the topic of the campaign, as is usually the case in attitude scales. The intention of the campaign was to try to shift more specific resistances in the attitudes, social imagery and information concerning the nursing job. It was assumed that changing such specific resistances would be more difficult than changing general ideas about nursing; therefore, even slight changes would mean that some impact must have occurred.
- b) The period between treatment and measurement should be long enough to show a long-term, as well as an immediate, effect. Although this was an intended objective of the original design, it was not possible to get a measure of long-term effect in this study. The delays that happened as a result of the television programmes pushed the time for the post-tests' measures to the last possible deadlines, and this meant that no further access could be obtained to the pupils at a later time. However, behavioural change in the long run did occur, though this change cannot be traced with certainty to the effects of the television programmes, as many intervening variables could have occurred after the post-test measures, but before applications for nursing training took place.
- c) The question of a valid representative sample of the target population does not arise in this study. As Bahrain is a small country, it was possible to carry out the testing on the whole potential population.

d) There was a relatively good re-test rate, but it was not as high as desired. Around 17% of the total number of subjects were absent during the post-testing period. However, this absenteeism was random, and no bias in the results has occurred as a result of it, as discussed in Chapter IX. Despite this loss of subjects, the numbers of respondents remaining in each group was large enough to show up even small changes in the measures.

4) Haskins' final requirement was that: "The total communications and research design should be accurately executed."

Haskins argued that the design of a valid campaign is relatively easy, but that the execution of it is very laborious. The total plan should be followed exactly, and any deviations should be applied equally to all treatment groups.

It can be said that, as a whole, the plan of this campaign was followed and that any deviations did apply equally to all treatment groups. However, no campaign of this size moves smoothly, no matter how much organization is done beforehand, and this campaign is no exception. Some of the things that went wrong as a result of administrative shortcomings were:

i. Only three out of the five designed television programmes were put on the air on time. If more programmes had been shown as intended, the effectiveness of the campaign might well have been greater. On the other hand, it is not known at what point repetition becomes useless, and by using all five programmes we might have obtained an answer to this question.

ii. The delay in creating the television programmes led to absenteeism which could have been avoided if the timing of the campaign had been adhered to as originally planned. Forty-one subjects who originally stated that they would have liked to

become nurses were absent during the post-testing and it would have been interesting to obtain their reactions to the t.v. programmes.

- iii. The same delay also necessitated the reduction of the contents of the post-tests to the minimum possible, so as to fit the whole questionnaire into one class period. This meant that interesting information, such as the social ranking of the jobs, and the cultural resistances scales could not be administered again.
- iv. Some information gathered at the beginning of the research to measure the academic calibre of the applicants to nursing became useless for comparative purposes as there was a change in the schools' grading system half-way through the research period.
- v. It was intended that the number of new applicants should be compared with the preceding two years, at least. However, due to changes in the filing system at the time, only the numbers of the applicants of the preceding year could be traced.
- vi. The decision to choose the whole target population for the study meant that the class teachers had to carry out the administration of the tests. This had its advantages and disadvantages. The main advantage was that the pupils did not have an intruder in their everyday surroundings, and the testing was carried out in completely naturalistic settings. The disadvantage was that some teachers might have biased the experimental situation by helping, etc. It has to be emphasised (as discussed in Chapter IX) that great care was taken by the researcher to maximize the objectivity of the testing situation. This involved a laborious preparation of detailed step-by-step sheets of instructions given to each class teacher, showing them exactly

how to deal with the questions, what examples to give, etc. The researcher also met all the teachers personally to emphasize the necessity of adhering strictly to the instructions. However, it remains a possibility that some of these instructions were not strictly followed.

#### D. THEORETICAL COMMENTS

A discussion of the theoretical strategies of attitude-change and their possible applications is presented in Chapter IV.

Our study did not set out to test a particular theory of attitude change, but it did apply and make use of a specific approach. It would therefore be interesting to note what theoretical suggestions have arisen from this application.

When considering how to approach the target population, it was decided to apply DeFleur's Socio-Cultural model of attitude change to the theme-development and design. This was decided because the culture being dealt with was not an individualistic culture, but a deeply institutionalized religious culture, where conformity to traditional roles and norms was the rule, not the exception.

It was found that the underlying problem was not with the nursing job itself, but with the social role of nursing as compared to other jobs. In a developing country with old cultural traditions, there are 'culturally fit' jobs and 'culturally unfit' jobs. Some characteristics of the nursing job, such as the serving aspects and working during unsocial hours, could have created low social status for nursing as compared to other jobs such as teaching. Assuming that incongruence and dissonance existed in the target population between the social status of nursing versus its great humanitarian appeal, the problem was how to find a socially approved way to reduce this dissonance and incongruence. Eventually, it was decided to approach the target audience by making the objective of persuasion (positive attitudes to nursing) appear as a normative and approved aspect of society (so that a dissonant element came to look like a consonant one).

Adopting De Fleur's strategy, this involved basically three steps:-

- a) The t.v. message showed the adoption of the propagated nursing role to be normative in the relevant groups, and a non-adopter was shown as deviant and non-conformist.
- b) The social rewards and gratifications for the adopter were stressed.
- c) It was clarified how adoption could achieve group integration consistent with approved group norms and values.

#### Summary of theme development

The complete description of how the programme themes were developed using the above strategy was presented in Chapter VIII. We shall present here a summary of this section to help in the following discussion.

The television communications were directed not only at the pupils (target audiences) but also at their parents, brothers, sisters and other influential figures. The aim was to present a remodelled image of the nursing job consistent with the society's approved cultural norms and traditions. It was hoped that this approach would work on the basis of two assumptions:

- i. If we present the role of the nurse in the approved cultural context, it would help avoid the antagonism of the traditional beliefs of the relevant groups;
- ii. If the resistances to nursing were due to social pressures, then this remodelling of the nurse's job might help to neutralize this pressure, and thus reduce the social resistances facing the target population in their final choice.

The programme themes were developed along the following principles and needs:-

1. To satisfy the principle of consistency and congruity, the programmes presented the nursing job in a culturally and religiously approved role, yet one that is also relevant to the modern world. The themes avoided any aspect that conflicted with culturally approved moral and ethical standards. They portrayed the women's role in the respected educational sphere and emphasized the security of the job.
2. To satisfy the cognitive needs of the pupils, the advantages of the nursing job were presented. It was shown as a job involving basic health knowledge, of use not only at work but also for friends, family and in the home. Other advantages were also emphasized, such as social and career mobility, chances to go overseas for further education and economic independence - but they were carefully presented within an accepted cultural mode.
3. To satisfy affective needs and gratifications, the programme emphasized the humanitarian appeal of real-life incidents in our society. Horrific sights of blood and disasters were avoided, but there was a low threat content in the message, referring to the consequences of ignorance of basic health problems. The affective needs for the "beautiful and aesthetic" (as suggested by McQuail, Blumler and Brown 1972) were conveyed in these programmes by the producer's skill in associating the appropriate visual effects with the message propagated, such as the angel-like figure of the nurse walking in the beautiful hospital gardens accompanied by the Arab poet's verses about a nurse; the smiling, paralyzed child in the push-chair; and the nurse consoling the old man accompanied by the Holy Qura'an verses.
4. To satisfy individual psychological and stability needs, the programmes emphasized how much this job has been

appreciated by religion, and by famous writers, while the socially approved values of knowledge and education were presented as characteristic of this job. Feelings of personal identity and status were re-inforced by the humanitarian appeals and the promise of a worthwhile job, and conveying meaning to life and existence by making others happy. The importance of friends and integration into a group was also conveyed, together with the College atmosphere which is much respected in this society.

It can be argued that this was not necessarily the most effective way of designing the campaign, and that there is no objective proof that it was this type of approach versus, for example, one based on individual decision making, that created the effect.

However, it is interesting to consider the answers of the pupils from the panel study. They were asked what aspects of the programmes were, in their opinion, the most effective (the complete analysis can be found in Chapter IX).

The majority of the subjects thought that the Qura'an messages and the real-life story with its humanitarian appeal were the most effective aspects of the campaign programmes. There were answers such as:

- "the programmes showed nursing as an honourable and decent job. . ."
- "God told us in his Book to serve humanity. . ."
- "the programmes prove that nursing is a humanitarian job. . ."
- "the programmes show us how humanitarian work is a duty put by God to the people. . ."
- "showed us the sacrifice and noble aspect of nursing as compared to a banking job. . ."

These and other answers (as presented in Chapter IX) clearly illustrate that the programmes succeeded in altering the popular image of nursing.

Besides the responses from the panel study subjects, a number of nurses were informally asked after the programmes what they thought of them. The majority of their answers were that they showed how religiously prestigious a humanitarian job like nursing was. They also said that this aspect increased their confidence in themselves and among their friends and family.

Based on the decision that the campaign was to be carried out in complete natural settings, the researcher was aware of the possible interactions between the target audience, their family and significant others all through the campaign period. This informal communication was considered a vital part of the total communication process and the assumption that it was the television programmes PLUS the informal interaction that might have caused the measured change cannot be ruled out. In fact, the belief that this kind of informal interaction does occur and is effective has made us decide to direct the television programmed not only at the target audiences, but also at these significant others. On the other hand, using completely naturalistic settings made it necessary to disguise as much as possible the purpose of the campaign, and to avoid further testing of the subjects or their relatives. This decision may have helped the effectiveness of the television programmes, but it left some doubts about our theoretical assumptions. Except for the responses from the panel study, we have no evidence that the indirect approach enhanced the effect of the programmes, i.e., we have no evidence that:

- i. The programmes reached the parents or significant others;
- ii. The programmes were effective in reducing the resistances of the parents and significant others;
- iii. That the possibly reduced resistances were effectively conveyed to the target audience.

The possible use of this indirect approach, using informal interaction with significant others to strengthen the campaign's impact, might well be a fruitful subject for future research.

#### E. SUGGESTIONS FOR FURTHER RESEARCH

Several recent studies have presented detailed reviews of the state of mass communications and suggestions for further research. See for example Comstock (1975) "The Research Horizon", and Davison and Yu (1974) "Mass Communication Research: Major Issues and Future Directions".

However, Chisman's (1974) article "Afterword: Another View of Research Priorities", which is presented at the end of Davison and Yu's book, is of particular relevance to this study. Chisman is not a mass communications academic but a foundation executive looking at the field as an outsider. He explained that his suggestions are based on the studies of the academics and researchers in the field; however, as he is not a specialist, he could look into the field without becoming too involved in the specialist's details.

Chisman argued that research in the future should be both "fine-grained" and "broad-gauged". He said:

"While acknowledging that most studies show the effect of mass communications on attitudes, particularly political attitudes, to be small, I am not sure whether we should give up on attitudinal

research. Looking for the moment only at studies of political attitudes, I think it is fair to say that the more fine-grained the research has been - that is, the more it has taken into account a great number of the psychological variables - the greater significance attitudes have seemed to have in explaining individual behaviour. Most research on the effects of mass communications has not been very fine-grained in this sense."

(p. 198)

He continued that, as much as he believed communication research should be fine-grained, it should also become broad-gauged. By this he meant that research should take into account all aspects of a particular communications system simultaneously and set new typologies of communication systems. For example, one might find that all public information systems about health care, accident prevention, civil defense etc., are similar in many ways. This approach renders the research more practical and applicable and leads to policy-relevant findings - as it takes into account more of the factors relevant to mass communications. This suggestion is supported by most of the mass communication researchers who call for more policy-relevant studies.

Our research can be considered an example of an attempt to keep a balance between the detailed attention to all the psychological factors relevant in creating change and measuring the effectiveness of the mass communication campaign. At the same time, the framework developed for designing more successful campaigns is applicable to a wide range of public information programmes.

While carrying out this study, it was found that there is a lot we do not know about the best channel-mix for designing effective campaigns, (see page 194 ). This applies to both personal versus media channels and media channels among themselves. This means that more specific research as related to this aspect is needed. Another aspect which was found to be a hindrance was lack of free exchange of information between the diverse disciplines dealing with mass communication research.

With a practical yet educated approach to the problems of mass communication research, free access to information across the disciplines and broadcaster/researcher co-operation, the field might develop more definitive answers for the future.

APPENDIX AGENERAL FREQUENCIESQuestionnaire: BACKGROUND INFORMATION

Quest No.	Statement	N	% age	Remark
1	AGE			
	1. Less than 13 years	29	1	
	2. 13 years	318	11.2	
	3. 14 years	588	20.7	
	4. 15 years	455	16.0	
	5. 16 years	567	19.9	
	6. 17 years	501	17.6	
	7. 18 years	295	10.4	
	8. 19 years	72	2.5	
	9. 20 years	19	0.7	
	10. More than 20 years	1	0.0	
		(263)		
2	FATHER LIVING AT HOME			
	1. Yes	2481	86.3	
	2. No	394	13.7	
	0	0		
		(235)		
3	MOTHER LIVING AT HOME			
	1. Yes	2767	96.6	
	2. No	98	3.4	
	0	0		
		(245)		
4	HOW MANY BROTHERS & SISTERS DO YOU HAVE?			
(a)	Brothers: 1	343	12.4	
	2	668	24.1	
	3	614	22.2	
	4	558	20.1	
	5	341	12.3	
	6	147	5.3	
	7	79	2.8	
	8	12	0.4	
	9	4	0.1	
	10	4	0.1	
	11	2	0.1	
	0	0		
		(338)	-	

Quest No.	Statement	N	% age	Remark
(b)	Sisters 1 2 3 4 5 6 7 8 9 10 11 12  0	305 480 586 508 411 237 124 44 23 8 5 3  (375)	11.2 17.6 21.4 18.6 15.0 8.7 4.5 1.6 0.8 0.3 0.2 0.1   	
5	DO YOU HAVE OLDER BROTHERS? 1. Yes 2. No 0	2022 826 (262)	71.0 29.0  	
6	DO YOU HAVE OLDER SISTERS? 1. Yes 2. No 0	1990 859 (261)	69.8 30.2 -	
7a	MOTHER WORKS 1. Yes 2. No 0	192 2591 (327)	6.9 93.1  	

Quest No.	Statement	N	% age	Remark
7b	IF YES, WHAT?			
	1. Teacher	32	16.7	
	2. Dressmaker	55	28.6	
	3. Secretary	3	1.6	
	4. Engineer	0	0.0	
	5. Nurse	10	5.2	
	6. Accountant	3	1.6	
	7. Doctor	3	1.6	
	8. Worker(Cleaner)	12	6.3	
	9. Private business	16	8.3	
	10. Civil Servant	55	28.6	
	0	(2918)		
7c	IF CIVIL SERVANT, WHAT GRADE?			
	1.	4	12.5	
	2.	3	9.4	
	3.	5	15.6	
	4.	5	15.6	
	5.	1	3.1	
	6.	5	15.6	
	7.	3	9.4	
	8.	3	9.4	
	11.	2	6.3	
	0	(3078)		
8	NATIONALITY			
	1. Bahraini	2754	96.6	
	2. Arab	87	3.1	
	e. Others	9	0.3	
	0	(260)		
9a	HAVE T.V. AT HOME			
	1. Yes	2723	95.6	
	2. No	124	4.4	
	0	(263)		

Quest No.	Statement	N	% age	Remark
9b	IF YES, SINCE WHEN?			
	1. More than 5 years	1742	53.7	
	2. 5 years	223	8.2	
	3. 4 years	200	7.3	
	4. 3 years	221	8.1	
	5. 2 years	157	5.7	
	6. 1 year	82	3.0	
	7. Less than 1 year	108	4.0	
	0	(377)		
10	HOW OFTEN DO YOU WATCH T.V.?			
	1. Every day	2660	93.4	
	2. Twice a week	100	3.5	
	3. Once a week	44	1.5	
	4. Once every 2 weeks	17	0.6	
	5. Less than once every 2 weeks	14	0.5	
	6. Don't watch at all	14	0.5	
	0	(261)		
11	IF YOU HAVE T.V. AT HOME, WHICH CHANNELS CAN YOU SEE ON IT?			
	Bahrain 1.	2795	89.9	
	0	(315)	10.1	
	Saudi Arabia 1.	2573	82.7	
	0	(537)	17.3	
	Aramco 1.	1612	51.8	
	0	(1497)	48.1	
	Kuwait 1.	2303	74.1	
	0	(807)	25.9	
	Qatar 1.	2683	86.3	
	0	(427)	13.7	
	Abu Dhabi 1.	2281	73.1	
	0	(826)	26.6	
	Dubai 1.	1976	63.5	
	0	(1132)	36.4	

0 = missing observations and subjects who cannot see the specific channel

Quest No.	Statement	N	% age	Remark
12	HAVE RELATIVES IN NURSING? 1. Yes 2. No 0	1390 1421 (299)	49.4 50.6	
13	HAVE RELATIVES IN TEACHING? 1. Yes 2. No 0	2080 752 (278)	73.4 26.6	
14	HAVE FRIENDS IN NURSING? 1. Yes 2. No 0	1021 1791 (295)	36.3 63.7	
15	HAVE FRIENDS IN TEACHING? 1. Yes 2. No 0	1570 1250 (290)	55.7 44.3	
16a	FATHER WORKS? 1. Yes 2. No 0	2348 472 (290)	83.3 16.7	
16b	IF YES, WHAT? 1. Professional Grade I & Administrative 2. Professional Grade II & Service 3. Commercial 4. Skilled 5. Semi-skilled 6. Unskilled 0	205 558 447 432 523 146 (799)	8.9 24.1 19.3 18.7 22.6 6.3	

Quest No.	Statement	N	% age	Remark
17	WHERE DO YOU LIVE?			
	101 Manama West	1283	45	
	102 Manama East	32	1	
	210 Muharaq	721	25	
	220 Hidd	124	4	
	231 Kalab	18	1	
	232 Al-Deir	9	0	
	233 Samahij	13	0	
	311 Jidhafs	43	2	
	321 Sanabis	82	3	
	313 Daih	23	1	
	325 Shakhura	1	0	
	326 Busaiba	3	0	
	328 Al-Qadum	39	1	
	330 Karrama	1	0	
	335 Karbabad	2	0	
	401 Diraz	32	1	
	402 Budaia	25	1	
	403 Bani-Jaura	16	1	
	404 Barbar	1	0	
	507 Zallaq	9	0	
	610 Issa Town	198	7	
	710 Sitra	7	0	
	723 Aker Kharbia	1	0	
	810 Rifa'a	172	6	
	0	(255)		
18	SCHOOL PERFORMANCE			
	1. Excellent	252	8.8	
	2. Very Good	402	14.0	
	3. Good	925	32.8	
	4. Fair	970	33.9	
	5. Bad	315	11.0	
	0	(246)		

Quest No.	Statement	N	% age	Remark
19	SOCIO-ECONOMIC STATUS? 1. Above middle 2. Middle 3. Below middle 0	587 1747 528 (3110)	20.5 61.0 18.4	

APPENDIX B - GENERAL FREQUENCIES

Questionnaire: SCHOOL & WORK

Quest No.	Statement	N	% age	Remark
1	IF YOU HAD THE CHOICE, WHEN WOULD YOU LEAVE SCHOOL?			
	1. After Primary level	0	0	=missing observations
	2. After Intermediate level	30	1.1	
	3. After Secondary level	619	21.8	
	4. After University	1521	53.5	
	5. Don't know	672	23.6	
0	(268)			
2	WHEN DO PARENTS WISH YOU TO LEAVE SCHOOL?			
	1. After Primary level	8	0.3	
	2. After Intermediate level	25	0.9	
	3. After Secondary level	599	21.1	
	4. After University	1475	52.0	
	5. Don't know	731	25.8	
0	(272)			
Quest 3 is	For Intermediate Level Only			
3a	PLAN TO LEAVE SCHOOL AFTER INTERMEDIATE?			
	1. Yes	44	2.4	
	2. No	1800	97.6	
0	(1266)			
3b	IF YES, WHY?			
	1. Don't like studying	32	13.2	
	2. Not happy at school	25	10.3	
	3. Help family materially	78	32.1	
	4. Going to get married	13	5.3	
	5. Father doesn't want me to continue	17	7.0	
	6. Mother wants help at home	3	1.2	
	7. Found a job	5	2.1	
	8. Want to train as a nurse	11	4.5	

Quest No.	Statement	N	% age	Remark
3b	Continued...			
	9. Want to train as a waitress	3	1.2	
	10. Want to train as a dressmaker	8	3.3	
	11. Want to train in another job	48	19.8	
	0	(2867)		*2
4	PLANS AFTER SECONDARY GRADUATION?			
	1. Don't know if I'd reach secondary level	169	6.0	
	2. Wait and see if I pass first	518	18.4	
	3. If I get good grades, enter University	1100	39.0	
	4. Apply to Teachers' Training College	274	9.7	
	5. Apply to College of Health Science	40	1.4	
	6. Apply to School of Nursing	84	3.0	
	7. Apply for a Company job	35	1.2	
	8. Apply to train as a Secretary	36	1.3	
	9. Apply to Gulf Technical College	121	4.3	
	10. Work with family	24	0.9	
	11. Apply to train as an Air Hostess	84	3.0	
	12. Wait to get married	11	0.4	
	13. Don't know	324	11.5	
	0	(290)		
	Questions 5 & 6 percentages (plan to work & wish to work) are presented in main text, Results Chapter.			
7	IF GETTING MARRIED WHILE WORKING WOULD YOU WORK AFTER MARRIAGE?			
	1. Plan to work	1344	47.3	
	2. Leave work	182	6.4	
	3. Don't know	1315	46.3	
	0	(267)		

Quest No.	Statement	N	% age	Remark
8	IF YOU HAD THE CHOICE, AND WERE ASKED TO MARRY EARLY, AT WHAT LEVEL WOULD YOU LEAVE SCHOOL?  1. After Primary level 2. After Intermediate level 3. After Secondary level 4. After University 5. Don't know 0	   11 33 427 1312 1062	   0.4 1.2 15.0 46.1 37.3	
	PLANNING TO CHOOSE A JOB, WHICH OF THESE TYPES OF JOB WOULD YOU PREFER?			
9	1. Job requiring intellectual work 2. Job requiring practical work 0	1804 1000 (306)	64.3 35.7	
10	1. Job having adventure, future but no security 2. Job having no future but security 0	672 2101 (337)	24.2 75.8	
11	1. Job requiring good dress-sense 2. Job where dress-sense does not matter 0	812 1966 (332)	29.2 70.8	
12	1. Job requiring your thinking ability 2. Job when learned will know always 0	791 1910 (359)	28.8 71.2	
13	1. Go to College or University 2. Get a job straight away 0	1985 815 (310)	70.9 29.1	

Quest No.	Statement	N	% age	Remark
14	DO YOU LIKE SCHOOL?			
	1. Like a little	466	19.9	
	2. Like a lot	1693	59.6	
	3. Don't like	35	1.2	
	4. Have to go	548	19.3	
	0	(268)		
15	IS YOUR RELATIONSHIP WITH TEACHER GOOD?			
	1. Less than other pupils	129	4.5	
	2. Like other pupils	2414	84.9	
	3. Better than other pupils	301	10.6	
	0	(266)		
16	WHICH OF THESE SCHOOL SUBJECTS DO YOU LIKE HATE OR DON'T MIND?			
	1. Like	2309	84.9	
	2. Don't mind	400	14.7	} Religion
	3. Don't like	10	0.4	
	0	(391)		
	1. Like	1637	60.9	} Arabic
	2. Don't mind	912	33.9	
	3. Don't like	141	5.2	
	0	(420)		
	1. Like	1622	60.1	} English
	2. Don't mind	840	31.3	
	3. Don't like	236	8.7	
	0	(236)		
	1. Like	1236	46.0	} Mathematics
	2. Don't mind	809	30.1	
	3. Don't like	641	23.9	
	0	(424)		

(continued..)

Quest No.	Statement	N	% age	Remark
16	Continued....			
	1. Like	1439	54.1	
	2. Don't mind	855	32.2	
	3. Don't like	365	13.7	
	0	(451)		
	1. Like	1080	40.3	
	2. Don't mind	959	35.8	
	3. Don't like	642	23.9	
	0	(429)		
	1. Like	1326	49.8	
	2. Don't mind	1047	39.3	
	3. Don't like	289	10.9	
	0	(448)		
	1. Like	1648	61.7	
	2. Don't mind	703	26.3	
	3. Don't like	321	12.0	
	0	(438)		
	1. Like	1286	49.3	
	2. Don't mind	898	34.4	
	3. Don't like	426	16.3	
	0	(500)		
17	WHICH SUBJECT DO YOU LIKE MOST?			
	1. Religion	428	15.2	
	2. Arabic language	346	12.3	
	3. English language	715	25.3	
	4. Maths	421	14.9	
	5. Science	306	10.8	
	6. Social Science	232	8.2	
	7. Home Economics	54	1.9	
	8. Physical Education	190	6.7	

Quest No.	Statement	N	% age	Remark
17	Continued....  9. Arts Education 0	131 (286)	4.6	
18	WHICH MAGAZINES DO YOU USUALLY READ?  1. Yes                      Hawaa 0  1. Yes                      Al-Hilal 0  1. Yes                      Al Araby 0  1. Yes                      Al Mowid 0	547 (2563)  103 (3007)  1741 (1369)  933 (2177)	17.6 82.4  3.3 97.6  56.0 44.0  30.0 70.0	

APPENDIX CGENERAL FREQUENCIES

Questionnaire: THE TELEVISION

Quest No.	Statement	N	% age	Remark
1.	WATCH TV MORE THAN ONCE A WEEK? 1. Yes 2. No 0 (if NO, questionnaire not to be answered)	1720 104 (286)	96.3 3.7	
2.	DO YOU HAVE TV AT HOME? 1. Yes 2. No 0	2779 52 (277)	98.1 1.8	
3.	IF YES, SINCE WHEN? 1. More than 5 years 2. Five years ago 3. Four years ago 4. Three years ago 5. Two years ago 6. One year ago 7. Less than a year ago 0	1830 217 194 232 163 88 76 (310)	65.4 7.7 6.9 8.3 5.8 3.1 2.7	
4.	WHAT CHANNELS CAN YOU GET ON YOUR TV SCREEN  Bahrain 1. Yes 0 Saudi Arabia 1. Yes 0 Aramco 1. Yes 0 Kuwait 1. Yes 0	2727 (382) 2481 (629) 1653 (1457) 2334 (776)	RF 87.7 12.3 79.8 20.2 53.2 46.8 75.0 25.0	RF=Relative Frequencies AF=Adjusted Frequencies

Quest No.	Statement	N	% age	Remark		
4. cont.	Qatar	1. Yes	2690	86.5		
		0	(420)	13.5		
	Abu Dhabi	1. Yes	2323	74.7		
		0	(787)	25.3		
	Dubai	1. Yes	2001	64.3		
		0	(1108)	35.6		
	Oman	1. Yes	128	4.1		
		0	(2981)	95.9		
	5.	WHICH CHANNELS PROGRAMMES DO YOU LIKE MOST?			AF	
		1.	Bahrain	1133	41.1	
2.		Saudi Arabia	30	1.1		
3.		Aramco	56	2.0		
4.		Kuwait	455	16.5		
5.		Qatar	838	30.4		
6.		Abu Dhabi	102	3.7		
7.		Dubai	143	5.2		
		0	(353)			
Quests. 6-9: For those who do not have a t.v. at home						
6	IN WHOSE HOME DO YOU USUALLY WATCH TV?					
	1.	Neighbours	60	31.6		
	2.	Relatives	59	31.1		
	3.	My friends	19	10.0		
	4.	All, sometime	52	27.4		
	0	(2920)				
7.	PARENTS PLANNING TO GET TV?					
	1.	Yes	198	76.7		
	2.	No	60	23.3		
		0	(2852)			

Quest No.	Statement	N	% age	Remark
8.	IF YES, WHEN?			
	1. Don't know	139	72.0	
	2. Next 2 months	26	13.5	
	3. Before summer	23	11.9	
	4. Next year	5	2.6	
	0	(2917)		
9a	CAN YOU USUALLY WATCH T.V. AT A FRIENDS HOUSE?			
	1. Usually can	65	29.7	
	2. Usually cannot	64	29.2	
	3. Sometimes	90	41.1	
	0	(2891)		
b	IF CAN, DO YOU HAVE TO RETURN HOME AT SPECIFIC TIME?			
	1. Can stay as long as I like	53	25.6	
	2. Have to go back on time	153	73.9	
	0	(2903)	0.5	
c	IF HAVE TO KEEP TIME, WHEN IS THAT?			
	1.00 p.m.	9	7.6	
	2.00 p.m.	5	4.2	
	3.00 p.m.	3	2.5	
	4.00 p.m.	7	5.9	
	5.00 p.m.	23	19.5	
	6.00 p.m.	11	9.3	
	7.00 p.m.	3	2.5	
	8.00 p.m.	20	16.9	
	9.00 p.m.	20	16.9	
	10.00 p.m.	12	10.2	
	11.00 p.m.	3	2.5	
	12 midnight	1	0.8	
	<b>Rest of Questions for Everybody</b>	(2992)		

Quest No.	Statement	N	% age	Remarks
10.	DO YOU DO ANYTHING WHILE WATCHING TV?			
	1. Just watch	1401	50.1	
	2. Do homework	393	14.0	
	3. Read	122	4.4	
	4. Sew or knit	129	4.6	
	5. Converse	636	22.7	
	6. Play	1	0.0	
	7. Do housework	77	2.8	
	8. Do other things	40	1.4	
	0	(311)		
11.	DO YOU WATCH CHILDRENS PROGRAMMES?			
	1. Yes	2397	88.2	
	2. No	318	11.7	
	0	(392)		
12.	IF YES, WHAT DAYS & HOW OFTEN?			
	Saturday			
	1. Always	554	29.6	
	2. Sometimes	1006	53.7	
	3. Never	314	16.8	
	0	(1236)		
	Sunday			
	1. Always	632	35.9	
	2. Sometimes	807	45.9	
	3. Never	319	18.1	
	0	(1352)		
	Monday			
	1. Always	402	27.3	
	2. Sometimes	660	44.8	
	3. Never	410	27.8	
	0	(1637)		
	Tuesday			
	1. Always	364	24.8	
	2. Sometimes	674	46.0	
	3. Never	427	29.1	
	0	(1645)		

Quest No.	Statement	N	% age	Remark	
12. Cont.	Wednesday	1. Always	337	23.0	
		2. Sometimes	703	48.0	
		3. Never	424	29.0	
			0	(1646)	
	Thursday	1. Always	557	36.0	
		2. Sometimes	687	44.4	
		3. Never	304	19.6	
			0	(1562)	
	Friday	1. Always	785	48.2	
		2. Sometimes	596	36.6	
		3. Never	248	15.2	
			0	(1481)	
13.	DO YOU WATCH ALL THE CHILDRENS' PROGRAMMES OR PART OF THEM?				
	1. All	1047	41.6		
	2. Part	1446	58.3		
	0	(595)			
14.	WHICH CHILDRENS' PROGRAMME DO YOU LIKE MOST?				
	1. Cartoons	937	36.4		
	2. Children's Paradise	87	3.4		
	3. Mother Anissa & Children	79	22.5		
	4. Our Children	386	15.0		
	5. Puppet Show	98	3.8		
	6. Western movies	281	10.9		
	7. Documentaries	196	7.6		
	0	(539)			
15.	DO YOU WATCH EVENING PROGRAMMES, i.e. THOSE AFTER 7 P.M.?				
	1. Yes	2602	93.5		
	2. No	179	6.4		
	0	(328)			

Quest No.	Statement	N	% age	Remark
16.	IF YES, WHAT DAYS AND HOW OFTEN?			
	Saturday	1. Always 2. Sometimes 3. Never 0	872 880 511 (847)	38.5 38.9 22.6
	Sunday	1. Always 2. Sometimes 3. Never 0	1041 771 308 (990)	49.1 36.4 14.5
	Monday	1. Always 2. Sometimes 3. Never 0	1078 674 310 (1048)	52.3 32.7 15.0
	Tuesday	1. Always 2. Sometimes 3. Never 0	990 681 333 (1106)	49.4 34.0 16.6
	Wednesday	1. Always 2. Sometimes 3. Never 0	959 707 349 (1095)	47.6 35.1 17.3
	Thursday	1. Always 2. Sometimes 3. Never 0	1432 511 209 (958)	16.5 23.7 9.7
	Friday	1. Always 2. Sometimes 3. Never 0	1537 299 160 (1114)	77.0 15.0 8.0
17a	TILL WHAT TIME IN THE EVENING DO YOU USUALLY WATCH TV?			
	From Saturdays - Wednesdays			
	Watch till 1.00 a.m.		10	0.4
	3.00 p.m.		3	0.1
	4.00 p.m.		3	0.1

Quest No.	Statement	N	% age	Remark
17a Cont.	Watch till 5.00 p.m.	11	0.4	
	6.00 p.m.	20	0.8	
	7.00 p.m.	61	2.4	
	8.00 p.m.	511	20.2	
	9.00 p.m.	931	36.8	
	10.00 p.m.	612	24.2	
	11.00 p.m.	276	10.9	
	12.00 midnight	89	3.5	
	0	(582)		
17b	On Thursdays			
	Watch till 1.00 a.m.	197	7.7	
	2.00 a.m.	27	1.1	
	3.00 p.m.	8	0.3	
	4.00 p.m.	9	0.4	
	5.00 p.m.	12	0.5	
	6.00 p.m.	30	1.2	
	7.00 p.m.	270	10.6	
	8.00 p.m.	434	17.1	
	9.00 p.m.	432	17.0	
	10.00 p.m.	368	14.5	
	11.00 p.m.	755	29.7	
	12.00 midnight			
0	(565)			
17c	On Fridays			
	Watch till 1.00 a.m.	180	6.9	
	2.00 a.m.	32	1.2	
	3.00 p.m.	1	0.0	
	4.00 p.m.	4	0.2	
	5.00 p.m.	9	0.3	
	6.00 p.m.	24	0.9	
	7.00 p.m.	59	2.3	
	8.00 p.m.	329	12.7	
	9.00 p.m.	510	19.7	
	10.00 p.m.	353	13.6	
11.00 p.m.	355	13.7		

Quest No.	Statement	N	% age	Remark
17c Cont.	12.00 midnight 0	736 (515)	28.4	
18	WHICH THREE TELEVISION PROGRAMMES DO YOU LIKE MOST?			
	Arabic Serial 1. 0	2260 (849)	72.7 27.3	
	News in English 1. 0	22 (3088)	0.7 99.3	
	Western Series 1. 0	577 (2532)	18.6 81.4	
	News in Arabic 1. 0	163 (2946)	5.2 94.7	
	Documentaries 1. 0	400 (2710)	12.9 87.1	
	Arabic films 1. 0	1813 (1295)	58.3 41.5	
	Western films 1. 0	614 (2495)	19.7 80.2	
	Indian films 1. 0	1059 (2051)	34.1 65.9	
	Gulf musicals 1. 0	474 (2636)	15.2 84.8	
	Western musicals 1. 0	293 (2817)	9.4 90.6	
	Family World 1. 0	273 (2834)	8.9 91.1	
	Local programmes 1. 0	457 (2653)	14.7 85.3	

Quest No.	Statement	N	% age	Remark
19a	DO YOU KNOW THE PROGRAMMES BEFORE PUTTING ON THE TV SET?			
	1. Yes	2335	83.6	
	2. No	458	16.4	
	0	(317)		
b	IF YES, HOW?			
	From: Tomorrow's progrms. 1.	1059	35.2	
	0	(2015)	64.8	
	Today's progrms. 1.	253	8.1	
	0	(2857)	91.9	
	Newspaper 1.	1489	47.9	
	0	(1620)	52.1	
	Family 1.	265	8.5	
	0	(2844)	91.4	
	Friends 1.	439	14.1	
	0	(2671)	85.9	
20	IS TV SET LEFT ON ALL THE TIME, OR FOR SPECIFIC PROGRAMMES?			
	1. Left on most of the time	2090	74.0	
	2. Put on for specific programmes	732	25.9	
	0	(287)		
21	WHAT DO YOU DO IF YOU DON'T LIKE A PROGRAMME?			
	1. Go on watching	242	8.6	
	2. Stop watching	519	18.3	
	3. Stop watching & do something else	2068	73.1	
	0	(281)		

Quest No.	Statement	N	% age	Remark
22.	WHAT DO YOU DO WITH THE SET?			
	1. Keep it on	179	6.4	
	2. Switch it off	139	5.0	
	3. Switch to another channel	2143	76.3	
	4. Volume lowered	346	12.3	
	0	(303)		
23.	WITH WHOM DO YOU USUALLY WATCH TV?			
	Alone 1.	264	8.5	
	0	(2846)	91.5	
	With friends 1.	233	7.5	
	0	(2876)	92.5	
	With brothers & sisters 1.	2573	82.7	
	0	(537)	17.3	
	With relatives 1.	424	13.7	
	0	(2683)	86.3	
	With parents 1.	268	22.4	
	0	(2410)	77.5	
74	WHEN DO YOU MOST OFTEN WATCH BAHRAIN TELEVISION ?			
	1. Around six in the evening	397	14.0	
	2. Around seven in the evening	1729	61.0	
	3. Around eight in the evening	176	6.2	
	4. Between eight & nine in the evening	286	9.9	
	5. Between nine & ten in the evening	140	4.9	
	6. After ten in the evening	111	3.9	
	0	(275)		

Quest No.	Statement	N	% age	Remark
25	WHICH PROGRAMMES DO YOU TRY YOUR BEST NOT TO MISS? 1. Arabic serial 2. News in English 3. Western serials 4. News in Arabic 5. Documentaries 6. Arabic films 7. Western films 8. Indian films 9. Gulf musicals 10. Western musicals 11. Family world 12. Local programmes 0	2252 2 64 15 57 146 61 150 14 26 30 32 (258)	79.0 0.1 2.2 0.5 2.0 5.1 2.1 5.3 0.5 0.9 1.1 1.1	
26	CAN YOU CHOOSE WHAT YOU WANT ON TV OR OTHERS HAVE TO AGREE FIRST? 1. Watch what I want 2. Others have to agree 3. We like same things 0	346 753 1732 (279)	12.2 26.6 61.2	
27	WHO DECIDES IN THE FAMILY WHAT CAN BE WATCHED AND WHAT SHOULD NOT BE WATCHED ? 1. Father 2. Mother 3. Brother 4. Sister 5. Relative 6. No-one 0	318 139 486 349 36 1512 (270)	11.2 4.9 17.1 12.3 1.3 53.2	

Quest. No.	Statement	Like 1	Don't Mind 2	Don't Like 3	N
		%	%	%	
28	WHAT TYPES OF PROGRAMMES DO YOU LIKE TO WATCH ON TV?				
1	Westerns (Cowboys)	36.6	44.4	19.0	2654
2	Adventure	55.0	31.9	13.2	2631
3	Detective	57.3	29.8	12.9	2667
4	Space & spacemen	32.7	36.6	30.7	2651
5	School Life	65.0	30.2	4.8	2646
6	Drama	47.6	37.9	14.4	2636
7	Comedy	77.8	17.2	5.0	2685
8	Tragedy	47.6	32.9	19.6	2644
9	Religious Plays	44.8	42.7	12.5	2640
10.	Historical Plays	26.8	44.1	29.0	2632
11	War Plays	31.6	36.4	32.0	2616
12	Of Great People	41.5	42.4	16.1	2643
13	Home Life & Society Problems	79.9	16.3	3.8	2686
14	Bedouin Plays	61.2	31.3	7.4	2649
15	Travel	43.8	43.1	13.1	2624
16	Science & Inventions	40.0	41.6	18.4	2620
17	Aeroplanes & Flying	23.8	49.0	27.2	2601
18	Sea and Ships	33.2	46.8	20.0	2593
19	Painting & Sculpture	39.5	42.7	17.8	2597
20	Home Economics & Cooking	57.9	34.3	7.8	2627
21	Dancing	53.3	30.9	15.7	2643
22	Wild Animals	30.2	37.2	32.7	2602
23	Domestic animals	53.2	37.7	9.1	2647
24	People from other lands	50.4	42.2	7.5	2643
25	Agriculture & Village Life	62.7	29.6	7.7	2646
26	Great Books	57.0	34.8	8.3	2637
27	Children & Childcare	54.3	36.5	9.2	2628
28	Health Science	59.6	34.3	6.1	2631
29	News & World Events	52.2	36.5	11.3	2646
	Continued...				

Quest. No.	Statement	Like 1	Don't Mind 2	Don't Like 3	N
		%	%	%	
30	Politics	33.2	43.1	23.7	2617
31	Competitions and Quizzes	23.0	36.2	40.8	2606
32	Musicals as a whole	61.7	28.8	9.6	2613
33	Gulf Musicals	61.7	28.8	9.6	2613
34	Arabic Musicals	77.7	17.9	4.4	2490
35	Western Musicals	72.6	23.8	3.6	2492

## APPENDIX D

## Questionnaire:

## GENERAL FREQUENCIES

## CULTURAL RESISTANCES:

## WOMENS' ROLE

← C O D E S →

Quest. No.	Statement	Strongly Agree 1	Agree 2	Uncertain 3	Disagree 4	Strongly Disagree 5	N
1	Housework is womens' real work	33.7	37.7	10.6	14.0	4.0	2863
2	Women should have freedom of choice	15.3	19.6	15.7	33.3	16.1	2841
3	Womens' role is to marry and have children	3.6	7.5	11.7	38.2	39.0	2852
4	If woman is working, husband should share housework	29.5	38.2	11.9	13.9	6.5	2852
5	Womens' place is the home	23.3	40.3	11.0	18.3	7.1	2856
6	Further education is beneficial to women	63.8	32.1	3.3	0.6	0.2	2856
7	If husband is well off, women should not work	20.1	28.9	16.4	25.9	8.7	2821
8	Women are capable of housework and work	28.7	43.6	20.4	5.8	1.6	2836
9	Women are less intelligent than men	8.8	19.1	26.3	24.0	21.8	2857
10	Marriage should not be only for shelter and security	15.2	25.2	23.7	23.6	12.2	2850
11	Women should be taught only what is useful for home	10.9	17.7	10.1	38.3	23.0	2861
	Continued....						

Question No.	Statement	Strongly Agree	Agree	Uncertain	Disagree	Strongly Disagree	N
12	Women should use talent outside home	52.8	39.8	4.3	2.3	0.9	2862
13	When a girl gets married, she should leave work	12.5	20.6	18.7	32.3	15.9	2855
16	Women should become economically independent	28.8	35.4	14.4	14.9	6.5	2862
15	Women should choose only secure and sheltered jobs	44.7	46.3	6.9	1.5	0.7	2866
16	A girl should marry only after graduation	59.0	27.9	7.6	3.2	2.3	2868

## APPENDIX E

## GENERAL FREQUENCIES

## Questionnaire

FEAR INVENTORY (including)  
MEDICAL RESISTANCES

← C O D E S →

Quest No.	Statement	Bothers me a lot 1	Bothers me a little 2	Doesn't bother me 3	N
		%	%	%	
1	Working with a Dentist	42.8	36.2	21.0	2875
2	Work at school unsatisfac- tory	41.7	36.5	21.8	2811
3	Illnesses	88.0	9.3	2.7	2870
4	Start something and not finish it	64.1	27.6	8.3	2832
5	Marriage	56.7	29.4	13.9	2872
6	The sight of blood	47.1	32.8	20.0	2878
7	Exams	31.2	43.4	25.4	2871
8	School Uniforms	8.4	15.0	76.6	2865
9	Scolded by teacher	65.9	14.7	10.7	2839
10	Thoughts of death	55.1	19.6	25.3	2875
11	Studies	7.8	34.5	57.7	2875
12	Strict discipline	32.3	33.8	33.9	2875
13	Going to work	7.0	20.6	72.4	2861
14	Obeying orders	23.7	38.8	37.5	2864
15	Leaving school	74.0	14.0	12.0	2856
16	Smell of antiseptic and disinfectants	48.4	34.1	17.5	2864
17	Lack of self confidence	70.7	17.4	11.9	2852
18	Taking decisions	17.8	33.2	49.0	2845
19	Darkness	44.8	29.3	25.9	2757
20	Working with people	10.2	17.0	72.9	2800
21	Insects	89.1	8.0	2.9	2836
22	Working with a Doctor	38.2	44.9	16.9	2830
23	Inability to concentrate	71.4	21.8	6.8	2859
24	Infectious diseases	90.6	7.7	1.8	2860
25	Called to the headmistress office	55.4	29.3	15.3	2854
26	Sound of someone in pain	85.7	11.4	2.8	2884
27	Staying alone at night	63.4	23.2	13.4	2882
28	Thunder and lightning	27.7	39.5	32.8	2879
29	Hospital atmosphere	48.5	39.3	12.2	2867
30	Starting work	13.7	43.1	43.2	2861

Continued...

Quest No	Statement	1	2	3	N
		%	%	%	
31	Administering injections	52.9	31.4	15.7	2878
32	Nightmares	80.4	15.6	4.0	2882
33	Ambulance siren	57.6	29.7	12.7	2878
34	Being unpractical	36.6	40.8	22.5	2865
35	Going to school	9.0	18.4	72.6	2865
36	Seing victims of accident	71.2	20.8	8.0	2876
37	Strong winds	34.0	43.6	22.4	2880

APPENDIX FGENERAL FREQUENCIES

## Questionnaire: POST PROGRAMME - Individual Questions

Question No	Statement	N	Frequency	Remarks
18	WATCHED ANY OF THE PROGRAMMES PUT ON TV?			0 = missing abbreviations
	1. Yes	1823	83.7	
	2. No	308	16.3	
	0	(979)		
19	IF YES, HOW MANY?			
	1. None	308	14.5	
	2. One	534	25.1	
	3. Two	600	28.2	
	4. Three	689	31.3	
	0	(979.)	-	
3	WHICH MEDIUM DO YOU TRUST MOST?			
	1. T.V.	920	42.6	
	2. Radio	123	5.7	
	3. Newspapers	353	16.4	
	4. Magazines	36	1.7	
	5. Books	77	3.6	
	6. None	41	1.9	
	7. Don't know	609	28.2	
	0	(951)	-	
4	WHAT QUALIFIES A PERSON TO AN IMPORTANT JOB?			
	1. Known family	131	6.1	
	2. Religion & tradition	105	4.9	
	3. Popularity	273	12.7	
	4. Work & experience	1643	76.3	
	0	(956)	-	

Question No	Statement	N	Frequency	Remarks
5	WHAT IS THE MOST IMPORTANT ELEMENT FOR OUR NATIONAL DEVELOPMENT?			
	1. Citizen's hard loyal work	1308	60.8	
	2. Government planning	521	24.2	
	3. God's help	251	11.7	
	4. Good luck	70	3.3	
	0	(960)		
6	OPINION OF FAMILY PLANNING?			
	1. Agree	1642	76.5	
	2. Disagree	505	23.5	
	0	(963)	-	
7	COULD YOU ACCEPT OTHER NATIONAL'S TRADITIONAL THINKING & HABITS?			
	1. Yes	1317	62.1	
	2. No	803	37.9	
	0	(990)	-	
8	WHICH NEWS DO YOU ENJOY MOST?			
	1. World news	1130	52.4	
	2. Local news	333	15.5	
	3. Fashion	137	6.4	
	4. Celebrations, etc.	555	25.8	
	0	(955)		

## APPENDIX X

Comparison of Dependent Variable Scales (After the Programmes) by the number of programmes seen.

SCALE	GROUP	N	$\bar{X}$ AFTER PROG.	F RATIO	SIGN
Information	CONTROL	266	2.4962	20.1273	<.001 +
	Saw 1 Prog	468	2.6987		
	Saw 2 Progs	517	2.8414		
	Saw 3 Progs	592	3.5152		
Image	CONTROL	268	17.9664	5.6426	<.001 *
	Saw 1 Prog	472	18.1801		
	Saw 2 Progs	531	18.4463		
	Saw 3 Progs	609	18.6125		
Attitude Advantages	CONTROL	255	15.4627	15.4672	.001 *
	Saw 1 Prog	457	16.0000		
	Saw 2 Progs	506	16.3874		
	Saw 3 Progs	573	16.7138		
Attitude Disadvantages	CONTROL	255	17.6196	2.9913	<.05 *
	Saw 1 Prog	457	17.9891		
	Saw 2 Progs	506	18.0514		
	Saw 3 Progs.	573	18.5096		

\*  $\bar{X}$ s Before Progs. Not Sign.  
+  $\bar{X}$ s " "  $p < .05$

APPENDIX GFINAL CARD LAYOUT AND CODE CONTENT

Questionnaire: BACKGROUND INFORMATION Code: 902

Key to last column: C = coded  
 sm = single mention  
 mm = multiple mention

Remarks	No. of cols	col no.	Ques No.	Question & Code Content	
	3	1-3		Questionnaire Code	
	4	4-7		Student No.	
	2	8-9		School No.	
	2	10-11		Class No.	
	2	12-13	(1)	HOW OLD ARE YOU? 1. Less than 13 years old 2. 13 years old 3. 14 " " 4. 15 " " 5. 16 " " 6. 17 " " 7. 18 " " 8. 19 " " 9. 20 " " 10. Over 20 years old	sm
	1	14	(2)	IS YOUR FATHER LIVING AT HOME ? 1. Yes 2. No	sm
	1	15	(3)	IS YOUR MOTHER LIVING AT HOME ? 1. Yes 2. No	sm
	2	16-17	(4) a	HOW MANY BROTHERS & SISTERS DO YOU HAVE ? _____ No. of brothers	
	2	18-19	b	_____ No. of sisters	

Remarks	No. of cols	col no.	Ques No.	Question & Code Content	
	1	20	(5)	HAVE BROTHERS OLDER THAN YOU? 1. Yes 2. No	sm
	1	21	(6)	HAVE SISTERS OLDER THAN YOU? 1. Yes 2. No	sm
	1	22	(7a)	DOES YOUR MOTHER GO TO WORK? 1. Yes 2. No	
	2	23-24	(7b)	IF YES, WHAT DOES SHE DO? 1. Teacher 2. Dressmaker 3. Secretary 4. Engineer 5. Nurse 6. Accountant 7. Doctor 8. Worker(cleaner) 9. Self employed(private business) 10. Civil servant	
	2	25-26	(7c)	IF CIVIL SERVANT, WHAT GRADE? _____ No. of Grade	
	1	27	(3)	WHAT IS YOUR NATIONALITY? 1. Bahraini 2. Other Arab Nationality 3. Other	sm
	1	28	(9a)	DO YOU HAVE TV AT HOME? 1. Yes 2. No	sm
	1	29	(9b)	IF YES, SINCE WHEN? 1. More than five years ago 2. Five years ago 3. Four years ago	sm

(cont.)

Remarks	No. of cols	col no.	Ques No.	Questions & Code Content	
	1	30	(10)	4. three years aog 5. two years ago 6. one year ago 7. less than a year HOW OFTEN DO YOU WATCH TV? (at your, or someone else's home) 1. Everyday 2. Twice a week 3. Once a week 4. Less than once a week 5. Never watch t.v.	sm
		31	(11)	IF YOU HAVE TV, WHICH CHANNELS CAN YOU SEE ON YOUR SET?	mm
		32		Bahrain	
		33		Saudi Arabia	
		34		Aramco	
		35		Kuwait	
		36		Qatar	
		37		Abu Dhabi	
	1	38	(12)	DO YOU HAVE RELATIVES IN THE NURSING PROFESSION? 1. Yes 2. No	sm
	1	39	(13)	DO YOU HAVE RELATIVES IN THE TEACHING PROFESSION? 1. Yes 2. No	sm
	1	40	(14)	DO YOU HAVE FRIENDS IN NURSING PROFESSION? 1. Yes 2. No	sm

Remarks	No. of cols	col no.	Ques No.	Questions & Code Content	
	1	41	(15)	DO YOU HAVE FRIENDS IN THE TEACHING PROFESSION? 1. Yes 2. No	sm
	1	42	(16a)	DOES YOUR FATHER WORK? 1. Yes 2. No	sm
	2	43-44	(16b)	IF YES, STATE IN DETAIL WHAT HE DOES:	c
	3	45-46	(17)	WHERE DO YOU LIVE?	c
	1	45	(18)	PERFORMANCE IN CLASS (answered by Teacher) 1. Excellent 2. Very Good 3. Good 4. Fair 5. Weak	sm
	1	49	(19)	SOCIO-ECONOMIC STATUS (answered by Teacher) 1. Above middle 2. Middle 3. Below middle	sm

## NOTE:

Questions 18 and 19 were put in "blank" form on the original questionnaires. The teachers had the codes for those questions and filled them in later.

APPENDIX HFINAL CARD LAYOUT AND CODE CONTENT

Questionnaire: SCHOOL AND WORK Code: 903

Key to last column: C = coded, sm = single mention  
mm = multiple mention

No. of Cols	Col. No.	Ques No.	Question and Code Content
3 4 2 2	1-3 4-7 8-9 10-11		CODE STUDENT NO. SCHOOL NO. CLASS NO.
1	12	(1)	IF YOU HAD THE CHOICE, WHEN WOULD YOU LEAVE SCHOOL?  1. After primary level 2. After Intermediate level 3. After Secondary level 4. After University 5. Don't know
1	13	(2)	WHEN DO YOUR PARENTS WISH YOU TO LEAVE SCHOOL?  1. After Primary level 2. After Intermediate level 3. After Secondary level 4. After University 5. Don't know
1	14	(3a)	<div style="border: 1px solid black; padding: 2px; display: inline-block;">For Intermediate Class only</div> DO YOU PLAN TO LEAVE SCHOOL AFTER THE INTERMEDIATE?  1. Yes 2. No

	No. of Cols	Col. No.	Ques No.	Question and Code Content	
	2	15-16	(3b)	<p>IF YES, WHY?</p> <ol style="list-style-type: none"> <li>1. I don't like studying</li> <li>2. Not happy at school</li> <li>3. Have to help family materially</li> <li>4. Going to get married</li> <li>5. Father doesn't want me to continue</li> <li>6. Mother wants me to help at home</li> <li>7. Found a job</li> <li>8. Want to train as Nurse</li> <li>9. Want to train as Waitress</li> <li>10. Want to train as Dressmaker</li> <li>11. What to train for another job.</li> </ol>	sm
	2	17-18	(4)	<p>AFTER GRADUATING FROM SECONDARY SCHOOL, WHAT ARE YOU PLANNING TO DO?</p> <ol style="list-style-type: none"> <li>1. I don't know if I'd get to final Secondary class</li> <li>2. Wait and see if I pass first</li> <li>3. If my grades are good, enter a University</li> <li>4. Apply to Teachers' Training College</li> <li>5. Apply to College of Health Sciences</li> <li>6. Apply to Nursing School</li> <li>7. Apply for training in a Company</li> <li>8. Apply to train as a Secretary</li> <li>9. Apply to Gulf Technical College</li> <li>10. Work in family business</li> <li>11. Apply to train as Air Hostess</li> <li>12. Wait to get married</li> <li>13. I don't know yet</li> </ol>	sm

No. of Cols	Col. No.	Ques No.	Question and Code Content
2	19-20	(5)	<p>IF YOU ARE PLANNING TO WORK, WHAT WORK DO YOU HAVE IN MIND?</p> <ol style="list-style-type: none"> <li>1. Not planning to work</li> <li>2. Teacher</li> <li>3. Dressmaker</li> <li>4. Secretary</li> <li>5. Nurse</li> <li>6. Accountant</li> <li>7. Doctor</li> <li>8. Air Hostess</li> <li>9. Employee at Company</li> <li>10. Self employed(private business)</li> <li>11. Lawyer</li> <li>12. Journalist</li> <li>13. Broadcaster</li> <li>14. Traffic Warden</li> <li>15. Engineer</li> <li>16. Policewoman</li> <li>17. Civil Servant</li> <li>18. Don't know</li> </ol>
2	21-22	(6)	<p>PEOPLE CANNOT ALWAYS DO WHAT THEY WISH TO DO, WHAT JOB DO YOU WISH YOU COULD DO?</p> <ol style="list-style-type: none"> <li>1. I don't wish anything</li> <li>2. Teacher</li> <li>3. Dressmaker</li> <li>4. Secretary</li> <li>5. Nurse</li> <li>6. Accountant</li> </ol> <p style="text-align: right;">(continued)</p>

	No. of Cols	Col. No.	Ques No.	Question and Code Content
cont/				7. Doctor 8. Air Hostess 9. Employee at Company 10. Self employed (private business) 11. Lawyer 12. Journalist 13. Broadcaster 14. Traffic Warden 15. Engineer 16. Policewoman 17. Civil Servant 18. Don't know
	1	23	(7)	IF GETTING MARRIED WHILE WORKING, WOULD YOU WORK AFTER MARRIAGE?  1. Plan to work 2. Leave work 3. Don't know
	1	24	(8)	HAD CHOICE, & ASKED TO MARRY EARLY, AFTER WHAT LEVEL WILL YOU LEAVE SCHOOL?  1. After Primary level 2. After Intermediate level 3. After Secondary level 4. After University 5. Don't know  <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 10px auto;">             The following questions you have to tick one out of two alternatives, the one that suits you most           </div>

	No. of Cols	Col. No.	Ques No.	Question and Code Content	
	1	25	(9)	IF YOU WANT TO CHOOSE A JOB, WHICH OF THESE DO YOU PREFER?  1. Job requiring intellectual work 2. Job requiring practical work	sm <input type="checkbox"/> <input type="checkbox"/>
	1	26	(10)	AND WHICH OF THESE DO YOU PREFER?  1. Job which is adventurous, has future, but risky 2. One which is not adventurous, has no future, but is secure	sm <input type="checkbox"/> <input type="checkbox"/>
	1	27	(11)	AND WHICH OF THESE DO YOU PREFER?  1. One which requires you to be well dressed 2. One in which dressing does not matter	sm <input type="checkbox"/> <input type="checkbox"/>
	1	28	(12)	AND WHICH OF THESE DO YOU PREFER?  1. Job which requires your thinking ability 2. Job which, once you learn, you'll always know	sm <input type="checkbox"/> <input type="checkbox"/>
	1	29	(13)	WHICH OF THESE WOULD YOU PREFER DOING AFTER LEAVING SCHOOL?  1. Go to a College or University 2. Find a job straight away	sm <input type="checkbox"/> <input type="checkbox"/>
	1	30	(14)	DO YOU LIKE SCHOOL?  1. Like it a little 2. Like it a lot 3. Don't like it 4. It is a necessity	sm <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

No. of Cols	Col. No.	Ques No.	Question and Code Content																																	
1	31	(15)	<p>DO YOU THINK YOUR RELATIONSHIP WITH YOUR TEACHER IS GOOD?</p> <p>1. Less than other pupils 2. Like other pupils 3. Better than other pupils</p>																																	
		(16)	<p>HERE ARE A NUMBER OF SCHOOL SUBJECTS: YOU MIGHT LIKE SOME, DON'T MIND SOME AND DISLIKE OTHERS. TICK WHAT SUITS YOU MOST FOR EACH SUBJECT</p> <table border="1"> <thead> <tr> <th>Like 1</th> <th>Don't Mind 2</th> <th>Dislike 3</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> </tr> </tbody> </table>	Like 1	Don't Mind 2	Dislike 3																														
Like 1	Don't Mind 2	Dislike 3																																		
1	32		Religion																																	
1	33		Arabic language																																	
1	34		English language																																	
1	35		Mathematics																																	
1	36		Sciences																																	
1	37		Social Sciences																																	
1	38		Home Economics																																	
1	39		Physical Education																																	
1	40		Arts																																	
1	41	(17)	<p>WHICH SCHOOL SUBJECT DO YOU LIKE MOST OF ALL? (Choose one)</p> <p>1. Religion 2. Arabic language 3. English language 4. Mathematics 5. Sciences 6. Social Sciences 7. Home Economics</p> <table border="1"> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> <tr><td></td></tr> </table>																																	

(Continued)

No. of Cols	Col. No.	Ques No.	Question and Code Content
(continued..)			8. Physical Education 9. Arts
		(18)	WHICH OF THESE MAGAZINES DO YOU USUALLY READ?
	1	42	Hawa
	1	43	Al-Hilal
	1	44	Al-Araby
	1	45	Al-Mowrd

mm

APPENDIX I  
FINAL CARD LAYOUT AND CODE CONTENT

Questionnaire: THE TELEVISION Code: 904  
 (2 cards)

No. of Cols	Col. No.	Ques No.	Question and Code Content
3 4 2 2 1	1-3 4-7 8-9 10-11 12		CODE STUDENT NO. SCHOOL NO. CLASS NO. CARD SEQUENCE NO.
1	13	(1)	DO YOU WATCH TV MORE THAN ONCE A WEEK? 1. Yes 2. No (If NO, please put your hand up to talk to teacher)
1	14	(2)	DO YOU HAVE A TV SET AT HOME? 1. Yes 2. No
1	15	(3)	IF YOU HAVE A TV SET, SINCE WHEN DID YOU HAVE IT? 1. More than 5 years ago 2. Five years ago 3. Four years ago 4. Three years ago 5. Two years ago 6. One year ago 7. Less than one year ago
		(4)	IF YOU HAVE A TV SET, WHICH CHANNELS CAN YOU GET ON YOUR SET?  (continued)

No. of Cols	Col. No.	Ques No.	Question and Code Content
1 1 1 1 1 1 1 1	16 17 18 19 20 21 22 23		Bahrain Saudi Arabia Aramco Kuwait Qatar Abu Dhabi Dubai Oman
1	24	(5)	<p>THE PROGRAMMES OF WHICH CHANNEL DO YOU LIKE MOST?</p> <ol style="list-style-type: none"> <li>1. Bahrain</li> <li>2. Saudi Arabia</li> <li>3. Aramco</li> <li>4. Kuwait</li> <li>5. Qatar</li> <li>6. Abu Dhabi</li> <li>7. Dubai</li> <li>8. Oman</li> </ol> <p>IF YOU HAVE A TV AT HOME, MOVE TO QUESTION NO. 10 AND ANSWER THE REST FROM THERE.</p>
	25	(6)	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p>For those who do not have a tv at home:-</p> </div> <p>IN WHOSE HOME DO YOU USUALLY WATCH TV?</p> <ol style="list-style-type: none"> <li>1. Neighbours' home</li> <li>2. Relatives' home</li> <li>3. Friends' home</li> <li>4. All, sometime</li> </ol>

No. of Cols	Col. No.	Ques No.	Question and Code Content
	26	7.a	DO YOU THINK YOUR PARENTS ARE PLANNING TO GET A TV SET? 1. Yes 2. No
	27	7.b	IF YES, WHEN DO YOU THINK THEY ARE PLANNING TO GET THE SET? 1. I don't know 2. Within the next two months 3. Before the summer holidays 4. Next year
	28	(8)	IF YOU WANT TO WATCH A PROGRAMME ON TV CAN YOU USUALLY GO TO YOUR FRIENDS' HOME TO WATCH? 1. I usually can 2. I usually cannot 3. Sometimes I can, sometimes I cannot
2	30-31	9.a  9.b 9.c	IF YOU GO TO YOUR FRIEND'S HOME TO WATCH TV, DO YOUR PARENTS ASK YOU TO RETURN AT A SPECIFIC TIME OR NOT? 1. Can stay as long as I like 2. Have to go back on specific time  IF YOU HAVE TO RETURN AT A SPECIFIC TIME, WHEN IS THAT USUALLY? I usually return around: .....

No. of Cols	Col. No.	Ques No.	Question and Code Content																								
1	32	(10)	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;">           It is now asked of those who have and do not have t.v. to answer all the questions.         </div> <p>WHILE WATCHING T.V. SOME PEOPLE DO OTHER JOBS AT THE SAME TIME. WHAT DO YOU USUALLY DO WHILE WATCHING T.V.?</p> <ol style="list-style-type: none"> <li>1. Just watch</li> <li>2. Do my housework</li> <li>3. Read</li> <li>4. Sew or knit</li> <li>5. Talk</li> <li>6. Play</li> <li>7. Do housework</li> <li>8. Do other things</li> </ol>																								
1	33	(11)	<p>DO YOU SOMETIMES WATCH CHILDRENS PROGRAMMES?</p> <ol style="list-style-type: none"> <li>1. Yes</li> <li>2. No</li> </ol> <p>IF YOUR ANSWER IS NO MOVE TO QUESTION NO. 15</p>																								
7	34 35 36 37 38	(12)	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;">           Now a few questions about Childrens' Programmes         </div> <p>HOW OFTEN DO YOU WATCH CHILDRENS' PROGRAMMES?</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">always</th> <th style="text-align: center;">sometimes</th> <th style="text-align: center;">never</th> </tr> </thead> <tbody> <tr> <td>Saturday</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> </tr> <tr> <td>Sunday</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> </tr> <tr> <td>Monday</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> </tr> <tr> <td>Tuesday</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> </tr> <tr> <td>Wednesday</td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> </tr> </tbody> </table>		always	sometimes	never	Saturday	1	2	3	Sunday	1	2	3	Monday	1	2	3	Tuesday	1	2	3	Wednesday	1	2	3
	always	sometimes	never																								
Saturday	1	2	3																								
Sunday	1	2	3																								
Monday	1	2	3																								
Tuesday	1	2	3																								
Wednesday	1	2	3																								

	No. of Cols	Col. No.	Ques No.	Question and Code Content
		39 40		<p style="text-align: right;">always sometimes never</p> <p>Thursday                    1            2            3</p> <p>Friday                      1            2            3</p>
	1	41	(13)	<p>WHEN YOU WATCH THE CHILDRENS' PROGRAMMES, DO YOU WATCH ALL OF THEM OR PART OF THEM? sm</p> <p>1. Usually watch all 2. Usually watch part</p>
	2	42-43	(14)	<p>WHICH CHILDRENS' PROGRAMME DO YOU LIKE MOST? (choose one). sm</p> <p>1. Cartoons 2. Childrens' Paradise 3. Mother Anissa 4. Our Children 5. Muppett Show 6. Western films 7. Documentaries</p>
	1	44	(15)	<p>DO YOU SOMETIMES WATCH THE EVENING PROGRAMMES, i.e. AFTER SEVEN P.M.? sm</p> <p>1. Yes 2. No</p> <p>IF YOUR ANSWER IS NO, TURN TO QUESTION NO. 19</p>

No. of Cols	Col. No.	Ques No.	Question and Code Content
			<div style="border: 1px solid black; padding: 5px; display: inline-block;">           Now a few questions about the evening programmes.         </div>
		(16)	HOW OFTEN DO YOU WATCH THE EVENING PROGRAMMES, i.e. AFTER SEVEN P.M.?
			always    sometimes    never
7	45		Saturday            1            2            3
	46		Sunday              1            2            3
	47		Monday              1            2            3
	48		Tuesday             1            2            3
	49		Wednesday          1            2            3
	50		Thursday            1            2            3
	51		Friday                1            2            3
		(17)	TILL WHAT TIME IN THE EVENINGS DO YOU STAY WATCHING T.V.?
			<u>Saturdays to Wednesdays:</u> I watch till.....hrs in the evening
2	52-53		<u>Thursdays:</u> I watch till.....hrs in the evening
2	54-55		<u>Fridays:</u> I watch till.....hrs in the evening
2	56-57		
		(18)	WHICH THREE EVENING T.V. PROGRAMMES DO YOU LIKE MOST?
14	58		Arabic serial (daily)
	59		News in English
	60		Western serials
	61		News in Arabic
	62		Documentaries
	63		Arabic films
	64		Western films
	65		Indian films

	No. of Cols	Col. No.	Ques No.	Question and Code Content
		66 67 68 69		Gulf Musicals Western Musicals Family World Local programmes
				The following questions are for all t.v. programmes.
CARD 904 NO. 2				
	1	13	19a	DO YOU USUALLY KNOW WHAT IS ON THE TELEVISION BEFORE PUTTING IT ON? 1. Yes 2. No
	5	14 15 16 17 18	19b	IF YES, HOW DID YOU KNOW? From tomorrow's programmes From today's programmes From the newspaper From the family From friends
	1	19	(20)	IF YOU HAVE A T.V. SET AT HOME, IS IT LEFT ON MOST OF THE TIME OR IS IT SWITCHED ON FOR SPECIFIC PROGRAMMES ONLY? 1. Left on most of the time 2. Switched on for specific programmes
	1	20	(21)	WHILE YOU ARE WATCHING, IF A PROGRAMME COMES ON WHICH YOU DO NOT LIKE, WHAT DO YOU USUALLY DO? 1. I go on watching 2. I stop watching 3. I stop watching and do something else

	No. of Cols	Col. No.	Ques No.	Question and Code Content	
	1	21	(22)	WHAT DO YOU DO TO THE T.V. SET? 1. Keep it on 2. It is switched off 3. Change to another channel 4. Lower volume only	sm
	5	22 23 24 25 26	(23)	WITH WHOM DO YOU USUALLY WATCH T.V.? Alone With my friends With brothers and sisters With relatives With my parents	sm
	1	27	(24)	WHEN DO YOU MOST OFTEN WATCH BAHRAIN TELEVISION? 1. Around six in the evening 2. Around seven in the evening 3. Around eight in the evening 4. Between eight & nine in the evening 5. Between nine and ten in the evening 6. After ten in the evening	sm
	2	28-29	(25)	WHICH PROGRAMME DO YOU DO YOUR BEST NOT TO MISS? 1. Daily Arabic serial 2. News in English 3. Western serials 4. News in Arabic 5. Documentaries 6. Arabic films 7. Western films 8. Indian films	sm

	No. of Cols	Col. No.	Ques No.	Question and Code Content																												
				9. Gulf musicals 10. Western Musicals 11. Family World 12. Local programmes in general																												
	1	30	(26)	CAN YOU USUALLY WATCH WHATEVER YOU LIKE ON T.V., OR DO THOSE SITTING WITH YOU HAVE TO ACCEPT FIRST?  1. I can watch what I like 2. Those watching have to accept first 3. We usually like the same programmes																												
	1	31	(27)	WHO IN THE FAMILY USUALLY DECIDES WHAT CAN BE WATCHED ON TV AND WHAT SHOULD NOT?  1. My father 2. My mother 3. One of my brothers 4. One of my sisters 5. A relative 6. No-one.																												
			(28)	WHAT TYPES OF PROGRAMMES DO YOU LIKE TO WATCH ON TV? Here are a number of types of programmes, tick the answer that you feel suits you most for each type. <table style="margin-left: auto; margin-right: auto;"> <thead> <tr> <th></th> <th>Like</th> <th>Don't Mind</th> <th>Don't Like</th> </tr> </thead> <tbody> <tr> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>32</td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>33</td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>34</td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>35</td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>36</td> <td>1</td> <td>2</td> <td>3</td> </tr> </tbody> </table>		Like	Don't Mind	Don't Like		1	2	3	32	1	2	3	33	1	2	3	34	1	2	3	35	1	2	3	36	1	2	3
	Like	Don't Mind	Don't Like																													
	1	2	3																													
32	1	2	3																													
33	1	2	3																													
34	1	2	3																													
35	1	2	3																													
36	1	2	3																													

	No. of Cols	Col. No.	Ques No.	Question and Code Content			
					Like	Don't Mind	Don't Like
		37		Drama	1	2	3
		38		Comedy	1	2	3
		39		Tragedy	1	2	3
		40		Religious plays	1	2	3
		41		Historical plays	1	2	3
		42		War plays	1	2	3
		43		Of great people	1	2	3
		44		Home Life & Society Problems	1	2	3
		45		Bedouin plays	1	2	3
		46		Travel	1	2	3
		47		Science & Inventions	1	2	3
		48		Aeroplanes & Flying	1	2	3
		49		Sea & Ships	1	2	3
		50		Painting & Sculpture	1	2	3
		51		Home Economics & Cooking	1	2	3
		52		Dancing	1	2	3
		53		Wild animals	1	2	3
		54		Domestic animals	1	2	3
		55		People from other countries	1	2	3
		56		Agriculture & Village Life plays	1	2	3
		57		Of great books	1	2	3
		58		Children & Child Care	1	2	3
		59		Health, medicine & Health Science	1	2	3
		60		News & World Events	1	2	3
		61		Politics	1	2	3
		62		Competitions & Quizzes	1	2	3
		63		Musicals as a whole	1	2	3
		64		Gulf musicals	1	2	3
		65		Arabic musicals	1	2	3
		66		Western musicals	1	2	3

APPENDIX JFINAL CARD LAYOUT AND CODE CONTENT

Questionnaire: DO YOU KNOW? Code: 905

Remarks	No. of cols	Col. No.	Quest No.	Question and Code Content	
Instructions and examples are presented first.	3	1-3		CODE	
	4	4-7		STUDENT NO.	
	2	8-9		SCHOOL NO.	
	2	10-11		CLASS NO.	
				(1) WHAT CERTIFICATE IS REQUIRED FOR EACH OF THOSE JOBS?	
				1. Secondary Intermediate	sm
				2. Secondary	
				3. Teacher's Training College	
				4. Gulf Technical College	
				5. Don't know	
			12	Teacher Gr. 4	1-5
			13	Practical Nurse	1-5
			14	Air Hostess	1-5
			15	General Nurse	1-5
			16	Secretary	1-5
			17	Teacher Gr. 5	1-5
				(2) AFTER GETTING THE REQUIRED CERTIFICATE, HOW MANY YEARS OF TRAINING ARE REQUIRED FOR EACH OF THOSE JOBS?	
			1. One year		
			2. Two years		
			3. Three years		
			4. Three months		
			5. Don't know	sm	

Remarks	No. of cols	col no.	Ques no.	Question & Code Content	
		18		Practical nurse 1-5	
		19		Air Hostess 1-5	
		20		General nurse 1-5	
		21		Secretary 1 5	
		22		Teacher Gr.5 1-5	
			(3)	HOW MANY HOURS OF WORK ARE REQUIRED FOR EACH OF THOSE JOBS?	
				1. 36 hours per week	sm
				2. 31 hours per week	
				3. 64 hours per week	
				4. Don't know	
		23		Teacher 1-4	
		24		Nurse 1-4	
		25		Air Hostess 1-4	
		26		Secretary 1-4	
			(4)	HOW LONG IS THE VACATION PERIOD GIVEN FOR EACH OF THOSE JOBS?	
				1. 21 days	sm
				2. One month	
				3. Three months	
				4. Don't know	
		27		Teacher 1-4	
		28		Nurse 1-4	
		29		Air Hostess 1-4	
		30		Secretary 1-4	
			(5)	WHAT IS THE LOCATION OF EACH OF THOSE INSTITUTIONS?	
				1. Manama	sm
				2. Muharraq	
				3. Issa Town	
				4. Rifa'a	
				5. Don't know	

Remarks	No. of cols	col no.	Ques no.	Question & Code Content	
		31		Gulf Technical College	1-5
		32		Teachers' Training College	1-5
		33		College of Health Sciences	1-5
		34		Gulf Air Training Centre	1-5
			(6)	WHAT STIPEND IS GIVEN IN THE FIRST YEAR OF TRAINING TO EACH OF THOSE JOBS?	
				1. 50 Dinars per month	sm
				2. 65 Dinars per month	
				3. 98 Dinars per month	
				4. I don't know	
		35		Practical Nurse	1-4
		36		Air Hostess	1-4
		37		General Nurse	1-4
			(7)	WHAT TRANSPORT FACILITIES ARE PROVIDED FOR EACH OF THOSE JOBS?	
				1. Facilities for those living more than one mile from home	sm
				2. Facilities for all. Bus stops at specific areas	
				3. Company provides transport	
				4. No facilities available	
				5. Don't know	
		38		Teacher	1-5
		39		Nurse	1-5
		40		Air Hostess	1-5
		41		Secretary	1-5
			(8)	WHAT SALARY IS GIVEN AFTER COMPLETION OF TRAINING TO EACH OF THOSE JOBS?	

Remarks	No. of cols	col no.	Ques no.	Question & Code Content	
				1. 84 Dinars per month 2. 95 Dinars per month 3. 99 Dinars per month 4. 115 Dinars per month 5. 119 Dinars per month 6. Don't know.  Teacher Gr. 4                      1-6 Practical Nurse                      1-6 Air Hostess                              1-6 General Nurse                           1-6 Secretary Gr. 5                        1-6 Teacher Gr. 5                           1-6	sm

APPENDIX KFINAL CARD LAYOUT AND CARD CONTENTQuestionnaire: WHAT DO YOU THINK?

Code: 906

Remarks	No. of Cols	Col No.	Quest No.	Question & Code Content
Instructions and example presented first.	3	1-3		CODE
	4	4-7		STUDENT NO.
	2	8-9		SCHOOL NO.
	2	10-11		CLASS NO.
			(1)	TEACHER'S JOB:
				1. True
				2. Don't know
				3. Not True
			12	1. Requires good academic qualifications
			13	2. Involves difficult training
		14	3. It is not socially prestigious	
		15	4. Rumoured to be only a stepstone to marriage	
		16	5. Provides opportunities for socializing	
		17	6. Requires a nice personality	
		18	7. Provides good opportunities for career mobility	
		19	8. Rumoured that choosers not dedicated	
		20	9. Helps achieve independence	
		21	10. It is a secure & sheltered job.	

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
			(2)	NURSE'S JOB: 1. True 2. Don't Know 3. Not True
		22	1.	Requires good academic qualifications
		23	2.	Involves difficult training
		24	3.	It is not socially prestigious
		25	4.	Rumoured to be only a stepstone to marriage
		26	5.	Provides opportunitites for socializing
		27	6.	Requires a nice personality
		28	7.	Provides good opportunities for career mobility
		29	8.	Rumoured that choosers are not dedicated
		30	9.	Helps achieve independence
		31	10.	It is a secure & sheltered job
			(3)	AIR HOSTESS' JOB 1. True 2. Don't know 3. Not True
		32	1.	Requires good academic qualifications
		33	2.	Involves difficult training
		34	3.	It is not socially prestigious
		35	4.	Rumoured to be only a stepstone to marriage
		36	5.	Provides opportunitites for socializing
		37	6.	Requires a nice personality

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
		38	7.	Provides good opportunities for career mobility
		39	8.	Rumoured that choosers are not dedicated
		40	9.	Helps achieve independence
		41	10.	It is a secure and sheltered job
			(4)	SECRETARY'S JOB: 1. True 2. Don't Know 3. Not True
		42	1.	Requires good academic qualifications
		43	2.	Involves difficult training
		44	3.	It is not socially prestigious
		45	4.	Rumoured to be only a stepstone to marriage
		46	5.	Provides opportunities for socializing
		47	6.	Requires a nice personality
		48	7.	Provides good opportunities for career mobility
		49	8.	Rumoured that choosers are not dedicated
		50	9.	Helps achieve independence
		51	10.	It is a secure and sheltered job
			(5)	RANK THOSE JOBS FROM THE MOST IMPORTANT IN STATUS IN OUR SOCIETY TO THE LEAST: 1. Waitress 2. Doctor 3. Teacher 4. Cook 5. Lawyer

(Cont..)

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
				6. Nurse
				7. Secretary
				8. Air Hostess
		52		1st in Importance 1-8
		53		2nd " 1-8
		54		3rd " 1-8
		55		4th " 1-8
		56		5th " 1-8
		57		6th " 1-8
		58		7th " 1-8
		59		8th " 1-8

APPENDIX LFINAL CARD LAYOUT AND CARD CONTENTQuestionnaire: WHAT IS YOUR ATTITUDE? (1) Code: 907

Remarks	No of Cols	Col No.	Quest No.	Question and Code Content	
Instructions and example presented first	3	1-3		CODE	
	4	4-7		STUDENT NO.	
	2	8-9		SCHOOL NO.	
	2	10-11		CLASS NO.	
				(1)	TEACHER'S JOB
					1. Strongly Agree
					2. Agree
					3. Uncertain
					4. Disagree
					5. Strongly Disagree
			12	1	This is the ideal job for life
			13	2	Like the discipline in this job
			14	3	Dislike heavy responsibility involved
			15	4	Dislike having to carry orders
		16	5	Like the uniform	
		17	6	Choose when found no other job	
		18	7	Like the fact that no decision-making is involved	
		19	8	Dislike certain aspects	
		20	9	Like opportunity presented to socialize	
		21	10	Dislike irregular working hours	
		22	11	The advantages are several	
		23	12	It is a routine & boring job	
		24	13	Opportunities for career mobility are several	
		25	14	There are better jobs	

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
			(2)	NURSE'S JOB: 1. Strongly Agree 2. Agree 3. Uncertain 4. Disagree 5. Strongly Disagree
		26	1	This is the ideal job for life
		27	2	Like the discipline in this job
		28	3	Dislike heavy responsibility involved
		29	4	Dislike having to carry orders
		30	5	Like the uniform
		31	6	Choose when found no other job
		32	7	Like the fact that no decision-making is involved
		33	8	Dislike certain aspects
		34	9	Like opportunity presented to socialize
		35	10	Dislike irregular working hours
		36	11	The advantages are several
		37	12	It is a routine and boring job
		38	13	Opportunities for career mobility are several
		39	14	There are better jobs.

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
			(3)	AIR HOSTESS' JOB
			1.	Strongly Agree
			2.	Agree
			3.	Uncertain
			4.	Disagree
			5.	Strongly Disagree
		40	1	This is the ideal job for life
		41	2	Like the discipline in this job
		42	3	Dislike heavy responsibility involved
		43	4	Dislike having to carry orders
		44	5	Like the uniform
		45	6	Choose when found no other job
		46	7	Like the fact that no decision-making is involved
		47	8	Dislike certain aspects
		48	9	Like opportunity presented to socialize
		49	10	Dislike irregular working hours
		50	11	The advantages are several
		51	12	It is a routine and boring job
		52	13	Opportunities for career mobility are several
		53	14	There are better jobs.

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
			(4)	SECRETARY'S JOB: 1. Strongly Agree 2. Agree 3. Uncertain 4. Disagree 5. Strongly Disagree
		54	1	This is the ideal job for life
		55	2	Like the discipline in this job
		56	3	Dislike heavy responsibility involved
		57	4	Dislike having to carry orders
		58	5	Like the uniform
		59	6	Choose when found no other job
		60	7	Like the fact that no decision-making is involved
		61	8	Dislike certain aspects
		62	9	Like opportunity presented to socialize
		63	10	Dislike irregular working hours
		64	11	The advantages are several
		65	12	It is a routine and boring job
		66	13	Opportunities for career mobility are several
		67	14	There are better jobs.

APPENDIX MFINAL CARD LAYOUT AND CARD CONTENTQuestionnaire: WHAT IS YOUR ATTITUDE? (2) Code: 908

Remarks	No. of Cols	Col No.	Quest No.	Question and Code Content
	3	1-3		CODE
	4	4-7		STUDENT NO.
	2	8-9		SCHOOL NO.
	2	10-11		CLASS NO.
				1. Strongly Agree
				2. Agree
				3. Uncertain
				4. Disagree
				5. Strongly Disagree
		12	(1)	Housework is womens' real work
		13	(2)	Women should have freedom of choice
		14	(3)	Womens' Role is to marry and have children
		15	(4)	If a woman is working, the husband should share housework
		16	(5)	Womens' place is in the home
		17	(6)	Further education is beneficial to women
		18	(7)	If husband is well off, women should not work
		19	(8)	Women are capable of housework and work
		20	(9)	Women are less intelligent than men
		21	(10)	Marriage should not be approached for shelter and security only
		22	(11)	Women should be taught only what is useful to the home

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
		23	(12)	Women should use talent outside home
		24	(13)	When a girl gets married, she should leave work
		25	(14)	Women should become economically independent
		26	(15)	Women should choose only secure and sheltered jobs
		27	(16)	Girls should get married only after graduating from school.

APPENDIX NFINAL CARD LAYOUT AND CARD CONTENTQuestionnaire: WHAT BOTHERS YOU?

Code: 909

Remarks	No. of Col	Col No.	Quest No.	Question and Code content
	3	1-3		CODE
	4	4-7		STUDENT NO.
	2	8-9		SCHOOL NO.
	2	10-11		CLASS NO.
				1. Bother me a lot
				2. Bother me a little
				3. Does not bother me at all
		12	(1)	Working with a dentist
		13	(2)	Work at school unsatisfactory
		14	(3)	Illnesses
		15	(4)	Start something and not finish it
		16	(5)	Marriage
		17	(6)	The sight of blood
		18	(7)	Exams
		19	(8)	School uniforms
		20	(9)	Get scolded by teacher
		21	(10)	Thoughts of death
		22	(11)	Studies
		23	(12)	Strict discipline
		24	(13)	Going to work
		25	(14)	Obeying orders
		26	(15)	Leaving school
		27	(16)	Smell of antiseptic and disinfectants

APPENDIX NFINAL CARD LAYOUT AND CARD CONTENTQuestionnaire: WHAT BOTHERS YOU?

Code: 909

Remarks	No. of Col	Col No.	Quest No.	Question and Code content
	3	1-3		CODE
	4	4-7		STUDENT NO.
	2	8-9		SCHOOL NO.
	2	10-11		CLASS NO.
				1. Bother me a lot
				2. Bother me a little
				3. Does not bother me at all
		12	(1)	Working with a dentist
		13	(2)	Work at school unsatisfactory
		14	(3)	Illnesses
		15	(4)	Start something and not finish it
		16	(5)	Marriage
		17	(6)	The sight of blood
		18	(7)	Exams
		19	(8)	School uniforms
		20	(9)	Get scolded by teacher
		21	(10)	Thoughts of death
		22	(11)	Studies
		23	(12)	Strict discipline
		24	(13)	Going to work
		25	(14)	Obeying orders
		26	(15)	Leaving school
		27	(16)	Smell of antiseptic and disinfectants

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
		28	(17)	Lack of self confidence
		29	(18)	Taking decisions
		30	(19)	Darkness
		31	(20)	Working with people
		32	(21)	Insects
		33	(22)	Working with a doctor
		34	(23)	Inability to concentrate
		35	(24)	Contact with infectious diseases
		36	(25)	Called to the headmisstress's office
		37	(26)	Sound of someone in pain
		38	(27)	Staying alone at night
		39	(28)	Thunder and lightning
		40	(29)	Hospital atmosphere
		41	(30)	Starting work
		42	(31)	Administering injections
		43	(32)	Nightmares
		44	(33)	Ambulance siren
		45	(34)	Being unpractical
		46	(35)	Going to school
		47	(36)	Seeing victims of an accident
		48	(37)	Strong winds.

APPENDIX P  
FINAL CARD LAYOUT AND CODE CONTENT

Questionnaire: YOUR OPINIONS FOR THE LAST TIME Code: 901

Remarks	No. of cols	col no.	Ques no.	Question & Code Content	
	3 4 2 2  1	1-3 4-7 8-9 10-11  14	(1)	Code Student No. School No. Class No.  THERE ARE DIVERSE EVENTS, NEWS AND TOPICS THAT WE WATCH, LISTEN TO OR READ ABOUT IN THE MASS MEDIA. WHICH MEDIUM DO YOU THINK YOU TRUST MOST?  1. T.V. 2. Radio 3. Newspapers 4. Magazines 5. Books 6. None 7. Don't know	sm
	2	15-16	(2)	NOW THAT THIS SCHOOL YEAR IS DRAWING TO AN END, IF YOU ARE PLANNING TO WORK, WHAT WORK DO YOU HAVE IN MIND?  1. Not planning to work 2. Teacher 3. Dressmaker 4. Secretary 5. Nurse 6. Accountant	sm

(Cont )

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
				7. Doctor 8. Air Hostess 9. Employee at Company 10. Self-employed(private business) 11. Lawyer 12. Journalist 13. Broadcaster 14. Traffic Warden 15. Engineer 16. Policewoman 17. Civil Servant 18. Don't know
	1	17	(3)	WHAT QUALIFIES A PERSON TO DO AN IMPORTANT JOB?  1. Known family 2. Religion and tradition 3. Popularity 4. Work and experience
	1	18	(4)	WHAT IS THE MOST IMPORTANT ELEMENT FOR OUR NATIONAL DEVELOPMENT?  1. Citizen's hard loyal work 2. Government planning 3. God's help 4. Good luck
	1	19	(5)	SOME PEOPLE ARGUE THAT IT IS IMPORTANT THESE DAYS FOR A HUSBAND AND WIFE TO PLAN THE NUMBER OF CHILDREN THEY WANT  (cont.)

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
				<p>SO AS TO DIRECT MORE ATTENTION TO THE ONES THEY HAVE. OTHERS ARGUE THAT IT IS WRONG TO PLAN THE NUMBER OF CHILDREN BORN. WHAT IS YOUR POSITION ON FAMILY PLANNING?</p> <p>1. Agree with family planning 2. Disagree with family planning</p>
	1	20	(6)	<p>IF YOU MEET SOMEONE FROM ANOTHER COUNTRY AND CULTURE, DO YOU THINK YOU CAN UNDERSTAND AND TOLERATE THEIR WAY OF THINKING AND HABITS?</p> <p>1. Yes 2. No</p>
	1	21	(7)	<p>WHAT TYPE OF NEWS DO YOU ENJOY MOST?</p> <p>1. World news 2. Local news 3. Fashion news 4. News of celebrations and festivities</p> <p style="text-align: center; border: 1px solid black; padding: 2px;">Do you know...</p>
			(8)	<p>WHAT CERTIFICATE IS REQUIRED FOR EACH OF THOSE JOBS?</p> <p>1. Second Intermediate 2. Secondary</p>

Remarks	No. of cols	col no.	Ques no.	Question & Code Content	
	1 1 1	22 23 24		3. Teacher's Training College 4. Gulf Technical College 5. Don't know  Practical Nurse            1 - 5 Teacher Gr. 5            1 - 5 General Nurse            1 - 5	
	1 1	25 26	(9)	HOW MANY HOURS OF WORK ARE REQUIRED FOR EACH OF THOSE JOBS?  1. 36 hours per week 2. 31 hours per week 3. 64 hours per week 4. Don't know  Teacher                    1 - 4 Nurse                      1 - 4	sm
	1 1 1	27 28 29	(10)	AFTER GETTING THE REQUIRED CERTIFICATE, HOW MANY YEARS OF TRAINING ARE REQUIRED FOR EACH OF THOSE JOBS?  1. One year 2. Two years 3. Three years 4. Four years 5. Don't know  Practical nurse            1 - 5 Teacher Gr. 5            1 - 5 General nurse            1 - 5	sm

Remarks	No. of cols	col no.	Ques no.	Question & Code Content	
	1 1	30 31	(11)	<p>HOW LONG IS THE VACATION PERIOD GIVEN FOR EACH OF THOSE JOBS?</p> <p>1. 21 days 2. One month 3. Three months 4. Don't know</p> <p>Teacher 1 - 4 Nurse 1 - 4</p>	sm
	1 1 1	32 33 34	(12)	<p>WHAT STIPEND IS GIVEN IN THE FIRST YEAR OF TRAINING TO EACH OF THOSE JOBS?</p> <p>1. 50 Dinars per month 2. 65 Dinars per month 3. 98 Dinars per month 4. Don't know</p> <p>Practical nurse Teacher General Nurse</p>	sm
			(13)	<p>WHAT TRANSPORT FACILITIES ARE PROVIDED FOR EACH OF THOSE JOBS?</p> <p>1. Facilities for those living more than one mile from home 2. Facilities for all. Bus stops at specific areas. 3. Company provides transport 4. No facilities available 5. Don't know</p>	sm

Remarks	No. of cols	col no.	Ques no.	Question & Code Content	
	1	35		Teacher	1 - 5
	1	36		Nurse	1 - 5
				WHAT IS YOUR ATTITUDE?	
			(14)	Nurses Job:	sm
				1. Strongly Agree	
				2. Agree	
				3. Uncertain	
				4. Disagree	
				5. Strongly Disagree	
	1	37	1	This is the ideal job for life	
	1	38	2	Like the discipline in this job	
	1	39	3	Dislike the heavy responsibility involved.	
	1	40	4	Dislike having to carry out orders	
	1	41	5	Like the uniform	
	1	42	6	Choose when found no other job	
	1	43	7	Like the fact that no decision-making is involved	
	1	44	8	Dislike certain aspects	
	1	45	9	Dislike the irregular working hours	
	1	46	10	The advantages are several	
	1	47	11	It is a routine and boring job	
	1	48	12	There are better jobs	
			(15)	Teachers Job:	sm
				1. Strongly Agree	
				2. Agree	
				3. Uncertain	
				4. Disagree	
				5. Strongly Disagree	

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
	1	49	1	This is the ideal job for life
	1	50	2	Like the discipline in this job
	1	51	3	Dislike the heavy responsibility involved
	1	52	4	Dislike having to carry out orders
	1	53	5	Like the uniform
	1	54	6	Choose when found no other job
	1	55	7	Like the fact that no decision-making is involved
	1	56	8	Dislike certain aspects
	1	57	9	Dislike the irregular working hours
	1	58	10	The advantages are several
	1	59	11	It is a routine and boring job
	1	60	12	There are better jobs
			(16)	WHAT DO YOU THINK?  Nurses Job: 1. True 2. Not True 3. Don't know
	1	61	1	Does it require a good academic qualification?
	1	62	2	Does it involved difficult training?
	1	63	3	Is it socially prestigious?
	1	64	4	Is it true, as rumoured, that it is used only as a stepstone to marriage?
	1	65	5	Does it provide opportunities for socializing?
	1	66	6	Does it require a nice personality?

sm

Remarks	No. of cols	col no.	Ques no.	Question & Code Content	
	1	67	7	Does it provide good opportunities for career mobility?	
	1	68	8	Is it true, as rumoured, that choosers are not dedicated?	
	1	69	9	Does it help achieve independence?	
	1	70	10	Is it a secure and sheltered job?	
			(17)	Teacher's Job: 1. True 2. Don't know 3. Not True	sm
	1	71	1	Does it require a good academic qualification?	
	1	72	2	Does it involved difficult training?	
	1	73	3	Is it socially prestigious?	
	1	74	4	Is it true, as rumoured, that it is used only as a stepstone to marriage?	
	1	75	5	Does it provide opportunities for socializing?	
	1	76	6	Does it require a nice personality?	
	1	77	7	Does it provide good opportunities for career mobility?	
	1	78	8	Is it true, as rumoured, that choosers are not dedicated?	
	1	79	9	Does it help achieve independence?	
	1	80	10	Is it a secure and sheltered job?	
	1	12	(18)	HAVE YOU SEEN ANY OF THE PROGRAMME SERIES "THE MERCIFUL HEARTS"?  1. Yes 2. No	

Remarks	No. of cols	col no.	Ques no.	Question & Code Content
	1	13	(19)	IF YES, HOW MANY OF THE PROGRAMMES HAVE YOU SEEN?  1. None of the programmes 2. One programme 3. Two programmes 4. Three programmes

APPENDIX Q

## BAHRAIN

Basic Information

Area	265 Square Miles
Population	341,000 (estimate)
Bahrainis	Approximately ¾ of the total population
Economically Active Population	60,301 (1971 census)
Bahrainis	37,950 (1971 census)
Religion	Islam
Official Language	Arabic (English widely spoken)
Capital	Manama
Government	Sovereign Independent Arab State ruled by H.H. Sheikh Issa Bin Sulman Alkhalifa.

SUMMARY:

Bahrain became an independent state in August, 1971. This date officially marked the end of the special political and military ties with the British Government under which Britain was responsible for the island's defence and foreign affairs.

As an Independent Arab State, Bahrain became a member of the United Nations and the Arab League.

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..... وفتنا الله جميعا لما فيه الخير والسداد .....

المقدمة في الحلقات السابقة :-

لوقدمت كل ما أملك .....

شكرًا للجهود المحمّدية

والإمامين بشارين - والشيخ - شيخنا يوسف

عزيم

مؤيد الله الدائم ..

مؤيدكم في أعمالكم ..

١ (٤) واللواتي كن في بحثه منذ مدة قريبة عن تجربتهن مدة ابحاثه على ...  
ايرلندا ...

س : بالاضافة الى الدراسة التي <sup>انجزتها</sup> <sup>انجزتها</sup> تطلقنها في الكلية في ايرلندا ، هل كان  
عندكن نشاطات اخرى ؟

س : <sup>س</sup> النشاطات الرياضية  
والرحلات في ايرلندا ؟

س : هل كانت هناك محاضرات ضمن برامجكن /بالاضافة الى تخصصكم  
في التمريض ؟

س : ماذا عن السكن ، هل كان مريحاً وما هي التسهيلات التي  
كانت موجودة فيه ؟

س : هل عملتن على فرصة زرتن فيها اوروبا ؟

البيانات:

إذا فمهنة التمريض ليست فقط مهنة انسانية وإنما تتأزر  
بتثقيف الطالبات تثقيفاً جيداً / وتهيئ فرصاً للتعرف على البلاد

الاخرى من خلال البعثات ...

مشاهدين الكرام .. أود ان اشكر <sup>الذين</sup> <sup>الذين</sup> اشركوا في اشتراكهن في هذه  
الندوة / ونرجوا ان نكون قد اوضحنا لكم بعض التساؤلات عن مهنة التمريض /

س : هل حمل المسؤولية الكبيرة خلال هذه المهنة عبئاً ثقیلاً ؟

المرشد

س : هل تجد نفسك مراراً في حاجة إلى اتخاذ قرارات شخصية  
أم في أغلب الأوقات القيادات موضوعية وما عليك إلا التنفيذ ؟

المرشد

س : هل مهنة الممرضة جعلتها روتينية أم تواجهها حالات جديدة وغيره  
دائماً ؟

المرشد

س : ماهي حسنات هذه المهنة ؟

المرشد

المستقبل ومرضها اليدوية ناهيك عن دورها في إيصال رأيها مهنة  
\* المستقلة وفرض التقدم ناحية ضرورية في اختيار أي مهنة ...

س : فما هو مستقبل الممرضة في الفرع العلي والذين تلتحق به حاملات  
الشهادة الإعدادية ؟  
س : ماهي مجالات التخصص للممرضة الفرع العلي ؟

المرشد

س : ماهي مجالات التقدم للممرضة الفرع العام والذين تلتحق به حاملات  
الشهادة التوجيهية ؟

المرشد

س : ماهي مجالات التخصص في مهنة التمريض ؟

المرشد

إذا اثبت الطالب في التمريض العام كفاءة جيدة يمكن ان ترسل في بعث  
الى الخارج للتخصص والتدريب . . . . . نود ان نسمع من الزميلات هنالك

١٨ - <sup>(٥)</sup> مهمة الناحية الاجتماعية جزء مهم من حياة الانسان السطية ...  
فكيف تحتوي الحال <sup>في</sup> مهمة التمريض .

١٩

س : هل تترك هذه المهنة الوقت الكافي لزياة الصديات وممارسة الهوايات والراحة ؟

س : هل تترك

س : يقال أنه من واجب المرض أن تتلقى بشخصيه جذابه فما هو رأيك ؟

س : هل ساعدتك مهنة التمريض على الاعتماد على النفس اجتماعياً وماذا ؟

س : هل

س : هل تعتبرين مهنة التمريض مهنة مضمونه وفيهها الاستقرار ؟

س : يقال أن مهنة التمريض لا تلقى نظيرة استحقاق في مجتمعاتنا فهل هذا صحيح / وما هو السبب في رأيك ؟

س : "الزواج قد تواجهه كل مرضه" فهل تجدون أن مهنة التمريض تكون عائقاً عن الجمع بين البيت والعمل ؟

\* لكل مهنة ميزاتها الخاصة ففيها حلتنا وطموحات

س : هل يضايقك ضرورة التمريض المحافظة على النظام / واتباعها ضمن

س : ماهي الشهادة المطلوبة للتريض العملي ؟

طاهرة

س : ماهي الشهادة المطلوبة للتريض العام ؟

طاهرة

س : هل هناك مستوى معين متوقع لهذه الشهادة ؟

المتوسط

طاهرة

س : كم عدد سنوات الدراسة والتدريب المطلوبة للتريض العملي ؟

طاهرة

س : كم عدد سنوات الدراسة والتدريب المطلوبة للتريض العام ؟

طاهرة

س : عندما تتخرج الطالب من المدرسة تلجأ الى العمل حالاً لأنها قد تكون

في حاجة مادية . كيف يساعدنا دخولها الى مدرسة التريض في هذه

الناحية ؟

س : طبعاً كنا نواجه مشاكل المواصلات فما هي التسهيلات المتوفرة

للطالبة في مدرسة التريض حالياً ؟

س : عندما يفكر الإنسان بعمل المرضي / يتهيئ له عمل متواصل

ماهي مدة الاجازة السنوية المخصصة للمرضي ؟

س : قد يتردد البعض تحت الالتحاق بهنبة معينة بسبب عدد ساعات

العمل / فما هو الوضع بالنسبة للتريض ؟

إلى الخانج / للإلتحاق بالجامعات والكليات للتخصص والتدريب  
وقد تتساءل الكثيرات ماهي متطلبات هذه المهنة وميزاتها

في هذه الندوة سنبينها بالتفصيل التطرق إلى أغلبية الأسئلة التي  
قد تتساءل عنها أي طالبه . . . وقبل البدء سنقوم بالتعريف بمهنة  
المجموعة التي معنا هنا وهن من وفد المرضات اللواتي قد عدن إلى  
البحرين منذ مدة قصيرة بعد بعثة دراسية في أيرلندا في  
كلية الجراحة والتي هي أشهر وأفضل كليات أيرلندا للجراحة  
والتمريض . . . ولقد استغرقت دورته سنة كاملة للتمريض في مجالات . . .  
مختلفة في مجالات التمريض . . .

الوفد كان مكوناً من <sup>عشرون</sup> عشرة مرضة / أما اللواتي حضرتن من بين <sup>الوفد</sup> الوفدان  
هذا الوفد للإشتراك معنا في هذه الندوة فهن :-  
الأخت سهام الشيخ . . . . . والأخت طاهرة جابري  
والأخت شيخة يوسف . . . . . والأخت مريم حسين

ونأمل في هذه الندوة أن نقدم صورة أوضح عن مهنة التمريض

- ١- معلومات عن مهنة التمريض
- ٢- التمريض من الناحية الاجتماعية
- ٣- مميزات مهنة التمريض
- ٤- مستقبل الممرضات

نلاحظ ان للتمريض فرعين / فرع للتمريض العام / وآخر للتمريض العي  
ر ترحم

وطسوح إلى المهنة ذات الشهرة والبريق ..... طسوح بحسب له ككل  
تشجيع ومدح وثناء ..... ولكن، هل لكل عمل في هذا المجتمع  
شهرة وبريق؟ اليأس لكل مهنة في مجتمعنا أهميتها ومكانتها  
ولسوا اختلاف الآراء والميول لتوقف سير المجتمع .....  
لذا فنحن هنا نسلط الضوء على وظيفة مهنية ... تضيء على  
حياة الإنسان معنوي ..... وقبلي ..... وعمقا لأن يعمل ليس لنفسه  
فقط ولكن للكثيرين الذين هم بحاجة اليه ..... ماأسعد الإنسان الذي  
يطوى صفحة يوم من العمل وقد أرجع فيه الابتسامات والسعادة  
التي وجوه حزينة أعجزها الألم وأضناها المرض ..... ماأسعد الإنسان  
الذي يشعر براحة النفس والضمير في الحسابة وبلكس الأجر والثواب في  
الآخرة .....

وقد قال الله سبحانه وتعالى في كتابه الكريم +

ان الذين آمنوا وعملوا الصالحات، انا لا نضيع أجر من احسن عملا

ليست مهنة التمريض مهنة إنسانية فحسب ولكنها مهنة تهين فرصا  
عديدة من الناحية الثقافية في كلية العلوم الصحية حيث تتلقى الطالب  
فيها العلوم الطبيعية... والصحية... والبشرية... واللغة الإنجليزية  
كما وتهين مهنة التمريض للطالبه جود راسي واجتماعي الكلية...  
ومما انها وظيفة هنية / فان من يختارها يضمن وجود مهنة له  
مدى الحياة... وان العمل جاد وودوب في هذه الكلية بالذات لجعل  
شهادات التخرج منها معترف بها في الكليات أو الجامعات الاخرى  
ومن الأمور التي تمتاز بها مهنة التمريض هي إرسال بعثات من المتفوقين

وطوح إلى المهن ذات الشهرة والبريق ..... طوح بحق له كل  
 تشجيع وسدح وثناء ..... ولكن، هل لكل عمل في هذا المجتمع  
 شهرة وبريق؟ اليأس لكل مهنة في مجتمعنا أهميتها ومكانتها  
 وليسوا اختلاف الآراء والميول لتوقف سير المجتمع .....  
 لذا فنحن هنا نطال الأضواء على وظيفة مهنية ... تضيء على  
 حياة الإنسان معني ..... وقومه ..... وعمقا لأن يعمل ليس لنفسه  
 فقط ولكن للكثيرين الذين هم بحاجة اليه ..... ما أسعد الإنسان الذي  
 يطوى صفحة يوم من العمل وقد أرجع فيه الابتسامات والسعادة  
 التي وجوه حزينة أعجزها الألم وأضناها المرض ..... ما أسعد الإنسان  
 الذي يشعر براحة النفس والضمير في الحسابة ويلكس الأجر والثواب في  
 الآخرة .....

وقد قال الله سبحانه وتعالى في كتابه الكريم +

ان الذين آمنوا وعملوا الصالحات انا لا نضيع أجر من احسن عملا

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 عديدة من الناحية الثقافية في كلية العلوم الصحية حيث تتلقى الطالب  
 فيها العلوم الطبيعية ... والصحية ... والبشرية ... واللغة الانجليزية  
 كما وتهين مهنة التمريض للطالب جوانب راسية واجتماعية في الكلية  
 وما أنها وظيفة هنية / فإن من يختارها يضمن وجود مهنة له  
 مدى الحياة ... وإن العمل جازود ووب في هذه الكلية بالذات لجعل  
 شهادات التخرج منها معترف بها في الكليات أو الجامعات الاخرى  
 ومن الأمور التي تمتاز بها مهنة التمريض هي إرسال بعثات من المتفوقات

القلوب الرحيمة (الحلقة الثالثة)

اعداد : هالة العمران



حضرات المشاهدين الكرام .....

سواء الخير .. وأهلاً وسهلاً بكم في حلقتنا الثالثة والأخيرة

من برنامج القلوب الرحيمة .....

لقد كانت الغاية الأساسية من الحلقتين السابقتين من هذا البرنامج

الأولى بعنوان (الحادث) والثانية بعنوان (ما هو الذي يحدث عندنا) من الحلقات

هنا أظهر الجانب الإنساني والثقافي للمهنة التي تُعتمد من أنبل المهن من الحلقات

في حياتنا الحاضرة .. مهنة التمريض مهنة الانسانية التي تجيد نفسها

تعمل الخير من أجل الخير .. لا فرق عندنا بين إنسان وإنسان وآخر

الكل والأجمع لهمنا إخوة في الإنسانية .. تمت

العمل الإنساني كان محور القلوب الرحيمة .. برنامج موجه إلى شاباتنا

وطالباتنا وأهاليهن للتعريف بالمهنة الضرورية والأساسية والتي لا

يمكن الاستغناء عنها لأنها تتعلق بأهم وأغلى شيء عند أي مهنة

إنسان/الآلة وهي صحتها .....

فالمحبة تاج فوق رؤوس الأصحاء لا يراها إلا المرضى

لقطه في وفوق كل هذا وجدت هذه الكلية أحسن وأعز الصديقات وكلهن في

نرفه الراحه مثل سنى وأشترك معهن في كل الميول والآراء •

لقطه وتابعت ما تعلمته بالقراءه والتحصيل من كتب الكليه •••• في المكتبه

في المكتبه كنت أشعر بسعاده فائقة وأنا أنسى أفكارى بالمعرفه •

وما أعظم طريق المعرفة •

لقطه في قال الله تعالى في كتابه الكريم:

المستشفى " ان الذين آمنوا وعملوا الصالحات انا لا نضيع أجرهم أحسن عملا • "

ولم تتحمل والدتي قوة الصدمة . . . فانهارت صحتها وأصابها نزيف شديد وتذكرت كلمات الطبيب وأردت أن أسرع بها إلى المستشفى ولكن دون جدوى . . . . . فلقد كانت خائفة أن يلم بها ما ألم بوالدي ، وبعد طول الرجاء والاقناع أخذنا والدتي إلى المستشفى وفي هذه المرة قبل أن يفوت الأوان وهناك تعرفت على العمل الانساني الذي يقوم به العاملون بالمستشفى . . . وقررت بيني وبين نفسي أن ألتحق بكلية العلوم الصحية لأتعلم هناك وأكون على علم ومعرفة بكل ما يجري لأغلى وأحب الناس إلى وإلى كل من يعاني من آلام . . . . .

الدخول إلى مدرسة التمريض وأذكر حينما قالت لي إحدى صديقاتي " بدرية " ان عمل الممرضة عمل مضمّن ومتعب ، ولكنني أصريت على الدخول إلى الكلية وفعلا قدمت أوراقى وشهادتى التوجيهية إلى مدرسة التمريض وعندما عرفت أنني قبلت ، هرعت إلى البيت لأخبر أمى بذلك ولأجدها تقابلنى بابتسامه رضا وسعادة فبعد تجربتها مع الممرضات قدرت أهمية ونبل هذا العمل

لقدوة المعلمة وبدأت أتعلم . . . وبدأت أعرف الكثير عن الأمراض وعلم الأحياء ، تعلم في الصف والعلوم البشرية ، والرموز ، والأسرار في داخل جسم الانسان

كنت في أول الأمر في غاية الدهشة مما كنت أحصل عليه من علم في لقطه في هذه الكلية حيث لم تكن علومى تقتصر على العلوم الصحية والأمراض فحسب مشتهر اللغة بل واللغة الانجليزية والفرصة للمتفوقات لاكمال تعليمى في الخارج كانت



## القلب الرحيم .

## ( الحلقة الثانية )

المقدمة : لو قدمت كل ما أملك

لقلات في المستشفى

و

وجه المريض

حينما أخذوا أبي إلى المستشفى لم أتوقف لحظة عن البكاء ، بكاء  
امتزجت به الدموع والدهشة والتساؤلات وقد التفت من حولي زميلاتي في  
المدرسة يسألنني عن سبب بكائي ، لماذا تبكين ؟ فقلت لهن : لقد  
أخذوا أبي اليوم إلى المستشفى وسألتنى احداهن لماذا ؟ ماذا به ؟  
فقلت لا أعرف وكنت فعلا يومها لا أعرف ماذا جرى لهذا الرجل الذي كان  
يضرب به المشل في القوة والصحة . . . هذا الرجل الذي كان يرفع  
أولاده إلى السماء مداعبا وكأنهم ريشة بين أصابعه . . . ماذا حدث ؟

بعد ها بيوم . . . توفي والدي فأسرعت إلى الطبيب أسأله لماذا  
لماذا مات أبي ؟؟ لماذا لم تنجح العملية ؟؟ وقال الطبيب ماسيا آسف  
يا ابنتي فلقد أحزنتموه بعد أن فات الأوان وعدت إلى البيت ونظرت إلى  
وجوه أمي وأختي وأخواتي . . . وجوه انتابها الألم والحزن الشديد  
وبقيت أفكر وأتساءل . . . هل يعرف أحد منهم لماذا مات والدي ؟؟  
في الحقيقة اننا لم نعرف خطوره ما أصابه الا بعد أن فات الأوان -

ونسى هذى الفترة وكنت اسأل روجى دائما... عنو لايدة تعليم  
 ونكى ومعايشى اذا كنت كأمرى أسعف طفل مثل أخوى  
 وسرت الأيام وموت بهيك السيارة فى بالى ومسورة أخوى دائما نكى  
 نكرى... وتبيست ندة طويله اتسائل... عنو لايدة تعليم ونكى  
 ومعايشى اذا كنت كأمرى أسعف طفل مثل أخوى ؟  
 وتررت أترك شغلى فى البنك... وعزمت على ان أدخل مدرسة التعريف  
 حتى أقدر أقوم بعمل أحسن فيه، انفسى أعدم شىء أصعب من جمع  
 وطرح الأرقام... عمل انسان بمدرسة التعريف فى الحياة  
 ونسفتها... ونملا دخلت مدرسة التعريف مع ان أهلى وأصدقائى  
 يهونون ان المهنة صعبة... ولكنى كنت مصممه مع ايمان صادق  
 ان هذا هو القى الذى كنت أهبسه واللى يخلى لحياتى معنى...  
 وبعد ثلاثة سنوات من التعريف فى مدرسة التعريف اللى هى ألحين كلية  
 العلوم الصحية... تخرجت مرضيه لسرع تمام واختبرت قسم الاطفال  
 للتخصص... حتى أكون قريبه من كمل السلسل بالناس ما نساها أخوى  
 وسرت الايام كنت اعيش فيها ونس اعاملنى شعور بالارتياح والقبول  
 منتخسه بالرداء الأبيض لأنه اجمل رداء لهبسته بعزسى وحبى فى الحياة

ومكب ما اندجست في الشغل وضعت امسى قناد ينسى وتقبل انها يتروح للموق  
 حتى اشترى شوية افسراض وجالطسى ان أنتبهه لاخوانى الصغار ليمن ترجع ...  
 ولازل مسرّه ما تناقشت معاها لان مبالسى أقدر امسوى مسغلى وأنتبهه لهم .....  
 ولكنسى كنت فظانسه ... راحت امسى للسوق وبدأ اخوانى اللعيبه طبعها  
 لبعثهم المفلسه ... وارفع صراخهم ولجوت نفسى في حلقه من حلقات الهنود  
 المسر ... صراخ وهواش ... وندسفل ... ما قدرت اتعمل جلدت لهم يظلمون يلعبون  
 بسر ... ونسى نفس الوقت اللسى كنت اتول لهم ينتبهون عن السيارات ... صاروا  
 بسر بركسون وبمسخون ستانسين ... وهندل البيت ويد بتأستغل اموس  
 من التأخير اللسى تأخرته من المسراخ .....  
 ونجاة سمعت صوت ابرمك سياره كوى وابعد وتذكرت اخوانى ... خلفى قلبى  
 وركضت بسر أشوف شنو صار .....  
 وحناك شفت اخوى وجهه أفسر واقصف بأعسر على السياره اللسى تجمع بارما لره  
 الناس ..... وركضت للزحمة ... ود زبت الناس وشففت آخسوى الصغير طابيح  
 بدمام السياره والبد ٢ بسيل منه ... وصرخيت وقلبت للناس ماني أحد يساعده  
 ماني أحد يساعده ؟ شاشون ... وبدوا الناس يتتبعون وبمسخون ولكنى ما قدرت ان ...  
 أسبح او أفهم شى ... وسرطلو وقت وكأنيها بهمر ليمن يسات سياره الاسف اللسى  
 شمالت أخسوى واختفت في الظلمسى ...  
 وبدون تفكير ... شفت روحنى أركسى ورى السياره مثل المجنونه ... ما درى اشلون  
 شيت ليمن وصلت المستشفى ... وكانت هذى أول مسرّه أدخل فيها المستشفى ...  
 وهنساك عرفت الدنيا على حقيقتها الام ... واهتمامات ... ووجوه  
 وسوا لأخسوى الاسعافات الاكزسه ... وتم اسبوع كامل كت كمل يوم أروح أوره



أوافق كليا	أوافق متأكدة	أوافق كليا	أوافق كليا	أوافق كليا	أوافق كليا
					١١ - على المرأة أن تتعلم فقط ما هو مفيد لها في إدارة البيت .
					١٢ - يجب على المرأة ألا تكفي بتقريب مقدرتها، ومواهبها للبيت فقط ولكن لمجتمعها أيضا .
					١٣ - عند ما تتزوج الفتاة عليها أن تترك العمل وتركز اهتمامها لبيتها وأطفالها
					١٤ - يجب على المرأة أن تعتمد على نفسها ماديا، ولا تلتجى على الزوج وليمة . . . . على زوجها أو والديها لاعتبارها .
					١٥ - من الأفضل أن تحاول المرأة أن تختار علا مضمونا ومستقرا .
					١٦ - على المرأة ألا تتزوج قبل الحصول على شهادة تساعد على شق طريقها في الحياة .

أوافق كلياً	أوافق متأكدة	لا أوافق	أعارض كلياً	عامود البطاقة	ضعي إشارة ✓ عند جواب واحد لكل عبارة
				( ١٢ )	١ - على المرأة أن تهتم بواجباتها تجاه البيت والأطفال بدلا من العمل في الخارج .
				( ١٣ )	٢ - يجب ألا يحدد للمرأة اختيارها للعمل الذي تبيده .
				( ١٤ )	٣ - يجب أن يكون الهدف الوحيد للفتاة هو الزواج وجلب الأطفال .
				( ١٥ )	٤ - بسبب غلاء المعيشة يتحتم على المرأة في أيامنا هذه أن تعمل خارج البيت لذا يجب على الرجل أن يشاركها في أعمال المنزل والمناينة بالأطفال .
				( ١٦ )	٥ - مع أن المرأة تشغل مراكز مهمة في هذه الأيام ، فإن مكانها الحقيقي هو البيت .
				( ١٧ )	٦ - التعليم المالي مفيد للمرأة
				( ١٨ )	٧ - يجب ألا يسمح للمرأة أن تعمل إذا كان زوجها قادرا على إعالتها ماديا
				( ١٩ )	٨ - المرأة قادرة على أن توفق بين البيت والعمل .
				( ٢٠ )	٩ - المرأة أقل ذكاء من الرجل بالفطرة .

## دليل البطاقة

٩	-	٨
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( ٣ - ١ )

رقم الاستمارة

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( ٧ - ٤ )

رقم المدرسة

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( ٩ - ٨ )

رقم الصف

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( ١١ - ١٠ )

ما هو رأيك ؟ ( ٢ )

البيانات التي تدون على هذه الاستمارة سرية ولن تستعمل  
الا لأغراض البحث .

للناس آراء مختلفة عن المرأة وأهدافها في الحياة ومركزها في المجتمع

هنا بعض الآراء والاعتقادات عن المرأة . اقرئ كل منها بانتباه ثم ضع

إشارة ✓ تحت الرأي الذي يناسبك أنت ، أي اذا كنت توافقين كلياً ، أو توافقينأو لست متأكدة أو لا توافقين ، أو تعارضين كلياً .

مثلاً :

أوافق كلياً	أوافق	لست متأكدة	لا أوافق	أعارض كلياً
	✓			

يجب على المرأة أن تكون عطوفاً

البطاقة	كليبسا	أوافق	مؤكد	أوافق	كليبسا	المهنة مصيفة العالم بران
( ٤٠ )						- هذه هي المهنة المثالية لمدى الحياة
( ٤١ )						- يعجبني في هذه المهنة ضرورة اتباع النظام الشديد .
( ٤٢ )						- قد أتراجع عن الالتحاق بهذه المهنة لأنها تتطلب حمل مسؤولية كبيرة .
( ٤٣ )						- ينأيقني في هذه المهنة وجوب تنفيذ أوامر الرؤساء .
( ٤٤ )						- يعجبني اللباس الرسمي المخصص لهذه المهنة .
( ٤٥ )						- الناس يلجؤون الى هذه المهنة عندما يحجزوا الحصول على مهنة أخرى .
( ٤٦ )						- من حسنات هذه المهنة عدم وجوب اتخاذ قرارات شخصية .
(( ٤٧ ))						- هناك بعض المتطلبات في صميم هذه المهنة لا تعجبني .
( ٤٨ )						- هذه المهنة تترك للشخص الذي يختارها الوقت الكافي للزيارات وممارسة الهوايات .
( ٤٩ )						- لا أظن أنني سأحب هذه المهنة لأنها ستحتم الي المواظبة في أوقات غير اعتيادية .
( ٥٠ )						- أن فوائد هذه المهنة كثيرة .
( ٥١ )						- هذه المهنة مملة و " روتينية " .
( ٥٢ )						- فرص التقدم في هذه المهنة عديدة
						- رقم اختار هذه المهنة وهناك مهن

## دليل البطاقة =

س٤ - ضعي اشارة/ عند جواب  
واحد لكل عبارة .

٦	٥	٤	٣	٢	١	
عامود البطاقة	أعازش كلية	لا أوافق	لست متأكدة	أوافق	أوافق كلياً	
						مهنة السكرتيرة :- هذه هي المهنة المثالية لمدى الحياة
(٥٤)						٢- يعجبني في هذه المهنة ضرورة تناع النظام الشديد .
(٥٥)						٣- قد أترجع عن الالتحاق بهذه المهنة لأنها تتطلب مني حمل مسؤولية كبيرة .
(٥٦)						٤- يضايقني في هذه المهنة وجوب تنفيذ أوامر الرؤساء .
(٥٧)						٥- يعجبني اللباس الرسمي المخصص لهذه المهنة .
(٥٨)						٦- الناس يلجؤون الى هذه المهنة لأنها يعجزوا عن الحصول على مهنة أخرى .
(٥٩)						٧- من حسنات هذه المهنة عدم وجوب تخاذ قرارات شخصية .
(٦٠)						٨- هناك بعض المتطلبات في صميم هذه المهنة التي لا تعجبني .
(٦١)						٩- هذه المهنة تترك للشخص الذي . أختارها الوقت الكافي للزيارات وممارسة الهوايات .
(٦٢)						١٠- لا أظن أنني سأحب هذه المهنة لأنها ستحتج علي المواظبة في أوقات غير معتادة .
(٦٣)						١- ان فوائد هذه المهنة كثيرة .
(٦٤)						١٢- هذه المهنة مملّة (روتينية) .
(٦٥)						١٣- فرص التقدم في هذه المهنة عديدة .
(٦٦)						١٤- لم أختار هذه المهنة وهناك هن أسهل وأنسب .
(٦٧)						

	٥	٤	٣	٢	١
عامود البطاقة	إعارض كلياً	لا أوافق	لست متأكدة أوافق	أوافق	أوافق كلياً
(٢٦)					
(٢٧)					
(٢٨)					
(٢٩)					
(٣٠)					
(٣١)					
(٣٢)					
(٣٣)					
(٣٤)					
(٣٥)					
(٣٦)					
(٣٧)					
(٣٨)					
(٣٩)					

٢ - ضعي إشارة ✓ عند  
جواب واحد لكل  
عبارة

مهنة الممرضة :-

١- تحب مهنة الممرضة المثالية امدى  
الحياة .

٢- يستجبي في هذه المهنة ضرورة  
اتباع النظام الشديداً .

٣- قد اتراجد عن الالتحاق بهذه المهنة  
لأنها تتطلب حمل مسئولية كبيرة .

٤- يمتدني في هذه المهنة وجوب  
تنفيذ أوامر الرؤساء .

٥- يستجبي للقيام بالرسى المخصص لهذه  
المهنة .

٦- الناس ينجون الى هذه المهنة عندما  
يتزوجوا عن الحصول على مهنة أخرى

٧- من حسنات هذه المهنة عدم وجوب  
اتخاذ قرارات شخصية .

٨- هناك بعض المتطلبات في صميم هذه  
المهنة لا تعجبني .

٩- هذه المهنة تتواءم للشخص الذي  
يختارها الوقت الكافي للزيارات  
ومباراة الهوايات .

١٠- لا اظن أنني سأحب هذه المهنة  
لأنها ستحتج علي المواظبة في  
أوقات غير اعتيادية .

١١- ان فوائد هذه المهنة كثيرة .

١٢- فرح التقدم في هذه المهنة عديدة

١٣- هذه المهنة مملّة و " روتينية " .

١٤- أظن أنني سأحب هذه المهنة

عامسود البطاقة	اعايفض كليا	لا أوافق	لست متأكدة	أوافق	أوافق كليا	في إشارة ✓ عند جواب واحد لكل عبارة
(١٢)						مهنة المعلمة :- ١- هذه هي المهنة المثالية لمدى الحياة
(١٣)						٢- يعجبني في هذه المهنة ضرورة اتباع الذئام الشديد
(١٤)						٣- قد اراجع عن الالتحاق بهذه المهنة لأنها تتطلب مني حمل مسؤولية كبيرة
(١٥)						٤- ينأيني في هذه المهنة وتبوء تنفيذ اوامر الرؤساء
(١٦)						٥- يعجبني اللباير الرسمى المخصص لهذه المهنة
(١٧)						٦- الناس يلجؤون الى هذه المهنة عندما يتجزوا عن الحصول على مهنة اخرى
(١٨)						٧- من حسنات هذه المهنة عدم وجود اتخاذ قرارات شخصية
(١٩)						٨- هناك بعض المت طالبات في صميم هذه المهنة التي لاتعجبني
(٢٠)						٩- هذه المهنة تتراى للشخص الذي يختارها الوقت الكافى للزيارات وممارسة الهوايات
(٢١)						١٠- لا امان اننى سأحب هذه المهنة لأنها ستحتم على المواظبة في أوقات غير اعتيادية
(٢٢)						١١- ان فوائد هذه المهنة كثيرة
(٢٣)						١٢- هذه المهنة مملّة ورؤوتينية
(٢٤)						١٣- فرص التقدم في هذه المهنة عديدة

**TIGHTLY  
BOUND  
COPY**

## دليل البطاقة

٦	٠	٧
( ٣ - ٤ )		

رقم الاستمارة

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( ٧ - ٤ )

رقم المدرسة

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( ٩ - ٨ )

رقم الصف ( )

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( ١١ - ١٠ )

ما هو رأيك ؟ ( ١ )

البيانات التي تدون في هذه الاسمارة سرية ولن تستعمل الا لغرض البحث فقط.

الناس آراء مختلفة عن أشياء عديدة .

هذه الاستمارة بعض الاعتقادات والآراء عن بعض المهن . لكل مهنة نرجو منك قراءة كل رأي بانتباه ثم وضع إشارة تحت الرأي الذي يناسبك أي اذا كنت توافقين كلياً أو توافقين ، أو لست متأكدة ،

ولا توافقين ، أو تعارضين كلياً .

فرد منك هنا وضع رأيك أنت الخاص فلا يوجد رأي واحد صحيح لاي شيء ولكن آراء مختلفة لهذا فرأيك هنا هو المهم .

مثلاً :-

ضعي إشارة عند جواب واحد

أوافق كلياً	أوافق	لست اوافق	لا اوافق	أعارض كلياً

سنة ضابطة المرور :-

هذه المهنة تحتاج الى الصبر الطويل .

من ٥٥ -

هناك مهن مختلفة في مجتمعنا ولكل مهنة مركزها ومكانتها. • فود منك أن تلقى نظرة على هذه المهن الثمان ثم تضعها بالتدرج بين المهنة التي هي في رأيك لها أهم مكان ومركز في مجتمعنا التي المهنة التي في رأيك لها أقل أهمية من ناحية المكانة والمركز.

مثلاً -

إذا كان في رأيك أن مهنة المحاسبة هي أهم مهنة من ناحية المركز والمكانة أرجو أن تكتبها إلى جانب العبارة الأولى ( في أهميتها ) ثم تنتقل إلى المهنة التي هي برأيك ثاني أهم واحدة من ناحية المركز وتكتبها إلى جانب العبارة المخصصة لها وهكذا .

دليل البطاقة	عامود البطاقة
--------------	---------------

المبين هي :-

- |   |                           |
|---|---------------------------|
| ١ | موظفة من المدرسة الفندقية |
| ٢ | دكتورة                    |
| ٣ | معلمة                     |
| ٤ | طباخية                    |
| ٥ | محاسبة                    |
| ٦ | مرضة                      |
| ٧ | سكرتيرة                   |
| ٨ | مضيفة طيران               |

المهن وأهميتها من ناحية المركز :- ( اكتبى المهن بالتدرج هنا :- )

الأهم

(٥٢)

(٥٣)

(٥٤)

(٥٥)

(٥٦)

(٥٧)

(٥٨)

(٥٩)

الاطل أهمية

الأولى في الأهمية

الثانية في الأهمية

الثالثة في الأهمية

الرابعة في الأهمية

الخامسة في الأهمية

السادسة في الأهمية

السابعة في الأهمية

الثامنة في الأهمية

ضعي إشارة ✓ عند جواب واحد. لكل عبارة

دليل البطاقة ٢ ٣

عامود البطاقة	لا أعرف	غير صحيح	صحيح	٠ - مهنة السكرتيرة
( ٤٢ )				تتطلب الحصول على نتيجة دراسية جيدة
( ٤٣ )				تتطلب تدريباً صعباً وشاقاً .
( ٤٤ )				لا تلقي نظرة استحسان في مجتمعنا .
( ٤٥ )				في رأي بعض الناس هي خطوة للزواج فقط .
( ٤٦ )				تهيئ فرصاً مختلفة للتعرف على الناس وتكوين صداقات جديدة .
( ٤٧ )				تتطلب شخصية جذابة .
( ٤٨ )				تهيئ فرصاً عديدة للتقدم للشخص الذي يختارها .
( ٤٩ )				يقال أنها وسيلة للاختلاط بالناس وليس لهدف المهنة ذاتها .
( ٥٠ )				تساعد على الاعتماد على النفس .
( ٥١ )				وظيفة مضمونة وفيها استقرار

ضعي إشارة ✓ عند جواب واحد لكل عبارة.

عامود البطاقة	دليل البطاقة = ١			بيان
	٢	٣	لا أعرف	
( ٣٢ )				١- تتطلب الحصول على نتيجة دراسية جيدة .
( ٣٣ )				٢- تتطلب تدريباً صعباً وشاقاً .
( ٣٤ )				٣- لا تلقى نظرة استحسان في مجتمعنا .
( ٣٥ )				٤- في رأي بعض الناس هي خطوة للزواج فقط .
( ٣٦ )				٥- تهيئ فرص مختلفة للتعرف على الناس وتكوين صداقات جديدة .
( ٣٧ )				٦- تتطلب شخصية جذابة .
( ٣٨ )				٧- تهيئ فرص عديدة للتقدم للشخص الذي يختارها .
( ٣٩ )				٨- يقال أنها وسيلة للاختلاط بالناس وليس لهدف المهنة ذاتها .
( ٤٠ )				٩- تساعد على الاعتماد على النفس .
( ٤١ )				١٠- وظيفة مضمونة وفيها استقرار .

ضعي إشارة ✓ عند جواب واحد لكل عبارة .

البطاقة	دليل		
	١	٢	٣
عامود البطاقة	لا أعرف	غير صحيح	صحيح
(٢٢)			
(٢٣)			
(٢٤)			
(٢٥)			
(٢٦)			
(٢٧)			
(٢٨)			
(٢٩)			
(٣٠)			
(٣١)			

٢. مهنة الممرضة :-

١- تتطلب الحصول على نتيجة دراسية جيدة

٢- تتطلب تدريباً صعباً وشاقاً

٣- لا تلقى زلزلة استحسان في مجتمعنا

٤- في رأي بعض الناس هي خطوة للزواج فقط

٥- تهيئ فرصاً مختلفة للتعرف على الناس وتكوين صداقات جديدة

٦- تتطلب شخصية جذابة

٧- تهيئ فرصاً عديدة للتقدم للشخص الذي يختارها

٨- يقال أنها وسيلة للاختلاط بالناس وليس لها هدف المهنة ذاتها

٩- تساعد على الاعتماد على النفس

١٠- وظيفة مضمونة وفيها استقرارية

ابدئي الاجابة من هنا .

ضعي اشارة ✓ عند جواب واحد لكل عبارة .

دلييل  
البطاقة = ١

٢ ٣

عامود البطاقة	لاأعرف	غير صحيح	صحيح
(١٢)			
(١٣)			
(١٤)			
(١٥)			
(١٦)			
(١٧)			
(١٨)			
(١٩)			
(٢٠)			
(٢١)			

١ : مهنة المعلمة :-

تتطلب الحصول على نتيجة دراسية جيدة .

تتطلب تدريباً صعباً وشاقاً .

لا تلقى نظرة استحسنان في مجتمعنا

في رأي بعض الناس هي خطوة للزواج فقط

تهيئ فرص مختلفة للتصرف على الناس وتكوين صداقات جديدة .

تتطلب شخصية جذابة

تهيئ فرص عديدة للتقدم للشخص الذي يختارها .

يُقال أنها وسيلة للاختلاط بالناس وليس لهدف المهنة ذاتها

تساعد على الاعتماد على النفس

وظيفة هامة ومهمة وفيها استقلالية

## دليل البطاقة

٦	٠	٦
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( ٣ - ١ )

رقم الإشارة

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( ٧ - ٤ )

رقم المدرسة

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( ٩ - ٨ )

رقم الصف

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( ١١ - ١٠ )

البيانات التي تدون على هذه الاستمارة سرية  
ولن تستعمل إلا لأغراض البحث .

ماذا تظنين ؟

في هذه الاستمارة عدد من العبارات وعدد من المهن نود أن نعلم منك ماذا تظنين عن  
صحة كل عبارة بالنسبة الى المهنة المذكورة ، أي اذا كنت تظنين أن هذه العبارة صحيحة أو  
غير صحيحة بالنسبة لتلك المهنة .  
ليس معناها ، جواب صحيح أو غير صحيح كلياً ، لأن كل الاجوبة تعتمد على نظرة الانسان  
الشخصية تجاه المهنة ، لذا المهم هنا هو ماذا تظنين أنت .

ضعي إشارة ✓ عند جواب واحد

لأعرف	غير صحيح	صحيح

مثلاً :

مهنة ضابطة المرور : -  
المعاش جيد بالنسبة لتدريب المطلوب

عامود  
البطاقة

س ٨ - ما هو الراتب الذي يعطى بعد انتهاء التدريب أو الدراسة لكل من هذه المهين ؟ ضعي إشارة ✓ الى جانب كل مهنة تحت الجواب الذي هو برأيك الاقرب للصحيح .

المهنة	الراتب في الشهر				
	٨٤ ديناراً في الشهر	٩٥ ديناراً في الشهر	٩٩ ديناراً في الشهر	١١٥ ديناراً في الشهر	١١٩ ديناراً في الشهر لا اعرف
(٤٢) (١) المعلمة (الدرجة الرابعة)					
(٤٣) (٢) الممرضة (الفرع العملي)					
(٤٤) (٣) مضيئة الطيران					
(٤٥) (٤) الممرضة (الفرع العام)					
(٤٦) (٥) السكرتيرة (الدرجة الخامسة - خريجة تليسة)					
(٤٧) (٦) المعلمة (الدرجة الخامسة - خريجة معهد المعلمات)					

هل نسيت أن تكتبي رقم الاستمارة ؟

## عامود البطاقة

٦٠ - ما هو الراتب الذي يعطى أثناء الفترة الأولى من التدريب لكل من هذه المهن ؟  
 ملاحظة : الى جانب كل مهنة تمت الجواب الذي هو برأيك الاقرب للصحيح .

المهنة	الراتب	
	٥٠ دينار في الشهر	٦٥ دينار في الشهر
مهندسة (الفرع العملي)	٩٨ دينار في شهر ونصف	٦٥ دينار في الشهر
مهندسة (الفرع العام)		

٧٠ - ما هي تسهيلات المواصلات لكل من هذه المهن ؟ ضع في اشارة الى جانب مهنة تحت الجواب الذي هو برأيك الاقرب للصحيح .

المهنة	المواصلات متوفرة للذين يسكنون ابعد من ميلين من منطقة العمل	المواصلات متوفرة للجميع ( يقف المواصلات في مناطق معينة	المواصلات متوفرة من قبل الشركة	لا يوجد اي تسهيلات للمواصلات	لا اعرف
مهندسة					

## عامود البطاقة

س٤ : - يا هي مدّة العطل السنوية المعطاة لكل من هذه المهن ؟ ضمي إشارة ✓  
عند الجواب الذي هو الرأي الأقرب للصحيح .

٤ ٣ ٢ ١

## مدة العطلة السنوية

المهنة	٢١ يوماً	شهرًا واحدًا	ثلاثة شهور	لا أعرف
١- العلية				(٢٧)
٢- المرضة				(٢٨)
٣- مضيقة الطيران				(٢٩)
٤- السكرتيرة				(٣٠)

س٥ : أين توجد كل من هذه المؤسّسات ؟ ضمي إشارة ✓ إلى جانب كل  
مهنة تحت الجواب الذي هو برأيك الأقرب للصحيح .

٥ ٤ ٣ ٢ ١

## المنطقة

المؤسسة	المنامة	المحرق	مدينة عيسى	الرفاع	لا أعرف
كلية الخليج					(٣١)
مسجد المعلمات					(٣٢)
كلية العلوم لصحية (مدرسة لتمريض)					(٣٣)
مركز تدريب - طيران الخليج					(٣٤)

٢٠٠ : بعد الحصول علي الشهادة المدرسية المطلوبة لكل من هذه المهن اذكرى  
كم سنة من التدريب مطلوب لكل مهنة . ضعي إشارة ✓ الى جانب كل  
مهنة تحت الجواب الذي تظنين أنه الاقرب للصحيح .

٥ ٤ ٣ ٢ ١

	مدة التدريب					المهنة
	لا أعرف	ثلاث شهور	ثلاث سنوات	سنتين	سنة واحدة	
(١٨)						المرضة (الفرع العمل)
(١٩)						مضيفة الطيران
(٢٠)						المرضة (الفرع العام)
(٢١)						السكرتيرة الدرجة الخامسة (مخرجة كلية الخليج)
(٢٢)						المعلمة (الدرجة الخامسة) خريجة معهد المعلمات

٢٠٠ : ما هي ساعات العمل المطلوبة لكل مهنة مذكورة ؟ ضعي إشارة ✓ الى جانب كل مهنة تحت الجواب الذي تظنين أنه هو الاقرب للصحيح .

٤ ٣ ٢ ١

	ساعات العمل في الاسبوع				المهنة
	لا أعرف	٦٤ ساعة في الاسبوع	٣١ ساعة في الاسبوع	٣٦ ساعة في الاسبوع	
(٢٣)					
(٢٤)					المعلمة
(٢٥)					المرضة
					مضيفة الطيران

## دليل البطاقة

١	٠	٥
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( ١ - ٣ )

رقم الاستمارة

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( ٤ - ٧ )

رقم المدرسة

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( ٨ - ٩ )

رقم الملف

--	--

( ١٠ - ١١ )

هل تعرفين؟

البيانات التي تدون على هذه الاستمارة سرية ولن تستعمل الا لأغراض البحث .

في هذه الاستمارة عدد من المهن وعدد من المتطلبات المهنية . نود منك أن تضعي الجواب الذي تظنين أنت أنه الجواب الأقرب للصحيح .  
هذا ليس امتحانا وليس هناك علامة للأجوبة الصحيحة أو الغير صحيحة . كل ما هو أن نعرف من كل فناة نفسها ( وليس من أجوبة الفتاة التي الى جانبها ) ماذا تعرف هي عن هذه المهن ومتطلباتها . القصد من هذه الأسئلة معرفة معلومات البنات عن بعض المهن لأجل تزويد هن بالمعلومات اللازمة في المستقبل .

سأ - الى جانب كل مهنة مذكورة هنا تضعي إشارة ✓  
تحت الشهادة التي تظنين أنها هي المطلوبة لهذه المهنة

ضعي إشارة عند شهادة واحدة لكل مهنة

عابود البطاقة	الشهادات				المهنة
	أمر	كلية الخليج	معهد المعلمات	الثاني الاعدادي التوجيهي	
( ١٢ )					١- الصلعة ( الدرجة الرابعة )
( ١٣ )					٢- الممرضة ( الفرع العملي )
( ١٤ )					٣- مضيقة الطيران
( ١٥ )					٤- الممرضة ( الفرع العام )
( ١٦ )					٥- السكرتيرة ( الدرجة الخامسة )
( ١٧ )					٦- المبلبة ( الدرجة الخامسة )

عامود البطاقة	لا أحب شاهد	لا امانع ان شاهد أم لا	أحب أن أشاهد
(٥٥)			٢٤ الحيوانات الاليفة
(٥٦)			٢٥ أناس من بلدان أخيري
(٥٧)			٢٦ أناس من المصور القديمة
(٥٨)			٢٧ الزراعة والمزارع وحياة الريف
(٥٩)			٢٨ الكتاب العظيمة
(٦٠)			٢٩ الاطفال والرعاية
(٦١)			٣٠ الصحة والطب والعلوم الصحية
(٦٢)			٣١ الاخبار والاحداث العالمية
(٦٣)			٣٢ السياسة
(٦٤)			٣٣ المسابقات والحزازيس
(٦٥)			البرامج الموسيقية الفنائية
(٦٦)			٣٤ الموسيقى الخليجية
(٦٧)			٣٥ المريية
(٦٨)			٣٦ الفرنية

س ٢٨ : ماهى أنواع البرامج التى تحبين أن تشاهديها على التليفزيون ؟  
هذه قائمة لمدة أنواع من البرامج التليفزيونية . انظري اليها  
واختارى الجواب الذى تظنين انه المناسب لكل نوع من البرامج .

دليل البطاقة رقم ١ ٢ ٣

ضعى اشارة / عند جواب واحد

عامود البطاقة

عامود البطاقة	أحب أن أشاهده	لا امانع ان أشاهده أم لا	لا أحب مشاهدته
(٣٢)			
(٣٣)			
(٣٤)			
(٣٥)			
(٣٦)			
(٣٧)			
(٣٨)			
(٣٩)			
(٤٠)			
(٤١)			
(٤٢)			
(٤٣)			
(٤٤)			
(٤٥)			
(٤٦)			
(٤٧)			
(٤٨)			
(٤٩)			
(٥٠)			
(٥١)			
(٥٢)			
(٥٣)			
(٥٤)			

مسرحيات أو قصص ومسلسلات عن نـ

٠١ رعاة البقر

٠٢ المفامرات

٠٣ القصص البوليسية

٠٤ الفضاء ورواد الفضاء

٠٥ الحياة المدرسية

٠٦ الحياة العاطفية

٠٧ كوميديا للضحك

٠٨ مسرحيات محزنة

٠٩ مسرحيات دينية

١٠ " تاريخية

١١ " عن الحرب

١٢ عن اشخاص عظماء و شخصيات

١٣ " عن العائلة والبيت ومشاكل المجتمع

١٤ " عن الحياة البدوية

١٥ الفير

١٦ علوم واختراعات

١٧ الطيران والطيارات

١٨ البحر والفن

١٩ هواياتك

٢٠ الرسم والنحت

٢١ البيت والمعمل المنزلى والطبخ

٢٢ الرقص

دليل البطاقة	عامود البطاقة
٠١	(٢٨-٢٩)
٠٢	
٠٣	
٠٤	
٠٥	
٠٦	
٠٧	
٠٨	
٠٩	
١٠	
١١	
١٢	
١٣	
١٤	

س ٢٥ : ما هو البرنامج الذي تحاولين جهديك الا يفوتك على التلفزيون

المسلسل المرصى اليومي \_\_\_\_\_  
 الاخبار بالانجليزية \_\_\_\_\_  
 الحلقات الاجنبية \_\_\_\_\_  
 الاخبار بالمرصى \_\_\_\_\_  
 البرامج الثقافية \_\_\_\_\_  
 الافلام المرصية \_\_\_\_\_  
 الافلام الاجنبية \_\_\_\_\_  
 الافلام الهندية \_\_\_\_\_  
 البرامج الموسيقية الخليجية \_\_\_\_\_  
 البرامج الموسيقية الاجنبية \_\_\_\_\_  
 عالم الايبيسنة \_\_\_\_\_  
 البرامج المحلية البحرينية \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

ضعي اشارة ✓  
 عند جواب  
 واحد فقط

دليل	عامود البطاقة
١	(٣٠)
٢	
٣	
١	(٣١)
٢	
٣	
٤	
٥	
٦	

س ٢٦ : هل تستطيعين عادة أن تشاهدي برنامجا تريد ان رؤيته  
 أم يجب أن يوافق جميع المشاهدين معك عليه أولا ؟

عادة استطيع مشاهدة ما أريدنا ليه  
 كل المشاهدين يجب أن يوافقوا أولا  
 عادة كلنا نوافق على نفس الافلام

ضعي اشارة ✓  
 عند جواب  
 واحد فقط

س ٢٧ : من يقرر في العائلة أكثر الاوقات نوعية البرامج التي تشاهدينها  
 على التلفزيون ؟

والدي ✓  
 والدي  
 أحد اخواني  
 أحد اخواتي  
 أحد الاقارب  
 لا أحد

(٧)

دليل البطاقة	عامود البطاقة
١	(٢١)
٢	
٣	
٤	
	(٢٢)
	(٢٣)
	(٢٤)
	(٢٥)
	(٢٦)
١	(٢٧)
٢	
٣	
٤	
٥	
٦	

بسي اشارة ✓ عند جواب واحد فقط

٢٢ : وماذا تفعلين بالتلفزيون ؟

يبقى مفتوحا \_\_\_\_\_

يخفف الصوت ويخلق \_\_\_\_\_

ننتقل الى قنال آخر \_\_\_\_\_

يخفف الصوت ولكن لا يغلق \_\_\_\_\_

٢٣ : عندما تشاهد بين التلفزيون مع من  
عادة تشاهدين ؟

وخذى \_\_\_\_\_

مع صديقاتي \_\_\_\_\_

مع اخواتي او اخواتي \_\_\_\_\_

مع الاقارب \_\_\_\_\_

مع والدي \_\_\_\_\_

٢٤ : متى تشاهد بين التلفزيون البهزينة  
في اغلبيية للاوقات ؟

حوالى الساعة السادسة مساءً \_\_\_\_\_

\_\_\_\_\_ - الساعة - \_\_\_\_\_

\_\_\_\_\_ - الثامنة - \_\_\_\_\_

بين الثامنة والتاسعة \_\_\_\_\_

بين التاسعة والعاشره مساءً \_\_\_\_\_

بعد العاشره مساءً \_\_\_\_\_

بسي اشارة ✓

جواب واحد

ط

(البطاقة رقم ٢ عامود ١٢ - ٢)

عامود البطاقة	دليل البطاقة
(١٣)	١
	٢
(١٤)	
(١٥)	
(١٦)	
(١٧)	
(١٨)	
(١٩)	١
	٢
(٢٠)	١
	٢
	٣

الأسئلة التالية عن كل البرامج التلفزيونية

س١٩ - هل تعرفين عادة ماهي برامج التلفزيون قبل ان يفتح ؟

(أ) نعم \_\_\_\_\_  
لا \_\_\_\_\_

(ب) اذا كان جوابك نعم ، كيف عرفتها؟

من استعراض برامج اليفد \_\_\_\_\_  
من استعراض برامج اليوم \_\_\_\_\_  
من الجريدة \_\_\_\_\_  
من احد افراد العائلة \_\_\_\_\_  
من الصديقات \_\_\_\_\_

ضعي اشارة ✓  
لكل الاجوبة  
المناسبة

س٢٠ - اذا عندكم تليفزيون في البيت ، هل يترك مفتوحا معظم  
الوقت ام هل يفتح لبعض البرامج ؟

يترك مفتوحا معظم الوقت \_\_\_\_\_  
يفتح لبعض البرامج فقط \_\_\_\_\_

ضعي اشارة  
عند ✓  
جواب واحد فقط

س٢١ - بينما تشاهدين برامج التلفزيون قد يأتي شئ لا يوجبك  
ماذا تفعلين عادة ؟

ابقى ايشاهد \_\_\_\_\_  
اتوقف عن المشاهدة \_\_\_\_\_  
اتوقف عن المشاهدة \_\_\_\_\_  
واعمل شئ آخر \_\_\_\_\_

ضعي اشارة  
عند ✓  
جواب واحد فقط

دليل البطاقة

تابع / ماقبله

رقم البطاقة	تاريخ البطاقة
(45)	
(46)	
(47)	
(48)	
(49)	
(50)	
(51)	
(52-53)	
(54-55)	
(56-57)	
(58)	
(59)	
(60)	
(61)	
(62)	
(63)	
(64)	
(65)	
(66)	
(67)	
(68)	
(69)	
(70)	
(71)	

دائما	احيانا	قليلًا
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

المسبوق	الاجنبية	الاثنية	الثلاثاء	الاربعاء	الخميس	الجمعة
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

١٧- الى متى تشاهدون التلفزيون في المساء؟  
( الجواب مكتوب بالأرقام )  
يوم السبت الى الأربعاء -

أشاهد عادة الى الساعة \_\_\_\_\_ مساءً  
يوم الخميس  
أشاهد عادة الى الساعة \_\_\_\_\_ مساءً  
يوم الجمعة -

١٨- ما هي البرامج الثلاثة المتأثرة التي تمجيدك أكثر شي؟

رقم	البرامج
_____	المسلسل العربي
_____	الأخبار بالانجليزية
_____	الحلقات الأجنبية
_____	الأخبار بالعربي
_____	البرامج الثقافية
_____	الأفلام العربية
_____	الأفلام الأجنبية
_____	الأفلام الهندية
_____	البرامج الموسيقية الخليجية
_____	البرامج الموسيقية الأجنبية
_____	عالم الأسرة
_____	البرامج المحلية البحرينية
_____	
_____	
_____	
_____	

## دليل البطاقة

دليل البطاقة	عامود البطاقة
٦	
٧	
٨	
(٣٣)	١
	٢
(٣٤)	
(٣٥)	
(٣٦)	
(٣٧)	
(٣٨)	
(٣٩)	
(٤٠)	
(٤١)	١
	٢
(٤٢-٤٣)	٠١
	٠٢
	٠٣
	٠٤
	٠٥
	٠٦
	٠٧
	٠٨
	٠٩
(٤٤)	١
	٢

السبب \_\_\_\_\_  
 أقيم بأعمال منزلية \_\_\_\_\_  
 أقيم بأعمال أخرى \_\_\_\_\_  
 ١- هل تشاهد من أحيانا برامج الأطفال؟  
 نعم \_\_\_\_\_  
 لا \_\_\_\_\_  
 كان الجواب لا انتقلي الى السؤال رقم ١٥

## الآن بعض الأسئلة عن برامج الأطفال

١- في أي الأيام تشاهد من برامج الأطفال؟  
 ضعي إشارة عند جواب واحد لكل يوم.

دليل البطاقة	دليل البطاقة			
	١	٢	٣	
	دائما	أحيانا	أبدا	
				١- هل برامج الأطفال يوم السبت
				الاحد
				الاثنين
				الثلاثاء
				الأربعاء
				الخميس
				الجمعة

١- عندما تشاهد من برامج الأطفال هل تشاهد منها كلها أو بعضها؟

عادة أشاهدها كلها \_\_\_\_\_  
 عادة أشاهدها بعضها \_\_\_\_\_

١- ما هو برنامج الأطفال الذي يحببك أكثر شي؟

الصور المتحركة ( أفلام الكرتون ) \_\_\_\_\_

إشارة عند  
 الجواب فقط  
 جنة الأطفال \_\_\_\_\_  
 ماما أنيسة والأطفال \_\_\_\_\_  
 أطفالنا \_\_\_\_\_

أرجوز ( مسلسل عربي للأطفال ) \_\_\_\_\_

علم أجنبي للأطفال \_\_\_\_\_

علم ثقافي للأطفال \_\_\_\_\_

١- هل تشاهد من أحيانا البرامج المسائية أي بعد الساعة السابعة؟

نعم \_\_\_\_\_  
 لا \_\_\_\_\_

كان جوابك لا انتقلي الى السؤال رقم ١٩

## الآن بعض الأسئلة عن البرامج المسائية

١- في أي الأيام تشاهد من البرامج المسائية ( أي بعد الساعة السابعة مساءً )؟  
 ضعي إشارة عند جواب واحد لكل يوم.

## دليل البطاقة

عامود البطاقة

٦  
٧  
٨  
(٣٣) ١  
٢

السبب \_\_\_\_\_  
أقوم بأعمال منزلية \_\_\_\_\_  
أقوم بأعمال أخرى \_\_\_\_\_  
١- هل تشاهد من أحيانا برامج الأطفال؟  
نعم \_\_\_\_\_  
لا \_\_\_\_\_  
كان الجواب لا انتقلي الى السؤال رقم ١٥.

الآن بعض الأسئلة عن برامج الأطفال

١- في أي الأيام تشاهد من برامج الأطفال؟  
ضعي إشارة عند جواب واحد لكل يوم.

دليل المطابقة

١ دائما ٢ احيانا ٣ ابدا

(٣٤)  
(٣٥)  
(٣٦)  
(٣٧)  
(٣٨)  
(٣٩)  
(٤٠)

١	٢	٣	
			هدى برامج الأطفال يوم السبت
			الاحد
			الاثنين
			الثلاثاء
			الاربعاء
			الخميس
			الجمعة

١- عندما تشاهد من برامج الأطفال هل تشاهد منها كلها وبعضها؟

(٤١) ١  
٢

عادة أشاهدها كلها \_\_\_\_\_  
عادة أشاهدها بعضها \_\_\_\_\_

(٤٢-٤٣)

٠١  
٠٢  
٠٣  
٠٤  
٠٥  
٠٦  
٠٧  
٠٨  
٠٩

١- ما هو برنامج الأطفال الذي يعجبك أكثر شي؟  
الصور المتحركة (أفلام الكرتون) \_\_\_\_\_

إشارة عند  
واحد فقط  
حديقة الأطفال  
ماما أنيسة والأطفال  
أطفالنا

أرجوز (مسلسل عربي للأطفال)  
نلم أجنبي للأطفال  
نلم ثقافي للأطفال

١- هل تشاهد من أحيانا البرامج المسائية أي بعد الساعة السابعة؟

(٤٤) ١  
٢

نعم \_\_\_\_\_  
لا \_\_\_\_\_

كان الجواب لا انتقلي الى السؤال رقم ١٩

الآن بعض الأسئلة عن البرامج المسائية

١- في أي الأيام تشاهد من البرامج المسائية ( أي بعد الساعة  
السابعة مساءً )؟  
ضعي إشارة عند جواب واحد لكل يوم.

للداتي ليس عند من تلفزيون في البيت

٦٥- من في بيت من تشاهد من التلفزيون عادة ؟  
عند الجيران

(٢٥)

١

٢

٣

٤

عند اقارب

عند صديقاتي

عند الجميع

٦٦- هل يفكر والدي في جلب تلفزيون الى البيت ؟

(٢٦)

١

٢

نعم

لا

(٤)

(ب) اذا كان جواب نعم - متى تظن انهم سيطلبان التلفزيون ؟  
لا اعرف

(٢٧)

١

٢

٣

٤

في الشهرين القادمين

قبل عطلة الصيف

السنة القادمة

عند اقارب

عند صديقاتي

٦٨- اذا اردت ان تشاهد برنامجا على التلفزيون

(٢٨)

١

٢

٣

هل تستطيع ان تدعيني الى بيت صديقتك لرؤيته ؟

عادة أستطيع

عادة لا يسمع لي بالذئاب

أحيانا يسمع لي وأحيانا لا

عند اقارب

عند صديقاتي

٦٩- اذا ذهبت الى بيت صديقتك لمشاهدة التلفزيون هل يطلب  
من والدي ان تعود في وقت معين في المساء أم يسحروا لك  
ان تبقي قدر ما تريد ؟

(٢٩)

١

٢

(أ) أستطيع ان أبقى قدر ما أريد

علي ان أعود في وقت معين

(ب) اذا كان عليك ان تعود الى البيت في وقت معين في المساء  
متى يدور ذلك ؟ ( ساعات فقط )

(٣٠-٣١)

عادة علي ان أعود الساعة

المطلوب الآن من عنده تلفزيون ومن ليس عنده تلفزيون الرد على جميع  
الاسئلة الباقية .

٣٠- عند مشاهدة التلفزيون هناك بعض الناس يقومون بإشغال آخر في  
نفس الوقت . ما هو العمل الذي تقومون به في أغلب الأوقات وانت تشاهد  
التلفزيون ؟

(٣٢)

١

٢

٣

٤

نقط أشاهد

أعمل واجباتي

أقرأ

أشاهد

عند اقارب

عند صديقاتي

دليل البطاقة	عامود البطاقة
(١٨)	
(١٩)	
(٢٠)	
(٢١)	
(٢٢)	
(٢٣)	
(٢٤)	١
	٢
	٣
	٤
	٥
	٦
	٧
	٨

ضعي إشارة ✓ عند كل الأجوبة المناسبة

- أرامكو .....  
الكويت .....  
قطر .....  
أبو ظبي .....  
دبي .....  
عمان .....

س٥ - برامج أى قنال تعجبك أكثر شي ؟

- (٢٤) ١ ضعي إشارة البحرين .....  
٢ ✓ المملكة العربية السعودية .....  
٣ عند جواب أرامكو .....  
٤ واحد فقط الكويت .....  
٥ قطر .....  
٦ أبو ظبي .....  
٧ دبي .....  
٨ عمان .....

على اللواتي عندهن تلفزيون في البيت أن ينتقلن الآن  
الى السؤال رقم ١٠ ويجاوبن على كل الاسئلة  
الباقية .

684

٤	٠	٩
( ١ - ٣ / )		

رقم الاتحارة

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( ٧ - ٤ )

رقم المدرسة

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( ٨ - ٦ )

رقم الصف

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( ١١ - ١٠ )

التلفزيون

البيانات التي تدون في هذه الاستمارة سرية ولن تستعمل الاغراض البحث

البطاقة رقم ١ السامود ١٢-١

دليل البطاقة	عامود البطاقة
١	(١٣)
٢	
١	(١٤)
٢	
١	(١٥)
٢	
٣	
٤	
٥	
٦	
٧	
	(١٦)

س ١ . هل تشاهدون التلفزيون اكثر من مرة في الاسبوع ؟

نعم  
لااذا كان جوابك لا ، ارجوان ترفسى يدك لتسلمى السلمة  
بدلك .

س ٢ . هل عندكم تلفيزيون فى البيت ؟

نعم  
لاس ٣ . اذا كان عندكم تلفيزيون فى البيت ، منذ متى  
عندكم التلفيزيون ؟

منذ اكثر من خمس سنوات \_\_\_\_\_

منذ خمس سنوات \_\_\_\_\_

منذ اربع سنوات \_\_\_\_\_

منذ ثلاث سنوات \_\_\_\_\_

منذ سنتين \_\_\_\_\_

منذ سنة \_\_\_\_\_

منذ اقل من سنة \_\_\_\_\_

س ٤ . اذا عندكم تلفيزيون فى البيت ،كم قنال تستطيعون  
ان تشاهدوا على تلفيزيونكم ؟

الجواب



دليل البطاقة	عدد البطاقة
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المطلوب من الاسئلة التالية أن تختارى من بين الجوابين

الجواب الواحد المناسب لك أكثر شئ

س ٩ : عندما تريد أن تختارى عملك ، أى من هذين العاملين تفضلين ؟

(٢٥)

١

عمل تقضين به معظم الوقت فى استعمال العقل والتفكير

٢

عمل تقضين به معظم الوقت فى الأعمال اليدوية

(٢٦)

١

س ١٠ : وأى من هذين العاملين تفضلين ؟

عمل فيه مغامرة وربما مستقبل ولكن لا استقرار

٢

عمل ليس فيه مغامرة ولكن استقرار

(٢٧)

١

س ١١ : وأى من هذين العاملين تفضلين ؟

عمل لا تحتاجين فيه أن تهتمى بطريقة لبسك

٢

عمل من الضرورى فيه أن تكونى أنيقة باللبس

(٢٨)

١

س ١٢ : وأى من هذين العاملين تفضلين ؟

عمل يحتم عليك دائما أن تقومى بكل التفكير رله بنفسك

٢

عمل عندما تتعلمينه ستعرفين كيف تقومين به دائما

(٢٩)

١

س ١٣ : رأى من هذين تفضلين فعليه بعد ترك المدرسة ؟

الذهاب الى جامعة أو كلية

٢

الحصول على عمل حالا

(٣٠)

١

س ١٤ : هل تحبين المدرسة ؟

أحب المدرسة قليلا ضعى اشارة ✓ عند

٢

أحب المدرسة كثيرا جواب واحد فقط

٣

لا أحب المدرسة

٤

لا بد منها

(٣١)

١

س ١٥ : هل تشعرين أن علاقاتك جيدة مع معلماتك ؟

أقل من بقية الطالبات ضعى اشارة ✓ عند

٢

مثل بقية الطالبات جواب واحد فقط

٣

أفضل من بقية الطالبات

س ١٦ : هذه قائمة بالمواد المدرسية ، قد تحبين بعضها وتكرهين البعض الآخر . ضعى اشارة ✓ عند الجواب الذى يناسبك لكل مسادة .

س ٦ - الانسان لا يستطيع دائما أن يعمل ما يتمنى أن يعمل . ماهى المهنة التى

تتمنين أن تقومي بها .

( ٢١ - ٢٢ )

٠١

لا أتمنى شيئاً

٠٢

مدرسة

٠٣

مدرسة خياطة

٠٤

مدرسة

٠٥

مدرسة

٠٦

مدرسة

٠٧

مدرسة

٠٨

مدرسة

٠٩

مدرسة

١٠

مدرسة

١١

مدرسة

١٢

مدرسة

١٣

مدرسة

١٤

مدرسة

١٥

مدرسة

١٦

مدرسة

١٧

مدرسة

١٨

مدرسة

س ٧ - اذا تزوجت وأنت عاملة، هل تنوين

مضى اشارة ✓ أن تعطى بعد الزواج ؟

( ٢٣ )

١

لا أعرف

٢

لا أعرف

٣

لا أعرف

س ٨ - ماذا كان لك الخيار ، وطلب منك أن

تتزوجين فى سن مبكرة ، هل تتركين

المدرسة أو تكملين دراستك ؟

اذا طلب مني الزواج فى سن مبكرة ،

( ٢٤ )

١

أترك المدرسة بعد الابتدائية

٢

أترك المدرسة بعد الإعدادية

٣

أترك المدرسة بعد التوجيهى

٤

أترك المدرسة بعد الجامعة

٥

أترك المدرسة بعد الجامعة

س ٤ - تنمة:

دليل البطاقة	عامود البطاقة
١٠	
١١	
١٢	
١٣	
٠١	( ١٩ - ٢٠ )
٠٢	
٠٣	
٠٤	
٠٥	
٠٦	
٠٧	
٠٨	
٠٩	
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١٥	
١٦	
١٧	
١٨	

سأعمل مع عائلة \_\_\_\_\_  
 سأقدم للتدريب كضيفة طهي لـ \_\_\_\_\_  
 سأنظر الى أن أتزوج \_\_\_\_\_  
 لأعمل ريف بمعد \_\_\_\_\_

س ٥ -

اذا كنت تنوين العمل، فما هو العمل الذي  
 تظنن انك ستقومين به؟

لأنوى العمل \_\_\_\_\_  
 مدرسة \_\_\_\_\_  
 خياطة \_\_\_\_\_  
 سكرتيرة \_\_\_\_\_  
 ممرضة \_\_\_\_\_  
 محاسبة \_\_\_\_\_  
 ركتورة \_\_\_\_\_  
 مذيقة طهي لـ \_\_\_\_\_  
 موظفة في الشركة \_\_\_\_\_  
 العمل الحر \_\_\_\_\_  
 محامية \_\_\_\_\_  
 صحفية \_\_\_\_\_  
 مذيعة في الراديو / التلفزيون \_\_\_\_\_  
 ضابطة م \_\_\_\_\_

س ٦ -

فهلندة \_\_\_\_\_  
 في الشرطة \_\_\_\_\_  
 موظفة في الحكومة \_\_\_\_\_  
 لا أعمل \_\_\_\_\_

إذا كنت في الصف التوجيهي انتقلي الى السؤال رقم ٠٤

س ٣ - هل تنوين ترك المدرسة بعد الاعدادية ؟

دليل البطاقة

عامود البطاقة

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١

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٢٩

٣٠

( ١ ) نعم \_\_\_\_\_  
لا \_\_\_\_\_

إذا كان جوابك لا بانتقلي الى السؤال رقم ٠٤

( ب ) إذا كان جوابك نعم ، لماذا تنوين ترك المدرسة بعد الاعدادية ؟

لأنني لأهوى الدراسة  
لست مسرورة في المدرسة  
علي أن أساعد عائلتي ماديا  
سوف أتزوج

( ب ) تنبئة ...

والدي لا يريدني أن أدرس أكثر  
والدي تريدني أن أساعد هاني  
البيت  
ووجدت عملاً  
أريد أن أتدرب لأصبح ممرضة  
أريد أن أتدرب للمدرسة الفندقية  
أريد أن أتدرب في فن الخياطة  
والتفصيل  
أريد أن أتدرب لعمل آخر

من هنا الأسئلة لجميع البنات :-

س ٤ - بعد التخرج من التوجيهي ماذا تنوين أن تعملين ؟

لأعرف إن كنت سأصل للصف التوجيهي  
سأنتظر لآري ان كنت سأنجح أولاً  
إذا كان مجموعي جيداً سألتحق بالجامعة  
سأقدم لمدارس المعلميات  
سأقدم لكلية العلوم الصحية  
سأقدم لتدريب التمريض  
سأقدم للتدريب فني شركة  
سأقدم للتدريب كسكرتيرة  
سأقدم للتدريب كسكرتيرة

( ١٧ - ١٨ )

٠١

٠٢

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٢٩

٣٠

## دليل البطاقة

١	٠	٣
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( ٣ - ١ )

## رقم الاستمارة

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( ٧ - ٤ )

## رقم المدرسة

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( ٩ - ٨ )

## رقم الصف

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( ١١ - ١٠ )

المدرسة والسمل

البيانات التي تدون في هذه الاستمارة سرية ولن

تدخل الا اغراض البحث .

س ١ - لو كان لك الخيار ، متى تتركين المدرسة ؟

دليل البطاقة

دليل البطاقة	عامود البطاقة
١	١٢
٢	
٣	
٤	
٥	

- بعد الشهادة الابتدائية  ضمي اشارة  
 بعد الاعداد  عند جواب  
 بعد التوجيه  واحد فقط  
 بعد الجامعة   
 لا اعرف

س ٢ - متى يود والديك أن تتركي المدرسة ؟

دليل البطاقة	عامود البطاقة
١	١٣
٢	
٣	
٤	
٥	

- بعد الشهادة الابتدائية  ضمي اشارة  
 بعد الاعداد  عند جواب واحد  
 بعد التوجيه  فقط  
 بعد الجامعة   
 لا اعرف

عامود البطاقة	دليل البطاقة
(٤٨)	١ ٢ ٣ ٤ ٥
(٤٩)	١ ٢ ٣

سئلة التالية تابعة للباحثة فقط.

ضعي اشارة ✓ عند رقم واحد

نقط

- ١ \_\_\_\_\_
- ٢ \_\_\_\_\_
- ٣ \_\_\_\_\_
- ٤ \_\_\_\_\_
- ٥ \_\_\_\_\_

: ١٨

- ١ \_\_\_\_\_
- ٢ \_\_\_\_\_
- ٣ \_\_\_\_\_

: ١٩

( ٦ )

دليل البطاقة	عامود البطاقة
١	(٤٠)
٢	
١	(٤١)
٢	
١	(٤٢)
٢	
	(٤٣-٤٤)
	(٤٥-٤٧)

١٤ : هل عندك اصدقاء في مهنة الطب أو التمريض؟

نعم \_\_\_\_\_  
لا \_\_\_\_\_

١٥ : هل عندك اصدقاء في مهنة التعليم؟

نعم \_\_\_\_\_  
لا \_\_\_\_\_

١٦ : هل يعمل والدك؟

نعم \_\_\_\_\_  
لا \_\_\_\_\_

١٧ : انما كان جوابك نعم، فما هو العمل الذي يقوم به؟

\_\_\_\_\_

\_\_\_\_\_

١٧ : في أي منطقة تسكنين؟

\_\_\_\_\_

\_\_\_\_\_

دليل البطاقة	عامود البطاقة
١	(٣٠)
٢	
٣	
٤	
٥	
٦	
	(٣١)
	(٣٢)
	(٣٣)
	(٣٤)
	(٣٥)
	(٣٦)
	(٣٧)
١	(٣٨)
٢	
	(٣٩)

١٠ : هل تشاهدون التلفزيون كثيرا ؟  
( في بيتك، او في بيت شخص آخر )

بشارة ✓

كل يوم \_\_\_\_\_  
مرتين في الاسبوع \_\_\_\_\_  
مرة في الاسبوع \_\_\_\_\_  
مرة كل اسبوعين \_\_\_\_\_  
أقل من مرة كل اسبوعين \_\_\_\_\_  
لا اشاهد التلفزيون ابدا \_\_\_\_\_

١١ : اذا عندكم تلفزيون ، كم قنال تستطيعون أن  
تشاهدوا على تلفزيونكم ؟

بشارة ✓

البحرين \_\_\_\_\_  
المملكة العربية السعودية \_\_\_\_\_  
أرامكو \_\_\_\_\_  
الكويت \_\_\_\_\_  
قطر \_\_\_\_\_  
أبوظبي \_\_\_\_\_  
دبي \_\_\_\_\_

١٢ : هل عندك أقارب في مهنة الطب أو التمريض ؟

نعم \_\_\_\_\_  
لا \_\_\_\_\_

١٣ : هل عندك أقارب في مهنة التعليم ؟

نعم \_\_\_\_\_



عامود البطاقة	دليل البطاقة	ضعي إشارة ✓ معنا
(٢٢)	١	٧. هل تذهب والدتاه الى العمل ؟ نعم _____ لا _____ (١)
	٢	اذا كانت والدتاه لا تذهب اليه العمل لانتقلي الى السؤال رقم ٨
(٢٤-٢٣)	١	(ب) اذا كانت والدتاه تذهب الى العمل ، فما هو العمل الذي تقوم به ؟ التدريس _____
	٢	الخياطة _____
	٣	السكرتارية _____
	٤	الهندسة _____
	٥	التمريض _____
	٦	المحاسبة _____
	٧	الطب _____
	٨	العمل في شركات او المصانع (عاملة) _____
	٩	العمل الحر _____
	١٠	وليفة حكومية أخرى _____
(٢٦-٢٥)		(ج) اذا كانت تقوم بولاية حكومية ، فما هي الدرجة ؟ اكتبي الرقم معنا

عامود البطاقة	دليل البطاقة	ضعي اشارة / هنا
(١٤)	١	هل الوالد موجود معكم في البيت ؟ نعم _____ لا _____
(١٥)	٢	هل الوالدة موجودة معكم في البيت ؟ نعم _____ لا _____
(١٧-١٦)	١	كم أخ وأخت عندك ؟ <u>اكتبي العدد هنا بالارقام</u> عندي _____ أخوان
(١٩-١٨)	٢	عندي _____ أخوات
(٢٠)	١	هل عندك اخوان أكبر منك ؟ نعم _____ لا _____
(٢١)	٢	هل عندك أخوات أكبر منك ؟ نعم _____ لا _____

## دليل البطاقة

٩	٠	٢
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( ٣ - ١ )

## رقم الاستمارة

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( ٧ - ٤ )

## رقم المدرسة

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( ٩ - ٨ )

## رقم الصف

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( ١١ - ١٠ )

بيانات عامة .:

بيانات التي تدون في هذه الاستمارة سرية ولن تستخدم

الأغراض البحث .

عامود البطاقة	دليل البطاقة
( ١٣ - ١٢ )	٠١
	٠٢
	٠٣
	٠٤
	٠٥
	٠٦
	٠٧
	٠٨
	٠٩
	١٠

س ١ : كم عمرك؟

عمرى حوالي : اقل من ١٣ سنة \_\_\_\_\_

\_\_\_\_\_ ١٣ سنة

\_\_\_\_\_ ١٤ سنة

\_\_\_\_\_ ١٥ سنة

\_\_\_\_\_ ١٦ سنة

\_\_\_\_\_ ١٧ سنة

\_\_\_\_\_ ١٨ سنة

\_\_\_\_\_ ١٩ سنة

\_\_\_\_\_ ٢٠ سنة

\_\_\_\_\_ اكثر من ٢٠ سنة

بمى اشارة ✓

بمى جواب واحد

ط

عامود البطاقة	دليل البطاقة
(١٢)	١
	٢
(١٣)	١
	٢
	٣
	٤
	٥

س ١٨ : هل شاهدت بعض حلقات برنامج التلفزيون " التلوين الرقيقة " التي هي بعض قصص مرضات بحرينيات ؟

\_\_\_\_\_ نعم  
\_\_\_\_\_ لا

ضمي اشارة ✓ عند  
جواب واحد فقط

س ١٩ : اذا كنت قد شاهدت بعض حلقات البرنامج ، فكم من هذه الحلقات شاهدت ؟

\_\_\_\_\_ ولا حلقة  
\_\_\_\_\_ حلقة واحدة  
\_\_\_\_\_ حلقتين  
\_\_\_\_\_ ثلاث حلقات  
\_\_\_\_\_ أربع حلقات ( أن كلها )

ضمي اشارة ✓ عند  
جواب واحد فقط

١٦٠: ماذا تتلبن الآن؟

ضم إشارة / عند نعم أو لا أو لا أعرف لكل عبارة

مهنة الممرضة :-

نعم	لا	لا أعرف	عامود البطاقة
			(٦١)
			(٦٢)
			(٦٣)
			(٦٤)
			(٦٥)
			(٦٦)
			(٦٧)
			(٦٨)
			(٦٩)
			(٧٠)
			(٧١)
			(٧٢)
			(٧٣)
			(٧٤)
			(٧٥)
			(٧٦)
			(٧٧)
			(٧٨)
			(٧٩)
			(٨٠)

١٧٠: مهنة المعلمة :-

١ - هل تحتاج إلى مؤهل دراسي جيد؟

٢ - هل تتطلب تدريبا صحيا وشاقا؟

٣ - هل تلتقي نظرة استحسان في مجتمعنا؟

٤ - هل هي خطوة للزواج فتد كما يقولون؟

٥ - هل يمكن تكوين صداقات خلال هذه المهنة؟

٦ - هل تحتاج إلى شخصية جذابة؟

٧ - هل فرس التقديم فيها عديدة؟

٨ - هل يلتحق بهذه المهنة لأجل هدفها النبيل؟

٩ - هل تساعد على الاعتماد على النفس؟

١٠ - هل هي مهنة مضمونة وفيها استقرار؟

## دليل البطاقة

عامود البطاقة	أعترض كليا	لا أوافق	لست مؤكد	أوافق	أوافق كليا	في إشارة / عند جواب واحد لكل عبارة
(٤٩)						١٥ : مهنة المصلحة - هذه هي المهنة المثالية لدى الحياة
(٥٠)						- يمجني في هذه المهنة ضرورة اتساع والحفاظ على النظام
(٥١)						- قد اترجع عن الالتحاق بهذه المهنة لأنها تتطلب حمل مسئولية كبيرة
(٥٢)						- من الاشياء التي تنمى في هذه المهنة وجوب تنفيذ أوامر الرؤساء
(٥٣)						- يمجني اللباس الرسمي المخصص لهذه المهنة
(٥٤)						- الناس يلجئون الى هذه المهنة عند مسا يحتزون عن الحصول على مهنة أخرى
(٥٥)						- من حسنات هذه المهنة عدم وجوب اتخاذ قرارات شخصية
(٥٦)						- بعض متطلبات العمل في هذه المهنة لا تتجني
(٥٧)						- لا أظن اني سأحب هذه المهنة لانها تتطلب العمل في أوقات غير اعتيادية
(٥٨)						- ان فوائد هذه المهنة عديدة
(٥٩)						- هذه المهنة مملّة : " وروتينية "
(٦٠)						- لم أختار هذه المهنة وهناك مهن انسب وأسهل ؟

## دليل البطاقة:

رأيك الآن ؟

إشارة عند جواب واحد لكل عبارة

١٤: مهنة الممرضة :-

هذه هي المهنة المثالية لمدى الحياة

بمجبني في هذه المهنة ضرورة اتباع والمحافظة على النظام

ند أتراجع عن الالتحاق بهذه المهنة لأنها تتألب حمل  
مسئولية كبيرةمن الأشياء التي تخافق في هذه المهنة وجوب تنفيذ أوامر  
الرؤساء

ينجبني اللباس الرسمي المخصص لهذه المهنة

الناس يلجئون الى هذه المهنة عندما ينجزون عن الحصول  
على مهنة

من صفات هذه المهنة عدم وجوب اتخاذ قرارات شخصية

بمجبني باليات العمل في هذه المهنة لاتعجبني

لاشئ أنى صاحب هذه المهنة لأنها تتألب الحمل في أوقات  
غير اعتيادية

ان فرائد هذه المهنة عديدة

هذه المهنة ممتة و "روتينية"

هل أشتار هذه المهنة وهناك مهنة أنسب وأسهل ؟

عامود البطاقة	أعمار كلية	لا أوافق	لست متأكدة	أوافق	أوافق كلية
(٣٧)					
(٣٨)					
(٣٩)					
(٤٠)					
(٤١)					
(٤٢)					
(٤٣)					
(٤٤)					
(٤٥)					
(٤٦)					
(٤٧)					
(٤٨)					

٢٥٢

١٠ : ماهي عدد سنوات التدريب المطلوبة لهذه المهن ؟ ضعي اشارة ✓ عند جواب واحد لكل مهنة .

المهنة	مدّة التدريب			
	سنة واحدة	سنتان	ثلاث سنوات	ثلاثة شهور
ممرضة (الفرع العطلى)				لا أعرف
معلمة خريجة معهد المعلمات				
ممرضة (الفرع العام)				

١١ : ماهي مدّة العطلة السنوية المعطاه لكل من هذه المهن ؟ ضعي اشارة ✓ عند جواب واحد لكل مهنة .

المهنة	مدّة العطلة السنوية			
	٢١ يوما	شهر واحد	ثلاثة شهور	لا أعرف
المعلمة				
الممرضة				

١٢ : ماهو الراتب الذي يعطى أثناء الفترة الاولى من التدريب لكل من هذه المهن ؟ ضعي اشارة ✓ عند جواب واحد لكل مهنة .

المهنة	الراتب أثناء الدراسة أو التمرين		
	٥٠ دينار في الشهر	٦٥ دينار في الشهر	لا شيء
ممرضة (الفرع العطلى)			لا أعرف
المعلمة			
ممرضة (الفرع العام)			

١٣ : ماهي تسهيلات المواصلات لكل من هذه المهن ؟ ضعي اشارة ✓ عند جواب واحد لكل مهنة .

المهنة	المواصلات	
	متوفرة لجميع الذين يسكنون أبعد من ميل من مكان العمل	متوفرة للجميع (يقف الباص في مناطق معينة)
المعلمة		لا أعرف

٥ : يقول بعض الناس أنه من المهم جدا في هذه الايام أن يجاول الزوج والزوجة تحديد عدد اطفالهما ليتمكنوا من توجيه اهتمام اكبر للاطفال المنجيين . . . . .  
أما البعض الآخر فيقول أنهم من المخطأ تحديد عدد الاطفال .  
مع أي من هذين الرأيين توافقين ؟

(١٩) ١ نعم إشارة لا عند توافق مع تحديد النسل  
٢ جواب واحد فقط . لا توافق مع تحديد النسل

٦ : اذا قابلت اشخاصا في بلاد بعيدة ومجتمع مختلف ، فهل ممكن أن تتفهم طريقة تفكيرهم ؟

(٢٠) ١ نعم  
٢ لا

٧ : أي من هذه الاخبار تحبين أكثر شي ؟

(٢١) ١ الاخبار العالمية  
٢ اخبار الدولة المحلية  
٣ اخبار الأزياء  
٤ اخبار الاحتفالات المحلية بالمناسبات والاعياد

هل تعرفين الآن

٨ : ما هي الشهادة المطلوبة لكل من هذه المهن ؟ ضعي إشارة لا عند جواب واحد لكل مهنة

المهنة	الشهادة المطلوبة			
	الثاني الاعدادي	التوجيهي	معهد المعلمات	كلية الخليج لا اعرف
ممرضة (الفرع العملي)				
معلمة (الدرجة الخامسة)				
ممرضة (الفرع العام)				

٩ : ما هي ساعات العمل في الاسبوع المطلوبة لكل مهنة ؟ ضعي إشارة لا عند جواب واحد لكل مهنة .

المهنة	٣٦ ساعة في الاسبوع	٣١ ساعة في الاسبوع	٦٤ ساعة في الاسبوع لا اعرف
	المعلمة		

(٢٥)

(٢٦)

س٢: الآن وقد اقترب موعد الامتحانات والتخرج ٠٠٠ ما هو العمل الذي تنوين الالتحاق به ؟

(١٥ - ١٦)

١  
٢  
٣  
٤  
٥  
٦  
٧  
٨  
٩  
١٠  
١١  
١٢  
١٣  
١٤  
١٥  
١٦  
١٧  
١٨

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\_\_\_\_\_

لا أنوى العمل

مدرسة

شهادة

سكرتيرة

ممرضة

محاسبة

دكتورة

ضمن اشارة عند

مدينة بايران

جواب واحد فقط

مواثقة في شركة

العمل الحر

محامية

مخففة

مذيعة الراديو / التليفزيون

ضابطة مرور

مهندسة

في الشرطة / قوة الدفاع

مواثقة في الحكومة

لا أعرف

س٣: ما الذي يؤدي يوذي الانسان ليشغل مركزا مهما ؟

(١٧)

١  
٢  
٣  
٤

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

كونه من عائلة معروفة

كونه تقي ومحافظا على التقاليد

ضمن اشارة عند

كونه محبوب من الناس

جواب واحد فقط

كفاءته العلمية وخبرته في العمل

س٤: ما هو اهم عامل لتقدم وبلنا ؟

(١٨)

١  
٢  
٣  
٤

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

العمل الجاد المخلد من قبل المواطنين

التعليم السليم في الدولة

ضمن اشارة عند

العمون الالهى

جواب واحد فقط

الحظ الجيد

## دليل البطاقة

٩	٠	١
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رقم الاستارة

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رقم المدرسة

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رقم الصف

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البيانات التي تدون في هذه الاستارة سرية  
ولن تشمل الا لأغراض البحث

آراؤك للمرة الأخيرة . . . . .

دليل البطاقة وأموال البطاقة

دليل البطاقة	أموال البطاقة
١	
٢	
٣	
٤	
٥	
٦	
٧	
٨	
٩	
	(١٤)

س ١ : هناك مواضيع مختلفة وأخبار وأحداث نشاهد ما ونستمع اليها  
ونقرأها من خلال وسائل الاعلام . . . أي من هذه الوسائل  
الاعلامية تصدقين بصورة خاصة ( أي أكثر شي \* ) ؟

_____
_____
_____
_____
_____
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_____
_____
_____

التلفزيون  
الراديو  
الجرائد  
السيارات  
الكتب  
ولاد واحدة  
لا أعرف

ضعي إشارة ✓ عند

جواب واحد فقط

- ٢ -

السؤالين الأخيرين هما تحت العبارة : -  
الاسئلة التالية تامة للباحثة فقط

س ١٨ : ما هو مستوى هذه الطالبة في الصف ؟

دليل البطاقة	الدرجة
١	(٤٨)
٢	
٣	
٤	
٥	
١	(٤٩)
٢	
٣	

- ١ - ممتازة \_\_\_\_\_  
 ٢ - جيدة جدا ✓ عند جواب واحد فقط  
 ٣ - جيدة \_\_\_\_\_  
 ٤ - لا بأس \_\_\_\_\_  
 ٥ - ضعيفة \_\_\_\_\_

س ١٩ : ما هو مستوى هذه الطالبة الاقتصادي ؟

- ١ - فوق المتوسط ✓ عند جواب واحد فقط  
 ٢ - الوسط \_\_\_\_\_  
 ٣ - تحت الوسط \_\_\_\_\_

( لا توجد هذه الاسئلة على الاستمارة فقط الخطوط ، أرجو من المديسة  
 أن تضع الجواب المناسب لكل طالبة )

خ ع

## بحث لجيـع طالبات الثاني الاعدادي والتوجيهي أدبي وطبي

المقدمة :- أرجو أن تقرأ هذه المقدمة على جميع الطالبات قبل البدء . باجابة الاستمارات لتعريف البحث والباحثة من المهم أن تقرأ المقدمة كما هي كي تتمررف كل الطالبات في كل المدارس على البحث في نفس الطريقة .

أنا طالبة بحرينية أحضر أطروحة الدكتوراه . . . كما انني نشأت في هذا المجتمع وواجهت الكثير مما قبلته وما تدمرت منه ، فقد كانت أميتي منذ الصغر أن أجد فرصة أقوم بها ببحث كبير للاطلاع على آراء زميلاتي وأخواتي في مجتمعنا هذا . فبمساعدة هذه الآراء أستطيع أن أقدم بحثا كاملا يجيب على التساؤلات الكثيرة التي تخطر على بال كل واحدة منا فيساعدنا على وضع خطط مفيدة لمستقبلنا .

بالاختصار ، هذا البحث مكون من ثلاثة أقسام :-

- ١ - اجادة طرق ووسائل لمساعدة فتياتنا في المستقبل للتأهيل للمهن المختلفة المتوفرة في هذا المجتمع .
- ٢ - معرفة ذوق فتياتنا في اختيارهن للبرامج من وسائل الاعلام المتوفرة مثل التليفزيون .
- ٣ - معرفة آراء فتياتنا عن المرأة والمدرسة والمعمل في هذا المجتمع .

لقد بذل جهد كبير في تحضير هذا البحث وما أنه يتعلق بكل واحدة منا أرجو منكن أن تحاولن قدر المستطاع أن تبدين آراءكن الصريحة وتجبن على الاسئلة باهتمام .

نتائج هذا البحث ستكون متوفرة لجميع الذين يطلبونها عندما تصبح جامعة . اذا كان هناك أي طالبة تود معرفة النتائج فسيكون هذا متوفرا لها في أواخر هذه السنة ان شاء الله .  
وشكرا على مساعدتكن .

٢ - بعد الانتهاء من قراءة المقدمة أرجو من البديرة أو المعلمة أن تكرر للطالبات أهمية الاجابة على كل الاسئلة باهتمام واتقان .

٣ - البطاقات التي ستوزع على الطالبات هي رقم الاستمارة الخاص لكل واحدة منهن أرجو من البديرة أن تجمع البطاقات بعد الانتهاء من البحث وتضع كل مجموعة صف على حدة وتبقى هذه البطاقات عندها الى أن تسترجعها الباحثة .

٤ - هناك ( ٨ ) استمارات وكل استمارة تستغرق حوالي ٣٠ دقيقة .

٥ - الاستمارة التي تسمى " المعلومات العامة " والتي هي آخر استمارة تقدم للطالبات ، أرجو من البديرة أن تحتفظ بالاستمارات لتجيب هي على

- ٤ -

٥ - الأستمارة السماه • ماذا تعرفين ؟ • هى عبارة عن معلومات عامة عن مهنة مختلفة • وقد تجد المعلمة أن الطالبات لا يعرفن الأجوبة الصحيحة ، فأرجو منها أن تطلب منهن أن يحزرن أو يخمنن الجواب الذى هو برأيهن الاقرب للصحيح لأننا نريد أن نعرف قدر المستطاع عن معلوماتهن العامة عن المهنة •

٦ - التعليمات واضحة وسيطة على كل الأستمارات • أرجو من المعلمة أن تنبه الطالبات أن يقرأنها بدقة واهتمام •

وشكرا جزيلا على مساعدتكين " " •

ف/أ



- ١١ - أرجو أن تعطى المعلمة هذه اللائحة بالأسماء والأرقام إلى المديرية أو تضعها في محل أمين ثم تعطىها للمديرة لأنها مهمة جدا بالنسبة للبحث .
- ١٢ - أرجو من كل معلمة عند ما تنتهى كل طالبة من استمارتها أن تتأكد من وجود رقم الأستارة ورقم المدرسة ورقم الصف .
- ١٣ - ملحوظية :- قد تجد المعلمة أن بعض الطالبات أسرع من الأخريات في الأجابة على الأستارة . من المهم جدا أن تجهب كل طالبة على الأستارة دون تأثير أو ازعاج من الأخريات . لذلك أرجو من المعلمة أن تشغل الطالبة التي أنتهت بعمل آخر مثل رأيها عن البحث أو أى شئ من هذا القبيل .
- ١٤ - يجب أن تعمل كل طالبة وحدها ويجب أن يكون هناك هدوء بقدر المستطاع .
- ١٥ - أرجو من المعلمة ألا تشترك مع الطالبات في الأجوبة لأننا نريد أن نعرف رأيهن الخاص .
- ١٦ - أرجو من المعلمة أن تجهب على كل أسئلة الطالبات لأن من المهم جدا جدا أن تجاوب الأسئلة بالطريقة الصحيحة . وأن تجهب الطالبات على الأسئلة كلها وألا تترك أى سؤال بدون اجابة . هذا مهم لنجاح البحث وليكون مفيدا .
- ١٧ - بعد انتهاء الطالبات من الأجابة أرجو من المعلمة أن تذكر الطالبات عن أرقامهن ، ثم تجمع الاستمارات وتوزع الأستارة الثانية وهكذا .
- ٨ - ترتيب الأستارات :-

- ١ - الأستارة الأولى :- ما هو رأيك ؟ ( ١ )
- ٢ - الأستارة الثانية :- ماذا تظنين ؟
- ٣ - الأستارة الثالثة :- ماذا يضايقك ؟
- ٤ - الأستارة الرابعة :- التليفزيون ؟
- ٥ - الأستارة الخامسة :- ما هو رأيك ؟ ( ٢ )
- ٦ - الأستارة السادسة :- المدرسة والعمل ؟
- ٧ - الأستارة السابعة :- ماذا تعرفين ؟
- ٨ - الأستارة الثامنة :- معلومات عامة ؟

العمليات المعلمة الصف

نوع العمليات المعلمة

• قسّم الطلاب من فصل المدرسة أو العملية •

• يكتب على السج •

رقم الأستارة

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رقم المدرسة

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رقم الصف

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- هذه العمليات المعلمة رقم المدرسة ورقم الصف على السج •
- يوزع الطلاب في حيا الأقسام على الطالبات ويقال لهن أن هذا هو قسمهن وأن يجب أن يكتب على كل استارة في المكان المخصص له رقم الأستارة •
- يجب أن يكتب من الأرقام ، ويجب أن يوضع كل رقم في مربع من الأستارة •

رقم الأستارة

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- يكتب على الطالبات الأستارة الأولى •
- يكتب الطالبات أن يبينن أولا وتقبل كل شيء أن يملأن في الأمتنة الأستارة ( الذي هو رقمهن الخاص ) رقم المدرسة ورقم الصف على السج •
- يجب أن يكتب الصف المذكورة في كل مجموعة من الأستارات •
- يجب أن يكتب على الأستارة كما هي محضرة مع هذه التعليمات •
- يجب أن يكتب الطالبات بكل الأستارات ، أرجو من المعلمة أن تكون في حيا الأقسام البنات وتضع رقم كل طالبة الى جانب اسمها أو رقم الأستارة الى جانب اسم الطالبة ( •
- يجب أن يكتب المعلمة حذرة جدا فتتقل الأرقام كما هي الى جانب

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**III**

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END